

Statistics in Sports: What Makes a Good Sports Statistic?

ZACHARY BINNEY, PHD MPH

OXFORD COLLEGE OF EMORY UNIVERSITY

FALL 2023

A solid orange horizontal bar at the bottom of the slide.

Roadmap

- What Makes a Good (Sports) Statistic?
 - Does it match your question?
 - Does it measure success in the sport? (**Validity**)
 - Is it noisy or repeatable/stable? (**Reliability**)
 - Is it useful?
 - Is it better than an alternative?

What Makes a Good (Sports) Statistic?

Does Your Stat Match Your Question?

- A statistic starts with a **QUESTION**
- It should be designed to answer that **QUESTION**
- A statistic may be good for one **QUESTION** but not another
 - Be *transparent* and *explicit* about what your **QUESTION** is and what the statistic is designed to do – and, critically, not do!



Three Types of Questions

- **1. Descriptive**
 - Describing the world as it *is*
- **2. Predictive**
 - Describing the world as it *will be*
- **3. Causal (Counterfactual Prediction)**
 - Describing the world as it *could be*

Does Your Stat Match Your Question?

- Player-level stat or team-level stat?
- Differences?
- In which do you want to isolate the contributions of an individual player?

Does Your Stat Match Your Question?

- How good is this running back? – RYOE
- How *accurate* is this quarterback? – CPOE
- How *good* is this quarterback? – EPA per play QB is involved in
- How *valuable* is this quarterback? – Total EPA, WAR

Does Your Stat Match Your Question?

- Teams: How much should I pay this player? – WAR, and make sure it has *predictive* not just *descriptive* value
- Fantasy value of wide receiver? – Target share

Does Your Stat Match Your Question?

- Who's the GOAT? – Need era-adjusted statistic
- Some stats aren't, because they're meant for another question!!



Does It Measure Success in the Sport?

- Does the statistic correlate with some gold standard measure of “**success**?”
- Step back: what is the goal/purpose of a sports team? What defines its “success?”

Does It Measure Success in the Sport?

- “Success” depends on your question, but common options:
 - Wins for holistic stats
 - Points/goals/runs for offensive stats
 - Points/goals/runs against for defensive stats

Is The Stat Repeatable/Stable?

- Is it measuring **signal** or **noise**? “True talent” or luck?
- Look at year-to-year (or split half season) correlations

