



Bexar County Behavioral Health **RESOURCE DIRECTORY**

2024

DEPARTMENT OF BEHAVIORAL HEALTH
www.bexar.org/mhd

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DIRECTORY DETAILS

STATE FACT

These boxes will indicate **Texas** facts.



COUNTY FACT

These boxes will indicate **Bexar County** facts.



GENERAL FACT

These boxes will indicate **General** facts.

All facts are linked to original source material on electronic directory version.

Disclaimer

The Bexar County Behavioral Health Resource Directory provides a list of behavioral health resources and services that may be helpful to the public. Bexar County strives to ensure this information is accurate at the time of publication. However, Bexar County makes no representations, guaranties, or warranties as to the accuracy, completeness, reliability, or suitability of the information or services contained herein. Bexar County shall under no circumstance be responsible for any errors or omissions which may occur in this Directory, be liable for any actions taken or damages as a result of reliance upon any information contained in this Directory, or be liable for the actions of any entity listed in the Directory. Under no circumstance should the inclusion of an entity in the Directory be construed as an endorsement or recommendation of the entity by Bexar County.

Service Options

To help assist in finding services that meet your needs, agencies were asked to indicate specific service options they have available. The fol-



Telehealth

Certain services are available over the phone



Sliding Scale

Service payments can be adjusted based on your income.



Unfunded/No Cost

Certain services may be eligible for the indicated service or payment method



DEPARTMENT OF BEHAVIORAL HEALTH

Mission

Our mission is to organize and advocate for the behavioral health needs of the community by distributing resources, connecting local agencies, facilitating behavioral health programs, and providing funding recommendations to Commissioners Court, in order to continuously improve the availability and quality of services in Bexar County.

Contact Us

Help us improve the Bexar County behavioral health system. Visit the Department of Behavioral Health website or scan the QR code.

- Subscribe for local behavioral health updates
- Submit questions and comments
- Submit your agency to the directory

Our Team

Gilbert R. Gonzales

Director

Leticia Dominguez, LCSW

Manager

Melissa D. Lucio, LCDC

Substance Use Program
Coordinator

Victoria Gomez

School-Based Mental
Wellness Program Manager

Stacey Eure

Senior Program Analyst

Contact Us

www.bexar.org/DBH



HOTLINES & HELPLINES

NATL. DOMESTIC VIOLENCE HOTLINE

19,168 calls were from Texas in 2019. The state ranked 2nd in terms of contact volume.



988 LIFELINE

162,848 calls were from Texas in 2022.



EMERGENCY

Police/Fire/EMS	911
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ABUSE & ASSAULT

Family Violence Prevention Services	210-733-8810
Love is Respect	1-866-331-9474
National Child Abuse Hotline	1-800-422-4453
National Domestic Violence Hotline	1-800-799-7233
Rape, Abuse, and Incest National Network	1-800-656-4673
Rape Crisis Line	210-349-7273
Texas Abuse Helpline	1-800-252-5400

ADDICTION SERVICES

Alcoholics Anonymous 210-409-8524 (Spanish)	210-828-6235
Narcotics Anonymous	1-800-221-9091
Rise Recovery	210-729-2273
SAMHSA National Helpline Substance Abuse and Mental Health Services Admin.	1-800-662-4357
210-SAY-CARE Substance use recovery helpline for support, questions, and referrals	210-729-2273

CRISIS & SUICIDE PREVENTION

988 Suicide and Crisis Lifeline	988
CHCS Crisis Line 24-hour access to mental health crisis	1-800-316-9241
Safe Alternatives Self harm alternatives and support	1-800-366-8288
Veterans Crisis Line	988 (press 1)
COPLINE 24-hour support to law enforcement officers in crisis	1-800-267-5463
Heroes Helpline: First Responders & Healthcare Workers Peer support, treatment navigation, and referral services	833-367-4689
Mobile Crisis Outreach Team (MCOT) CHCS licensed professionals goes to scene of crisis	210-223-7233



YOUTH

Foster Youth Justice Project Legal Assistance	1-877-313-3688
National Runaway Safeline	1-800-786-2929
Texas Youth Helpline	1-800-989-6884
Trevor Lifeline LGBTQ Youth Helpline	1-866-488-7386

HOMELESS

Homeless Connection Hotline	210-207-1799
Haven for Hope	210-220-2357
National Homeless Veterans Hotline	1-877-424-3838

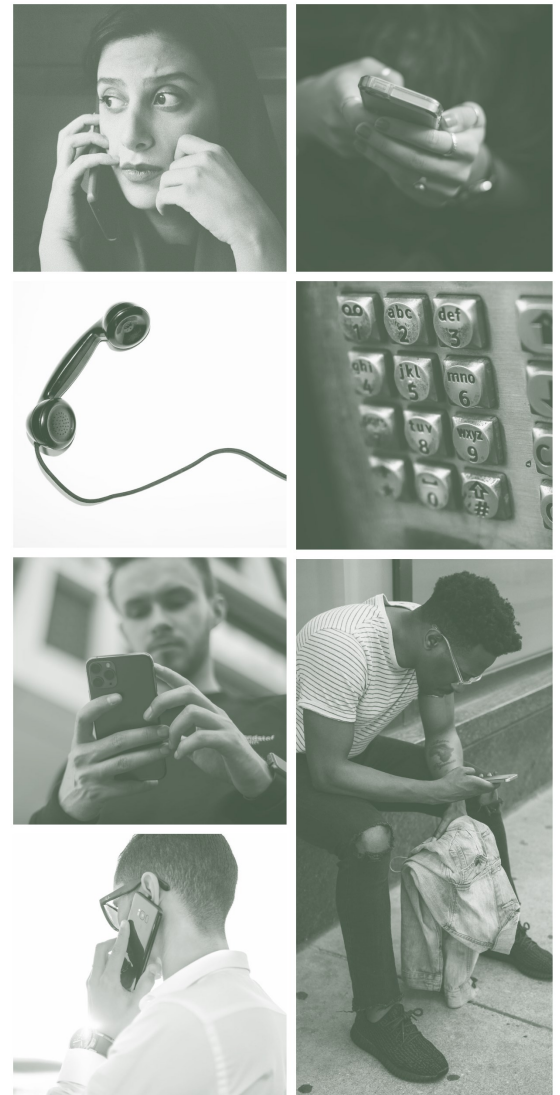
MISCELLANEOUS

Alamo Service Connection Senior Citizens & those with disabilities	210-477-3275
American Red Cross	210-224-5151
Disaster Distress Helpline	1-800-985-5990
National Eating Disorder Association	1-800-931-2237
National Human Trafficking Resource Center	1-888-373-7888
San Antonio Food Bank	210-431-8326
United Way Hotline	211

TREVOR PROJECT

47% of LGBTQ youth in Texas seriously considered suicide in 2022.

Including 56% of transgender and nonbinary youth.



