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Medical Records
3815 N MULFORD RD

SUITE 4

ROCKFORD, IL 61114

TX#1637-7476

**1750 Founders Parkway Suite 130
Alpharetta, GA 81002**

**866-390-7404 (Toll Free)
719-542-2564 (FAX)
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Date: 6/13/2025

Fax: 217-336-2403

To: Medical Records
CROSBY CROSBY LLP
3815 N MULFORD RD
SUITE 4
ROCKFORD, IL 61114
Phone: 815-367-6432

Re: **Sawangsri, Santhi** **Records From:** **Orthollinois**
DOB: 10/02/1964 5875 E Riverside Blvd
VSI ID: 1637-7476 Rockford, IL 61114
Case #:

Pages in this distribution (including this cover sheet): 123

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INVOICE

Orthollinois
c/o Verisma Systems, Inc.
PO Box 201326
Dallas, TX 75320-1326



To: CROSBY CROSBY LLP
Medical Records
3815 N MULFORD RD
SUITE 4
ROCKFORD, IL 61114

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Dallas, TX 75320-1326

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Invoice for Medical Record Request

Case # | Patient: S, Santhi

Invoice #1001637-7476 | Invoice date: 6/12/2025 | Payment due: 6/26/2025

#	Item	Description	Pages	Amount
1	Paper/EMR copies		119	\$91.46
		Sales Tax		\$0.00
		Total Due		\$91.46

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CROSBY & CROSBY

ATTORNEYS AT LAW

MASON S. CROSBY
ATTORNEY

3815 N. MULFORD RD, SUITE 4
ROCKFORD, IL 61114
www.crosbyandcrosbylaw.com

TELEPHONE : (815) 367-6432

EMAIL : eservice@crosbyandcrosbylaw.com

June 3, 2025

OrthoIllinois
ATTN: Medical Records Request
324 Roxbury Road
Rockford, IL 61107
Sent via Fax (815-381-7498)

My Client/Your Patient: Santhi Sawangsri
Date of Birth: October 2, 1964

Dear Records Custodian:

I am writing to formally request copies of the complete **medical records and itemized billing statements** for Santhi Sawangsri related to treatment received at your facility following an auto accident. This request includes, but is not limited to, all physician notes, diagnostic test results, imaging reports, operative reports, discharge summaries, and billing details from February 1, 2025, to June 3, 2025.

Enclosed with this request is a signed HIPAA authorization form allowing the release of these records. Please provide the records in electronic format if possible. You may send them via email to bmatz@crosbyandcrosbylaw.com or fax: 217-336-2403.

If there are any fees associated with this request, please provide an invoice in advance. Kindly process this request at your earliest convenience.

Thank you for your prompt attention to this matter.

Mason S. Crosby

Mason S. Crosby
MSC/brm

Encl.

**AUTHORIZATION FOR RELEASE OF MEDICAL RECORD INFORMATION**PATIENT NAME: SANTHI SAWANGSRI BIRTHDATE: 10/02/1964COMPLETE ADDRESS: 1924 N. ROCKTON AVE., ROCKFORD, IL 61103PHONE: 779-537-2967 Email: _____I authorize: OrthoIllinois OrthoIllinois Surgery CenterDelivery Format: Secure Electronic Delivery Fax Mail Delivery**To Release To:**Crosby & Crosby LLP (Name)3815 North Mulford Road, Suite 4, Rockford, IL 61114 (Address)Phone: 815-367-6432 Fax: _____For the purpose of: Personal Physician Insurance disability Legal OtherDate(s): From: 02/01/2025 To: 06/03/2025INFORMATION TO BE RELEASED: Complete record Physician Notes X-rays only Diagnostic TestingSpecific Information: Itemized Billing Statements & Medical Records for DOS from 2/1/2025 - 6/3/2025

- I understand that I may revoke this authorization in writing at any time except to the extent that action has been taken in reliance upon this authorization (45 CFR 164.508 ©(2)(i)).
- I understand that treatment or payment cannot be conditioned on my signing this authorization, except in certain circumstances such as for participation in research programs, or authorization of the release of testing results for pre-employment purposes (45 CFR 164.508 (c) (2)(i)).
- I understand that my records are confidential and cannot be disclosed without my written authorization except when otherwise permitted by law. Information used or disclosed pursuant to this authorization may be subject to re-disclosure by the recipient and no longer protected.
- I understand that the specified information to be released may include, but is not limited to: history, diagnosis, and/or treatment of drug or alcohol abuse, mental illness, communicable disease, including Human Immunodeficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (Aids) (45 CFR 164.508(c)(2)(i)).

I have read the information provided on this release form and do hereby acknowledge that I am familiar with and fully understand the terms and conditions of this authorization.

(signature of patient, parent/guardian or authorized representative)

6/3/2025

Date

This authorization will not expire from the above date unless I specify an expiration date: 6/3/2026To check on the status of your request: <https://www.orthoillinois.com/resources/patient-info>
or call 866-442-9026 or email at information@scanstat.com



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

06/02/2025

Shelley Pattat, PTA

Chief Complaint

1. PT visit 17: L shoulder.
2. Patient reports that his biggest difficulty is reaching behind his back. Pt states that he feels his shoulder is improving and starting to get stronger.

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA.

Therapy HPI:

PAIN ASSESSMENT: Current pain: 1/10..

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at 0° abd
3/18/25 RIGHT AROM	153	135	67 at 0° abd
04/09/25 LEFT AROM	135*	118	59 at 0° abd
4/22/25 LEFT AROM	141*	108*	64 at 0° abd
5/1/25 LEFT A/PROM	130*/150	98*/152	58@ 0° abd */67
5/20/25 L A/PROM	143 / 172	142 / 176	65 at 0 abd

*denotes pain

Progress Note: Shelley Pattat, PTA 06/02/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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IR	Ext
thumb to L3	NT
thumb to T12	NT
T12*	NT
thumb to L1*	NT
thumb to T12/NT	NT
thumb to T10	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*
4/22/25 LEFT	4+/5*	4/5*	5/5
5/1/25 LEFT	5/5*	5/5*	4+/5
5/20/25 L	5/5	5/5	5/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 16 16% impairment (6/2/25); 27% impairment (5/20/25); 57% impaired (5/1/25); 59% impaired. (04/09/25); 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25) 6/2/25: Progressed and reviewed today, see scanned

SUPERVISION:

- Machesney Park : Ashley Grover PT, DPT

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
Pt Education [97110]	discussed progress, benefit of HEP compliance, avoid painful motions, if pain/limitations continue contact MD	3 mins
Scapular Retractions NR [97112]	bent fwd row 2lbs w/scap set and vc's for form	3 mins
rows [97110]	BTB bent fwd x 10 L	3 mins
Shoulder IR [97110]	standing 2 x 30", S/L 2 x 30", cane post x 10	4 mins
HEP [97110]	progressed printed and reviewed ex's with pt	6 mins
UBE TA [97530]	L3,5 4/4	8 mins
Shoulder Horizontal Abduction [97110]	bent over x15 thumb up 2lb	3 mins
Pulleys [97110]	3 ways x 1:30 ea way L	6 mins
Material Handling Waist to Crown [97530]	L flex 2lbs /scap 2 lbs to 63" shelf x 15	4 mins

Therapy Assessment

THERAPY SUMMARY:

- ATTENDANCE : Patient has attended 17 of 17 therapy sessions.
- TREATMENT : * The patient's objective progress is reflective of specific therapeutic interventions provided by therapy service. Treatment has consisted of HEP instruction, PROM, AROM, stretching, strengthening, scapular stabilization, joint mobilizations, soft tissue mobilization, core stabilization, patient education, work simulation tasks, postural education, material handling
- PROGRESS : Patient has made progress in L shoulder ROM and functional strength/use.
- FUNCTIONAL STATUS : Patient is able to reach overhead and outreached without pain, sleeping has improved, able to complete ADL's with little compensation. Pt able to lift 2lbs to OH shelf with L UE x 10 reps, 1 hand carry of 4lbs with elbow bent at waist level x 100 ft. Difficulty with lifting greater than 5lbs with motion of bicep curl picking up grocery bags with L UE, and mostly uses R UE for harder tasks of reaching OH
- RECOMMENDATIONS : * The clinician has reassessed the patient at this time., , The patient will benefit from continuation of a home exercise program to progress gains made in therapy.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks MET

LONG TERM GOALS:

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 06/02/2025

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. MET 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks MET

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Pt is now DC to IHEP, secondary to meeting all goals. Pt also in agreement with DC today.

Procedure Codes

- 97112 NEUROMUSCULAR REEDUCATION, Time (Mins): 3
- 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 12
- 97110 THERAPEUTIC EXERCISES, Units: 2.00 , Time (Mins): 25

Total Direct Timed Code Time(Mins): 40

Treatment

Total Billed (Timed and Untimed) Time(Mins): 40

Treatment

Shelley Pattat, PTA

Electronically signed by Shelley Pattat , PTA on 06/02/2025 at 12:51 PM CDT

Sign off status: Completed

Addendum:

06/03/2025 10:08 AM CDT Grover, Ashley, PT > DPT

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 611151622

Progress Note: Shelley Pattat, PTA 06/02/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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SAWANGSRI, Santhi **DOB:** 10/02/1964 (60 yo M) **Acc No.** 1761781042 **DOS:** 06/02/2025

Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Shelley Pattat, PTA 06/02/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO Payer

ID: 00621

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Roxbury

05/30/2025

Sage Norwood, PA-C

Current Medications

Taking

- MetFORMIN (Eqv-Glucophage XR)
500 mg tablet, extended release
TAKE 1 TABLET BY MOUTH
TWICE A DAY
- multivitamin

Discontinued

- Cyclobenzaprine Hydrochloride 5 mg tablet 1 tab(s) orally 3 times a day , Notes to Pharmacist: prn
- HydrOXYzine Hydrochloride hydrochloride 25 mg/mL solution as directed intramuscularly every 4 hours
- Losartan Potassium 50 mg tablet 1 tab(s) orally once a day
- meloxicam 15 mg tablet 1 tab(s) orally once a day prn for pain
- MethylPREDNISolone Dose Pack 4 mg tablet as directed orally
Medication List reviewed and reconciled with the patient

Past Medical History

- MRSA: denies.
- DEXA: denies.
- Sleep apnea.
- Denies metal implants.
- Denies cardiac issues.
- Hypertension.
- Diabetes type II.
- Denies pacemaker.
- Denies stents.

Surgical History

- Tonsillectomy 2002
- Nose surgery 2002

Family History

- Father: deceased, diagnosed with Diabetes
- Mother: alive, diagnosed with Heart disease, unspecified, Diabetes

Chief Complaint

1. Left Shoulder

History of Present Illness

Interval History:

- Additional Information: The patient is doing better since the last visit
Physical therapy: 2 times a week.

Initial History:

- Location of Pain: Posterior aspect of the shoulder.
- Date of Injury/Onset of Symptoms: 2/2/2025.
- Mechanism of Injury: Patient was involved in an MVA.
- Previous Treatment:
Conservative treatment tried: *Muscle relaxer, activity modification, rest*
- Previous Diagnostic Testing:
X-Ray SAH (requested)
- Additional: Associated symptoms: aching pain, weakness.

Vital Signs

Examination

Shoulder:

- Affected Side:
Left shoulder
- Inspection: no atrophy, no swelling .
- Palpation: tenderness along AC joint.
- Range of motion Full ROM with pain elicited.
- Supraspinatus Strength: 5/5 .
- External Rotation Strength: 5/5.
- Internal Rotation Strength: 5/5.
- Hawkins: Positive.
- Neer: Positive.
- Speed Test: negative.
- O'Brien's Test: *positive*.

Physical Examination

Progress Note: Sage Norwood, PA-C 05/30/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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- Siblings: alive, diagnosed with No Known Family History
- Children: alive, diagnosed with No Known Family History
- 3 sister(s) - healthy. 1 son(s) , 1 daughter(s) - healthy.
- Non-Contributory

Social History

- Employed: working full time at Kollmorgen.
- Marital status: Married.
- Tobacco Use
Are you a: *never smoker*
- Alcohol: yes, rarely.
- Recreational drug use: Denies.
- Smoking: Denies.

Allergies

- N.K.D.A.

Hospitalization/Major Diagnostic Procedure

- See surgical history.

MRI:

- Shoulder Diagnostic Interpretation: MRI of the left shoulder taken at OI on 3/10/2025 1. Peritendinitis calcarea (hydroxyapatite deposition). Calcium deposit supraspinatus interstitium. Mild bursitis. 2. AC arthropathy. Marrow reaction distal clavicle and acromion. Low lying acromion. Lateral arch narrowing. Upon my independent review, I also note a superior labral tear.

