



A review of the water–energy–food nexus measurement and management approach

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Abstract

Water, energy, and food are the fundamental resources for improving living conditions and sustainable development. Because substantial interdependencies and relationships exist among these three sectors, the word nexus between water–energy–food is being used to indicate the importance of managing them together and not in isolation. This paper reviews and analyzes the current status of water–energy–food nexus approach, which has attracted widespread attention in the past few years, with the aim to understand the nexus thinking and illustrate the methods and tools used in the nexus analysis. This is expected to help the policy makers and researchers to be better informed about the options for sustainable securing and managing these three resources. In addition, such integration between these three sectors will significantly help in achieving the goals of sustainable development, since the water–energy–food nexus is directly related to three goals 2, 6, and 7, which are, respectively, related to ensuring access to food, water, and sustainable energy for all.

Keywords Sustainable development · Sustainability · Nexus · Food, water, and energy security · Resource efficiency

Introduction

The three resources water, energy, and food are significant for sustaining life on earth, important for people well-being, and economic activities. Due to a number of variables, such as population growth, urbanization, rising incomes and consequent change in consumption patterns, and climate change, the demand on these three key sectors is continuously growing (Artioli et al. 2017; Misselhorn et al. 2012; Mortada et al. 2018). Availability of any one of these resources can be limited by constraints imposed or actions taken on the two other resources (Karnib 2018; Li et al. 2019a, b), and thus will be affecting their sustainability and securities. For example, production of agricultural food utilizes huge

amounts of water and energy, accounting for more than 70% of freshwater and 30% of the worldwide used energy (FAO 2017). On the other side, water is important for processing of fossil fuels, generating energy, and cooling, while purification, pumping, distribution, and treatment of water require energy (Shang et al. 2018).

Several researchers studied the sustainability of the three resources focusing only on one sector, like water (Jiang et al. 2016) or food resources (Gephart et al. 2016) independently, but concluded the need for their coupling in an integrated framework. Understanding how these resources interact will be a major challenge for creating a sustainable future and quantifying the impact of one sector on the other two sectors is strongly recommended (Karnib 2018). Therefore, for managing the sustainability of these three essential sectors, there is a need to study them in an integrated way, because they are interrelated and interdependent among each other. Since 2011, in Bonn Conference, water, energy, and food interconnections have been mentioned as the “Water–Energy–Food (WEF) nexus” (Li et al. 2019a, b). The word “nexus” connotation is used to ensure improved long-term outcomes (solutions) for the three sectors (Manan et al. 2018). Moreover, solutions of the nexus approach in contrast to individual WEF elements are expected to offer

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more sustainable decisions to solve challenges of WEF interlinkages and trade-offs (Nie et al. 2019).

More importantly, the WEF nexus can also support achieving the sustainable development goals (SDGs) of 2030 UN agenda for sustainable development, because of its close relation to three SDGs: SDG2 “zero hunger”, SDG6 “clean water and sanitation for all”, and SDG7 “affordable and clean energy” (Mahlknecht and González-Bravo 2018). Because the SDGs are indivisibly connected with each other, the nexus integrated nature and perspective is crucially essential for promoting the integration not only between these three goals, but also across other goals by analyzing synergies and trade-offs between them, and, therefore, acts as a catalyst that improves implementation of the 2030 agenda.

Li et al. (2019a, b) indicated that studies on the WEF nexus in a holistic framework are still in their initial stages. However, many international institutions introduced the WEF nexus in a holistic framework (as discussed *vide infra*), but there is a lack in implementing these frameworks in the management of the natural resources or in policy formulation. It should also be noted that the interconnections and interdependencies are region- or country-specific. Therefore, there is no particular structure capturing all the tools required for providing a solid foundation for the WEF nexus analysis (Zhang et al. 2019). In general, the overall methodology of the WEF nexus management approach is performed in three steps (Nie et al. 2019): (1) overview characterization (identifying and quantifying the connectivity between food, water, and energy); (2) modeling the WEF nexus system; and (3) performing future management scenarios to help decision-making.

Overall, this study is significant in the sense that understanding, quantifying, and managing the crucial links between the three sectors in the nexus approach are an innovative solution to address the demands on these three primary sectors. Implementing a WEF nexus thinking and approach will be able to support the SDGs by ensuring integrated plans and policy settings, especially in countries that face problems of resource scarcity and environmental degradation. Presenting the WEF nexus is beneficial for the improvement of resource use efficiency and security achievement. Thus, the specific aim of this work is to conduct a review of the literatures on the WEF nexus addressing the following key questions: what are the challenges affecting water, energy, and food resources? What are the main linkages or relationships across the nexus sectors? What are the trends and advancements in the WEF nexus field research? What types of methods are used for quantifying and measuring the WEF nexus? Therefore, this study analyzes the WEF nexus peer-reviewed papers across the globe, and some international reports, covering the period from 2011 to May 2019, which were selected from several databases, e.g.,

Science Direct, Springer Link, and Google Scholar, using the keyword “nexus”, “food”, “energy”, and “water” in the article title. The collected papers and reports in this review were then grouped to categories according to the nexus different domains and at various scales.