LOCAL MENTAL HEALTH AUTHORITY

Local Mental Health Authorities are the point of entry for mental health services. They can also be responsible for the planning, coordination, and oversight of mental health services and resources.

CENTER FOR HEALTHCARE SERVICES

chcsbc.org

210-261-2427

6800 Park Ten Blvd., Suite 200-S

The Center for Health Care Services provides integrated care to improve the lives of children and adults with mental health conditions, substance use challenges, and intellectual or developmental disabilities. The Center for Health Care Services offers a sliding fee scale and accepts all patients regardless of inability to pay.

Adult Behavioral Health Services

Comprehensive mental health services to support each person's goals for recovery, including: psychiatric evaluation and treatment, medication management, wellness counseling and education, individual and group therapy, psychiatric care, psychosocial rehabilitation, and case management offered at a variety of locations.

- Outpatient Mental Health Services
- Intensive Mental Health Services
- Long-Term Care Services

Children's Behavioral Health Services

Being mentally healthy in childhood means reaching developmental and emotional milestones, learning healthy social skills, and how to cope when problems arise. When there is a concern that a child might not be meeting these milestones, The Center offers an array of services that can help.

- Outpatient Mental Health Services (ages 3-17)
- Juvenile Justice Programs (ages 10-17)
- Intensive Mental Health Services

Substance Use Services

The CHCS Restoration Center and transformational services help people break the cycle of addiction and regain sobriety through safe, meaningful programs that reduce harms associated with substance use, promote total recovery for people with co-occurring mental health and substance use disorders, and provide better care coordination.

- Outpatient Treatment
- Residential Treatment

Intellectual and Developmental Disability Services (IDD)

People living with IDD deserve to live life to its fullest, and may require long-term services and supports indefinitely. By promoting dignity and choice for adults with IDD, the CHCS Long-Term Care Services help improve the quality of life for consumers and their loved ones through programs designed for inclusivity, accessibility, and independence.

- Residential Services
- Day Habilitation
- Employment Connections

Other Help Specialties

- | | |
|------------------|---|
| Primary Care | Supportive Housing |
| Peer Services | Supported Employment |
| Homelessness | Court-ordered Treatment |
| Veteran Services | High Utilizers of ERs & Inpatient Treatment |
| Law Enforcement | Outreach, Linkage, and Support |



MENTAL HEALTH

Local mental health services offer a wide range of options including general services such as therapy, counseling, case management, medication management, diagnostic services, peer support, as well as crisis and psychiatric inpatient services.

988 LIFELINE

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support:

988

Call, text, or chat online

MENTAL HEALTH



1 in 5

U.S. adults experience mental illness each year

GENERAL SERVICES

Treatment options to help assess, stabilize, and regulate general mental health issues.

ALAMO AREA RAPE CRISIS CENTER ✓ ⓘ

www.rapecrisis.com

210-521-7273

4606 Centerview Drive, Suite 200

Individual Therapy, Group Therapy, Case Management, Crisis, Survivors of sexual violence and their family members are eligible for services.

BEXAR COUNTY FAMILY JUSTICE CENTER ⓘ

bcfjc.org

210-631-0100

126 E. Nueva, 2nd Floor

Coordinated services for victims of domestic and family violence including Criminal Justice Intervention, Civil Legal Services, Child Care, Counseling Services, and Life Skills

CAVIAR CLINICIAN, PLLC ✓ \$ ⓘ

www.caviarclinician.com

214-631-9762

Provides counseling, therapy, life coaching, and consulting to fit your needs. Telehealth only, Individual and Group Therapy

CENTERCARE HEALTH AND WELLNESS \$ ⓘ

centercaresa.org

210-261-1500

8122 Datapoint Dr., Ste 1003

Individual and Group Therapy, Case Management, Medication Management, Psychiatric Evaluations. Medicaid, Medicare, private insurance and self-pay accepted.

CENTER FOR HEALTHCARE SERVICES ✓ \$ ⓘ

chcsbc.org

210-261-2427

The Center for Health Care Services provides integrated care to improve the lives of children and adults with mental health conditions, substance use challenges and intellectual or developmental disabilities. The Center for Health Care Services offers a sliding fee scale and accepts all patients regardless of inability to pay.

CHARLIE HEALTH ①

charliehealth.com

1-866-540-1828

Intensive outpatient therapy program that provides group, primary, and family therapy weekly and 100% virtually. Bilingual clinicians (Spanish and English) work with clients (ages 11-30) for a host of mental health and substance use issues.

CHILDREN'S BEHAVIORAL HEALTH CLINIC ✓ \$ ①

210-261-3350

Outpatient mental health treatment for Bexar County youth (ages 3-17) with a DSM-V Diagnosis. Services include skills training, counseling, medication training and support, psychiatric evaluation, medication monitoring, and family partner support.

227 W. Drexel

6812 Bandera Road

CHILDREN'S BEREAVEMENT CENTER OF SOUTH TEXAS ✓ ①

www.cbcst.org

210-736-4847

205 W. Olmos Drive

Individual Therapy, Group Therapy, grief counseling, bereavement support for children (ages 3-24) and their families through peer support groups, school-based programs, bereavement camps, and individual counseling based on assessment

THE CHILDREN'S SHELTER ✓

childrensshelter.org

210-212-2500

2939 West Woodlawn

HARVEY E. NAJIM HOPE CENTER

210-503-4500

Specialized, trauma-focused outpatient mental health clinic for children (ages 3-17) and families impacted by abuse, neglect, and/or abandonment. Therapy is also offered to adults of any age who are victims of crime and impacted by trauma.

COMMUNITY COUNSELING SERVICE \$ ①

ccsweb.ollusa.edu

210-434-1054

590 North General McMullen, Suite 3

Affordable, bilingual, and accessible counseling services to individuals, couples, and families. Walk-in/phone-in service for clients who are ready to begin working on their problem and want to avoid waiting for an appointment.

CONNECTED ✓

myconnected.net

210-934-2511

4346 NW Loop 410

Services for current and former foster youth including case management, trauma-informed education, skill-building workshops, intensive advocacy services, career and employment services. Services are available to current and former foster youth (ages 16-24).

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE SAN ANTONIO ✓

Facebook: DBSA San Antonio

1-210-945-0689

6851 Citizens Parkway

Peer/Recovery Support, weekly free confidential peer support group meetings in-person and online

THE ECUMENICAL CENTER ✓ \$ ①

ecrh.org

210-616-0885

8310 Ewing Halsell Drive (Headquarters)

Individual Therapy, Group Therapy, Music and Art Therapies, Neurofeedback, EMDR/Trauma

FAMILY SERVICE ASSOCIATION ✓ \$ ①

family-service.org

210-299-2400

Family Service counseling services are open to everyone and include features such as individual and group therapy and individualized treatment plans. Services are available on a sliding scale to uninsured individuals. To schedule an appointment, call 210-299-2406.

