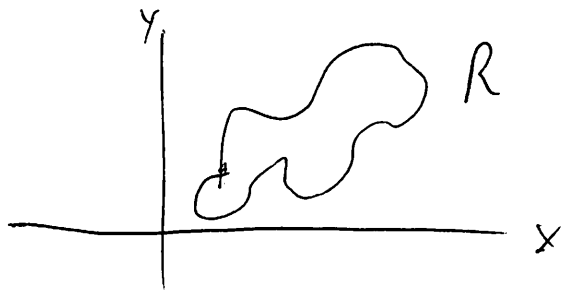


A lamina is the name given to any two-dimensional object in \mathbb{R}^2



The center of mass of a lamina is the point where the lamina balances.

Consider a lamina defined by a region $R \subseteq \mathbb{R}^2$. The mass of the lamina depends primarily on the mass density of the lamina (ie the mass per unit area),

If the density, denoted by σ , is constant, then the mass is $M = \sigma \cdot (\text{area of } R)$

If the mass density is a function $\sigma(x, y)$, then $M = \iint_R \sigma(x, y) dA$

Example - compute mass of the lamina defined by $R = \{(x,y) \mid 0 \leq x \leq 3, 0 \leq y \leq 2\}$, with mass density function $\sigma(x,y) = 6xy$

$$\iint_R \sigma(x,y) dA = \int_0^2 \int_0^3 6xy \, dx \, dy$$

$$\int_0^3 6xy \, dx = 3x^2y \Big|_0^3 = 27y$$

$$\int_0^2 27y \, dy = \frac{27y^2}{2} \Big|_0^2 = 54$$

The center of mass of a lamina with mass density function $\sigma(x,y)$ is

$$\left(\frac{\iint_R x \sigma(x,y) \, dA}{M}, \frac{\iint_R y \sigma(x,y) \, dA}{M} \right)$$

Example - R and $\sigma(x,y)$ as above

$$M = 54$$

$$\iint_R x \sigma(x,y) \, dA = \int_0^2 \int_0^3 6x^2y \, dx \, dy$$

$$\int_0^3 6x^2 y \, dx = 2x^3 y \Big|_0^3 = 54y$$

$$\int_0^2 54y \, dy = 27y^2 \Big|_0^2 = 108$$

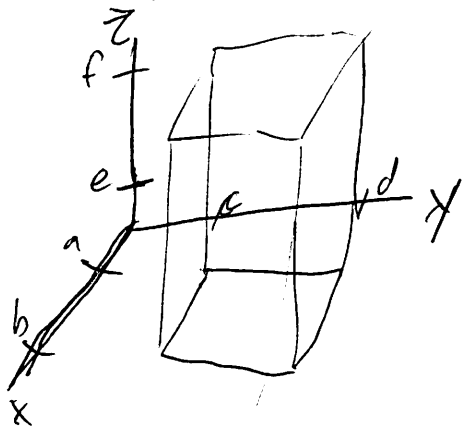
$$\iint_R f(x,y) \, dA = \int_0^2 \int_0^3 6xy^2 \, dx \, dy$$

$$\int_0^3 6xy^2 \, dx = 3x^2 y^2 \Big|_0^3 = 27y^2$$

$$\int_0^2 27y^2 \, dy = \cancel{9} y^3 \Big|_0^2 = 72$$

$$S_0 \text{ center} = \left(\frac{108}{54}, \frac{72}{54} \right) = \left(2, \frac{4}{3} \right)$$

Consider a rectangular prism region in \mathbb{R}^3 given by $R = \{(x,y,z) \mid a \leq x \leq b, c \leq y \leq d, e \leq z \leq f\}$



and consider a function $g(x,y,z)$

Divide $[a, b]$ into m subintervals, $[c, d]$ into n subintervals, and $[e, f]$ into p subintervals.

This yields $S = mnp$ sub-prism regions, call them R_1, R_2, \dots, R_S .

The Riemann sum of g over R is $\sum_{i=1}^S g(x_i^*, y_i^*, z_i^*) V_i$ where $V_i = \text{volume}$ of R_i and (x_i^*, y_i^*, z_i^*) is a sample point in R_i (vertex, center, etc.)