Assessments

1. Labral tear of shoulder, left, initial encounter - S43.432A (Primary)
2. Calcific tendinitis of left shoulder - M75.32
3. Impingement syndrome of left shoulder - M75.42

3/7/2025 - Meloxicam, MRI
3/14/2025 - Medrol dosepak, PT

Treatment

1. Labral tear of shoulder, left, initial encounter

Notes: The patient has responded well to conservative treatment. They are going to finish out formal therapy and continue the home exercise program developed by the therapist and follow up with us on a prn basis. All questions answered.

Procedures

Attestation Statements:

- Scribe: Smith, Erik, ATC, ROT 05/30/2025 10:02:34 AM > acting as a scribe for Sage Norwood PA-C .
- Hx/ROS Recorded by Others: Lopez, Araceli, ROT 05/30/2025 09:49:02 AM >, I verified/updated the History and Review of Systems for this date of service.
- Provider Attestation: I have reviewed the history and review of systems obtained by my staff for this date of service. The documentation recorded by the scribe accurately reflects the service I personally performed and the decisions made by me .

Follow Up

prn

Sage Norwood PA-C

Electronically signed by Sage Norwood , PA-C on 05/30/2025 at 10:04 AM CDT

SAWANGSRI, Santhi **DOB:** 10/02/1964 (60 yo M) **Acc No.** 1761781042 **DOS:** 05/30/2025

Sign off status: Completed

OrthoIllinois Roxbury
324 Roxbury Road
Rockford, IL 611075090
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Sage Norwood, PA-C 05/30/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

05/20/2025

Shelley Pattat, PTA

Chief Complaint

1. PT visit 16: L shoulder.
2. Patient reports that he is sleeping better and doesn't need pain pills anymore, and is able to reach up and out further without pain now. Pt reports some difficulty with lifting OH with L UE and carrying heavier things but improving.

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA. NEXT PHYSICIAN APPOINTMENT: 5/30/25.

Therapy HPI:

PAIN ASSESSMENT: Current pain: 1/10..

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
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3/18/25 RIGHT AROM	153	135	67 at 0* abd
04/09/25 LEFT AROM	135*	118	59 at 0* abd
4/22/25 LEFT AROM	141*	108*	64 at 0* abd
5/1/25 LEFT A/PROM	130*/150	98*/152	58@ 0* abd */67

Progress Note: Shelley Pattat, PTA 05/20/2025

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SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 05/20/2025

5/20/25 L A/PROM	143 / 172	142 / 176	65 at o abd
*denotes pain			

IR	Ext
thumb to L3	NT
thumb to T12	NT
T12*	NT
thumb to L1*	NT
thumb to T12/NT	NT
thumb to T10	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*
4/22/25 LEFT	4+/5*	4/5*	5/5
5/1/25 LEFT	5/5*	5/5*	4+/5
5/20/25 L	5/5	5/5	5/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		

Progress Note: Shelley Pattat, PTA 05/20/2025

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3/18/25: Not performed d/t MRI results
--

Outcomes:

Measure: QuickDash Score: 27 27% impairment (5/20/25); 57% impaired (5/1/25); 59% impaired. (04/09/25); 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions**EDUCATION:**

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

SUPERVISION:

- Machesney Park : Ashley Grover PT, DPT

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
Material Handling 1 Hand Carry [97530]	L at 90/90 elbow at waist level 4lbs x 100 ft	2 mins
Cable Column [97110]	mid rows and ext B 20lbs x 20 ea	5 mins
Material Handling Waist to Crown [97530]	L flex 2lbs /scap 2 lbs to 63" shelf x 10	4 mins
Measurements/ROM TE [97110]	L shoulder, see above	6 mins
UBE TA [97530]	L3,5 3/3	6 mins
Shoulder Horizontal Abduction [97110]	bent over x15 thumb up 1lb	3 mins
Pulleys [97110]	3 ways x 1:30 ea way L	6 mins
PROM w/Joint Mobs [97140]	shoulder: all planes within tolerance, post/inf glide	6 mins

Therapy Assessment**THERAPY SUMMARY:**

- ATTENDANCE : Patient has attended 16 of 16 therapy sessions.
- TREATMENT : * The patient's objective progress is reflective of specific therapeutic interventions provided by therapy service. Treatment has consisted of HEP instruction, PROM, AROM, stretching, strengthening, scapular stabilization, joint mobilizations, soft tissue mobilization, core stabilization, patient education, work simulation tasks, postural education, material handling
- PROGRESS : Patient has made progress in L shoulder ROM and functional strength/use.
- FUNCTIONAL STATUS : Patient is able to reach overhead and outreached without pain, sleeping has improved, able to complete ADL's with little compensation. Pt able to lift 2lbs to OH shelf with L UE x 10 reps, 1 hand carry of 4lbs with elbow bent at waist level x 100 ft. Difficulty with lifting greater than 5lbs with motion of bicep curl picking up grocery bags with L UE, and mostly uses R UE for harder tasks of reaching OH
- RECOMMENDATIONS : * The clinician has reassessed the patient at this time., The patient will benefit from continued therapy services to meet long term goals for next visit to update HEP then DC at that time.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks MET

LONG TERM GOALS:

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 05/20/2025

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. MET 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks Progressing

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Continue therapy for last scheduled appt to progress and dispense HEP for DC.

Procedure Codes

- 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 12
- 97110 THERAPEUTIC EXERCISES, Units: 2.00 , Time (Mins): 20
- 97140 MANUAL THERAPY, Time (Mins): 6

Total Direct Timed Code Time(Mins): 38

Treatment

Total Billed (Timed and Untimed) Time(Mins): 38

Treatment

Shelley Pattat, PTA

Electronically signed by Shelley Pattat , PTA on 05/20/2025 at 10:51 AM CDT

Sign off status: Completed

Addendum:

05/20/2025 11:31 AM CDT Grover, Ashley, PT > DPT

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 611151622

Progress Note: Shelley Pattat, PTA 05/20/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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SAWANGSRI, Santhi **DOB:** 10/02/1964 (60 yo M) **Acc No.** 1761781042 **DOS:** 05/20/2025

Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Shelley Pattat, PTA 05/20/2025

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SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

05/15/2025

Shelley Pattat, PTA

Chief Complaint

1. PT visit 15: L shoulder.
2. Patient reports that he has difficulty lifting L UE out to the side and doing OH tasks.

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA. NEXT PHYSICIAN APPOINTMENT: **5/30/25**.

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at 0° abd
3/18/25 RIGHT AROM	153	135	67 at 0° abd
04/09/25 LEFT AROM	135*	118	59 at 0° abd
4/22/25 LEFT AROM	141*	108*	64 at 0° abd
5/1/25 LEFT A/PROM	130*/150	98*/152	58@ 0° abd */67

*denotes pain

IR	Ext
----	-----

Progress Note: Shelley Pattat, PTA 05/15/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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thumb to L3	NT
thumb to T12	NT
T12*	NT
thumb to L1*	NT
thumb to T12/NT	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*
4/22/25 LEFT	4+/5*	4/5*	5/5
5/1/25 LEFT	5/5*	5/5*	4+/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT
5/5	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 59 57% impaired (5/1/25); 59% impaired. (04/09/25) ; 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

SUPERVISION:

- Machesney Park : Ashley Grover PT, DPT

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
AROM TA [97530]	standing: BIL shoulder flexion/abd 2x10 ea L	3 mins
UBE TA [97530]	L3,5 4/4	8 mins
Push Ups NR [97112]	+ at wall 2x10	2 mins
Sleeper Stretch [97110]	at wall 3x30", L	2 mins
Scapular Retractions NR [97112]	bent over w/ rows 1 lb x15, L; OTB abc's x 1 set	6 mins
Resistance Bands NR [97112]	standing GTB bil shldr: rows and ext x20 ea	4 mins
Neuromuscular Reeducation 1 [97112]	OTB ER walk outs 2x10	3 mins
Wall Slides [97110]	into abduction 2x10 L	3 mins
Shoulder Horizontal Abduction [97110]	bent over x15 thumb up	3 mins
Pulleys [97110]	3 ways x 2 min ea way L	7 mins
PROM w/Joint Mobs [97140]	shoulder: all planes within tolerance, post/inf glide	6 mins

Therapy Assessment**JUSTIFICATION FOR SKILLED TREATMENT:**

- Analysis : Continued with progressed periscapular strengthening from last session with good tolerance. Pt has greatest difficulty with lifting into abduction and OH. Pt given cues with scapular retraction form to avoid UE compensation. Pt shows improving PROM following joint mobs. He will benefit from continued skilled care to progress L shoulder ROM and functional strength.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks PROGRESSING

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks **LTGs PROGRESSING**

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment**1. Others**

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 05/15/2025

Notes: Continue therapy 1-2x a week progressing L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

Procedure Codes

- 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 11
- 97110 THERAPEUTIC EXERCISES, Time (Mins): 15
- 97112 NEUROMUSCULAR REEDUCATION, Time (Mins): 15
- 97140 MANUAL THERAPY, Time (Mins): 6

Total Direct Timed Code Time(Mins): 47

Treatment

Total Billed (Timed and Untimed) Time(Mins): 47

Treatment

Shelley Pattat, PTA

Electronically signed by Shelley Pattat , PTA on 05/15/2025 at 01:17 PM CDT

Sign off status: Completed

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 611151622
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Shelley Pattat, PTA 05/15/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

05/12/2025

Victoria McGraw, PTA

Chief Complaint

1. PT visit 14: L shoulder.
2. Patient reports that his shoulder is starting to get back to normal.

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA. NEXT PHYSICIAN APPOINTMENT: **5/30/25**.

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at 0* abd
3/18/25 RIGHT AROM	153	135	67 at 0* abd
04/09/25 LEFT AROM	135*	118	59 at 0* abd
4/22/25 LEFT AROM	141*	108*	64 at 0* abd
5/1/25 LEFT A/PROM	130*/150	98*/152	58@ 0* abd */67

*denotes pain

IR	Ext
----	-----

Progress Note: Victoria McGraw, PTA 05/12/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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thumb to L3	NT
thumb to T12	NT
T12*	NT
thumb to L1*	NT
thumb to T12/NT	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*
4/22/25 LEFT	4+/5*	4/5*	5/5
5/1/25 LEFT	5/5*	5/5*	4+/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT
5/5	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 59 57% impaired (5/1/25); 59% impaired. (04/09/25) ; 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
PROM w/Joint Mobs [97140]	shoulder: all planes within tolerance, post/inf glide	6 mins
AROM TA [97530]	standing: BIL shoulder flexion/abd 2x10 ea L	3 mins
Wall Slides [97110]	into abduction 2x10 L	3 mins
Neuromuscular Reeducation 1 [97112]	OTB ER walk outs 2x10	2 mins
UBE TA [97530]	L3,5 4/4	8 mins
Push Ups NR [97112]	+ at wall 2x10	2 mins
Sleeper Stretch [97110]	at wall 3x30", L	2 mins
Scapular Retractions NR [97112]	bent over w/ rows 1 lb 2x10, L	3 mins
Resistance Bands 2 NR [97112]	standing horz abd OTB 2x10, B	3 mins
Resistance Bands NR [97112]	standing GTB bil shldr: rows and ext x20 ea	3 mins
Therapeutic Activities 1 [97530]	standing bil shldr ER GTB 2x10	4 mins
Shoulder Horizontal Abduction [97110]	bent over 2x10	2 mins
Pulleys [97110]	3 ways x 2 min ea way L	7 mins

Therapy Assessment

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Progressed scapular stabilization today to include CKC activities to promote NM control with upward/downward rotation. Challenge still noted with force coupling of the serratus anterior, lower trapezius, and levator scapulae as early UT compensation is present. Patient fatigues with most interventions, but able to recover. He will benefit from continued skilled care to progress L shoulder ROM and functional strength

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks PROGRESSING

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks **LTGs PROGRESSING**

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 05/12/2025

Notes: Continue therapy 1-2x a week progressing L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

Procedure Codes

- 97110 THERAPEUTIC EXERCISES, Time (Mins): 14
- 97112 NEUROMUSCULAR REEDUCATION, Time (Mins): 13
- 97140 MANUAL THERAPY, Time (Mins): 6
- 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 15

Total Direct Timed Code Time(Mins): 48

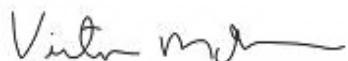
Treatment

Total Billed (Timed and Untimed) Time(Mins): 48

Treatment

Images

Coding sign off document



Electronically signed by Victoria McGraw , PTA on 05/12/2025 at 11:19 AM CDT

Sign off status: Completed

Addendum:

05/14/2025 10:19 AM CDT McGraw, Victoria, PTA > Supervising PT: Ashley Grover PT, DPT

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 611151622
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Victoria McGraw, PTA 05/12/2025

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SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 05/08/2025



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

05/08/2025

Ashley Grover, PT, DPT

Chief Complaint

1. PT visit 13: L shoulder.
2. Patient reports his shoulder felt fine after last therapy visit. States minor stiffness in the shoulder

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA. NEXT PHYSICIAN APPOINTMENT: **5/30/25**.