Challenges of water, energy, and food sectors

In the literature, a number of scholars emphasized that food, water, and energy resources around the world are already under considerable threat (Bazilian et al. 2011; Howells et al. 2013; WEF 2011a), and the demand for these resources is rapidly growing in the coming years (Hoff 2011). A warning in this regard was first given by Meadows et al. (1992); “If the present growth trends in world population, industrialization, pollution, food production, and resource depletion continue unchanged, the limits to growth on this planet will be reached sometime within the next 100 years.” The increase in demand is the outcome of rapid growth in population, unplanned urban development, globalization (e.g., by foreign investment and trade), technological development, conflicts, expanding middle-class lifestyles and consumption patterns, climate change and weather pattern transformation, and, most significantly, inefficient use of resources that caused their degradation and scarcity (FAO 2014; Hoff 2011; WEF 2011b; Bazilian et al. 2011). Forecasts indicate that demands for water will rise by more than 40% (USNIC 2012), energy demand will grow by 45% globally (IEA 2008), and annual global production of crops and livestock will need to be 35% higher in 2050 (FAO 2006). Due to the strong interdependence between these three sectors, the nexus interlinkages are expected to intensify in the future. There are several factors affecting the WEF nexus, which vary in significance depending on the specifics of countries or regions. In general, the literature indicates that there are three major driving forces to the three sectors/resources as discussed in the subsequent sections.

Accelerating socio-economic development

The world population is approximately growing at the rate of 83 million per year or 6 million people per month. It is projected to rise from 7 billion to more than 8 billion by 2030, and to more than 9 billion by 2050 (UNDESA 2015; UNDP 2006). This growth remains high especially in the least developed countries (LDCs) and countries where hunger and natural resource degradation are already widespread. Africa is predicted to be the largest contributor, followed by Asia (UNDESA 2015). Economic development is also putting more stress on the resources (European Union 2018), leading to irreversible ecosystem degradation, resource depletion, and thus

threatening sustainable development (Chang et al. 2016; Hoff 2011). In the light of these facts and figures, it is believed that the most essential cause of change affecting the WEF nexus is population growth and economic development (Lawford et al. 2013).

Urbanization

Urbanization plays a greater role even more than the population growth, and has a bigger effect on production of energy than on production of food (Lawford et al. 2013). Globally for the first time, the urban population surpassed the rural population in 2007. It is assumed that the trend will proceed, so that by 2050, almost 70% of the population will live in cities (UNDESA 2014). While, in principle, services such as electricity and drinking water can be supplied more effectively in urban than in rural areas, living in cities encourages more consumption and resource demanding lifestyles and thereby increasing waste. This demographic prospect is increasing the pressures on the three resources together (OFID 2017). UNEP (2011) highlighted this demand for resources by stating that production of waste is more in urban areas due to greater population density and greater per capita consumption of resources relative to rural areas. Specifically, cities account for 75% of the energy consumption and emissions of 75% of greenhouse gases (GHGs). However, because these are centers of knowledge and economic prosperity, so compared to rural areas, there are more opportunities to improve resource efficiency and implement nexus approaches.

Climate change

Climate change further intensifies competition and trade-offs between the three resources and the challenge of meeting their increasing requirements (Bazilian et al. 2011; ESCWA 2015; Rasul 2016; Van-Vuuren et al. 2012). Because of the potential impacts of climate change manifested by temperature rise, more water and more energy will be needed for all sectors. In addition, the more severe and frequent extreme weather events can hit the areas that are important for food production (Beddington 2009). Moreover, climate change is affecting the energy sector by transitioning to energy supply alternatives of low GHGs' emissions, and this had expanded the use of bio-fuels (OFID 2017; Miralles-Wilhelm 2016). However, suitable adaptation to climate change demands efficient use of energy, water, and food resources to fight against vulnerability (OFID 2017).

History and development of the WEF nexus

The idea of WEF resource connectivity was known for decades. In 1983, the terminology of the nexus first appeared between food and energy, when the United Nations University (UNU) introduced a collection of food–energy nexus initiatives to recognize their significant interlinkages (Sachs and Silk 1990). In addition, the World Commission on Environment and Development report of 1987 “Our Common future” indicated the need for a more complete and comprehensive thinking about environment (Schmidt and Matthews 2018). However, the World Economic Forum (WEF) formally announced the three nexus pillars of food, water, and energy at their annual meeting in 2011 (WEF 2011b). In the same year, the Bonn International Conference “The Water, Energy and Food Security Nexus: Solutions for the Green Economy” arranged by the German Federal Government presented a visionary nexus method for achieving sustainability. This was the stepping stone to the UN Sustainable Development Conference (Rio + 20 summit), where the WEF nexus was first highlighted in the global agenda (Hoff 2011; Leck et al. 2015). A background paper “Understanding the Nexus” was introduced in the conference to demonstrate the direction of nexus approach and research in the sustainability context (Hoff 2011). Figure 1 represents the schematic illustration of the WEF nexus, where systems of energy, water, and food are inseparably related, and reliant on each other, highlighting the pressures and drivers that affect the concept, and the positive outcomes of the nexus integration.