Take the limit as S goes to infinity to get

$$\iiint_R g(x, y, z) dV = \int_e^f \int_c^d \int_a^b g(x, y, z) dx dy dz$$

Fact - if a, b, c, d, e, f are all constants, then the order of integration does not matter, so long as the correct limits of integration go with the correct variable.

Example - $\iiint_R 2xy^2z^3 dV$ where

$$R = \{(x, y, z) \mid 4 \leq x \leq 8, 1 \leq y \leq 2, 0 \leq z \leq 1\}$$

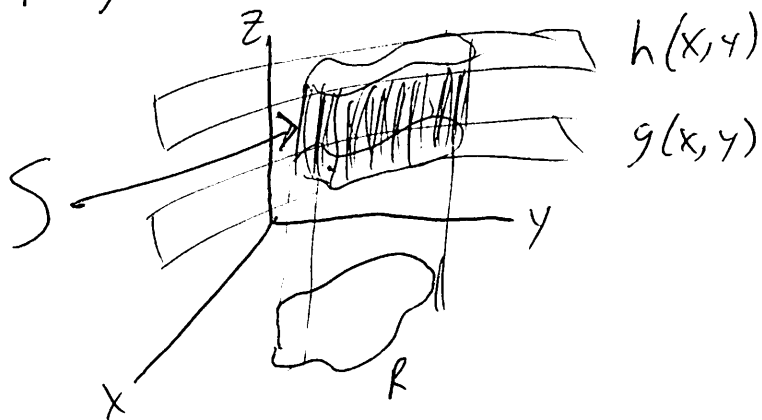
$$\int_0^1 \int_1^2 \int_4^8 2xy^2z^3 dx dy dz$$

$$\int_4^8 2xy^2z^3 dx = x^2 y^2 z^3 \Big|_4^8 = 64y^2z^3 - 16y^2z^3 \\ = 48y^2z^3$$

$$\int_1^2 48y^2z^3 dy = 16y^3z^3 \Big|_1^2 = 128z^3 - 16z^3 \\ = 112z^3$$

$$\int_0^1 112z^3 dz = 28z^4 \Big|_0^1 = \boxed{28}$$

We can integrate over nonrectangular prism regions as well.



$$\text{Then } \iiint_S f(x, y, z) dV = \iint_R \left(\int_{g(x, y)}^{h(x, y)} f(x, y, z) dz \right) dA$$

Note R could be a Type 1 or Type 2 region in the xy plane

Important: We are not finding the volume of S . We are integrating $f(x, y, z)$ over S .

This type of region is called z -simple.

Example:
$$\int_0^2 \int_1^x \int_{x-y}^{x+y} (z+3) dz dy dx$$

$$\begin{aligned} \int_{x-y}^{x+y} z+3 dz &= \left. \frac{z^2}{2} + 3z \right|_{x-y}^{x+y} \\ &= \left[\frac{1}{2}(x^2 + 2xy + y^2) + 3x + 3y \right] - \left[\frac{1}{2}(x^2 - 2xy + y^2) + 3x - 3y \right] \\ &= \frac{1}{2}x^2 + xy + \frac{1}{2}y^2 + 3x + 3y - \frac{1}{2}x^2 + xy - \frac{1}{2}y^2 - 3x + 3y \\ &= 2xy + 6y \end{aligned}$$

$$\begin{aligned} \int_1^x (2xy + 6y) dy &= xy^2 + 3y^2 \Big|_1^x \\ &= (x^3 + 3x^2) - (x + 3) \\ &= x^3 + 3x^2 - x - 3 \end{aligned}$$

$$\begin{aligned} \int_0^2 (x^3 + 3x^2 - x - 3) dx &= \left. \frac{x^4}{4} + x^3 - \frac{x^2}{2} - 3x \right|_0^2 \\ &= 4 + 8 - 2 - 6 \\ &= (4) \end{aligned}$$

We can define y -simple and x -simple regions similarly

Namely, a y -simple region integral looks like

$$\iint_R \left(\int_{g(x,z)}^{h(x,z)} f(x,y,z) \right) dA \quad \text{where } R \subseteq xz \text{ plane}$$