FOCUS AND BALANCE \$ ①

www.focusandbalance.org

210-858-9980

2040 Babcock Rd #301

Medication management, Crisis Services, In-house ADHD Assessment, Autism Diagnosis, Personality Assessment, Cognitive Testing, Clearance Letters, Transcranial Magnetic Stimulation (TMS)

THE GRACE TREE FOUNDATION \$ ①

www.thegracetreefoundation.com

210-334-9642

8620 N. New Braunfels Ave., Suite 414

Trauma Specific Somatic Services: Somatic Experiencing®, Neurosomatic Movement Therapy, Yoga Therapy, Sessions by appointment only

GUARDIAN HOUSE ✓ \$ ①

guardianhouse.org

210-733-3349

1818 San Pedro Ave

Helping children and parents in high-conflict divorce situations redefine and restructure their families during this unstable transition period. Services offered include Individual Therapy, Couples Counseling, Family Counseling, Reunification Counseling, Supervised Visitations, Monitored Exchanges, Parent Education

HEALTHY INNOVATIVE PROCESSES ✓ \$ ①

hip-sa.org

210-271-3630

5282 Medical Drive, Suite 605

Nonprofit corporation aimed at cultivating and improving access to employment, behavioral health, and wellness services for people with disabilities.

HOME & COMMUNITY-BASED SERVICES \$

210-261-3419

Medicaid Waiver Program that provides services to adults with serious mental illness to enable them to live and experience success in the community. Services are designed to support long-term recovery from mental illness.

HOPEWISE ①

www.hopewisesa.com

210-617-3185

1931 NW Military Hwy, 206

Counseling center with services pertaining to chronic pain and illness, depression, anxiety, trauma, career counseling, parenting issues, and self-esteem issues

JOSEPHINE RECOVERY CENTER ✓ \$

210-261-3800

711 E. Josephine St.

People experiencing a mental health or substance use crisis can often benefit from a detoxification program and stabilization unit rather than a busy emergency room. The Josephine Recovery Center, a 16-bed therapeutic facility, offers a safe, effective alternative for Bexar County adults recovering from a behavioral health crisis.

LAUREL RIDGE TREATMENT CENTER ①

laurelridgetc.com

210-491-9400

17720 Corporate Woods Drive

Specialized behavioral health care and/or addiction treatment including inpatient, outpatient, or partial hospitalization mental health, dual diagnosis program, electroconvulsive therapy treatment or more.

LET'S TALK COUNSELING SERVICES \$ ①

letstalkcounselingservices.com

210-213-5780

1802 NE Loop 410, Ste 301D

Individual and Group Therapy for a variety of mental health issues, but specializing in Domestic Violence, Addiction, Trauma, and PTSD

MENTAL HEALTH PROVIDERS

Between 2021 and 2022, the number of mental health providers in Texas showed a

12% increase



NAMI - SAN ANTONIO ✓ ⓘ

National Alliance on Mental Illness

www.nami-sat.org

210-734-3349

6800 Park Ten Blvd., Suite 248 E

Free education classes and support for families and peers aimed at improving the quality of life for all people affected by mental illness.

BRIDGES TO CARE - SAN ANTONIO

Faith-based initiative that connects congregations and service providers through training to be places of mental health and community wellness.

NEELY COUNSELING CENTER

www.neelycounseling.com

210-523-4200

11153 Westwood Loop, Bldg 1. Suite 121-123

Specialized in helping adults, couples, and teens find tools to combat anxiety and self-esteem issues through counseling, coaching, and online courses. Mental health advice podcast is available to teach, educate, and inspire you to drop your limiting backstory and live a more confident, fulfilled life.

NEW OPPORTUNITIES FOR WELLNESS ✓ ⓘ

nowclinicsa.org

210-450-7222

7810 Louis Pasteur Dr.

The mission of NOW is to ensure that all Bexar County residents have rapid and continued access to behavioral health services such as Individual & Group Therapy, Case Management, Medication Management, and Peer Support

CRISIS SUPPORT

Living Room: Walk-in crisis service aimed to help clients cope and avoid hospitalization.

Monday-Friday: 8:00 a.m.-4:00 p.m.

POWER PROGRAM \$

powerprogramsa.org

210-261-3143

Serves young adults who have begun experiencing confusion, unusual thoughts, acting in ways that seem difficult for others to understand, hearing or

seeing things others don't, withdrawing from family and friends, or becoming suspicious of other people.

PROSUMERS INTERNATIONAL ✓ ⓘ

theProsumers.org

800-577-3795

6800 Park Ten Blvd, Suite 220N

Peer Support through a variety of groups to assist people in creating a life worth living.

ROY MAAS' YOUTH ALTERNATIVES, INC.

rmya.org

210-340-8077

3103 West Ave.

FAMILY COUNSELING & RESOURCE CENTER

210-340-7971, ext. 1100

Low or no cost individual and family counseling, crisis intervention, parenting classes, and child & adolescent psychiatric services for community children and families struggling with emotional, behavioral, and mental health issues.

SAN ANTONIO COUNSELING & BEHAVIORAL CENTER ⓘ

sacounselingcenter.com

210-614-4990

Psychotherapy for children, adolescents, adults, and families with services assisting issues such as addiction, eating disorder services, ADHD, autism, mental health evaluations, PTSD, depression, anxiety, and trauma

SERENITY PLACE AT TX, LLC \$ ⓘ

serenityplacellc.com

210-858-5898

12915 Jones Maltsberger Rd., Building 300

Individual and group therapy specializing in assisting with marriage and family issues, grief, bereavement, anxiety, depression, and trauma

SIGMA MENTAL HEALTH URGENT CARE

www.sigmamhuc.com

210-314-4564

18587 Sigma Rd, #260

Provide immediate walk-in psychiatric and therapeutic services during moments of crisis.

STAT COUNSELING & CONSULTING, LLC \$ ①

statcounseling.com

210-802-9355

12030 Bandera Rd

A one-stop-shop for complete mental wellness offering both medication management and counseling services all in one office.

TEXAS FAMILY VOICE NETWORK

txfvn.org

Peer Support for Families of Children and Young Adults with Behavioral Health Challenges

URGENT BEHAVIORAL HEALTH CARE ①

UrgentBehavioralHealthCare.com

210-591-1615

311 Camden St., Suite 510

Provides comprehensive inpatient, outpatient and telepsychiatric services including urgent appointments and convenient evening and weekend scheduling.

YOUTH EMPOWERMENT SERVICES (YES)

WAIVER PROGRAM \$

210-261-1135

Expanded Medicaid services for youth (ages 3-18) with severe emotional and/or behavioral needs to help prevent out-of-home placements and reduce psychiatric hospital re-admissions. Services include community living supports, counseling, and case management. Call to join the interest list.