Following the Bonn Conference, the global community focused on the WEF nexus. A growing number of

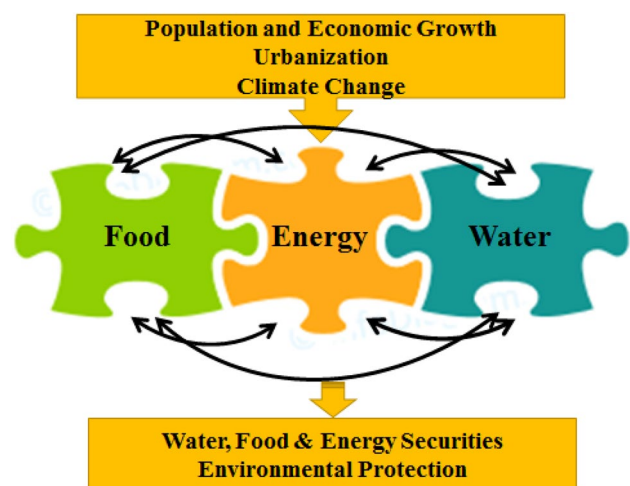


Fig. 1 Conceptual diagram of the WEF nexus, illustrating the linkages between the three components, the main drivers, and the outcomes of the nexus integration

nexus is more than those including food. It can be noticed also that the nexus is greatly related to sustainable development. Other words like integrated, management, consumption, resources, economic, security, policy, and approach are also clearly seen in the word cloud.

Overview of the WEF nexus concept

Until now, there is no clear, commonly known definition to the WEF nexus (Endo et al. 2017; Roidt and Avellán 2019). However, according to the Merriam-Webster online dictionary and the Oxford dictionary of English, the “Nexus” is defined as “a connection, link or series of connections linking two or more things” or “a connected group or series” (see <https://en.oxforddictionaries.com/definition/nexus> and <https://www.merriam-webster.com/dictionary/nexus>). This means that the nexus thinking is seeking to overcome working in a traditional silos or sectoral mindset that hinders informational exchange and collaboration between different resources, in particular between the food, water, and energy sectors, since they are at the core of human requirements. On the contrary, the WEF nexus thinking and approach seeks for studying the important interlinkages and relations between the three resources and exploring their synergies and trade-offs (Covarrubias 2019; Marker et al. 2018). Newell et al. (2011) reported that “system’s performance cannot be optimized by optimizing the performance of its sub-systems taken in isolation from one another”. This suggests that any sustainability improvement in one sector (e.g., water) relates to the other sectors (i.e., energy and food). Moreover, the FAO (2014) stated that “WEF Nexus has emerged as a useful concept to describe and address the complex and interrelated nature of our global resource systems, on which we depend to achieve different social, economic and environmental goals”.

The concept of the “nexus” has attracted considerable attraction as a holistic approach. The content of the nexus can be applied to several linkages, i.e., water–energy (Chen and Chen 2016; Dai et al. 2018; Liu et al. 2019; Marzooq et al. 2018), food–water (Mortada et al. 2018; Xu et al. 2019; Zeng et al. 2019), energy–food (Abdelradi and Serra 2015; Taghizadeh-Hesary et al. 2019), and WEF nexus (Hussien et al. 2017; Karnib 2018; Zhang et al. 2019). Furthermore, the literature indicates that many frameworks are used to address the nexus. While the WEF (2011a) has considered the nexus framework from a security perspective, other studies have incorporated the WEF nexus core with another element such as climate (Schmidt and Matthews 2018), ecosystem (Karabulut et al. 2018), land (Ringler et al. 2013), soil (Lal et al. 2017), and waste (Garcia et al. 2019). Both water–energy–land (WEL) nexus, outlined in the European Report on Development (EU 2012) and climate, land,

energy, and water (CLEW) by the WEF (2011a) were introduced earlier in the same year 2011. These nexus frameworks and more others are clarified in ESCWA (ESCWA 2015).

Furthermore, the argument of resource centrality within the nexus increases its diversity. According to the WEF (2011a), water is the one that holds the web of resource use together and considered as the heart of the nexus (Hoff 2011; Swatuk and Cash 2018). On the other hand, Yillia (2016) justified that food is generally the third dimension of the WEF nexus for the reason that agriculture is a major human activity, the most visible in the complex web of interlinkages between the nexus dimensions. Similarly, the FAO sited food in the nexus center from the perspective of food security (FAO 2014). In addition, the international renewable energy agency (IRENA 2015) highlighted energy technologies as a massive profit among the three-pronged nexus approach. As a result, the WEF nexus approach normally depends on the perspective of the research.

WEF nexus within the context of sustainable development goals (SDGs)

It is worth noting that the WEF nexus can be usefully used to sustainable development debates and subsequent tracking of SDGs. For example, Karnib (2017a, b, c, d) addressed that there is a need for an integrated nexus approach to attain the SDGs. Specific to the 2030 agenda (UN General Assembly 2015), the three components of the WEF nexus are directly related to 3 of the 17 goals, which are aligned with the human rights (Mohtar and Lawford 2016; Saladini et al. 2018; ESCWA 2015):

- SDG2 “Zero Hunger”, which seeks to “end hunger, achieve food security and improve nutrition and promote sustainable agriculture”;
- SDG6 “Clean Water and Sanitation”, which seeks to “ensure availability and sustainable management of water and sanitation for all”; and
- SDG7 “Affordable and Clean Energy”, which seeks to “ensure access to affordable, reliable, sustainable and modern energy for all”.

Integration within a nexus approach can also facilitate in achieving other goals, as: SDG1 “Zero poverty”, SDG8 “Sustainable economic growth”, SDG11 “Sustainable cities and communities”, SDG12 “Sustainable consumption and production”, SDG13 “Climate change”, and SDGs14&15 “Conservation, protection, and sustainable use of marine and terrestrial resources and ecosystems” (Nhamo et al. 2018; Schlor et al. 2018a, b; Rasul 2016). Mohtar and Lawford (2016) highlighted this progress in 12 of the 17 SDGs linked

to the sustainable resource utilization. Viewing the SDGs through the WEF lens makes it possible to explain the implications of other goals and manage the SDGs complexity, making the goals easier to communicate and to implement (OFID 2017; WWF-SA 2017). Thus, there is a need to adequately incorporate the WEF nexus thinking, since this can help in achieving the SDGs.