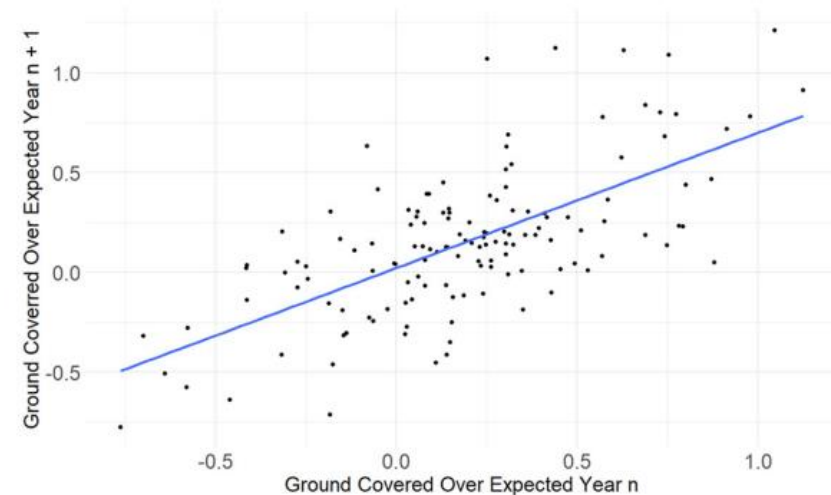
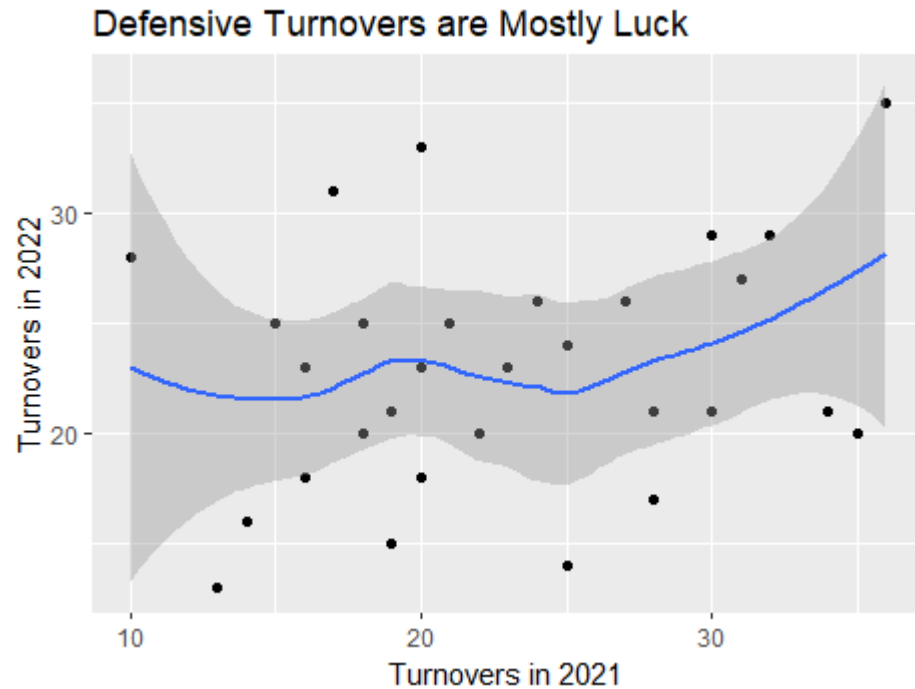
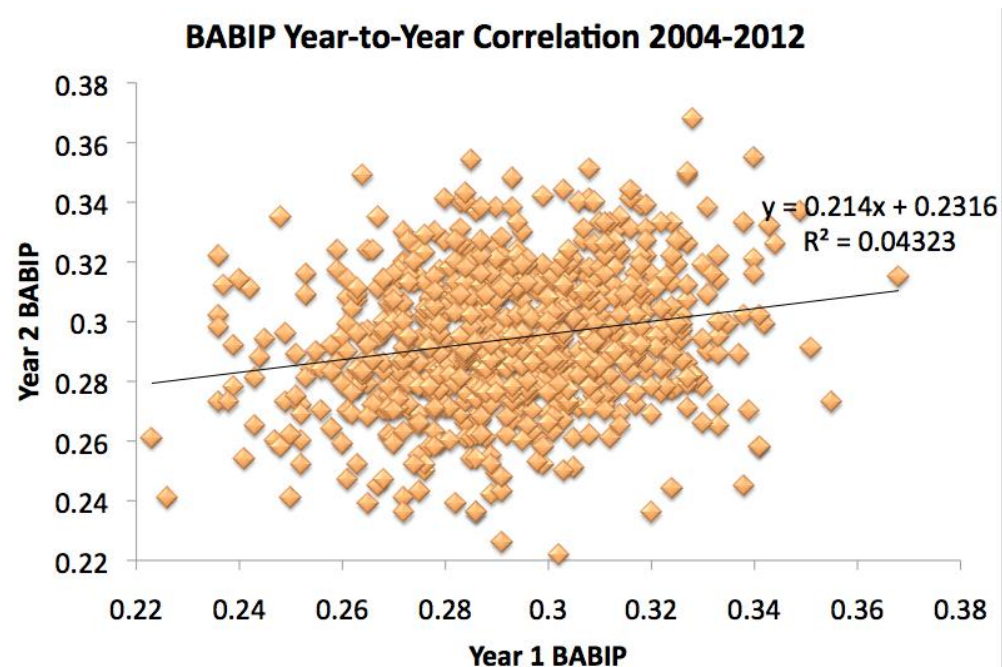


Figure 10: Year-to-year relationship between ground covered over expected (GCOE) and itself. Minimum 200 run-defense snaps in a box position.