PSYCHIATRIC INPATIENT

Treatment that generally requires hospitalization

CLARITY CHILD GUIDANCE CENTER ✓ \$ ①

www.claritycgc.org

210-616-0300

8535 Tom Slick

Inpatient Hospitalization, Individual Therapy, Group Therapy, Case Management, Medication Management, Partial Hospitalization Program, Crisis

LAUREL RIDGE TREATMENT CENTER ①

laurelridgetc.com

210-491-9400

17720 Corporate Woods Drive

Specialized behavioral health care and/or addiction treatment including inpatient, outpatient, or partial hospitalization mental health, dual diagnosis program, electroconvulsive therapy treatment and more.

METHODIST SPECIALTY AND TRANSPLANT HOSPITAL ①

sahealth.com/mentalwellness

210-575-0500

8026 Floyd Curl Drive

Full spectrum of adult and geriatric behavioral health services including Psychiatry Services, Family and Group Therapy, Partial Hospitalization Program, Intensive Outpatient Program, Partial Hospitalization Program, and Opioid Stabilization Services

SAN ANTONIO BEHAVIORAL HEALTHCARE HOSPITAL ①

sanantoniobehavioral.com

210-541-5300

8550 Huebner Rd.

Compassionate care, help, and support for those struggling with their mental health in San Antonio through services such as Inpatient Hospitalization, Partial Hospitalization, Intensive Outpatient Program, Individual and Group Therapy, Medication Management, and Case Management

SAN ANTONIO STATE HOSPITAL ✓ \$

hhs.texas.gov

210-532-8811

6711 South New Braunfels, Suite 100

The San Antonio State Hospital is an in-patient psychiatric hospital offering adult psychiatric services and forensic competency restoration.

UNIVERSITY HEALTH ①

www.universityhealth.com/services/behavioral-health

210-358-3108

Our behavioral and mental health services offer a safe, confidential and supportive atmosphere. We offer psychiatric evaluations, outpatient support and hospital-based treatment for adults.

SUBSTANCE USE

Local substance use treatment programs offer a range of services to meet each individual where they are in their recovery journey. Program options can include residential treatment, detox, therapy and counseling, support services, and relapse prevention strategies.

ALAMO CENTER EDUCATION + TREATMENT LLC ✓ \$ ①

alamocenter.org
210-824-5537
5018 San Pedro
Intensive Outpatient Services

ALPHA HOME ✓ \$ ①

alphahome.org
210-735-3822
419 E Magnolia Ave
Women's residential treatment, outpatient counseling for men and women, ongoing recovery support

BANYAN TREATMENT CENTERS \$ ①

banyantexas.com
888-515-7701
4168 Co Rd 444, Waelder, TX 78959
Addiction recovery that provides each patient the necessary tools to obtain and maintain long-term sobriety through services such as Detox, Residential Treatment, Partial Hospitalization, Individual and Group Therapy, and Case Management

BLUE HERON RECOVERY ✓ \$ ①

blueheronrecovery.com
210-588-0508
2015 NE Loop 410
Recovery center offering experience programming (walking, gardening, art, yoga, disk golf, basketball), educational classes (taught by counselors and our physician), and deep process groups every day. Clients are assigned an individual therapist for weekly and family sessions.

CENTER FOR HEALTHCARE SERVICES ✓ \$ ①

210-261-2427
Restoration Center and transformational services help people break the cycle of addiction and regain sobriety through safe, meaningful programs that reduce harms associated with substance use, promote total recovery for people with co-occurring mental health and substance use disorders, and provide better care coordination.

CHARLIE HEALTH ①

charliehealth.com
1-866-540-1828
Intensive outpatient therapy program that provides group, primary, and family therapy weekly and 100% virtually. Bilingual clinicians (Spanish and English) work with clients (ages 11-30) for a host of mental health and substance use issues.

CONTINUUM OUTPATIENT CENTER ①

continuumoutpatient.com

210-405-5935

6200 UTSA Blvd., Ste 102

Intensive outpatient treatment program for substance use designed to help patients overcome past trauma, prevent relapse, heal relationships, and learn skills that enhance their lives. Services offered include Partial Hospitalization, Intensive Outpatient, Individual and Group Therapy, Case Management, and Medication Management. Scholarship Opportunities Available.

CORAZON SAN ANTONIO ✓

corazonsa.org

210.226.8341 x318

Harm Reduction Outreach: Aid clients that are suffering from drug addiction. Services include needle exchange, harm reduction education, medical care, HIV/HepC testing, case management and recovery coaching. Monday-Friday: 9:00 a.m.-3:00 p.m.

CROSSPOINT, INC ✓ ①

cpsatx.org

210-225-0864

301 Yucca Street (Headquarters)

Provides mental health counseling, substance use treatment, life skills enhancement and/or transformational residential services.

AUSTIN-CULLUM OUTPATIENT CENTER

210-549-4730

Outpatient clinic licensed for addictions treatment and staffed with licensed mental health professionals that provides free counseling services to residents of District 2 who can benefit from supportive brief intervention counseling.

ELEANOR HEALTH ✓ ①

eleanorhealth.com/texas-referring-partners

726-201-3047

8500 Village Dr, Suite 101

Eleanor Health's mission is to help anyone concerned about their mental health or affected by addiction live an amazing life. The program offers drug addiction recovery services, from outpatient drug rehabilitation to home addiction treatment services and more. Monday-Friday, 9:00 a.m.-5:00 p.m., Saturday: By appointment only

GRACE HOUSE

gracehousesa.org

210-493-7884

Faith-based nonprofit ministry offering a 9-month recovery program established to train, support, and give hope to women following incarceration, drug and alcohol addiction, or those in the midst of perilous lifestyles.

GREENHOUSE TREATMENT CENTER \$

greenhousetreatment.com

972-846-8780

1171 107th St

Grand Prairie, TX 75050

Provides flexible addiction recovery plans including services such as group therapies, detox, one-on-one counseling, activities, and much more.

JOSEPHINE RECOVERY CENTER ✓ \$

210-261-3800

711 E. Josephine St.

People experiencing a mental health or substance use crisis can often benefit from a detoxification program and stabilization unit rather than a busy emergency room. The Josephine Recovery Center, a 16-bed therapeutic facility, offers a safe, effective alternative for Bexar County adults recovering from a behavioral health crisis.

SUBSTANCE USE

Among people (aged 12+) in the United States in 2020,

58.7% used

tobacco, alcohol, or an illicit drug in the past month.

LAUREL RIDGE TREATMENT CENTER ①

laurelridgetc.com

210-491-9400

17720 Corporate Woods Drive

Specialized behavioral health care and/or addiction treatment including inpatient, outpatient, or partial hospitalization mental health, dual diagnosis program, electroconvulsive therapy treatment or more.