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at 0° abd
3/18/25 RIGHT AROM	153	135	67 at 0° abd
04/09/25 LEFT AROM	135*	118	59 at 0° abd
4/22/25 LEFT AROM	141*	108*	64 at 0° abd
5/1/25 LEFT A/PROM	130*/150	98*/152	58@ 0° abd */67

*denotes pain

IR	Ext
----	-----

Progress Note: Ashley Grover, PT, DPT 05/08/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT

thumb to L3	NT
thumb to T12	NT
T12*	NT
thumb to L1*	NT
thumb to T12/NT	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*
4/22/25 LEFT	4+/5*	4/5*	5/5
5/1/25 LEFT	5/5*	5/5*	4+/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT
5/5	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 59 57% impaired (5/1/25); 59% impaired. (04/09/25) ; 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

Progress Note: Ashley Grover, PT, DPT 05/08/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
Push Ups NR [97112]	+ at wall 2x10	3 mins
Resistance Bands 2 NR [97112]	standing horz abd OTB 2x10, B	3 mins
Resistance Bands NR [97112]	standing GTB bil shldr: rows and ext x20 ea	6 mins
Sleeper Stretch [97110]	at wall 3x30", L	3 mins
UBE TA [97530]	L3,5 4/4	8 mins
Wall Slides TA [97530]	full FR at chest, bil forearm press against wall into Y OH 2x10, B	3 mins
Scapular Retractions NR [97112]	bent over w/ rows 1 lb 2x10, L	4 mins
Therapeutic Activities 1 [97530]	standing bil shldr ER GTB 2x10	4 mins
Shoulder Horizontal Abduction [97110]	bent over w/ tactile cues for scap set 2x10	3 mins
Pulleys [97110]	3 ways x 2 min ea way L	7 mins

Therapy Assessment

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Progressed scapular stabilization today to include CKC activities to promote NM control with upward/downward rotation. Challenge still noted with force coupling of the serratus anterior, lower trapezius, and levator scapulae as early UT compensation is present. Patient fatigues with most interventions, but able to recover. He will benefit from continued skilled care to progress L shoulder ROM and functional strength

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks PROGRESSING

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks **LTGs PROGRESSING**

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Continue therapy 1-2x a week progressing L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 05/08/2025

Procedure Codes

- 97112 NEUROMUSCULAR REEDUCATION, Units: 2.00 , Time (Mins): 16
- 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 15
- 97110 THERAPEUTIC EXERCISES, Time (Mins): 13

Total Direct Timed Code Time(Mins): 44

Treatment

Total Billed (Timed and Untimed) Time(Mins): 44

Treatment



Electronically signed by **Ashley Grover , PT** on **05/08/2025 at 01:30 PM CDT**

Sign off status: Completed

**OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 611151622
Tel: 815-398-9491
Fax: 815-381-7498**

Progress Note: Ashley Grover, PT, DPT 05/08/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 05/06/2025



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

05/06/2025

Ashley Grover, PT, DPT

Chief Complaint

1. PT visit 12: L shoulder.
2. Patient reports he does feel that his shoulder is getting better. States he wanted to continue therapy and avoid an injection and surgery.
3. Patient started 5 minutes early

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA. NEXT PHYSICIAN APPOINTMENT: 5/30/25.

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at 0° abd
3/18/25 RIGHT AROM	153	135	67 at 0° abd
04/09/25 LEFT AROM	135*	118	59 at 0° abd
4/22/25 LEFT AROM	141*	108*	64 at 0° abd
5/1/25 LEFT A/PROM	130*/150	98*/152	58@ 0° abd */67

*denotes pain

IR	Ext
----	-----

Progress Note: Ashley Grover, PT, DPT 05/06/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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thumb to L3	NT
thumb to T12	NT
T12*	NT
thumb to L1*	NT
thumb to T12/NT	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*
4/22/25 LEFT	4+/5*	4/5*	5/5
5/1/25 LEFT	5/5*	5/5*	4+/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT
5/5	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 59 57% impaired (5/1/25); 59% impaired. (04/09/25) ; 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
Wall Slides TA [97530]	full FR at chest, bil forearm press against wall into Y OH 2x10, B	4 mins
Scapular Retractions NR [97112]	prone w/ rows 2x10, L	4 mins
Finger Ladder TA [97530]	flexion w/ 1lb AW (L30) + eccentric lower x15 L	4 mins
Shoulder Flexion TA [97530]	supine cane + 3lb (reaching) 2x10	0 mins
UBE TA [97530]	L3 4/4	8 mins
Prone extension [97110]	L shoulder with tactile cues for scap set 2x10	3 mins
Therapeutic Activities 1 [97530]	standing bil shldr ER OTB 2x10	4 mins
Shoulder Horizontal Abduction [97110]	prone w/ tactile cues for scap set 2x10	3 mins
Pulleys [97110]	3 ways x 2 min ea way L	7 mins
PROM w/Joint Mobs [97140]	shoulder: all planes within tolerance, post/inf glide	8 mins

Therapy Assessment

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Continued with L shoulder ROM and progressing periscapular/RTC strength to optimize functional reaching and scapulohumeral motion. He is still limited and becomes fatigued with focused upward rotation NM control of the L scapulae which limits continued overhead AROM. PROM appears full with slight discomfort at end range in all planes. He will benefit from continued skilled care to progress L shoulder ROM and functional strength

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks PROGRESSING

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks **LTGs PROGRESSING**

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Continue therapy 1-2x a week progressing L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 05/06/2025

impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

Procedure Codes

- 97530 THERAPEUTIC ACTIVITIES, Units: 2.00 , Time (Mins): 20
- 97110 THERAPEUTIC EXERCISES, Time (Mins): 13
- 97112 NEUROMUSCULAR REEDUCATION, Time (Mins): 4
- 97140 MANUAL THERAPY, Time (Mins): 8

Total Direct Timed Code Time(Mins): 45

Treatment

Total Billed (Timed and Untimed) Time(Mins): 45

Treatment



Electronically signed by Ashley Grover , PT on 05/06/2025 at 11:00 AM CDT

Sign off status: Completed

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 611151622
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Ashley Grover, PT, DPT 05/06/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO Payer

ID: 00621

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Roxbury

05/02/2025

Sage Norwood, PA-C

Current Medications

Taking

- Cyclobenzaprine Hydrochloride 5 mg tablet 1 tab(s) orally 3 times a day , Notes to Pharmacist: prn
 - HydrOXYzine Hydrochloride hydrochloride 25 mg/mL solution as directed intramuscularly every 4 hours
 - Losartan Potassium 50 mg tablet 1 tab(s) orally once a day
 - meloxicam 15 mg tablet 1 tab(s) orally once a day prn for pain
 - MetFORMIN (Eqv-Glucophage XR) 500 mg tablet, extended release TAKE 1 TABLET BY MOUTH TWICE A DAY
 - MethylPREDNISolone Dose Pack 4 mg tablet as directed orally
 - multivitamin
- Medication List reviewed and reconciled with the patient

Past Medical History

- MRSA: denies.
- DEXA: denies.
- Sleep apnea.
- Denies metal implants.
- Denies cardiac issues.
- Hypertension.
- Diabetes type II.
- Denies pacemaker.
- Denies stents.

Surgical History

- Tonsillectomy 2002
- Nose surgery 2002

Family History

- Father: deceased, diagnosed with Diabetes
- Mother: alive, diagnosed with Diabetes, Heart disease, unspecified

Chief Complaint

1. Left shoulder pain recheck

History of Present Illness

Interval History:

- Additional Information: The patient is doing better. Patient describes intermittent pain and weakness in the left shoulder
Physical therapy: twice weekly.

Initial History:

- Location of Pain: Posterior aspect of the shoulder.
- Date of Injury/Onset of Symptoms: 2/2/2025.
- Mechanism of Injury: Patient was involved in an MVA.
- Previous Treatment:
Conservative treatment tried: *Muscle relaxer, activity modification, rest*
- Previous Diagnostic Testing:
X-Ray SAH (requested)
- Additional: Associated symptoms: aching pain, weakness.

Vital Signs

Examination

Shoulder:

- Affected Side:
Left shoulder
- Inspection: no atrophy, no swelling .
- Palpation: tenderness along AC joint.
- Range of motion Full ROM with pain elicited.
- Supraspinatus Strength: 5/5 .
- External Rotation Strength: 5/5.
- Internal Rotation Strength: 5/5.
- Hawkins: Positive.
- Neer: Positive.
- Speed Test: negative.
- O'Brien's Test: **positive.**

Progress Note: Sage Norwood, PA-C 05/02/2025

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- Siblings: alive, diagnosed with No Known Family History
- Children: alive, diagnosed with No Known Family History
- 3 sister(s) - healthy. 1 son(s) , 1 daughter(s) - healthy.
- Non-Contributory

Social History

- Employed: working full time at Kollmorgen.
- Marital status: Married.
- Tobacco Use
Are you a: *never smoker*
- Alcohol: yes, rarely.
- Recreational drug use: Denies.
- Smoking: Denies.

Allergies

- N.K.D.A.

Hospitalization/Major Diagnostic Procedure

- See surgical history.

Physical Examination

MRI:

- Shoulder Diagnostic Interpretation: MRI of the left shoulder taken at OI on 3/10/2025 1. Peritendinitis calcarea (hydroxyapatite deposition). Calcium deposit supraspinatus interstitium. Mild bursitis. 2. AC arthropathy. Marrow reaction distal clavicle and acromion. Low lying acromion. Lateral arch narrowing. Upon my independent review, I also note a superior labral tear.

Assessments

1. Labral tear of shoulder, left, initial encounter - S43.432A (Primary)
2. Calcific tendinitis of left shoulder - M75.32
3. Impingement syndrome of left shoulder - M75.42

3/7/2025 - Meloxicam, MRI
3/14/2025 - Medrol dosepak, PT
4/11/2025 - Continue PT

Treatment

1. Labral tear of shoulder, left, initial encounter

PROCEDURE: PT/OT Continue Therapy (Performed Date - 05/02/2025)

Notes: 2-3x a week for 4 weeks, continue per protocol using modalities of choice

Notes: Santhi returns for a recheck of the left shoulder. He reports mild improvement with therapy. He would like to continue PT at this time. If pain persists, we would consider an injection vs left shoulder arthroscopy with biceps tenodesis, debridement and SAD. He is in agreement with the plan and all questions were asked and answered today. I will see him back in 4 weeks for a recheck.

2. Calcific tendinitis of left shoulder

PROCEDURE: PT/OT Continue Therapy (Performed Date - 05/02/2025)

Notes: 2-3x a week for 4 weeks, continue per protocol using modalities of choice

3. Impingement syndrome of left shoulder

PROCEDURE: PT/OT Continue Therapy (Performed Date - 05/02/2025)

Notes: 2-3x a week for 4 weeks, continue per protocol using modalities of choice

Procedures

Attestation Statements:

- Scribe: Smith, Erik, ATC, ROT 05/02/2025 11:09:23 AM > acting as a scribe for Sage Norwood PA-C .
- Hx/ROS Recorded by Others: Lawson, Grant, ROT 05/02/2025 10:47:10 AM > I verified/updated the History for this date of service.
- Provider Attestation: I have reviewed the history and review of systems obtained by my staff for this date of service. The documentation

SAWANGSRI, Santhi **DOB:** 10/02/1964 (60 yo M) **Acc No.** 1761781042 **DOS:** 05/02/2025

recorded by the scribe accurately reflects the service I personally performed and the decisions made by me .

Follow Up

4 Weeks

Sage Norwood PA-C

Electronically signed by Sage Norwood , PA-C on 05/02/2025 at 03:16 PM CDT

Sign off status: Completed

OrthoIllinois Roxbury
324 Roxbury Road
Rockford, IL 611075090
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Sage Norwood, PA-C 05/02/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

05/01/2025

Amber Hersey, PTA

Chief Complaint

1. .PN
2. PT visit 11: L shoulder.
3. Patient reports

History of Present Illness

Required Information:

- REFERRING PROVIDER: Dr. Geoffrey Van Thiel .
- PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder.
- DOI/ONSET: 2/2/25.
- SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25.
- METHOD OF INJURY: Patient was involved in an MVA.

Therapy HPI:

- PAIN ASSESSMENT: Current pain: 4/10., Pain at worst:, 9/10..

