

DOWN TOWN SPORTS



BASKETBALL BOOT CAMP

ALL ASPECTS OF THE GAME

QUICKNESS...ENDURANCE...

STRENGTH...CONDITIONING

ALL FUNDAMENTAL SKILL DRILLS

DEFENSE...BALL HANDLING

SHOOTING...SKILL STATIONS

ALL POSITION OFFENSE

BOYS and GIRLS GRADES 3-8

\$250 for 8 - 1 ½ Hour Sessions

March 24th – May 13th

| Monday's | Tuesday's |
|--|--|
| BOYS BOOT CAMP | GIRLS BOOT CAMP |
| Grades 3-4-5 Court 1 | Grades 3-4-5 Court 1 |
| Grades 6-7-8 Court 2 | Grades 6-7-8 Court 2 |
| MONDAY'S 5:30-7:00 | TUESDAY'S 5:30-7:00 |
| Dates: Monday's March 24, 31 Monday's Apr 7, 14, 21, 28 Monday's May 5, 12 | Dates: Tuesday's Mar 25 Tuesday's Apr 1, 8, 15, 22, 29 Tuesday's May 6, 13 |

BASKETBALL BOOT CAMP CLINICS

ALL ASPECTS OF THE GAME

8 Sessions (1½ hours)

Clinic Fee \$250.00

DOWN TOWN SPORTS

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Mahwah, New Jersey 07430

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www.downtownsports.org