LET'S TALK COUNSELING SERVICES \$ ①

letstalkcounselingservices.com

210-213-5780

1802 NE Loop 410, Ste 301D

Individual and Group Therapy for a variety of mental health issues, but specializing in Domestic Violence, Addiction, Trauma, and PTSD.

THE LOS PATIOS FOUNDATION ✓ \$ ①

thelospatiosfoundation.org

210-588-0508

2015 NE Loop 410

The Foundation is committed to helping people struggling with drugs and alcohol find appropriate detox, residential, outpatient, and aftercare programs. We also support life skills development opportunities, family therapy, trauma therapy, fellowship, support groups, and community engagement. Scholarship opportunities available.

METHODIST SPECIALTY AND TRANSPLANT HOSPITAL ①

sahealth.com/mentalwellness

210-575-0500

8026 Floyd Curl Drive

Full spectrum of adult and geriatric behavioral health services including Psychiatry Services, Family and Group Therapy, Partial Hospitalization Program, Intensive Outpatient Program, Partial Hospitalization Program, and Opioid Stabilization Services

NEW OPPORTUNITIES FOR WELLNESS ✓ ①

nowclinicsa.org

210-450-7222

7810 Louis Pasteur Dr.

The mission of NOW is to ensure that all Bexar County residents have rapid and continued access to behavioral health services.

RELAPSE PREVENTION WORKSHOPS

One-time workshops are available by appointment to help clients dealing with substance use problems develop a long-term recovery plan. These sessions help clients use problem-solving skills to prevent relapse and maximize harm-reduction skills if relapse does occur.

PAY IT FORWARD CLEAN & SOBER LIVING

210-212-2926

1 Haven for Hope Way

Program that provides recovery support and sober living facilities for both men and women to help them rebuild their lives after they complete drug and alcohol rehab providing them a significantly improved chance of staying clean & sober than with drug rehab programs alone.

PROSUMERS INTERNATIONAL ✓ ①

theProsumers.org

800-577-3795

6800 Park Ten Blvd, Suite 220N

Peer Support through a variety of groups to assist people in creating a life worth living.

THE RESTORATION CENTER ✓ \$ ①

210-261-3076

601 N. Frio

Helps people break the cycle of addiction and regain sobriety through safe, meaningful programs that reduce harms associated with substance use, promote total recovery for people with co-occurring mental health and substance use disorders, and provide better care coordination for the most acute people in Bexar County.

THE RIGHT STEP HILL COUNTRY \$ ①

rightsteprehabhillcountry.com

844-806-1488

440 Fischer Store Rd, Wimberley, TX 78676

Residential drug and alcohol rehab center that provides comprehensive, evidence-based treatment for substance use and co-occurring disorders for adults.

RIPPLE RANCH RECOVERY CENTER ✓

rippleranch.com

830-494-4717

2098 Texas Oaks

Spring Branch, TX 78070

Addiction treatment center in Texas Hill Country focusing on providing unique and effective care to those battling substance use and mental health disorders. Services offered include Inpatient Hospitalization, Individual and Group Therapy, Case Management, Medication Management, Crisis Services. Scholarships available periodically.

RISE RECOVERY ✓ ①

RiseRecovery.org

210-227-2634

Peer/Recovery Support Services available for youth, young adults, and families including group meetings, one-on-one sessions, education classes, and social activities (both in person and virtual). We also provide outreach to local school districts.

RISE INSPIRE ACADEMY

A high school for students actively seeking sobriety from drugs and alcohol in a high-quality academic environment.

SA JOB DEVELOPMENT \$

210-261-3035

6655 First Park Ten Blvd

A supported employment program designed to assist individuals, identified as having an Opioid Use Disorder, in finding gainful employment.

SALVATION ARMY ✓

salvationarmysanantonio.org

ADULT REHABILITATION CENTER

210-223-6877

Provides assistance for adults who have lost the ability to cope with their problems and provide for themselves. Each center offers residential housing, work, group and individual therapy, all in a clean, wholesome environment. The care received prepares participants to re-enter society and return to gainful employment.

OVERDOSE DEATHS

In 2021, Texas experienced

4,984

overdose deaths

56% of those deaths were due to opioid overdose



Opioid Overdose Warning Signs:

- Small, constricted "pinpoint pupils"
- Falling asleep/losing consciousness
- Slow, weak, or no breathing
- Choking or gurgling sounds
- Limp body
- Cold and/or clammy skin
- Discolored skin (especially lips/nails)

What is Naloxone*:

Naloxone is a life-saving medication that can reverse an overdose from opioids. Buy it from your local pharmacy in case of an emergency.

No Prescription Required

To Administer Naloxone*:

1. Call 911
2. Administer Naloxone
3. Try to keep the person awake
4. Lay them on side to prevent choking
5. Stay until 911 personnel arrive

**Original brand name: NARCAN*

SAN ANTONIO BEHAVIORAL HEALTHCARE HOSPITAL ①

sanantoniobehavioral.com

210-541-5300

8550 Huebner Rd.

Compassionate care, help, and support for those struggling with addiction in San Antonio through substance use services such as Residential, Intensive Outpatient, Partial Hospitalization, Detox, and Medication Assisted Treatment

SAN ANTONIO RECOVERY CENTER

sanantoniorecoverycenter.com

844-931-4791

Independent drug & alcohol treatment center offering a full spectrum of treatment to ensure clients receive the best chance of recovery. Programs offered include Residential Treatment, Intensive Outpatient, Detox, Aftercare Program, and 90-Day Treatment.

5806 Culebra Rd

San Antonio, TX 78228

8975 Cagnon Rd.

San Antonio, TX 78252

STARLITE RECOVERY CENTER ①

StarliteRecovery.com

844-650-1390

Provides comprehensive, individualized continuum of care for chemically dependent persons and/or their family members who have been affected by the diseases of alcoholism and/or drug addiction. Services include Residential, Intensive Outpatient, Partial Hospitalization, and Detox. Call for free insurance verification.

TEXAS FAMILY VOICE NETWORK

txfvn.org

Peer Support for Families of Children and Young Adults with Behavioral Health Challenges

AGENCY SHOUT OUT



NAMI - SAN ANTONIO

National Alliance on Mental Illness

www.nami-sat.org

210-734-3349

6800 Park Ten Blvd., Suite 248 E

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

Support Groups

Free, confidential peer support groups discussing mental health to gain insight from the challenges and successes of others facing similar experiences. Separate groups are available for adults (18+) with mental health conditions and their families.

NAMI on Campus

Student-led clubs that support fellow students raise mental health awareness, educate the campus community and promote services and supports.

Pathways to Hope Conference



Free, community-wide conference focused on reducing stigma, improving mental health support, providing education and resources

Education

Free educational programs to discuss mental health experiences, effective tools for recovery, common support needs for individuals experiencing mental illness and their families.

Stigma Reduction

Free presentations can be scheduled that inform and educate viewers of the warning signs and misconceptions of mental health conditions.