Vital Signs

Examination

Left Shoulder:

- PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .
- ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at o* abd
3/18/25 RIGHT AROM	153	135	67 at o* abd
04/09/25 LEFT AROM	135*	118	59 at o* abd
4/22/25 LEFT AROM	141*	108*	64 at o* abd
5/1/25 LEFT A/PROM	130*/150	98*/152	58@ o* abd */67

Progress Note: Amber Hersey, PTA 05/01/2025

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*denotes pain

IR	Ext
thumb to L3	NT
thumb to T12	NT
T12*	NT
thumb to L1*	NT
thumb to T12/NT	NT

- STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*
4/22/25 LEFT	4+/5*	4/5*	5/5
5/1/25 LEFT	5/5*	5/5*	4+/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT

- SPECIAL TESTS:

Date	Positive	Negative
.		
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

- Measure:

QuickDash Score: 59 57% impaired (5/1/25); 59% impaired. (04/09/25) ; 55% impairment (3/18/25),

Findings: Positive

Care plan documented: Yes

Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH)

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

SUPERVISION:

- Machesney Park : Ashley Grover PT, DPT

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
Finger Ladder TA [97530]	w/ 1lb AW + eccentric lower x15 L	4 mins
Shoulder Horizontal Abduction [97110]	prone w/ tactile cues for scap set x15	3 mins
Prone extension [97110]	L shoulder with tactile cues for scap set x15	3 mins
Measurements TA [97530]	L shoulder; see above	5 mins
Shoulder Flexion TA [97530]	supine cane + 3lb (reaching) 2x10	3 mins
UBE TA [97530]	L3, 3'/3' fwd/bck	6 mins
Thoracic Rotation [97110]	seated MET x 3 rounds ea way	0 mins
Therapeutic Activities 1 [97530]	supine, w/band around hands for rotator cuff co-contraction, 3x10	4 mins
Pulleys [97110]	3 ways x 2 min ea way L	6 mins
PROM w/Joint Mobs [97140]	shoulder: all planes within tolerance, post/inf glide	7 mins

Therapy Assessment

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Audible clicking presents through first 5-6 repetitions of supine cane flexion. Added supine cane exercises to work on strength in OH ranges as patient with significantly limited AROM vs PROM.

THERAPY SUMMARY:

- ATTENDANCE : Patient has attended 11 of 11 therapy sessions.
- TREATMENT : * The patient's objective progress is reflective of specific therapeutic interventions provided by therapy service. Treatment has consisted of HEP instruction, PROM, AROM, stretching, strengthening, scapular stabilization
- PROGRESS : Patient has made limited progress in ROM measurements with decreased mobility this session compared to AROM measurements taken 4/9/25. MMT flexion and abduction strength has improved to 5/5 but remains painful.
- FUNCTIONAL STATUS : Difficulty with lifting heavy to include grocery bags, reaching O,H and reaching behind. He is now able to sleep without waking d/t pain.
- RECOMMENDATIONS : * The clinician has reassessed the patient at this time., The patient will benefit from continued therapy services to meet long term goals.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks PROGRESSING

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 05/01/2025

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks **LTGs PROGRESSING**

Assessments

1. Calcific tendinitis of left shoulder - M75.32
 2. Impingement syndrome of left shoulder - M75.42
 3. Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Patient will be seen for an additional 2 visits pending MD recommendation. Patient's POC will consist of L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

Procedure Codes

- 97530 THERAPEUTIC ACTIVITIES, Units: 2.00 , Time (Mins): 22
 - 97140 MANUAL THERAPY, Time (Mins): 7
 - 97110 THERAPEUTIC EXERCISES, Time (Mins): 12

Total Direct Timed Code

Treatment

Total Billed (Timed and Untimed) Time(Mins): 41

Treatment

Amber K. Hensley, PTA

Electronically signed by Amber Hersey , PTA on 05/01/2025 at 01:59 PM CDT

Sign off status: Completed

Addendum:

05/01/2025 05:19 PM CDT Grover, Ashley, PT > DPT

Progress Note: Amber Hersey, PTA 05/01/2025

SAWANGSRI, Santhi **DOB:** 10/02/1964 (60 yo M) **Acc No.** 1761781042 **DOS:** 05/01/2025

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 61151622
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Amber Hersey, PTA 05/01/2025

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Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/28/2025



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Roxbury

04/28/2025

Bobby Doh, DPT

Chief Complaint

1. .PT
2. PT visit 9: L shoulder.
3. Patient reports doing okay. No significant changes since the last visit.

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA.

Therapy HPI:

PAIN ASSESSMENT: Current pain: 3/10..

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at 0° abd
3/18/25 RIGHT AROM	153	135	67 at 0° abd
04/09/25 LEFT AROM	135*	118	59 at 0° abd
4/22/25 LEFT AROM	141*	108*	64 at 0° abd

*denotes pain

IR	Ext
----	-----

Progress Note: Bobby Doh, DPT 04/28/2025

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thumb to L3	NT
thumb to T12	NT
T12*	NT
thumb to L1*	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*
4/22/25 LEFT	4+/5*	4/5*	5/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT
5/5	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 59 59% impaired. (04/09/25) ; 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

SUPERVISION:

- Machesney Park : Brian Slinde PT, DPT, ATC

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
Therapeutic Activities 1 [97530]	partial plank + scapular push ups 2x10	4 mins
Shoulder ER [97110]	shoulder ER w/orange band around hands, 2x10 3" iso	4 mins
Thoracic Rotation [97110]	open book 1x15 ea	3 mins
Thoracic Extension [97110]	therapist assisted, seated	4 mins
PROM w/Joint Mobs [97140]	shoulder: all planes within tolerance, post/inf glide	6 mins
Shoulder Flexion TA [97530]	supine, w/band around hands for rotator cuff co-contraction, 3x10	4 mins
Pulleys [97110]	3 ways x 2-3 min	8 mins
UBE TA [97530]	L3, 3'/3' fwd/bck	6 mins

Therapy Assessment

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Patient is still limited with ROM and strength into abduction secondary to pain limiting motion. Non pain provoking crepitus present with shoulder flexion around 45 deg; eased with more reps. Continued focus on periscapular and RTC strengthening to provide stability to the GH joint and improve scapulohumeral rhythm. He would benefit from skilled therapy in order to progress knee ROM and strength.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks PROGRESSING

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks **LTGs PROGRESSING**

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Patient will be seen 2 times a week. Patient's POC will consist of L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

Procedure Codes

- 97110 THERAPEUTIC EXERCISES, Units: 2.00 , Time (Mins): 19

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/28/2025

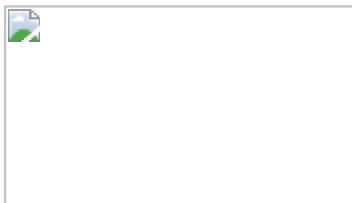
- 97140 MANUAL THERAPY, Time (Mins): 6
- 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 14

Total Direct Timed Code Time(Mins): 39

Treatment

Total Billed (Timed and Untimed) Time(Mins): 39

Treatment



Electronically signed by Bobby Doh , DPT on 04/28/2025 at 11:57 AM CDT

Sign off status: Completed

OrthoIllinois Rehab Roxbury
324 Roxbury Road
Rockford, IL 611075090
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Bobby Doh, DPT 04/28/2025

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SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

04/22/2025

Ashley Grover, PT, DPT

Chief Complaint

1. PT visit 8: L shoulder.
2. Patient reports he has still noticed soreness in the front of his shoulder. States after therapy he notices soreness for 24-48 hours.
3. States he doesn't seem to like the ionto patch as he feels like it stings and burns

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA.

Therapy HPI:

PAIN ASSESSMENT: Current pain: 3/10..

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at o* abd
3/18/25 RIGHT AROM	153	135	67 at o* abd
04/09/25 LEFT AROM	135*	118	59 at o* abd
4/22/25 LEFT AROM	141*	108*	64 at o* abd

*denotes pain

IR	Ext
----	-----

Progress Note: Ashley Grover, PT, DPT 04/22/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT

thumb to L3	NT
thumb to T12	NT
T12*	NT
thumb to L1*	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*
4/22/25 LEFT	4+/5*	4/5*	5/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT
5/5	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 59 59% impaired. (04/09/25); 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
Measurements TA [97530]	L shoulder; see above	5 mins
Shoulder Abduction TA [97530]	SL: 1_#, 2x10 L (limit 90 deg)	2 mins
Shoulder Flexion TA [97530]	supine: 1_# 2x10 (reaching) L	2 mins
UBE TA [97530]	L3 x 8 min (UE activity tolerance)	8 mins
Wall Slides TA [97530]	PSB flexion x 15	3 mins
wall push ups [97110]	with + x 10	2 mins
Neuromuscular Reeducation 1 [97112]	ER/IR GTB walk outs 2x10 ea (with foam under arm) L	5 mins
Pulleys [97110]	3 way x 2 min ea way L	6 mins
PROM w/Joint Mobs [97140]	shoulder: all planes within tolerance L, post/inf GHJ mobs	7 mins

Therapy Assessment

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Measurements taken today to assess ROM and strength progress. Patient is still limited with ROM and strength into abduction secondary to pain limiting motion. Held on ionto patch today secondary to patient response- see subjective. PROM performed with empty end feel d/t pain reaching 160 deg flexion and 150 deg abduction. Crepitus present with PROM flexion beyond 160 deg; therefore, reduced range. Continued focus on periscapular and RTC strengthening to provide stability to the GH joint and improve scapulohumeral rhythm. He would benefit from skilled therapy in order to progress knee ROM and strength.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks PROGRESSING

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks **LTGs PROGRESSING**

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Patient will be seen 2 times a week. Patient's POC will consist of L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

Procedure Codes

- 97140 MANUAL THERAPY, Time (Mins): 7

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/22/2025

- 97530 THERAPEUTIC ACTIVITIES, Units: 2.00 , Time (Mins): 20
- 97110 THERAPEUTIC EXERCISES, Time (Mins): 8
- 97112 NEUROMUSCULAR REEDUCATION, Time (Mins): 5

Total Direct Timed Code Time(Mins): 40

Treatment

Total Billed (Timed and Untimed) Time(Mins): 40

Treatment



Electronically signed by Ashley Grover , PT on 04/22/2025 at 12:57 PM CDT

Sign off status: Completed

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 61151622
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Ashley Grover, PT, DPT 04/22/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

04/21/2025

Victoria McGraw, PTA

Chief Complaint

1. PT visit 7: L shoulder.
2. Patient reports that work is still having him do things that cause his shoulder to be sore because no one else is there to do it.

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA.

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at 0° abd
3/18/25 RIGHT AROM	153	135	67 at 0° abd
04/09/25 LEFT AROM	135*	118	59 at 0° abd

*denotes pain

IR	Ext
thumb to L3	NT
thumb to T12	NT

Progress Note: Victoria McGraw, PTA 04/21/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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T12*	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 59 59% impaired. (04/09/25); 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

SUPERVISION:

- Machesney Park : Ashley Grover PT, DPT

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
Iontophoresis [97033]	placement + edu (supraspinatus)	3 mins
Finger Ladder TA [97530]	abduction (#27) x 10 L	1 mins

Progress Note: Victoria McGraw, PTA 04/21/2025

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wall push ups [97110]	with + x 10	1 mins
Shoulder Abduction TA [97530]	SL: 1_#, 2x10 L	2 mins
Shoulder Flexion TA [97530]	supine: 1_# 2x10 (reaching) L	2 mins
UBE TA [97530]	L3 x 8 min (UE activity tolerance)	8 mins
Wall Slides TA [97530]	PSB flexion x 15	3 mins
Neuromuscular Reeducation 1 [97112]	ER/IR OTB walk outs 2x10 ea (with foam under arm) L	5 mins
Pulleys [97110]	3 way x 2 min ea way L	6 mins
PROM w/Joint Mobs [97140]	shoulder: all planes within tolerance L, post/inf GHJ mobs	7 mins

Therapy Assessment

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Patient continues to have shoulder pain sxs and limited ROM primarily into abduction. Therefore continued with P/AAROM interventions to address and improve his ease of completing work tasks. RTC and periscapular strengthening also performed to improve scapulararthoracic rotation. Iontopatch given at end of session to address continued soreness/pain. He would benefit from skilled therapy in order to progress knee ROM and strength.