The WEF nexus interlinkages

Any nexus approach is a structured planning method that aims to capture the interdependency of resource use across all the three major sectors. The approach considers intricate linkages between energy, water, and food sectors. Some of these interactions are more important than the others. For example, water production does not need food and thereby the food for water nexus is negligible (Karnib 2017a). The following is a presentation of the main interlinkages in WEF nexus.

The water–energy nexus

Water is a key input to the value chain of energy production. The energy sector is regarded as the second biggest water user after the agriculture sector (Fig. 3). It accounts for about 44% of the total water withdrawals in industrialized countries (Collins et al. 2009). Water is used in a plethora of processes. Moreover, it is a significant element in many innovative technologies of energy production. Growing bio-fuels consume more water than fossil fuels (Hussey and Pittock 2012; IEA 2012).

On the other hand, energy is essential at all stages of the supply chain for water: in the extraction and allocation of water, wastewater treatment, and the heating of water for domestic and industrial uses (Wakeel et al. 2016). Moreover, the use of energy is more severe in the nonconventional water sources such as desalination (Wicaksono et al. 2017). Nevertheless, it is the main source of satisfying increasing water demands in many arid areas, especially in the GCC countries because of their energy capabilities and water

scarcities, a trend that is projected to grow rapidly in the future (Al-Zubari 2017).

The food–water nexus

The close interlinkages between water and food are mainly characterized by the need for water and irrigation in agriculture (Gerbens-Leenes et al. 2009). Agriculture is undoubtedly the biggest consumer of the Earth's available freshwater, which accounts 70% of global withdrawals (FAO 2014), with Asia as the highest user. On the other side, water production does not require food, but food can indirectly affect water quality through the increased use of pesticides and fertilizers and the poor soil management practices associated with food production, leading to water contamination and soil degradation (OFID 2017; Olsson 2013).

Cereals are abundantly used in most of the countries (Frenken and Gillet 2012). Importing the food crops that are water intensive such as grains saves big volumes of water for the country purchasing this food. This concept of “virtual water” was first noticed in the 1990s, as a description of the conceptual amount of freshwater embedded in the traded products (Roth and Warner 2008). It is suggested as a good policy to rely on virtual water in the form of food imports for securing the food supply and saving the water resources for the water-scarce areas (Al-Saidi et al. 2016; Roth and Warner 2008).

The energy–food nexus

The modern global food sector is dependent on energy. Almost 30% of total energy is spent globally in the agricultural food supply chain (FAO 2012). FAO (2011) reported that energy is needed along the whole chain of food production (Fig. 4), and the global food sector represents around one-third of total global final energy demand. Energy is directly utilized in water pumping and production of fertilizers and agrochemicals (Chang et al. 2016; FAO 2012).

Cultivation of biomasses for energy production is the most obvious link between agricultural production and energy. In the latest years, in countries such as Argentina

Fig. 3 Global water demand (OECD 2012). Note that OECD: ‘Countries of the organization for Economic Cooperation and Development’, BRIICS: ‘Brazil, Russia, Indonesia, China and South Africa’, RoW: ‘Rest of the World’

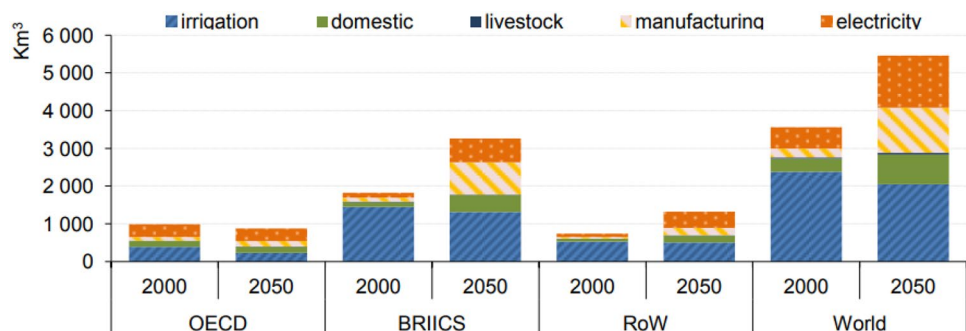
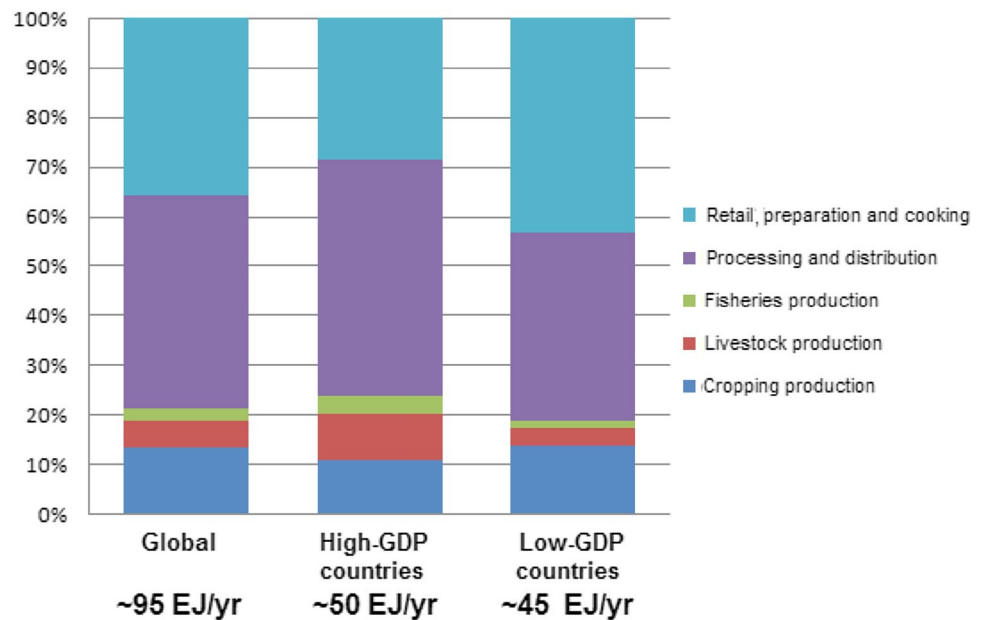