Is The Stat Repeatable/Stable?

- Voros McCracken article: batting average on balls in play not repeatable and depend on defense → not a characteristic of a pitcher. Noise.
- Remove it to get better idea of “true” pitcher skill – focus only on what they control (walks, strikeouts, home runs, hit batters)



Is It Useful?

- Can you use it to **predict** or **intervene** on something?
 - Predict: Will it help me better predict player performance over the duration of a contract?
 - Intervene: Does it give me new knowledge about the game I can use to change strategies, player development, etc.?
 - Not *necessary* for stat to be good (?), but increases value a lot

Is It Better Than an Alternative?

- Does it correlate more with “success in the sport” than the stat you propose it replace?
 - How does that balance against “complexity” cost?
 - Cost to gather/analyze data
 - Cost of complexity/explanation/adoption

Thanks!

- Questions? zbinney@emory.edu, @binney_z on Twitter



Appendix – Baseball Stats and Quality Metrics

Batting

- DISCLAIMERS: In no way even a comprehensive list of baseball batting player valuation stats
 - Not using Statcast data (e.g. out-of-zone swing %s)
- Many different “flavors” of some stats with different formulas
 - we use Fangraphs

Batting

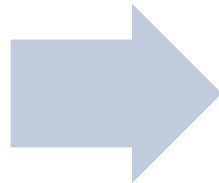
- Runs (R) and Runs Batted In (RBIs)
 - Problems/Limitations? **(For this and all subsequent slides, don't look forward until I say so.)**

R and RBI

Batting

- Batting Average (BA) = $\frac{\text{Hits } (H)}{\text{At-Bats } (AB)}$
 - **Rate stat** vs. **counting stat** – solves denominator problem
 - Also improves dependence on other players
 - Problems/limitations?

R and RBI



BA

Batting

- On-Base Percentage (OBP) =
$$\frac{H + Walks (BB) + Hit\ by\ Pitch (HBP)}{AB + BB + HBP + Sacrifice\ Flies (SF)}$$
- Solves undervaluing of walks, HBP
- Problems/limitations?

≈ Plate Appearances (PA)