Short term goals:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks PROGRESSING

PROGRESSING LONG TERM GOALS:

- LONG TERM GOALS:**

 - Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks **LTGs PROGRESSING**

Assessments

1. Calcific tendinitis of left shoulder - M75.32
 2. Impingement syndrome of left shoulder - M75.42
 3. Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Patient will be seen 2 times a week. Patient's POC will consist of L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN

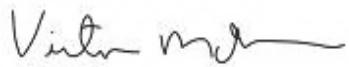
Procedure Codes

- 97140 MANUAL THERAPY, Time (Mins): 7
 - 97530 THERAPEUTIC ACTIVITIES, Units: 2.00 , Time (Mins): 16
 - 97033 IONTOPHORESIS, Time (Mins): 3
 - 97110 THERAPEUTIC EXERCISES, Time (Mins): 7
 - 97112 NEUROMUSCULAR REEDUCATION, Time (Mins): 5

Total Direct Timed Code Treatment Time(Mins): 38

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/21/2025

Total Billed (Timed and Untimed) Time(Mins): 38
Treatment



Electronically signed by Victoria McGraw , PTA on 04/21/2025 at 11:42 AM CDT

Sign off status: Completed

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 61151622
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Victoria McGraw, PTA 04/21/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/16/2025



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

04/16/2025

Victoria McGraw, PTA

Chief Complaint

1. PT visit 6: L shoulder.
2. Patient reports that he had to do a different job at work which irritated his shoulder but he told his boss about it.
3. Patient started ~16 mins early

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA.

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at 0° abd
3/18/25 RIGHT AROM	153	135	67 at 0° abd
04/09/25 LEFT AROM	135*	118	59 at 0° abd

*denotes pain

IR	Ext
thumb to L3	NT
thumb to T12	NT

Progress Note: Victoria McGraw, PTA 04/16/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT

T12*	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 59 59% impaired. (04/09/25) ; 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

SUPERVISION:

- Machesney Park : Ashley Grover PT, DPT

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
Material Handling 1 Hand Carry [97530]	5_# bottom up waiters carry x 3 laps of 40 ft	3 mins

Progress Note: Victoria McGraw, PTA 04/16/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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Neuromuscular Reeducation 1 [97112]	ER/IR OTB walk outs 2x10 ea (with foam under arm) L	5 mins
Pt Education [97110]	pulleys for home off amazon	2 mins
3 way wall matrix [97110]	YTB x 10 ea	3 mins
Shoulder Abduction TA [97530]	SL: 1_#, 2x10 L	2 mins
Shoulder Flexion TA [97530]	supine: 1_# 2x10 (reaching) L	3 mins
UBE TA [97530]	L3 x 8 min (UE activity tolerance)	8 mins
Wall Slides TA [97530]	PSB flexion x 15	3 mins
Pulleys [97110]	3 way x 2 min ea way L	6 mins
PROM w/Joint Mobs [97140]	shoulder: all planes within tolerance L, post/inf GHJ mobs	8 mins

Therapy Assessment

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Patient tolerates session well but continues to have shoulder pain sxs. Continued with PROM and GHJ mobs with hypomobility noted. Also performed RTC and periscapular strengthening to improve scapular rotation and avoid impingement. He was advised that it would be beneficial to him to obtain pulleys for home use. He would benefit from skilled therapy in order to progress GH ROM and meet all LTGs.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks PROGRESSING

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks **LTGs PROGRESSING**

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Patient will be seen 2 times a week. Patient's POC will consist of L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

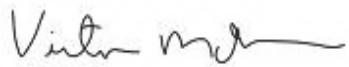
Procedure Codes

- 97530 THERAPEUTIC ACTIVITIES, Units: 2.00 , Time (Mins): 19
- 97110 THERAPEUTIC EXERCISES, Time (Mins): 11
- 97112 NEUROMUSCULAR REEDUCATION, Time (Mins): 5
- 97140 MANUAL THERAPY, Time (Mins): 8

Total Direct Timed Code Time(Mins): 43
Treatment

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/16/2025

Total Billed (Timed and Untimed) Time(Mins): 43
Treatment



Electronically signed by Victoria McGraw , PTA on 04/16/2025 at 12:51 PM CDT

Sign off status: Completed

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 61151622
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Victoria McGraw, PTA 04/16/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

04/14/2025

Victoria McGraw, PTA

Chief Complaint

1. PT visit 5: L shoulder.
2. Patient reports that MD appointment they asked him if he wants surgery and he is not sure.
3. Patient started ~15 mins early

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA.

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

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3/18/25 RIGHT AROM	153	135	67 at 0° abd
04/09/25 LEFT AROM	135*	118	59 at 0° abd

*denotes pain

IR	Ext
thumb to L3	NT
thumb to T12	NT

Progress Note: Victoria McGraw, PTA 04/14/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT

T12*	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 59 59% impaired. (04/09/25); 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

SUPERVISION:

- Machesney Park : Ashley Grover PT, DPT

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
pectoralis stretch [97110]	at doorway: 90/90 position 3x30"	3 mins
Scap Retractions [97110]	OTB mid x 15	3 mins

Progress Note: Victoria McGraw, PTA 04/14/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

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Wall Slides TA [97530]	PSB flexion x 15	3 mins
Stretching [97110]	lat stretch at wall with FR x 15	3 mins
Therapeutic Activities 1 [97530]	2_# bent over row x 15 L	3 mins
PROM w/Joint Mobs [97140]	shoulder: all planes within tolerance L, post/inf GHJ mobs	8 mins
Shoulder ER [97110]	OTB 2x10 (with foam under arm) L	2 mins
Pulleys [97110]	3 way x 2 min ea way L	6 mins
UBE TA [97530]	L2 x 8 min (UE activity tolerance)	8 mins

Therapy Assessment

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Patient continues to have limited GH ROM and pain sxs over his supraspinatus region. Continued with P/AAROM interventions to address ROM restrictions. Also performed RTC/periscapular strengthening in order to improve scapulohumeral rhythm and reduce impingement. He would benefit from skilled therapy in order to progress GH ROM and RTC strength to meet all LTGs.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks PROGRESSING

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks **LTGs PROGRESSING**

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Patient will be seen 2 times a week. Patient's POC will consist of L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

Procedure Codes

- 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 14
- 97140 MANUAL THERAPY, Time (Mins): 8
- 97110 THERAPEUTIC EXERCISES, Units: 2.00 , Time (Mins): 17

Total Direct Timed Code Time(Mins): 39

Treatment

Total Billed (Timed and Untimed) Time(Mins): 39

Treatment

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/14/2025

Victoria McGraw

Electronically signed by Victoria McGraw , PTA on 04/14/2025 at 10:44 AM CDT

Sign off status: Completed

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 61151622
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Victoria McGraw, PTA 04/14/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO Payer

ID: 00621

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Roxbury

04/11/2025

Sage Norwood, PA-C

Current Medications

Taking

- Cyclobenzaprine Hydrochloride 5 mg tablet 1 tab(s) orally 3 times a day , Notes to Pharmacist: prn
- HydrOXYzine Hydrochloride hydrochloride 25 mg/mL solution as directed intramuscularly every 4 hours
- Losartan Potassium 50 mg tablet 1 tab(s) orally once a day
- meloxicam 15 mg tablet 1 tab(s) orally once a day prn for pain
- MetFORMIN (Eqv-Glucophage XR) 500 mg tablet, extended release TAKE 1 TABLET BY MOUTH TWICE A DAY
- MethylPREDNISolone Dose Pack 4 mg tablet as directed orally
- multivitamin
Medication List reviewed and reconciled with the patient

Past Medical History

- MRSA: denies.
- DEXA: denies.
- Sleep apnea.
- Denies metal implants.
- Denies cardiac issues.
- Hypertension.
- Diabetes type II.
- Denies pacemaker.
- Denies stents.

Surgical History

- Tonsillectomy 2002
- Nose surgery 2002

Family History

- Father: deceased, diagnosed with Diabetes
- Mother: alive, diagnosed with Diabetes, Heart disease, unspecified

Chief Complaint

1. Left shoulder pain recheck

History of Present Illness

Interval History:

- Additional Information: The patient is doing the same.
Physical therapy: 1-2 times weekly.

Initial History:

- Location of Pain: Posterior aspect of the shoulder.
- Date of Injury/Onset of Symptoms: 2/2/2025.
- Mechanism of Injury: Patient was involved in an MVA.
- Previous Treatment:
Conservative treatment tried: *Muscle relaxer, activity modification, rest*
- Previous Diagnostic Testing:
X-Ray SAH (requested)
- Additional: Associated symptoms: aching pain, weakness.

Vital Signs

Examination

Shoulder:

- Affected Side:
Left shoulder
- Inspection: no atrophy, no swelling .
- Palpation: tenderness along AC joint.
- Range of motion Full ROM with pain elicited.
- Supraspinatus Strength: 5/5 .
- External Rotation Strength: 5/5.
- Internal Rotation Strength: 5/5.
- Hawkins: Positive.
- Neer: Positive.
- Speed Test: negative.
- O'Brien's Test: *positive*.

Physical Examination

Progress Note: Sage Norwood, PA-C 04/11/2025

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- Siblings: alive, diagnosed with No Known Family History
- Children: alive, diagnosed with No Known Family History
- 3 sister(s) - healthy. 1 son(s) , 1 daughter(s) - healthy.
- Non-Contributory

Social History

- Employed: working full time at Kollmorgen.
- Marital status: Married.
- Tobacco Use
Are you a: *never smoker*
- Alcohol: yes, rarely.
- Recreational drug use: Denies.
- Smoking: Denies.

Allergies

- N.K.D.A.

Hospitalization/Major Diagnostic Procedure

- See surgical history.

MRI:

- Shoulder Diagnostic Interpretation: MRI of the left shoulder taken at OI on 3/10/2025 1. Peritendinitis calcarea (hydroxyapatite deposition). Calcium deposit supraspinatus interstitium. Mild bursitis. 2. AC arthropathy. Marrow reaction distal clavicle and acromion. Low lying acromion. Lateral arch narrowing. Upon my independent review, I also note a superior labral tear.

Assessments

1. Labral tear of shoulder, left, initial encounter - S43.432A (Primary)
2. Calcific tendinitis of left shoulder - M75.32
3. Impingement syndrome of left shoulder - M75.42

3/7/2025 - Meloxicam, MRI
3/14/2025 - Medrol dosepak, PT

Treatment

1. Labral tear of shoulder, left, initial encounter

PROCEDURE: PT/OT Continue Therapy (Performed Date - 04/11/2025)

Notes: 2-3x a week for 4-6 weeks, continue per protocol using modalities of choice

Notes: Santhi arrives to the office today for the recheck of the left shoulder. He reports that he is doing about the same in comparison to his previous visit and has reported only minimal relief from formal physical therapy. The patient's history, physical examination and diagnostic studies were reviewed in detail with the patient. At this time I am recommending that he continue with therapy. I will see him back in 3 weeks for a recheck appointment. If he continues to experience symptoms at that time, I will consider a surgical procedure. The patient verbalized understanding of my above recommendation and is in agreement. All of the patients questions were answered in full.

Procedures

Attestation Statements:

- Scribe: Smith, Erik, ATC, ROT 04/11/2025 12:02:47 PM > acting as a scribe for Sage Norwood PA-C .
- Hx/ROS Recorded by Others: Lawson, Grant, ROT 04/11/2025 11:48:46 AM > I verified/updated the History for this date of service.
- Provider Attestation: I have reviewed the history and review of systems obtained by my staff for this date of service. The documentation recorded by the scribe accurately reflects the service I personally performed and the decisions made by me .

Follow Up

3 Weeks

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/11/2025

Sage Norwood PA-C

Electronically signed by Sage Norwood , PA-C on 04/11/2025 at
12:17 PM CDT

Sign off status: Completed

OrthoIllinois Roxbury
324 Roxbury Road
Rockford, IL 611075090
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Sage Norwood, PA-C 04/11/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

04/09/2025

Victoria McGraw, PTA

Chief Complaint

1. PT visit 5: L shoulder.
2. Patient reports that he gets some clicking and pain in his shoulder when he does the resisted shoulder blade squeezes.
3. Patient started 5 mins early

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA.

Therapy HPI:

PAIN ASSESSMENT: Current pain:3/10., , Pain at worst:, 5/10..