Fig. 4 Shares of energy consumption in the food sector (FAO 2011)



and Brazil, the use of biomass has risen considerably (Stephan et al. 2018). In particular, the world's production of biofuels has increased at an average annual rate of 15% (OFID 2017); the main drivers for this increasing trend for the use of biofuels as a clean energy source are supply security and climate change. A number of conflicts and trade-offs have generated from this increase in biofuel production (Chang et al. 2016; UNEP 2011). The primary conflict is the high requirement of water resources, as mentioned above. This has resulted in competition between food and energy crops for the use of water and agricultural land (Harvey and Pilgrim 2011). Although Chang et al. (2016) indicated that biofuels are promising to increase the energy supply and reduce the GHGs emissions, removing large areas of forest for the purpose of replacing them with other biofuel crops (e.g., maize or soya) is responsible for considerable amounts of carbon dioxide emissions and the destruction of whole ecosystems (Magoni 2017).

The nexus quantification approaches

In general, the overall methodology of the WEF nexus research and studies is performed in three main steps (Fig. 5): (1) characterization (identifying the relationships between the food, water, and energy sectors and their corresponding indicators, which is case-specific); (2) using indices or models for quantifying the WEF nexus system; and (3) application of models through management scenarios. Table 1 highlights some of the current tools and models that help to develop the WEF nexus approach.

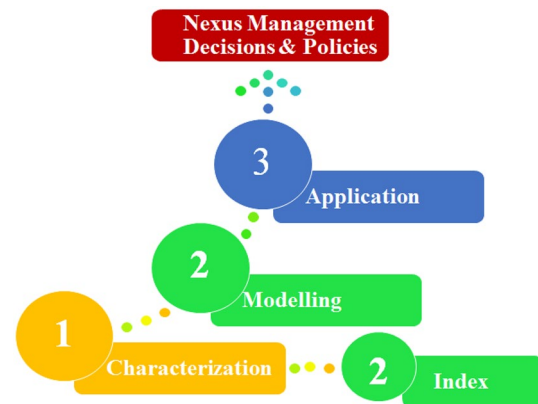


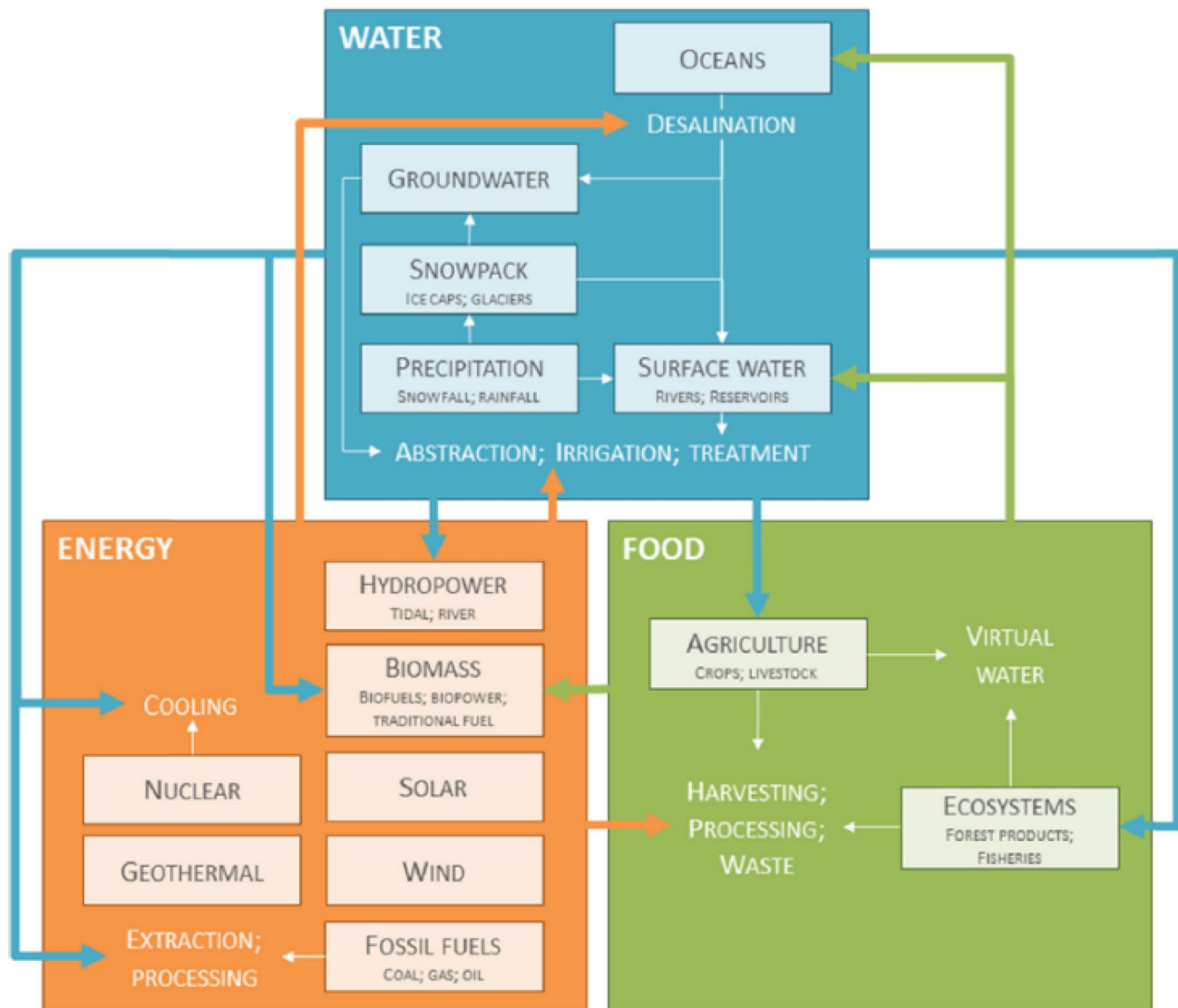
Fig. 5 General methodological framework for the WEF nexus quantitative studies