R and RBI



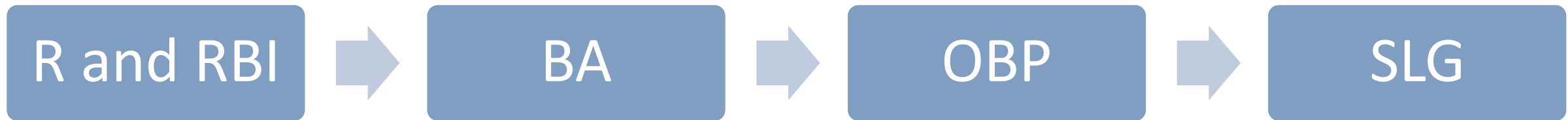
BA



OBP

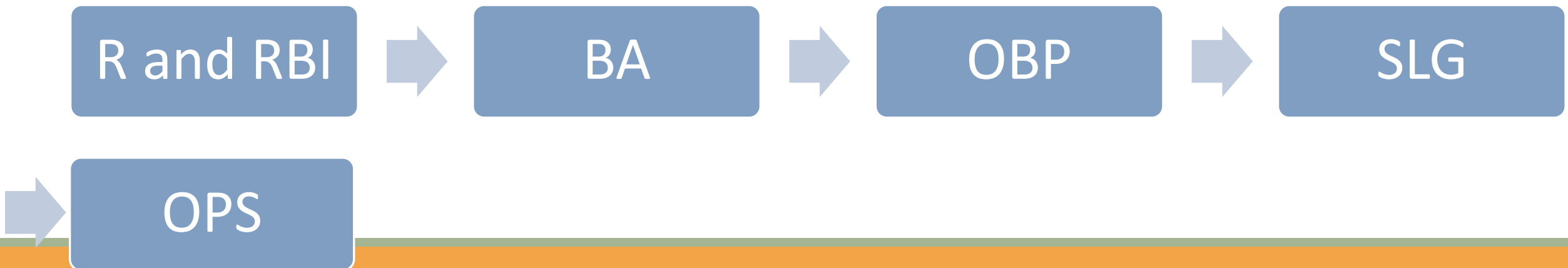
Batting

- Slugging Percentage (SLG) = $\frac{\text{Total Bases (TB)}}{AB}$
 - Accounts for power, XBH and homers
 - Problems/limitations?



Batting

- On Base Plus Slugging (OPS) = $OBP + SLG$
 - Closer to all-encompassing stat for batting skill
 - Problems/limitations?

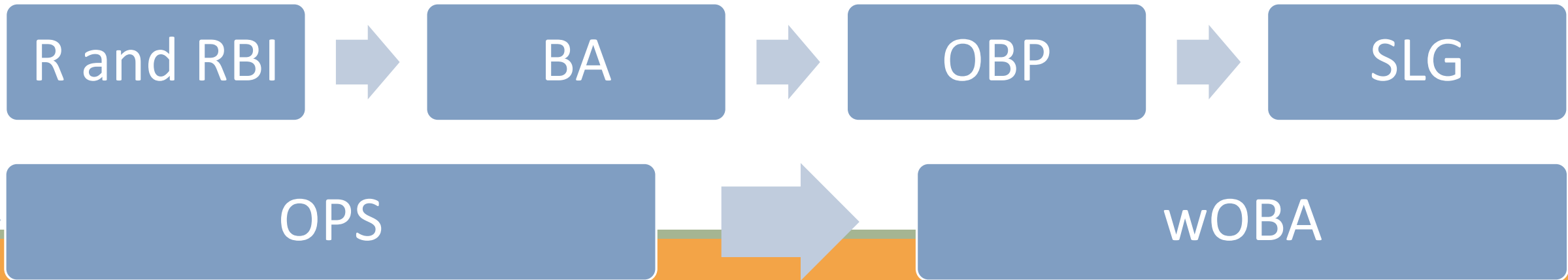


Batting

Weights vary slightly by season based on season OBP

- Weighted On Base Average (wOBA) =
$$\frac{0.69 * uBB + 0.72 * HBP + 0.89 * Singles (1B) + 1.28 * 2B + 1.64 * 3B + 2.14 * HR}{AB + BB - Intentional Walks (iBB) + SF + HBP}$$

- More accurate weights than SLG based on **run expectancy**
- Scaled to OBP, interpreted similarly
- Problems/limitations?



Run Expectancy

- **Run Expectancy (RE):** every PA moves you from one state to another
- Ex.: leadoff single goes from 0.481 to 0.859 → worth 0.378 expected runs
- Average over all singles → RE for singles, which is (part of) the singles weight for wOBA