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at o* abd
3/18/25 RIGHT AROM	153	135	67 at o* abd
04/09/25 LEFT AROM	135*	118	59 at o* abd

*denotes pain

IR	Ext
thumb to L3	NT

Progress Note: Victoria McGraw, PTA 04/09/2025

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thumb to T12	NT
T12*	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 59 59% impaired. (04/09/25) ; 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

SUPERVISION:

- Machesney Park : Ashley Grover PT, DPT

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
Iontophoresis [97033]	placement + edu (supraspinatus)	3 mins

Progress Note: Victoria McGraw, PTA 04/09/2025

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Stretching [97110]	lat stretch at wall with FR x 15	3 mins
Measurements for PN [97110]	see above	5 mins
Therapeutic Activities 1 [97530]	2_# bent over row x 15 L	3 mins
PROM w/Joint Mobs [97140]	shoulder: all planes within tolerance L, post/inf GHJ mobs	8 mins
UBE TA [97530]	L2 x 8 min (UE activity tolerance)	8 mins
Pulleys [97110]	3 way x 2 min ea way L	6 mins
Shoulder ER [97110]	OTB 2x10 (with foam under arm) L	2 mins

Therapy Assessment

THERAPY SUMMARY:

- ATTENDANCE : Patient has attended 5 of 5 therapy sessions.
- TREATMENT : * The patient's objective progress is reflective of specific therapeutic interventions provided by therapy service. Treatment has consisted of HEP instruction, PROM, AROM, stretching, strengthening, scapular stabilization
- PROGRESS : Patient has made progress in GH ROM and RTC strength
- FUNCTIONAL STATUS : Patient is able to complete ADLs and household tasks, Difficulty with heavy lifting and reaching OH and reaching behind her back and sometimes affects sleep.
- RECOMMENDATIONS : * The clinician has reassessed the patient at this time., The patient will benefit from continued therapy services to meet long term goals.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks PROGRESSING

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks **LTGs PROGRESSING**

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Patient will be seen 2 times a week for 4-6 weeks. Patient's POC will consist of L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

Procedure Codes

- 97110 THERAPEUTIC EXERCISES, Units: 2.00 , Time (Mins): 16
- 97033 IONTOPHORESIS, Time (Mins): 3
- 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 11
- 97140 MANUAL THERAPY, Time (Mins): 8

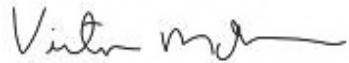
SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/09/2025

Total Direct Timed Code Time(Mins): 38

Treatment

Total Billed (Timed and Untimed) Time(Mins): 38

Treatment



Electronically signed by Victoria McGraw , PTA on 04/09/2025 at 12:29 PM CDT

Sign off status: Completed

Addendum:

04/09/2025 01:52 PM CDT Grover, Ashley, PT > DPT

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 611151622
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Victoria McGraw, PTA 04/09/2025

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/03/2025



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

ri, Santhi **Insurance: BCBS PPO**

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

04/03/2025

Victoria McGraw, PTA

Chief Complaint

1. PT visit 4: L shoulder.
 2. Patient reports that he thinks the iontopatch helped his shoulder from last session.

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA.

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

IR	Ext
thumb to L3	NT
thumb to T12	NT

Progress Note: Victoria McGraw, PTA 04/03/2025

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 55 ; 55% impairment (3/18/25), Findings: Positive, Care plan documented:
Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

SUPERVISION:

- Machesney Park : Ashley Grover PT, DPT

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
HEP [97110]	updated	1 mins
Shoulder Alphabet TE [97110]	at wall with towel A-Z x 1 L	2 mins
Shoulder Flexion TA [97530]	supine: 2x10 L (reaching)	2 mins
UBE TA [97530]	L1 x 8 min (UE activity tolerance)	8 mins
Wall Slides TA [97530]	PSB flexion x 15	3 mins
pectoralis stretch [97110]	at doorway: 90/90 position 3x30"	3 mins
Scap Retractions [97110]	OTB mid x 15	3 mins
Pulleys [97110]	3 way x 2 min ea way L	7 mins

PROM [97110]	shoulder: all planes within tolerance L	7 mins
Shoulder ER [97110]	OTB 2x10 (with foam under arm) L	3 mins

Therapy Assessment

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Patient presents with limited GH ROM in all planes. Therefore performed P/AAROM interventions this session to address and ensure ROM is progressing. Improved flexion noted passively this session with patient reaching ~140 degrees. Also focused on RTC and periscapular strengthening to improve the scapular rotation required during reaching tasks. Patient would benefit from skilled therapy to progress GH ROM and RTC strength to meet all LTGs.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Patient will be seen 2 times a week. Patient's POC will consist of L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

Procedure Codes

- 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 13
- 97110 THERAPEUTIC EXERCISES, Units: 2.00 , Time (Mins): 26

Total Direct Timed Code Time(Mins): 39

Treatment

Total Billed (Timed and Untimed) Time(Mins): 39

Treatment

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/03/2025

Electronically signed by Victoria McGraw , PTA on 04/03/2025 at 12:20 PM CDT

Sign off status: Completed

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 61151622
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Victoria McGraw, PTA 04/03/2025

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SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/01/2025



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Santhi Insurance: BCBS PPO

**PCP: Ralph Everson, MD Referring: Medical Group In Home
Appointment Facility: OrthoIllinois Rehab Machesney Park**

04/01/2025

Victoria McGraw, PTA

Chief Complaint

1. PT visit 3: L shoulder.
 2. Patient reports he picked something up at the airport and it hurt his shoulder and his shoulder is not doing too good.

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . **PRIMARY DIAGNOSIS:** Labral tear of left shoulder; impingement of left shoulder. **DOI/ONSET:** 2/2/25. **SOC:** Insurance requires POC certification on or before 90 days. POC created on 3/18/25. **METHOD OF INJURY:** Patient was involved in an MVA.

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at o* abd
3/18/25 RIGHT AROM	153	135	67 at o* abd

IR	Ext
thumb to L3	NT
thumb to T12	NT

Progress Note: Victoria McGraw, PTA 04/01/2025

Generated for Printing/Faxing/eTransmitting on: 06/12/2025 11:07 AM CDT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 55 ; 55% impairment (3/18/25), Findings: Positive, Care plan documented:
Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

SUPERVISION:

- Machesney Park : Ashley Grover PT, DPT

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
Iontophoresis [97033]	placement + edu (supraspinatus)	4 mins
Shoulder ER [97110]	OTB 2x10 (with foam under arm) L	3 mins
UBE TA [97530]	L1 x 8 min (UE activity tolerance)	8 mins
Wall Slides TA [97530]	PSB flexion x 15	3 mins
pectoralis stretch [97110]	at doorway: 90/90 position 3x30"	3 mins
Scap Retractions [97110]	OTB mid x 15	3 mins
Pulleys [97110]	3 way x 2 min ea way L	7 mins
PROM [97110]	shoulder: all planes within tolerance L	7 mins

Therapy Assessment

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Patient continues to have limited GH ROM in all planes. Therefore continued with P/AAROM interventions to address and ensure his functional ROM is progressing. Also performed gentle RTC/periscapular strengthening in order to improve scapulohumeral rhythm to reduce impingement sxs. VCs required to tell patient to relax his shoulder during pulleys. Trialed iontopatch this session and plan to assess response next session. He would benefit from skilled therapy to progress GH ROM and RTC strength to meet all LTGs.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks

Assessments

1. Calcific tendinitis of left shoulder - M75.32
 2. Impingement syndrome of left shoulder - M75.42
 3. Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Patient will be seen 2 times a week. Patient's POC will consist of L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

Procedure Codes

- 97110 THERAPEUTIC EXERCISES, Units: 2.00 , Time (Mins): 23
 - 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 11
 - 97033 IONTOPHORESIS, Time (Mins): 4

Total Direct Timed Code Time(Mins): 38

Treatment

Total Billed (Timed and Untimed) Time(Mins): 38

Treatment

Vito Mazzola

Electronically signed by Victoria McGraw , PTA on 04/01/2025 at 02:13 PM CDT

Sign off status: Completed

Progress Note: Victoria McGraw, PTA 04/01/2025

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 04/01/2025

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 61151622
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Victoria McGraw, PTA 04/01/2025

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SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 03/25/2025



SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Santhi Insurance: BCBS PPO

Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

Appointment Facility. Orthonomics Retail Machines Park

03/25/2025

Victoria McGraw, PTA

Chief Complaint

1. PT visit 2: L shoulder.
 2. Patient reports his shoulder feels about the same and that he has not been able to do his cane exercise due to forgetting to get the cane from his family member.

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . **PRIMARY DIAGNOSIS:** Labral tear of left shoulder; impingement of left shoulder. **DOI/ONSET:** 2/2/25. **SOC:** Insurance requires POC certification on or before 90 days. POC created on 3/18/25. **METHOD OF INJURY:** Patient was involved in an MVA.

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

IR	Ext
thumb to L3	NT
thumb to T12	NT

Progress Note: Victoria McGraw, PTA 03/25/2025

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STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 55 ; 55% impairment (3/18/25), Findings: Positive, Care plan documented:
Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic InterventionsEDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

SUPERVISION:

- Machesney Park : Ashley Grover PT, DPT

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
pectoralis stretch [97110]	at doorway: 90/90 position 3x30"	3 mins
Manual Therapy 1 [97140]	supine: STM to pec, upper trap	6 mins
Scap Retractions [97110]	at corner 3" h x 15	3 mins
Isometrics NR [97112]	flexion, abduction, ER, IR 5" h x 10 L	5 mins
Wall Slides TA [97530]	PSB flexion x 15	3 mins
Pulleys [97110]	3 way x 10-20 ea way L	4 mins
PROM [97110]	shoulder: all planes within tolerance L	8 mins
Cane Exercises [97110]	supine: flexion, standing: abduction x10 ea	4 mins

Progress Note: Victoria McGraw, PTA 03/25/2025

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SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 03/25/2025

UBE TA [97530] L1 x 8 min (UE activity tolerance) 8 mins

Therapy Assessment

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Initiated clinic program without issue. He lacks full GH ROM so performed P/AAROM interventions to ensure his ROM is progressing and no adhesions form. Also performed gentle isometrics to promote proper RTC activation while avoiding exacerbation of sxs. He would benefit from skilled therapy to progress GH ROM and UE strength to meet all LTGs.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks

Assessments

1. Calcific tendinitis of left shoulder - M75.32
 2. Impingement syndrome of left shoulder - M75.42
 3. Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Patient will be seen 2 times a week. Patient's POC will consist of L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN.

Procedure Codes

- 97112 NEUROMUSCULAR REEDUCATION, Time (Mins): 5
 - 97110 THERAPEUTIC EXERCISES, Units: 2.00 , Time (Mins): 22
 - 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 11
 - 97140 MANUAL THERAPY, Time (Mins): 6

Total Direct Timed Code Time(Mins): 44

Treatment

Total Billed (Timed and Untimed) Time(Mins): 44

Treatment

Vincent

Progress Note: Victoria McGraw, PTA 03/25/2025

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 03/25/2025

Electronically signed by Victoria McGraw , PTA on 03/25/2025 at 02:17 PM CDT

Sign off status: Completed

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 61151622
Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Victoria McGraw, PTA 03/25/2025

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SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

03/18/2025

Ashley Grover, PT, DPT

Chief Complaint

1. PT EVAL visit 1: L shoulder.

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA.

Therapy HPI:

PATIENT GOALS: Patients therapy goals were discussed with them at today's evaluation. Patient's goals through therapy treatment are to alleviate pain, return to normal function, and learn how to manage condition . PAIN ASSESSMENT: On a scale 0 to 10, with 0 being no pain and 10 being the worst imaginable, what do you rate your current pain? 6/10 at rest and increases to 8-9/10 at worst. SYMPTOM DESCRIPTION: Patient describes pain as constant burning pain in the anterior aspect of the L shoulder and occasional sharp pain in the anterior portion when actively using the arm. Patient denies numbness/tingling. Has experienced popping in the shoulder with active movement of the LUE. Pain is exacerbated by reaching forward and out to the side. Pain is sufficient enough to cause difficulty with sleeping. Reports no limitation with grip strength in the LUE. Shares he has started a steroid dosepack which makes him groggy. Pain is alleviated by using Biofreeze, but reports it causes some tingling on the skin. DIAGNOSTICS: X-RAY; MRI. HAND DOMINANCE: Right . DRESSING: Takes additional time to don/doff upper body clothing. HOME CARE: Difficulty with cleaning, cooking, and yard work.

LIFTING/CARRYING: Difficulty with lifting/holding metal bars with the LUE for work. Limited with lifting items heavier than a gallon of milk or a grocery bag. MOBILITY: Difficulty with reaching overhead, away from body, behind back, and across his body. PERSONAL CARE: Difficulty with bathing/showering and hair care .

OCCUPATIONAL HISTORY: Patient is currently working and works as a CNC mechanic and is required to lift metal bars.

Current Medications

Taking

- Cyclobenzaprine Hydrochloride 5 mg tablet 1 tab(s) orally 3 times a day , Notes to Pharmacist: prn
- HydrOXYzine Hydrochloride hydrochloride 25 mg/mL solution as directed intramuscularly every 4 hours
- Losartan Potassium 50 mg tablet 1 tab(s) orally once a day
- meloxicam 15 mg tablet 1 tab(s) orally once a day prn for pain
- MetFORMIN (Eqv-Glucophage XR) 500 mg tablet, extended release TAKE 1 TABLET BY MOUTH TWICE A DAY
- MethylPREDNISolone Dose Pack 4 mg tablet as directed orally
- multivitamin

Medication List reviewed and reconciled with the patient

Past Medical History

- MRSA: denies.
- DEXA: denies.

