

[Ask New Question](#)[Sign In](#)[Blood Sugar Control and Stabilization](#) [Sugar](#) [Diabetes](#)

What would happen if your blood sugar is zero?

7 Answers



Robert Rister, Author of *Healing without Medication*

Answered Aug 16, 2016 · Author has **5.4k** answers and **7.3m** answer views

You'd be brain dead in about 10 seconds as your neurons deplete the last of their very-small stores of ATP. It would be extremely difficult to revive you. However, before your blood sugar levels reached zero, most of your physiological functions would have already shut down—enough that blood sugar levels don't actually reach zero because cells cease to function before that point. Deadly low blood sugar levels are really low, usually (your electrolyte status makes a big difference in how your body responds to low sugar levels) below 20 mg/dl (1 mmol/L), but there are deadly low blood sugar levels that are above zero.

5k Views · [View Upvoters](#)

[Related Questions](#)

[More Answers Below](#)

[What happens when someone has low blood sugar?](#)

[How does dehydration affect blood sugar?](#)

[What happens when blood sugar drops?](#)

[Is low blood sugar bad?](#)

[What happens if my fasting blood sugar level is over 100?](#)

[+ Ask New Question](#)

[Related Questions](#)

[What happens when someone has low blood sugar?](#)

[How does dehydration affect blood sugar?](#)

[What happens when blood sugar drops?](#)

[Is low blood sugar bad?](#)

[What happens if my fasting blood sugar level is over 100?](#)

[What happens if your blood sugar level gets down to 33?](#)

[My blood sugar is 109 is it ok?](#)

[What happens when your blood sugar is too high?](#)

[Which things increase blood sugar?](#)

[What happens if your blood sugar level is at 80?](#)

[+ Ask New Question](#)