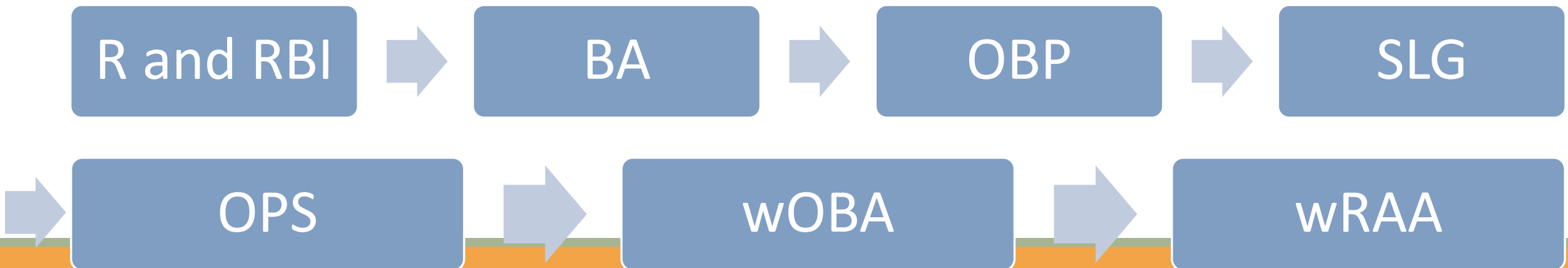
Run Expectancy Matrix 2010-2015			
Runners	0 outs	1 outs	2 outs
____	0.481	0.254	0.098
1B ____	0.859	0.509	0.224
_ 2B _	1.100	0.664	0.319
1B 2B _	1.437	0.884	0.429
__ _ 3B	1.350	0.950	0.353
1B _ 3B	1.784	1.130	0.478
_ 2B 3B	1.964	1.376	0.580
1B 2B 3B	2.292	1.541	0.752
SOURCE: Tom Tango			

Batting

- Weighted Runs Above Avg (wRAA) = $\frac{wOBA - \text{League avg. } wOBA}{wOBA \text{ Scale}} * PA$

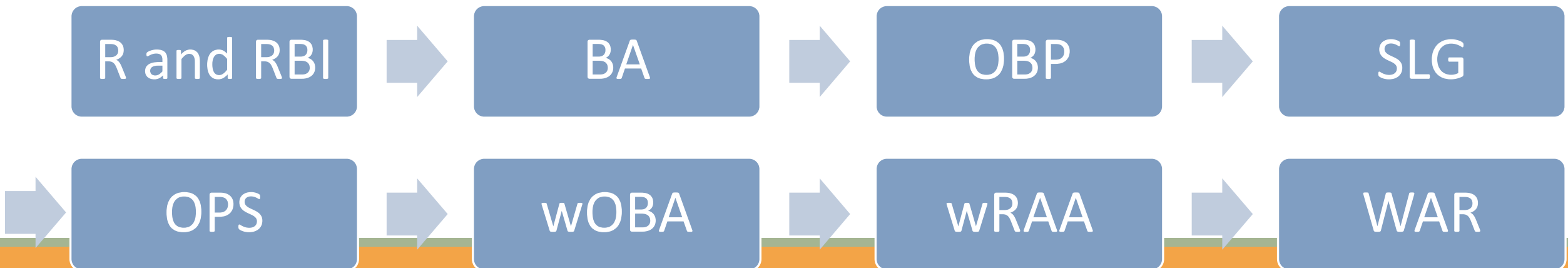
Undoes scaling so wOBA represents actual expected runs

- Translates wOBA to actual runs above *average* player
- Problems/limitations?



Batting

- (Batting) Wins Above Replacement (WAR) = Complicated
 - Adjusts for park, league, position; compares to **replacement player**
 - Then translates runs to wins (1 win \approx 9-10 runs)
 - **Ultimate value. How much \$ is a win worth x (total) WAR = contract value**



Pitching

- Wins (or Win-Loss Record, W-L)

Indians

In pitching, the only thing that really matters is wins: Paul Hoynes' Rant of the Week

Updated Jan 12, 2019; Posted Sep 12, 2010



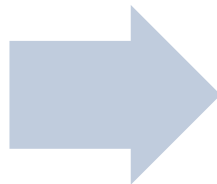
- Problems/limitations?

W-L

Pitching

- Earned Run Average (ERA) = $\frac{\text{Runs Not the Result of an Error}}{\text{Innings Pitched (IP)}} * 9$
 - Accounts for *errors* by defense, eliminates offensive performance
 - Problems/limitations?