Progress Note: Ashley Grover, PT, DPT 03/18/2025

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- Sleep apnea.
- Denies metal implants.
- Denies cardiac issues.
- Hypertension.
- Diabetes type II.
- Denies pacemaker.
- Denies stents.

Surgical History

- Tonsillectomy 2002
- Nose surgery 2002

Family History

- Father: deceased, diagnosed with Diabetes
- Mother: alive, diagnosed with Diabetes, Heart disease, unspecified
- Siblings: alive, diagnosed with No Known Family History
- Children: alive, diagnosed with No Known Family History
- 3 sister(s) - healthy. 1 son(s), 1 daughter(s) - healthy.

Social History

Employed: working full time at Kollmorgen. Marital status: Married. Tobacco Use Are you a: never smoker. Alcohol: yes, rarely. Recreational drug use: Denies. Smoking: Denies.

Hospitalization/Major Diagnostic Procedure

- See surgical history.

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at o* abd
3/18/25 RIGHT AROM	153	135	67 at o* abd

*denotes pain

IR	Ext
thumb to L3	NT
thumb to T12	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT

SPECIAL TESTS:

Date	Positive	Negative
.		
.		
3/18/25: Not performed d/t MRI results		

Outcomes:

Measure: QuickDash Score: 55 ; 55% impairment (3/18/25), Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Physical Examination

MRI:

Shoulder Diagnostic Interpretation: MRI of the left shoulder taken at OI on 3/10/2025 1. Peritendinitis calcarea (hydroxyapatite deposition). Calcium deposit supraspinatus interstitium. Mild bursitis. 2. AC arthropathy. Marrow reaction distal clavicle and acromion. Low lying acromion. Lateral arch narrowing. Upon my independent review, I also note a superior labral tear.

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25)

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
HEP [97110]	Printed and instructed in clinic; see above/scanned	10 mins
Pt Education TA [97530]	Instruction in anatomy, clinical Dx, prognosis, body/postural mechanics, and pain management- use of heat vs. ice	10 mins
PT Eval Low Complexity [97161]	L shoulder	20 mins

Therapy Assessment

Progress Note: Ashley Grover, PT, DPT 03/18/2025

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SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 03/18/2025

JUSTIFICATION FOR SKILLED TREATMENT:

- Analysis : Per diagnosis and functional limitations listed as above, the patient will benefit from skilled therapy to address following impairments: decreased L shoulder ROM/strength, poor posture, and decreased activity tolerance and functional reaching with the LUE
 - Rehabilitation Potential : Good rehabilitation potential pending compliance with therapy and HEP.
 - Eval Complexity : PT Low eval complexity selected: Clinical Presentation is stable; minimal history, personal factors, and co-morbidities are involved, Minimal body systems are involved. Body Systems including: musculoskeletal structures and functions

REACTION TO TREATMENT:

- Response : The patient tolerated treatment well and demonstrated understanding of HEP.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks

LONG TERM GOALS:

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks

Assessments

1. Calcific tendinitis of left shoulder - M75.32
 2. Impingement syndrome of left shoulder - M75.42
 3. Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Patient will be seen 2 times a week for 6-8 weeks. Patient's POC will consist of L shoulder ROM, UE strengthening, scapular stabilization, joint mobilization, thoracic mobility/mobilizations, neuromuscular reeducation, manual therapy related to impairments, stretching, patient education, therapeutic activities, HEP instruction, and modalities PRN. Thank you for this referral.

Procedure Codes

- 97161 PT Evaluation low complexity, Time (Mins): 20
 - 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 10
 - 97110 THERAPEUTIC EXERCISES, Time (Mins): 10

Total Direct Timed Code Time(Mins): 20

Total Direct Treatment

Total Billed (Timed and Untimed) Time(Mins): 40

Treatment

Adler, Karen PT, DPT

Progress Note: Ashley Grover, PT, DPT 03/18/2025

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 03/18/2025

Electronically signed by Ashley Grover , PT on 03/18/2025 at 12:48 PM CDT

Sign off status: Completed

OrthoIllinois Rehab Machesney Park
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Machesney Park, IL 61151622
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Progress Note: Ashley Grover, PT, DPT 03/18/2025

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SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: BCBS PPO

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Rehab Machesney Park

06/02/2025

Shelley Pattat, PTA

Chief Complaint

1. PT visit 17: L shoulder.
2. Patient reports that his biggest difficulty is reaching behind his back. Pt states that he feels his shoulder is improving and starting to get stronger.

History of Present Illness

Required Information:

REFERRING PROVIDER: Dr. Geoffrey Van Thiel . PRIMARY DIAGNOSIS: Labral tear of left shoulder; impingement of left shoulder. DOI/ONSET: 2/2/25. SOC: Insurance requires POC certification on or before 90 days. POC created on 3/18/25. METHOD OF INJURY: Patient was involved in an MVA.

Therapy HPI:

PAIN ASSESSMENT: Current pain: 1/10..

Vital Signs

Examination

Left Shoulder:

PALPATION: 3/18/25: pain with palpation to the impingement area and posterior acromion .

ROM:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT AROM	118*	93*	62 at 0° abd
3/18/25 RIGHT AROM	153	135	67 at 0° abd
04/09/25 LEFT AROM	135*	118	59 at 0° abd
4/22/25 LEFT AROM	141*	108*	64 at 0° abd
5/1/25 LEFT A/PROM	130*/150	98*/152	58@ 0° abd */67
5/20/25 L A/PROM	143 / 172	142 / 176	65 at 0 abd

*denotes pain

Progress Note: Shelley Pattat, PTA 06/02/2025

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SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 06/02/2025

IR	Ext
thumb to L3	NT
thumb to T12	NT
T12*	NT
thumb to L1*	NT
thumb to T12/NT	NT
thumb to T10	NT

STRENGTH:

Disclaimer: The table may wrap across multiple pages to prevent transfer of incomplete data. Please use judgement when interpreting the table data and contact the sender for clarifications if required.

Date	Flex	Abd	ER
3/18/25 LEFT	4/5*	4-/5*	5/5
3/18/25 RIGHT	5/5	5/5	5/5
04/09/25 LEFT	4+/5*	4-/5*	5/5*
4/22/25 LEFT	4+/5*	4/5*	5/5
5/1/25 LEFT	5/5*	5/5*	4+/5
5/20/25 L	5/5	5/5	5/5

*denotes pain

IR	Ext
4+/5*	NT
5/5	NT

SPECIAL TESTS:

Outcomes:

Progress Note: Shelley Pattat, PTA 06/02/2025

Measure: QuickDash Score: 16 16% impairment (6/2/25); 27% impairment (5/20/25); 57% impaired (5/1/25); 59% impaired. (04/09/25); 55% impairment (3/18/25),, Findings: Positive, Care plan documented: Yes, Assessment tool: Disabilities of the Arm Shoulder and Hand (DASH).

Therapeutic Interventions

EDUCATION:

- Home Exercise Program : See scanned HEP: supine bil shldr flexion/cane presses AAROM, standing cane AAROM abduction and ER, bent over rows/shldr extension, and scapular retraction (3/18/25) 6/2/25: Progressed and reviewed today, see scanned

SUPERVISION:

- Machesney Park : Ashley Grover PT, DPT

**EACH THERAPEUTIC INTERVENTION IN THE EXERCISE PLAN BELOW WAS PERFORMED AS A SEPARATE AND DISTINCT PROCEDURE

Exercise Plan

Exercise	Sets & Repetitions	Time
Pt Education [97110]	discussed progress, benefit of HEP compliance, avoid painful motions, if pain/limitations continue contact MD	3 mins
Scapular Retractions NR [97112]	bent fwd row 2lbs w/scap set and vc's for form	3 mins
rows [97110]	BTB bent fwd x 10 L	3 mins
Shoulder IR [97110]	standing 2 x 30", S/L 2 x 30", cane post x 10	4 mins
HEP [97110]	progressed printed and reviewed ex's with pt	6 mins
UBE TA [97530]	L3,5 4/4	8 mins
Shoulder Horizontal Abduction [97110]	bent over x15 thumb up 2lb	3 mins
Pulleys [97110]	3 ways x 1:30 ea way L	6 mins
Material Handling Waist to Crown [97530]	L flex 2lbs /scap 2 lbs to 63" shelf x 15	4 mins

Therapy Assessment

THERAPY SUMMARY:

- ATTENDANCE : Patient has attended 17 of 17 therapy sessions.
- TREATMENT : * The patient's objective progress is reflective of specific therapeutic interventions provided by therapy service. Treatment has consisted of HEP instruction, PROM, AROM, stretching, strengthening, scapular stabilization, joint mobilizations, soft tissue mobilization, core stabilization, patient education, work simulation tasks, postural education, material handling
- PROGRESS : Patient has made progress in L shoulder ROM and functional strength/use.
- FUNCTIONAL STATUS : Patient is able to reach overhead and outreached without pain, sleeping has improved, able to complete ADL's with little compensation. Pt able to lift 2lbs to OH shelf with L UE x 10 reps, 1 hand carry of 4lbs with elbow bent at waist level x 100 ft. Difficulty with lifting greater than 5lbs with motion of bicep curl picking up grocery bags with L UE, and mostly uses R UE for harder tasks of reaching OH
- RECOMMENDATIONS : * The clinician has reassessed the patient at this time., , The patient will benefit from continuation of a home exercise program to progress gains made in therapy.

SHORT TERM GOALS:

- Physical Therapy : 1. Independently complete home exercise program in 1 week. MET 2. Increase L shoulder AROM flexion to at least 140-150 deg to allow for functional reaching and ease with dressing in 2-3 weeks MET

LONG TERM GOALS:

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 06/02/2025

- Physical Therapy : 1. Increase L shoulder strength to 5/5 throughout for stability of the shoulder to perform work related tasks in 4-6 weeks. MET 2. Patient to perform lifting of at least 15-20 lbs with BUEs at waist to chest level to perform work tasks in 6-8 weeks MET

Assessments

- Calcific tendinitis of left shoulder - M75.32
- Impingement syndrome of left shoulder - M75.42
- Labral tear of shoulder, left, subsequent encounter - S43.432D

Treatment

1. Others

Notes: Pt is now DC to IHEP, secondary to meeting all goals. Pt also in agreement with DC today.

Procedure Codes

- 97112 NEUROMUSCULAR REEDUCATION, Time (Mins): 3
- 97530 THERAPEUTIC ACTIVITIES, Time (Mins): 12
- 97110 THERAPEUTIC EXERCISES, Units: 2.00 , Time (Mins): 25

Total Direct Timed Code Time(Mins): 40

Treatment

Total Billed (Timed and Untimed) Time(Mins): 40

Treatment

Shelley Pattat, PTA

Electronically signed by Shelley Pattat , PTA on 06/02/2025 at 12:51 PM CDT

Sign off status: Completed

Addendum:

06/03/2025 10:08 AM CDT Grover, Ashley, PT > DPT

OrthoIllinois Rehab Machesney Park
1073 West Lane Road
Machesney Park, IL 611151622

Progress Note: Shelley Pattat, PTA 06/02/2025

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SAWANGSRI, Santhi **DOB:** 10/02/1964 (60 yo M) **Acc No.** 1761781042 **DOS:** 06/02/2025

Tel: 815-398-9491
Fax: 815-381-7498

Progress Note: Shelley Pattat, PTA 06/02/2025

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SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: State Farm Insurance

Liab Payer ID: PAPER

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Roxbury

03/14/2025

Geoffrey Van Thiel, MD

Current Medications

Taking

- Cyclobenzaprine Hydrochloride 5 mg tablet 1 tab(s) orally 3 times a day , Notes to Pharmacist: prn
 - HydrOXYzine Hydrochloride hydrochloride 25 mg/mL solution as directed intramuscularly every 4 hours
 - Losartan Potassium 50 mg tablet 1 tab(s) orally once a day
 - meloxicam 15 mg tablet 1 tab(s) orally once a day prn for pain
 - MetFORMIN (Eqv-Glucophage XR) 500 mg tablet, extended release TAKE 1 TABLET BY MOUTH TWICE A DAY
 - multivitamin
- Medication List reviewed and reconciled with the patient

Past Medical History

- MRSA: denies.
- DEXA: denies.
- Sleep apnea.
- Denies metal implants.
- Denies cardiac issues.
- Hypertension.
- Diabetes type II.
- Denies pacemaker.
- Denies stents.