-  Ending the Silence
-  In Our Own Voice

NAMIWalk

namiwalks.org

Annual mental health awareness 5k fundraiser encouraging Mental Health for All.

HOUSING

Housing services include emergency shelters, temporary housing, transitional housing, and rental assistance.

HOMELESSNESS

According to the 2022 point-in-time report,

2,995

individuals

were experiencing homelessness in San Antonio and Bexar County



EMERGENCY SHELTERS

Temporary facility that provides immediate shelter for individuals in crisis with nowhere to sleep.

BETHANY UNITED METHODIST CHURCH

bethanysa.org

210-655-5473

4102 Eisenhower Rd.

Winter overflow shelter services (32° or below), 5:00 p.m.-8:00 a.m., laundry, shower, meal

THE CHILDREN'S SHELTER ✓

childrensshelter.org

210-212-2500

2939 West Woodlawn

Emergency Shelter and safe haven for children (up to age 12) who have been removed from their homes due to traumatic experiences such as abuse, neglect, and/or abandonment.

FAMILY VIOLENCE PREVENTION SERVICES

fvps.org

210-930-3669

7911 Broadway

Offers residential and non-residential clients shelter, transitional housing, counseling for adults, children, families, and legal services. These services help individuals and families recovery from the pain and longer-term effects of domestic violence.

HAVEN FOR HOPE ✓ \$ ①

havenforhope.org

210-220-2100

1 Haven For Hope Way

Transformational campus that provides a system of care for individuals and families experiencing homelessness in Bexar County. All of Haven for Hope programs provide indoor sleeping and access to housing and sustainability services. Individuals experiencing homelessness can be enrolled into one of Haven's various programs on a first-come-first-served basis and dependent on space availability. Intake hours are Monday-Friday: 7:00 a.m.-3:00 p.m.

ROY MAAS' YOUTH ALTERNATIVES, INC. ✓

rmya.org

210-340-8077

3103 West Ave.

Creates brighter futures for children in crisis by promoting individual success and healthy relationships in a safe, healing environment, giving children and families the tools to end the cycle of abuse.

THE BRIDGE

210-340-7933

Children (ages 5-17) needing a safe place to stay for a short time receive 24-hour care while a more permanent placement is determined. Emergency shelter services are provided for trafficked, runaway, homeless, foster youth and children transitioning from juvenile probation. Call prior to arriving.

SALVATION ARMY ✓

salvationarmysanantonio.org

210-352-2000

DAVE COY SHELTER FOR MEN

210-226-2291

226 Nolan St.

Emergency shelter and transitional housing opportunities for men (ages 18+) experiencing chronic homelessness and/or lack a stable housing environment. Participants receive three meals daily and work with a case manager to identify and coordinate available educational and career development opportunities.

EMERGENCY FAMILY SHELTER

210-352-2046

521 W. Elmira

SAN ANTONIO RESCUE MISSION

sarescuemission.org

210-222-9736

907 E. Quincy

Faith-based organization offering dormitory shelter to homeless men (ages 18+)

SETON HOME ✓

setonhomesa.org

210-533-3504

1115 Mission Rd.

Emergency shelter for pregnant and parenting teen mothers and their children in order to break the cycle of abuse and poverty by providing a caring home, education, and support services.

ST. PETER - ST. JOSEPH CHILDREN'S HOME

stpjhome.org

210-533-1203

919 Mission Rd.

Short-term emergency shelter for children (ages birth to 17) who are victims of abuse or neglect and are under the protection of Child Protective Services.

STRONG FOUNDATION MINISTRIES

strongfoundation.org

210-641-4357

414 N. Hackberry St.

Emergency and temporary housing for homeless families with children

HOUSING & RENTAL ASSISTANCE

General information and financial assistance related to housing.

ALAMO COMMUNITY GROUP

alamocommunitygroup.org

210-731-8030

4606 Centerview Drive, Suite 170

Housing organization offering affordable housing that promotes resident education, self-sufficiency, leadership and volunteerism

HOUSE OUR HEROES PROGRAM

210-699-9074

Affordable housing and extensive supportive services for homeless and at-risk veteran families.

ENDEAVORS ✓

endeavors.org

210-431-6466

6363 De Zavala Rd. (Headquarters)

Supportive housing, case management, professional counseling, life skills training, and employment opportunities for chronically homeless adults with disabilities and their children throughout Texas.

FAIR WEATHER LODGE

210-840-6437 (SARAH)

Permanent supportive housing serving a vulnerable population in San Antonio and Bexar County of single mothers with disabilities and their children who have experienced chronic homelessness. Call-in assessment hours are Mondays: 9:00 a.m.-10:45 a.m.

HABITAT FOR HUMANITY

habitatsa.org

210-223-5203

311 Probandt

Habitat is a nonprofit housing organization working with local families in need of affordable homes.

HAVEN FOR HOPE ✓ \$ ⓘ

havenforhope.org

210-220-2100

1 Haven For Hope Way

Transformational campus that provides a system of care for individuals and families experiencing homelessness in Bexar County. All of Haven for Hope programs provide indoor sleeping and access to housing and sustainability services. Individuals experiencing homelessness can be enrolled into one of Haven's various programs on a first-come-first-served basis (dependent on space availability). Intake hours are Monday-Friday: 7:00 a.m.-3:00 p.m.

HOUSING AUTHORITY OF BEXAR COUNTY

habctx.org

210-225-0071

1954 E. Houston St.

Aim to provide rental assistance to income-eligible households and to provide improved living conditions in Bexar County

INMAN CHRISTIAN CENTER

inmancenter.org

210-222-9641

1214 Colima Street

Neighborhood-based community center serving the needs of low-income individuals and families in the inner city of San Antonio. Inman provides child-care, social services, education, recreation, and emergency food assistance as well as housing for individuals who are elderly and/or disabled.

MERCED HOUSING TEXAS

mercedhousingtexas.org

210-281-0234

120 W. Mistletoe Ave.

Dedicated to creating healthy communities by providing quality, affordable housing with supportive services for low-income individuals, families, and older adults where opportunities for education, employment, financial literacy and health are enhanced and encouraged.

OPPORTUNITY HOME SAN ANTONIO

homesa.org

210-477-6000

818 S. Flores

Provides quality, affordable housing and builds sustainable, thriving communities. Previously San Antonio Housing Authority.

PROSPERA HOUSING COMMUNITY SERVICES

prosperahcs.org

210-821-4300

3419 Nacogdoches Rd.

Empowering families by providing safe, high-quality, affordable housing with support services. Our supportive housing provides a starting point for pursuing goals, fulfilling dreams, restoring spirit, and building self-endurance.