Characterization (the conceptual nexus)

Any quantification analysis for the WEF nexus starts with characterization stage that identifies interconnections between its three parts (Al-Ansari et al. 2015) and their quantitative values (inflows) or intensities, and determines the context of these interconnections. Figure 6 illustrates the major inflows within and between water, energy, and food systems. Preferably, these elements should be organized by following standard classifications, to promote the creation of quantitative records that are consistent, logical, and comparable as possible over time and across countries. Nevertheless, the environmental, social, economic, and institutional conditions and circumstances that impact strategies and policies of WEF management differ widely between countries. The composition of some WEF nexus accounts could,

Table 1 WEF nexus quantification methods

WEF methods	Examples of published papers
Characterization	Bazilian et al. (2011), Gulati et al. (2013), Rasul (2014), Saladini et al. (2018), Siddiqi and Anadon (2011)
WEF index	Abbott et al. (2017), El-Gafy et al. (2017), Kurian (2017), Mahlkecht and González-Bravo (2018), Moiola et al. (2018), Schlor et al. (2018a, b), Vito et al. (2017), Willis et al. (2016)
WEF tools	Howells et al. (2013), Flammini et al. (2014), Daher and Mohtar (2015)
WEF models	Amjath-Babu et al. (2019), Hussien et al. (2017), Karnib (2017a), Menegaki and Tiwari (2018), Momblanch et al. (2019), Tian et al. (2018)
Optimization models	Bieber et al. (2018), Jiang et al. (2016), Karnib (2017c), Li et al. (2019a, b), Mortada et al. (2018), Nie et al. (2019)
Life cycle assessment with the nexus models	Al-Ansari et al. (2015), Karabulut et al. (2018), Mannan et al. (2018), Laso et al. (2018)
Input–output analysis with the nexus models	Fang and Chen (2017), Karnib (2018), Nawab et al. (2019), Wang et al. (2019)

**Fig. 6** The nexus system defines the major inflows within and between water, energy, and food sectors (Biggs et al. 2015)

therefore, differ depending on the particular WEF resource situations in every country. For example, Chang et al. (2016) characterized the nexus quantitatively at the national and global levels, thus providing fundamental parameter inputs for further modeling of the WEF nexus.

WEF index

Some assessment tools, such as CLEWS “Climate, land-use, energy and water strategies” (Howells et al. 2013), nexus assessment 1.0 (Flammini et al. 2014), and WEF nexus tool 2.0 (Daher and Mohtar 2015; Mohtar and Daher 2012) have been developed. Moreover, many efforts have been made to evaluate the performance of the WEF nexus by developing an integrated index, which usually captures the overall properties of nexus systems and presents characteristics of the three resources using multiple indicators (Endo et al. 2015). Yigitcanlar et al. (2015) stated that an index-based method not only helps to determine actions and policies for balancing environmental and growth concerns, but it also helps to assess comparison and bench-marking. For example, Mahlknecht and González-Bravo (2018) proposed a WEF nexus index to represent an overview on the existing state of the WEF nexus in 13 countries and sub-regions of the Latin America and the Caribbean. This index comprised of three key indicators: availability, access, and stability for each resource, based on the three SDGs: 2, 6, and 7. Parameters were presented as a percentage, with 100% as the best performance, and the WEF nexus index was calculated as an average for the nine indicators. Willis et al. (2016) developed the Pardee RAND WEF security index to provide a quantitative estimation of the WEF nexus. This index offers an online platform that can be accessed through a website (<https://www.rand.org/t/TL165>), which allows exploration and downloading of the data for the purpose of strategies assessment. Abbott et al. (2017) found that this WEF security index can affect the country’s political and social stability. Moreover, a nexus city index (Schlor et al. 2018a, b) was

developed using a number of relevant indicators for 69 cities around the world, based on comprehensive UN database. The index aimed to assess the sustainability of the WEF nexus compares between regions and offers chances to cope with gaps and prosperity for the urban areas. The authors suggested to introduce more integrated indicators to obtain a more holistic picture of the nexus systems in a comprehensive manner (Schlor et al. 2018a, b).