Surgical History

- Tonsillectomy 2002
- Nose surgery 2002

Family History

- Father: deceased, diagnosed with Diabetes
- Mother: alive, diagnosed with Diabetes, Heart disease, unspecified
- Siblings: alive, diagnosed with No Known Family History

Chief Complaint

1. Left shoulder MRI results

History of Present Illness

Interval History:

- Additional Information: The patient is doing about the same maybe a little worse sometimes.

Initial History:

- Location of Pain: Posterior aspect of the shoulder.
- Date of Injury/Onset of Symptoms: 2/2/2025.
- Mechanism of Injury: Patient was involved in an MVA.
- Previous Treatment:
Conservative treatment tried: *Muscle relaxer, activity modification, rest*
- Previous Diagnostic Testing:
X-Ray SAH (requested)
- Additional: Associated symptoms: aching pain, weakness.

Vital Signs

Examination

Shoulder:

- Affected Side:
Left shoulder
- Inspection: no atrophy, no swelling .
- Palpation: tenderness along AC joint.
- Range of motion Full ROM with pain elicited.
- Supraspinatus Strength: 5/5 .
- External Rotation Strength: 5/5.
- Internal Rotation Strength: 5/5.
- Hawkins: Positive.
- Neer: Positive.
- Speed Test: negative.
- O'Brien's Test: **positive.**

Physical Examination

Progress Note: Geoffrey Van Thiel, MD 03/14/2025

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- Children: alive, diagnosed with No Known Family History
- 3 sister(s) - healthy. 1 son(s), 1 daughter(s) - healthy.
- Non-Contributory

Social History

- Employed: working full time at Kollmorgen.
- Marital status: Married.
- Tobacco Use
Are you a: *never smoker*
- Alcohol: yes, rarely.
- Recreational drug use: Denies.
- Smoking: Denies.

Allergies

- N.K.D.A.

Hospitalization/Major Diagnostic Procedure

- See surgical history.

MRI:

- Shoulder Diagnostic Interpretation: MRI of the left shoulder taken at OI on 3/10/2025 1. Peritendinitis calcarea (hydroxyapatite deposition). Calcium deposit supraspinatus interstitium. Mild bursitis. 2. AC arthropathy. Marrow reaction distal clavicle and acromion. Low lying acromion. Lateral arch narrowing. Upon my independent review, I also note a superior labral tear.

Assessments

1. Labral tear of shoulder, left, initial encounter - S43.432A (Primary)
2. Calcific tendinitis of left shoulder - M75.32
3. Impingement syndrome of left shoulder - M75.42

3/7/2025 - Meloxicam, MRI

Treatment

1. Labral tear of shoulder, left, initial encounter

Start MethylPREDNISolone Dose Pack tablet, 4 mg, as directed, orally, 6 days, 1 pack, Refills 0

PROCEDURE: PT/OT Evaluation

Notes: Eval and treat, home exercise program, 2-3 days per week x 4-6 weeks, modalities of choice

Notes: The patient's history, physical examination and diagnostic studies were reviewed in detail with the patient. I reviewed the MRI in detail with the patient at today's appointment. In addition to the radiologist findings on the MRI, I also note a superior labral tear. The following treatment options were discussed of observation, anti-inflammatory use, formal physical therapy, a cortisone injection vs surgical intervention. The patient was given a prescription for physical therapy and instructed on the medication use of a Medrol dosepak. If pain persists, we discussed proceeding with an injection vs left shoulder arthroscopy with biceps tenodesis, debridement and SAD. All the patients questions were answered in the office today. We will see them back in 4 weeks for a recheck

Procedures

Attestation Statements:

- Scribe: Applegate, Erica, M.S, ATC 03/14/2025 11:24:27 AM >, acting as a scribe for, Geoffrey Van Thiel MD.
- Hx/ROS Recorded by Others: Reese, Pam, ATC, ROT 03/14/2025 10:47:20 AM > I verified/updated the History for this date of service.
- Provider Attestation: I have reviewed the history obtained by my staff for this date of service. The documentation recorded by the scribe accurately reflects the service I personally performed and the decisions made by me.

Follow Up

4 Weeks

SAWANGSRI, Santhi **DOB:** 10/02/1964 (60 yo M) **Acc No.** 1761781042 **DOS:** 03/14/2025



**Electronically signed by Geoffrey Van Thiel , MD on 03/14/2025
at 12:14 PM CDT**

Sign off status: Completed

**OrthoIllinois Roxbury
324 Roxbury Road
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Progress Note: Geoffrey Van Thiel, MD 03/14/2025

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SAWANGSRI, Santhi

60 Y old Male, DOB: 10/02/1964

Account Number: 1761781042

1924 N ROCKTON AVE, ROCKFORD, IL-61103-4370

Home: 779-537-2967

Guarantor: Sawangsri, Santhi Insurance: State Farm Insurance

Liab Payer ID: PAPER

PCP: Ralph Everson, MD Referring: Medical Group In Home

Appointment Facility: OrthoIllinois Roxbury

03/07/2025

Nicole T McGuire, PA-C

Current Medications

Taking

- multivitamin
Medication List reviewed and reconciled with the patient

Past Medical History

- MRSA: denies.
- DEXA: denies.
- Sleep apnea.
- Denies diabetes.
- Denies metal implants.
- Denies cardiac issues.
- Taking muscle relaxer and sleeping pill currently, not sure of name.

Surgical History

- Tonsillectomy 2002
- Nose surgery 2002

Family History

- Father: deceased, diagnosed with Diabetes
- Mother: alive, diagnosed with Heart disease, unspecified, Diabetes
- Siblings: alive, diagnosed with No Known Family History
- Children: alive, diagnosed with No Known Family History
- 3 sister(s) - healthy. 1 son(s), 1 daughter(s) - healthy.
- Non-Contributory

Social History

- Employed: working full time at Kollmorgen.
- Marital status: Married.
- Tobacco Use
 - Are you a: *never smoker*
- Alcohol: yes, rarely.
- Recreational drug use: Denies.
- Smoking: Denies.

Allergies

Chief Complaint

1. Left shoulder pain

History of Present Illness

Initial History:

- Location of Pain: Posterior aspect of the shoulder.
- Date of Injury/Onset of Symptoms: 2/2/2025.
- Mechanism of Injury: Patient was involved in an MVA.
- Previous Treatment:
Conservative treatment tried: Muscle relaxer, activity modification, rest
- Previous Diagnostic Testing:
X-Ray SAH (requested)
- Additional: Associated symptoms: aching pain, weakness.

Vital Signs

BMI: **39.46**, Wt: 252 lbs, Ht: 67 in, BP: **166/99**, Pulse: **88**.

Examination

Shoulder:

- Affected Side:
Left shoulder
- Inspection: no atrophy, no swelling .
- Palpation: tenderness along AC joint.
- Range of motion Full ROM with pain elicited.
- Supraspinatus Strength: 5/5 .
- External Rotation Strength: 5/5.
- Internal Rotation Strength: 5/5.
- Hawkins: Positive.
- Neer: Positive.
- Speed Test: negative.
- O'Brien's Test: **positive**.

Physical Examination

X-Ray Shoulder Diagnostic Interpretation:

- Findings: X RAY of the left shoulder taken at SAH on 2/23/2025 demonstrates Mild glenohumeral joint arthritis with osteophyte

Progress Note: Nicole T McGuire, PA-C 03/07/2025

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- N.K.D.A.

Hospitalization/Major Diagnostic Procedure

- See surgical history.

formation. Absence of AC joint arthritis. Absence of fractures or dislocations noted..

Assessments

1. Left shoulder pain - M25.512 (Primary)
2. Impingement syndrome of left shoulder - M75.42

Treatment

1. Left shoulder pain

Start meloxicam tablet, 15 mg, 1 tab(s), orally, once a day prn for pain, 15 days, Refills 0

IMAGING: MRI Shoulder without contrast, Left, CPT 73221

Notes: McGuire, Nicolle T 03/07/2025 01:22:56 PM > Left shoulder MRI to rule out labral pathology and rotator cuff pathology

Notes: Patient is a 60-year-old male that reports to clinic for ongoing left shoulder pain. Endorses that he was in a motor vehicle accident a little over a month ago. Since then he has had pain in his left shoulder. The patient's history, physical examination and diagnostic studies were reviewed in detail with the patient. The following treatment options were discussed of observation, anti-inflammatory use, formal physical therapy, a cortisone injection vs surgical intervention. At this time my recommendation was an MRI to rule out for labral tear. We will follow up with the patient for MRI results appointment. All questions of the patient were answered today's visit.

Procedures

Attestation Statements:

- Hx/ROS Recorded by Others: Broege, Bryce, ROT 03/07/2025 12:55:27 PM > I verified/updated the History for this date of service.
- Provider Attestation: I have reviewed and modified the history and review of systems obtained by my staff for this date of service.

Patient Education

Patient Education:

- BMI:
Above Normal BMI Follow-up: *Weight monitoring*

Screenings:

- Blood Pressure Management:
Recommendations: *Patient instructed to follow-up with PCP*

Procedure Codes

- 73221 MRI Upper Ext

Follow Up

MRI results

SAWANGSRI, Santhi DOB: 10/02/1964 (60 yo M) Acc No. 1761781042 DOS: 03/07/2025



Electronically signed by Nicolle McGuire , PA-C on 03/07/2025
at 03:18 PM CST

Sign off status: Completed

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Progress Note: Nicolle T McGuire, PA-C 03/07/2025

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Patient Name SANTHI SAWANGSRI
Patient DOB 10/02/1964
Exam Date 03/10/2025

ProScan Accession 41043989
Referring Physician Geoffrey Van Thiel MD
Exam Description MR Left Shoulder joint w/o Contrast

HISTORY: Assess for rotator cuff pathology, pain.

TECHNICAL FACTORS: Long- and short-axis fat- and water-weighted images were performed.

COMPARISON: None.

FINDINGS: Rotator Cuff: Cuff tendinosis. Calcium deposit supraspinatus interstitium is 10 mm. Mild bursitis. No cuff macrotear.

Coracoacromial Arch: AC arthropathy. Low-lying acromion.

Glenohumeral Joint: Osteoarthropathy. Worn labrum.

Osseous/Bone Marrow: Pseudocysts greater tuberosity.

General: Tendinopathic biceps arcuate segment.

CONCLUSION:

1. Peritendinitis calcarea (hydroxyapatite deposition). Calcium deposit supraspinatus interstitium. Mild bursitis.
2. AC arthropathy. Marrow reaction distal clavicle and acromion. Low lying acromion. Lateral arch narrowing.

Thank you for the opportunity to provide your interpretation.

Adam Olmsted, MD
A: AO/rb 03/10/2025 2:43 PM EST

Fax Notification – Radiology Image Transfer Request to



Date: 3/6/2025

Provider Information

Requesting Provider: Geoffrey Van Thiel, MD.

Person Requesting: Erik Smith, ATC, ROT

Patient Information

Santhi Sawangsri

10/02/1964

Medical Record Number: 53399156

Studies/Exams Requested:

The above is a mutual patient who will be seen on 3/7/2025. Please push XR of the left shoulder taken on 2/23 into our system to be reviewed with the patient in office. Thank you.

Please upload images into the OrthoIllinois/Rockford Orthopedic Associates PACS System

Please fax all reports to:

OrthoIllinois

Phone: 815-398-9491

Fax: 815-381-7498

**If no electronic access, please mail images to:

OrthoIllinois Attn: _____

324 Roxbury Road

Rockford, IL 61107

Receipt Acknowledgement:

A handwritten signature in cursive ink, appearing to read "Val".

Patient Name: **Sawangsri, Santhi**
Patient ID: **53399156 (UWMF)**

Date of Birth: **10-02-64**

Age: **60 years**

Gender: **male**

Accession Number: **SAHS30135016**

Location: **UWNI**

Referring Physician: **Christina Powell**

Study Date: **02-23-25 14:48**

Procedure Types: **X-RAY SHOULDER >= 2 VIEWS LEFT**

Verified

CR X-RAY SHOULDER >= 2 VIEWS LEFT

PROCEDURE: **BONES, X-RAY SHOULDER >= 2 VIEWS LEFT**

COMPARISON: **None available**

INDICATIONS: **pain**

TECHNIQUE: **3 views left shoulder**

FINDINGS:

BONES: No acute fracture, dislocation or joint malalignment.
No suspicious osseous lesions. Degenerative spurring along the humeral head with calcification along the supraspinatus insertion.

SOFT TISSUE: Grossly unremarkable.

OTHER: Negative

IMPRESSION:

1. No acute osseous abnormality.
2. Degenerative changes of the left shoulder.
3. Findings suggestive of calcific tendinopathy.

Electronically signed by: Dr. Christopher Chan, Radiology Consultants of Rockford, LTD

Christopher Chan
02-23-25 15:19