OPPORTUNITY HOME

Housing assistance
currently provided to over

57,000

children and adults



SAMMINISTRIES

samm.org
210-340-0302
1919 NW Loop 410, Suite 100

RAPID RE-HOUSING

210-321-5620
Financial assistance is provided to homeless individuals and families for up to 3 months along with 12 months of case management.

PERMANENT SUPPORTIVE HOUSING

210-321-5683
Assists families with whom one member of the family has a disability empowering them to live as independently as possible

SAN ANTONIO ALTERNATIVE HOUSING CORP.

saahc.org
Nonprofit organization that provides housing and support services for low and moderate-income communities in Texas

SOUTH ALAMO REGIONAL ALLIANCE FOR THE HOMELESS (SARAH)

sarahomeless.org/resources
Homelink is San Antonio and Bexar County's local Coordinated Entry System - a uniform, community-wide approach to connect persons who are literally homeless or at imminent risk of homelessness to housing resources.

EMPLOYMENT

According to the National Coalition for the Homeless,

53% of people living in shelters are employed

TEMPORARY & TRANSITIONAL

Temporary housing with supportive services that help stabilize and educate individuals experiencing homelessness.

BAPTIST CHILD & FAMILY SERVICES

discoverbcfs.net/sanantonio
210-733-7932
4346 NW Loop 410
Transitional Center that offer case management, counseling, sheltering, and life skills training to at-risk young adults aging out of the foster care system.

FAMILY VIOLENCE PREVENTION SERVICES

fvps.org
210-930-3669
7911 Broadway
Offers residential and non-residential clients shelter, transitional housing, counseling for adults, children, families, and legal services. These services help individuals and families recovery from the pain and longer-term effects of domestic violence.

GEORGE GERVIN YOUTH CENTER: BASIC CENTER

210-568-8800
6944 South Sunbelt Drive
Pregnant, homeless, and/or runaway individuals (ages 13-17) looking to continue their education in a safe and supportive environment. The Basic Program provides therapeutic and supportive services and acts as a short- and long-term residential care facility to those whose needs are not adequately met in their current family structure or other shelters.

HAVEN FOR HOPE ✓ \$ ①

havenforhope.org
210-220-2100
1 Haven For Hope Way
Transformational campus providing a system of care for individuals and families experiencing homelessness in Bexar County. Shelter is provided while clients work to address issues that have led to their homelessness. Program enrollment is on a first-come-first-served basis. Intake hours are Monday-Friday: 7:00 a.m.-3:00 p.m.

MAGDALENA HOUSE

maghouse.org

210-561-0505

Neighborhood of transitional homes in San Antonio that serves mothers and their children who have fled dangerous and abusive lives. Utilizing a dual-generation approach, we provide safe shelter, basic needs, educational programming, and therapeutic services.

ROY MAAS' YOUTH ALTERNATIVES, INC. ✓

rmya.org

210-340-8077

3103 West Ave.

Creates brighter futures for children in crisis by promoting individual success and healthy relationships in a safe, healing environment, giving children and families the tools to end the cycle of abuse.

TURNINGPOINT

210-349-3610

Former foster care youth and homeless community youth (ages 18-24) live independently in a home with roommates. They receive professional case management, weekly counseling, job and life skills, educational assistance, and resource referrals, to help them meet their goals and leave the program ready to become productive members of our community.

SALVATION ARMY ✓

salvationarmysanantonio.org

210-352-2000

ADULT REHABILITATION CENTER

210-223-6877

Provides assistance for adults who have lost the ability to cope with their problems and provide for themselves. Each center offers residential housing, work, and group and individual therapy, all in a clean, wholesome environment. The services received prepare participants to re-enter society and return to gainful employment.

DAVE COY SHELTER FOR MEN

210-226-2291

226 Nolan St.

Emergency shelter and transitional housing opportunities for men (ages 18+) experiencing chronic homelessness and/or lack a stable housing environment. Participants receive three meals daily and work with a case manager to identify and coordinate available educational and career development opportunities.

SAMMINISTRIES

samm.org

210-979-6188

1919 NW Loop 410, Suite 100

The Transitional Living and Learning Center is a 40-family home that provides housing, support, and resources to families who show a commitment to gaining self-sufficiency as they work to overcome homelessness.

STRONG FOUNDATION MINISTRIES

strongfoundation.org

210-641-4357

414 N. Hackberry St.

Emergency and temporary housing for homeless families with children

VISITATION HOUSE MINISTRIES

visitationhouseministries.org

210-735-6910

830 W. Mulberry Ave.

Transitional housing for women and children (2-year program), call for appointment

YOUTH CENTER OF TEXAS

youthcenteroftexas.org

210-417-5077 (24-Hour Hotline)

3730 East IH-10, Suite B

Transitional living program for female survivors of child sex trafficking and sexual exploitation (ages 18-22)

UTILITY ASSISTANCE

Temporary financial assistance to reduce the costs associated with home utilities

CHRISTIAN ASSISTANCE MINISTRY ✓

christianassistanceministry.org

Financial assistance for utilities provided to families with proof of residence. Application, ID & Social Security card required.

CAM Downtown
210-223-4099
110 McCullough Ave

CAM Northwest
210-697-5771
5084 DeZavala

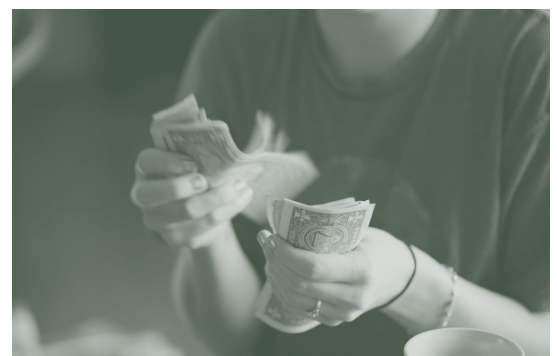
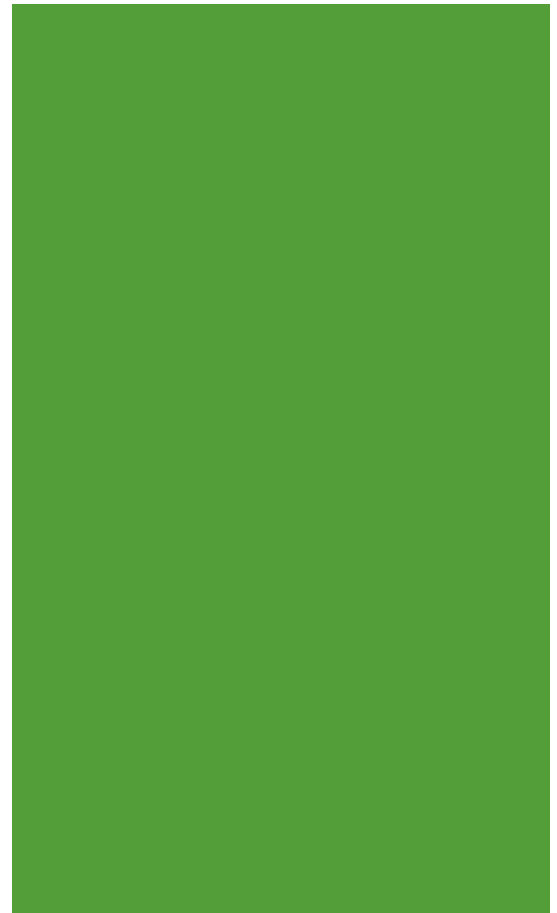
ELLA AUSTIN COMMUNITY CENTER ✓

ellaaustin.org

210-224.2351

1023 N. Pine St.

Multi-social service agency offering utility assistance to individuals and families in crisis



SOCIAL SERVICES

Services that are offered for the benefit of the community often at low or no cost. Local services offered include clothing, dental and optical services, education resources, food and grocery programs, financial assistance, laundry facilities, transportation services, domestic violence resources, and legal assistance.