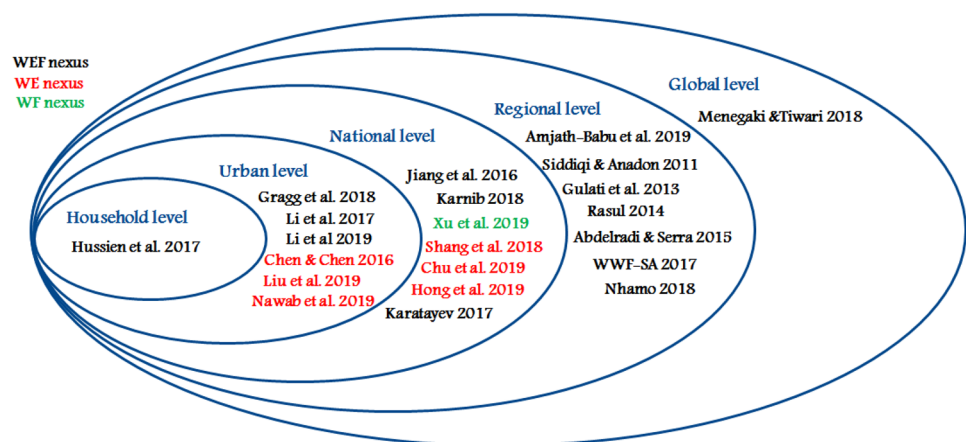
WEF models

Many researchers have attempted to develop more complicated models for quantifying the nexus, to provide more distinguished evaluation of the nexus connections, through simulation. This needs a framework that includes a solid model, reasonable algorithms, and a full data set. Moreover, these WEF nexus models can vary in scale from the local [household, institution, or city (urban)], national, regional, or global levels (Fig. 7).

In this regard, a number of studies have constructed frameworks to examine the WEF nexus for a group of countries, as a region of focus, but very few on the global level. The MENA region is among the driest regions worldwide, with constrained water and land resources. However, it is rich in energy resources and has two-thirds of the global oil reserves (IEA 2008). As a result, countries of this region are using desalination plants to fill the supply gap and meet the domestic, agricultural, and industrial needs. Siddiqi and Anadon (2011) attempted to quantify the water–energy nexus in five sub-regions in the MENA region. The findings revealed that water production and abstraction heavily depend on energy, while the energy sector has comparatively weak dependence on fresh water.

On the national level, Karnib (2017a) developed a simulation model to address the direct and indirect WEF nexus interconnections using a quantitative approach (the Q-nexus model), based on the input–output theory, i.e., quantifying the economic relationship between sectors,

Fig. 7 The variation in the scale of WEF nexus models/approaches



and quantitative balances. To place the model into practice and to approve its reliability, it was applied on Lebanon as a case study using data for the year 2012, to evaluate the nexus situation and the possible future scenarios. These scenarios consisted of a scenario of changing the resource demand (Karnib 2017a); and adopting efficient technologies policies (Karnib 2017b). Moreover, in Karnib (2017c), an integration framework by coupling the Q-nexus model simulator with an optimization framework was introduced, to find the best policy options that achieve the desired system outputs. The Q-nexus model demonstrated an ability to quantify the requirements of each resource, assess the impacts on availability and stress, and suggest that adverse effects in the combination scenario can be offset by the positive effects (Karnib 2018).

Fewer studies quantified the nexus at a household scale. The disaggregation of water, energy, and food into end-uses may help establishing the best management practice and identifying the improvement areas (i.e., reduction of consumption). Hussien et al. (2017) developed a bottom-up integrated model to capture the interactions between WEF at end-use level. Many variables were evaluated using the developed model such as the demand for each resource, the generated waste, and wastewater quantities, taking into consideration about 300 components including the impact of change in user behavior, diet, income, family size, and climate. The data for these parameters were collected using a survey for Duhok city in Iraq chosen as a case study. Then, Monte Carlo technique was used to analyze the model uncertainty. The model was validated by comparing the simulation results with the measured historical data. Finally, the model was applied as future scenarios called global scenario group scenarios (market force, fortress world, great transition, and policy reform) on the household demand for the WEF nexus. The results showed that the model values were close to the historical values, but not for the food consumption that was slightly higher than the historical data. They justified that the historical data were for Iraq, not the city Duhok (micro level), and the comparison at this way is not possible.

Recently, few studies have been reported on quantifying WEF nexus and managing the three resources through optimization. For example, Nie et al. (2019) proposed a novel three-step framework for effective integration WEF nexus-related data, models, and optimization methods. The methodology was based on step 1: superstructure design, step 2: data-driven modeling, and step 3: multi-objective optimization and assessment. Yucheng station in China was selected as a case study of the approach. Taking into consideration the interdependencies and competing interests among the three sectors, the framework was found to work effectively. The model addressed the best management for the nexus, providing actionable pathways to meet economic goals while reducing environmental concerns.

