

Skin Type Assessment



Your Skin Type is Combination

With both oily and dry areas, your skin benefits from a balanced approach with products tailored to different zones.

Dry & Sensitive 30%

Oily 20%

Combination 50%



Morning Routine

- 1 **Gentle Foaming Cleanser** – Choose a mild foaming cleanser to cleanse without drying out the skin.
- 2 **Hydrating Toner** – A toner with aloe or rose water can provide light hydration.
- 3 **Non-Comedogenic Moisturizer** – Apply a light, gel-based moisturizer on oily areas and a slightly richer product on dry areas.
- 4 **SPF 30+ Sunscreen** – A matte sunscreen can help control shine without clogging pores.



Evening Routine

- 1 **Foaming Cleanser** – Use the same cleanser as in the morning.
- 2 **Exfoliating Serum** – 1-2 times a week, apply a glycolic acid serum to prevent clogged pores.
- 3 **Light Moisturizer** – Reapply a lightweight moisturizer for balanced hydration.

Pro Tips for Combination Skin

- Multi-masking (using different masks on different areas) can be effective
- Consider using lighter products on your T-zone and richer ones on cheeks
- Seasonal changes may require adjusting your routine
- Gentle exfoliation 1-2 times weekly helps keep all zones balanced

 Print Results