An x -simple region integral looks like

$$\iint_R \left(\int_{g(y,z)}^{h(y,z)} f(x,y,z) \right) dA \quad \text{where } R \subseteq yz \text{ plane}$$

Examples -

$$1) \int_0^2 \int_0^z \int_0^{\sqrt{3x+4z}} 2xy \, dy \, dx \, dz$$
$$2) \int_0^2 \int_{-z}^0 \int_2^{9y+6z} yz \, dx \, dy \, dz$$

$$1) \int_0^{\sqrt{3x+4z}} 2xy \, dy = xy^2 \Big|_0^{\sqrt{3x+4z}} = x(3x+4z) = 3x^2 + 4xz$$

$$\int_0^z 3x^2 + 4xz \, dx = x^3 + 2x^2z \Big|_0^z = z^3 + 2z^3 = 3z^3$$

$$\int_0^2 3z^3 dz = \frac{3z^4}{4} \Big|_0^2 = \textcircled{12}$$

$$\begin{aligned} 2) \int_2^{9y+6z} yz dx &= xyz \Big|_2^{9y+6z} \\ &= yz(9y+6z) - 2yz \\ &= 9y^2z + 6yz^2 - 2yz \end{aligned}$$

$$\begin{aligned} \int_{-z}^0 (9y^2z + 6yz^2 - 2yz) dy &= 3y^3z + 3y^2z^2 - y^2z \Big|_{-z}^0 \\ &= 0 - [-3z^4 + 3z^4 - z^3] \\ &= z^3 \end{aligned}$$

$$\int_0^2 z^3 dz = \frac{z^4}{4} \Big|_0^2 = \textcircled{4}$$

Recall that the area of a region $R \subseteq \mathbb{R}^2$ is given by $\iint_R 1 dA$

The volume of a region $R \subseteq \mathbb{R}^3$ is given by $\iiint_R 1 dV$

Ex - $R = \{(x, y, z) \mid 1 \leq x \leq 3, 1 \leq y \leq 4, 0 \leq z \leq 5\}$

Volume of R is 30. Show it with Calculus.

$$\iiint_R 1 \, dV = \int_0^5 \int_1^4 \int_1^3 1 \, dx \, dy \, dz$$

$$\int_1^3 1 \, dx = x \Big|_1^3 = 3 - 1 = 2$$

$$\int_1^4 2 \, dy = 2y \Big|_1^4 = 8 - 2 = 6$$

$$\int_0^5 6 \, dz = 6z \Big|_0^5 = \textcircled{30}$$

Recall that the average value of $f(x, y)$ on $R \subseteq \mathbb{R}^2$ is $f_{\text{avg}} = \frac{\iint_R f(x, y) \, dA}{\iint_R 1 \, dA}$

The average value of $f(x, y, z)$ on $R \subseteq \mathbb{R}^3$ is $f_{\text{avg}} = \frac{\iiint_R f(x, y, z) \, dV}{\iiint_R 1 \, dV}$

Consider a 3D object defined by $R \subseteq \mathbb{R}^3$
The center of mass of the object is the point where

it balances,

The mass of R depends on its mass density (ie mass per unit volume), denoted by σ

If σ is constant, $M = \sigma(\text{Volume of } R)$

If $\sigma(x, y, z)$ is a function, $M = \iiint_R \sigma(x, y, z) dV$

Example - $R = \{(x, y, z) \mid 0 \leq x \leq 2, 0 \leq y \leq 2, 0 \leq z \leq 4\}$

$$\sigma(x, y, z) = xyz$$

$$M = \iiint_R \sigma(x, y, z) dV = \int_0^4 \int_0^2 \int_0^2 xyz \, dx \, dy \, dz$$

$$\int_0^2 xyz \, dx = \frac{1}{2} x^2 yz \Big|_0^2 = 2yz$$

$$\int_0^2 2yz \, dy = y^2 z \Big|_0^2 = 4z$$

$$\int_0^4 4z \, dz = 2z^2 \Big|_0^4 = \boxed{32}$$

The center of mass of the object is

$$\left(\frac{\iiint_R x \sigma(x, y, z) dV}{M}, \frac{\iiint_R y \sigma(x, y, z) dV}{M}, \frac{\iiint_R z \sigma(x, y, z) dV}{M} \right)$$