Li et al. (2019a, b) proposed a multi-objective nonlinear programming model for sustainable management of WEF nexus. The three-step methodology was: overview of the problem, modeling using intuitionistic fuzzy set theory to overcome uncertainties, followed by the application and testing. The authors found that the framework was effectively balancing the multiple required objectives between the nexus sectors.

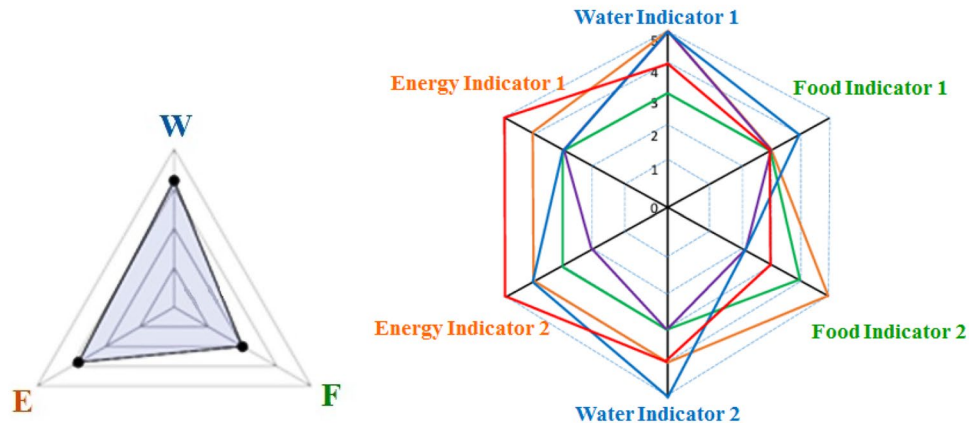
Some approaches were conducted for only two elements of the nexus. For instance, Mortada et al. (2018) introduced an optimization model for achieving food and water securities. The model was considering the nexus through food and water security indicators. Three scenarios were tested on a hypothetical region to evaluate the model performance: resources abundance, land scarcity, and water scarcity extremes. The results showed the model sensitivity in shaping policies of water and agricultural sector, and its ability to be applied in real life conditions. However, many approaches highlighted the nexus through its three components.

Besides using the input–output theory in the nexus approach as in Karnib (2018), also life cycle analysis (LCA) is a methodology that can evaluate the environmental performance and potential impacts of systems throughout its entire life. The aim of using LCA tools in a nexus study is to translate the system outputs from different nexus representative processes into environmental scores (Al-Ansari et al. 2015) and to draw different environmental impact scenarios throughout all the life cycle stages of the resources that reduce the negative effects on the environment. For example, Al-Ansari et al. (2015) stated that the food system is playing a main role in the global warming.

The WEF nexus results can be presented in a spider or radar diagram that can be triple, pentagon, hexagon, or more, according to the number of indicators used in the nexus analysis approach, as generally seen in Fig. 8. From the diagram, for each indicator, the higher the distance from the origin of the axis, the higher the performance level for that indicator. This was performed in many articles results of WEF index (Vito et al. 2017), WEF models (Li et al. 2019a, b; Liu et al. 2019; Momblanch et al. 2019; Nie et al. 2019; Wang et al. 2019), WEF tools as (Flammini et al. 2014) or even for the WEF nexus characterization (Saladini et al. 2018), and conceptualization model (Gragg et al. 2018).

Conclusion

No security can be achieved for one of the three resources (water, energy, or food) without taking considerations to the other two resources. The WEF nexus is a concept of integration to ensure access to resources, where water, energy, and food are inextricably linked, and dependent on one another, and they have strong interactions with the environment and

Fig. 8 The spider diagram

climate change. The importance of nexus approach, through identification of the interlinkages existing between the three components, is manifested in providing opportunities to explore appropriate alternatives and policies for increasing efficient use of resources, sustainable resource management, and minimizing the environmental impacts. In addition, WEF nexus can play a significant role toward better coordination between the key sectors. As such, developing methodologies that consider identifying synergies and trade-offs between these sectors is highly emphasized.

From this review, it is clear that there is an increasing active research in the WEF nexus area and a considerable progress has been made on the different methods addressing and quantifying the WEF nexus in scientific literatures, which vary in their objectives and scales. However, to date, this area is somehow in its initial steps and it has not been widely implemented on the ground. The difficulty to identify the interconnections within and between sectors and the complexity of methods and models make it challenging to assess multiple systems in a cohesive manner. This review has also concluded that availability of data and reduction of uncertainties are considered challenges in WEF nexus models. Although as being said, no single approach is believed to fit to all conditions, for conducting an evaluation on the nexus numerous methods, there should be some common standards to be followed to avoid mismatches, minimize differences, and compare capacities, strengths, and weaknesses between existing approaches. A more detailed research focusing on the nexus modeling, identifying their strengths and weaknesses, is highly recommended.

Additionally, to convince the policy makers to adopt a WEF nexus thinking and approach, it is better that management scenarios are presented from an economic, environmental, i.e., GHGs emissions, and social perspectives, besides the resources use efficiencies. These three pillars of sustainable development need to be more explored in the nexus numerical modeling, as they are the basic for sustainably managing the resources for the benefit

of humans, which cannot be achieved without the social dimension that is affected, for example, by technology choices and stakeholders involvement.

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