W-L



ERA

Breaking Down Pitching Performance

- Fundamental problem:

$$\textit{Pitching Performance} = \textit{Pitcher Skill} + \textit{Defense Skill} + \textit{Luck}$$

- How do we isolate *just* **pitcher skill**?
- Enter **Defense-Independent Pitching Statistics (DIPS)** – despite name, try to deal with defensive skill *and* luck



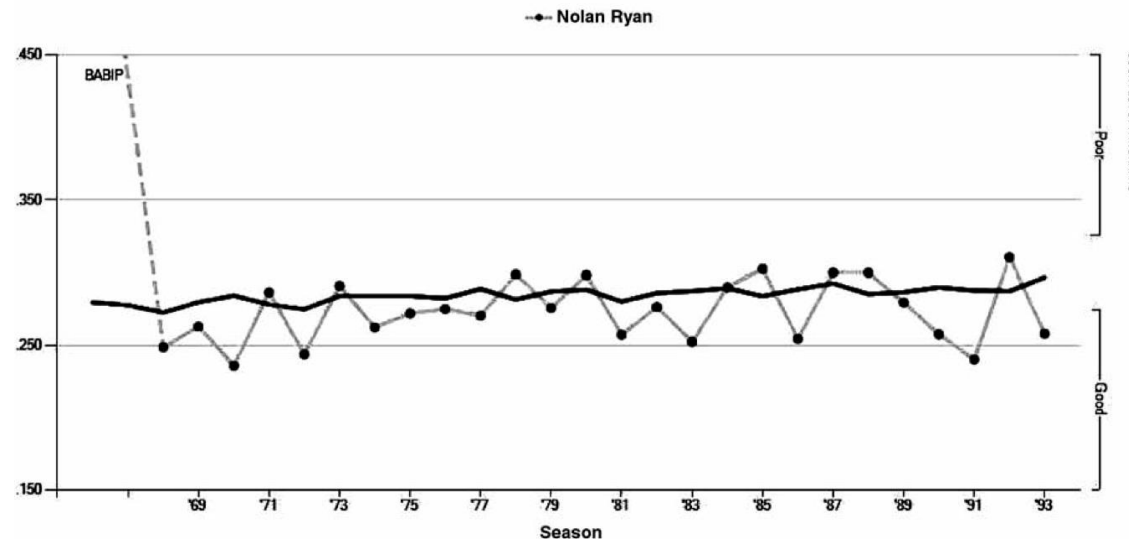
Breaking Down Pitching Performance

- *Pitching Performance* = *Pitcher Skill* + *Defense Skill* + *Luck*
- In any plate appearance, the ball can end up **in-play** (must be fielded) or **not-in-play** (strikeout (K), BB, HBP, HR)
- Voros McCracken's key insights:
 - 1) We should split outcomes into these categories
 - 2) Pitchers have complete control over **not-in-play** outcomes, but are at the mercy of the defense for **in-play** balls

Batting Average on Balls in Play (BABIP)

- *Pitching Performance* = *Pitcher Skill* + *Defense Skill* + *Luck*
- Strong year-to-year correlations among pitchers for strikeouts and walks (≈ 0.7 - 0.8 or higher), pretty strong for HRs (≈ 0.4 - 0.5)
- Much weaker for BABIP (≈ 0.15 - 0.25)

Graph 1. Nolan Ryan's BABIP versus MLB BABIP



Pitching

To make FIP read like ERA

- Fielding Independent Pitching (FIP) = $\frac{13*HR+3*(BB+HBP)-2*K}{IP} + Constant$
 - Only measures things a pitcher has or appears to have control over (“defense-independent statistics” that are consistent year-to-year); excludes all BIP
 - Problems/limitations?

W-L



ERA



DIPS (FIP)

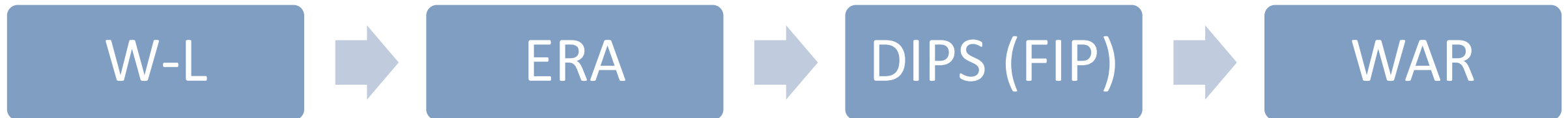
Ground and Fly Balls

- Of course it's not really that simple
- Pitchers don't control *overall* BABIP, but do control:
 - % ground balls (GB)
 - % fly balls (FB)
 - Ratio GB/FB
 - Etc.
- Stats like tRA, QERA, SIERA take this batted ball data into account
- In-season vs. next season projections



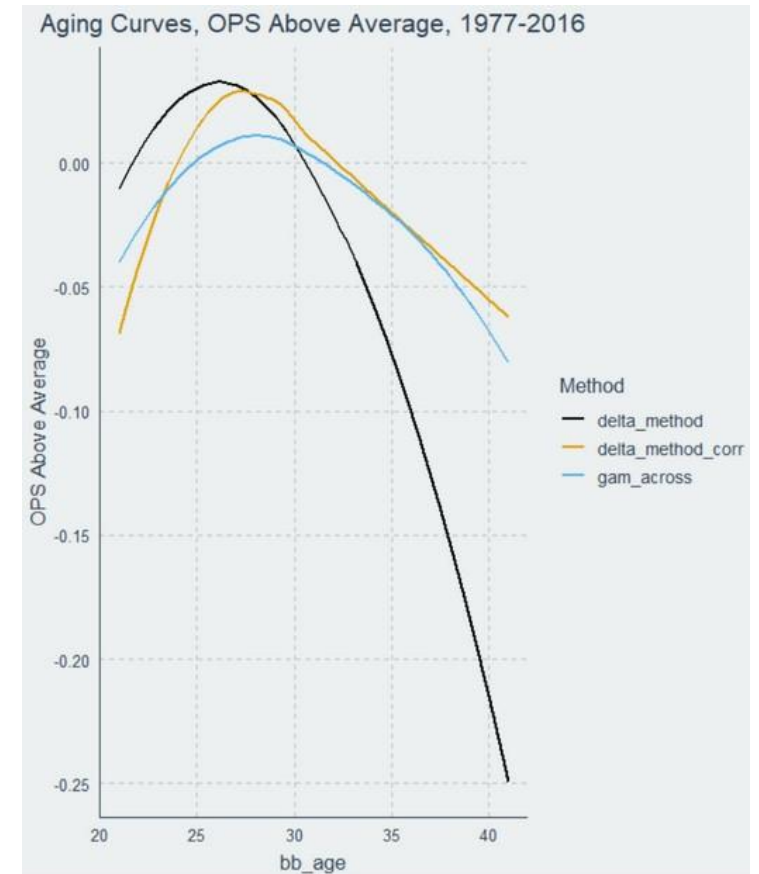
Pitching

- (Pitching) WAR = Complicated, again
 - Adds infield flies to FIP, translates to runs, adjusts for park and league, then translates to wins (but here every pitcher has a different runs per win metric), compares to replacement level
 - Remember this is Fangraphs WAR; other sources may use something other than FIP as basis
 - **Ultimate value. How much \$ is a win worth x (total) WAR = contract value**



Predicting Future Value

- Different from **cross-sectional** stats describing what an athlete *is*, we need to know what an athlete *will be*
- Two challenges: 1) Try to identify a player's **true talent**, and then 2) project that forward
- **Repeatability**: look for stats that are either stable year-to-year, or at least predictive of future performance
 - Not luck-based
 - Adjust for things you know will happen (e.g. **aging curves**)



The Scientific Process

- Is there a better alternative to measure what you're trying to measure?
 - **Science is built on accumulating small answers that lead to big insights – “get a little less wrong each day”**
 - **No single analysis answers everything – understand and accept that**
 - BUT sometimes an analysis is worse than no analysis at all; judgement call