CLOTHING

AGAPE MINISTRY, INC. ✓

theagapeministryinc.org

210-590-6655

Food Pantry & Clothes Closet

CATHOLIC CHARITIES

ccaosa.org

210-222-1294

Clothes Closet

CHRISTIAN ASSISTANCE MINISTRY ✓

christianassistanceministry.org

Serving individuals and families in need of assistance

210-697-5771

5084 DeZavala

DEPAUL FAMILY CENTER ✓

adssa.org/social-services

210-334-2300

7607 Somerset Rd.

Clothing assistance by appointment

DRESS FOR SUCCESS

dfssanantonio.org

210-737-1515

600 N. Frio Street

Professional attire, support network, and developmental tools for women. Monday-Thursday 8:30 a.m.-4:30 p.m.

ELLA AUSTIN COMMUNITY CENTER ✓

ellaaustin.org

210-224.2351

1023 N. Pine St.

Multi-social service agency offering clothing assistance to individuals and families in crisis.

INNER CITY DEVELOPMENT

innercitydevelopment.org

210-224-7239

1300 Chihuahua

Office: Monday-Friday, 9:00 a.m.-12:00 p.m.

Access to groceries for families in crisis, sack lunches, and prepared bags of clothing provided to homeless individuals. Individual service hours may vary.

LITTLE CHURCH OF LA VILLITA ✓

210-226-3593

418 Villita St., Building 13

Provides free emergency food and clothing to those in need, including seniors, the disabled, and low-income families with children. Supports all of Bexar County.

OPERATION SCHOOL BELL

210-732-1200

2611 West Ave.

Dressing students in need (K-5) in San Antonio area Title I elementary schools

PRESA COMMUNITY CENTER

presa.org

210-532-5295

3721 S. Presa

CAREER CLOSET

No cost, work-appropriate clothing available to men and women actively seeking employment and recently hired who need to add a few items that will make a difference.

SA HOPE CENTER

sahopecenter.org

210-732-3776

321 N. General McMullen

Mentorship program working to enhance the lives of working, low-income individuals and families to become food secure and increasingly sustainable on a long-term basis. Food pantry, clothing assistance, and emergency diaper assistance available to those that qualify. Contact for enrollment requirements.

SOCIETY OF ST. VINCENT DE PAUL

svdpsa.org

210-225-7837

Direct support to our community's most vulnerable residents with clothing needs. Call for location options and hours of operation.

DENTAL

CENTROMED

centromedsa.com

210-922-7000 (Schedule an appointment)

Integrated primary care clinic that provides accessible services of superior quality. Multiple locations available. Medicaid, CHIP, and private insurance accepted.

COMMUNICARE ①

communicaresa.org

210-233-7000

Provides comprehensive dental care for children and adults. Services include preventative care and restorative care, dental disease treatments, and oral hygiene education.

EDUCATION & CAREER DEVELOPMENT

DRESS FOR SUCCESS

dfssanantonio.org

210-737-1515

600 N. Frio Street

Developmental tools for women

Monday-Thursday 8:30 a.m.-4:30 p.m.

HEALY-MURPHY CENTER ✓

healymurphy.org

210-223-2944

618 Live Oak St.

Free Texas Certification of High School Equivalency (GED) test preparation classes and case management. Class participants with high attendance are eligible for financial assistance for GED test fees. Monday-Friday: 8:00 a.m.-11:30 a.m. (Extended hours available as needed). Age requirements: Females (ages 18-25; court ordered: ages 16-25); Males (ages 18-21; court ordered: ages 16-21). Call to register.

MADONNA NEIGHBORHOOD CENTER

madonnacentersa.org

210-432-2374

1906 Castroville Rd.

In partnership with United Way, the Dual Generation Initiative, works to remove barriers for families with children (ages 0-10) who are wanting to further their education and become self-sufficient. The Madonna Center is focusing on promoting mental health, well-being, self-efficacy and domestic violence prevention.

SA YOUTH

sanantonioyouth.org

210-223-3131

1215 W. Poplar St.

Helping San Antonio's low-income children stay in school and helping young adults who have quit school gain a second chance through high-school credit recovery and workforce training.

EDUCATION



1 in 5 students

Do not successfully
graduate high
school in Texas



EYEGASSES & OPTICAL

PREVENT BLINDNESS - TEXAS

texas.preventblindness.org

210-236-7360

1600 NE Interstate 410, Suite 125

FINANCIAL

CATHOLIC CHARITIES

ccaosa.org

210-222-1294

One-time emergency financial assistance

CHRISTIAN ASSISTANCE MINISTRY ✓

christianassistanceministry.org

Families with Proof of Residence can receive financial assistance for medical prescriptions or utilities (application, ID & Social Security card required)

CAM Northwest

210-697-5771

5084 DeZavala

DEPAUL FAMILY CENTER ✓

adssa.org/social-services

210-334-2300

7607 Somerset Rd.

Limited monetary assistance to individuals that meet financial eligibility criteria. By appointment only.

FAMILY SERVICE ASSOCIATION ✓ \$ ①

family-service.org

210-431-4425

Financial and Housing Recovery Center offers free one-on-one financial counseling.

SOCIETY OF ST. VINCENT DE PAUL

svdpsa.org

210-225-7837

Family and Community Assistance Program offers limited financial assistance is provided for expenses such as rent to very low-income individuals that qualify.

FOOD & GROCERIES

AGAPE MINISTRY, INC. ✓

theagapeministryinc.org

210-590-6655

Food Pantry

ALAMO CENTER EDUCATION & TREATMENT ✓ \$

alamocenter.org

210-824-5537

5018 San Pedro

The Alamo Center Neighborhood Food Pantry is free and available to anyone in need of food assistance. Completion of intake form required prior to food distribution. Monday-Friday: 10:00 a.m.-3:00 p.m.

ANTIOCH BAPTIST CHURCH

antiochsat.org/food-bank

210-225-2452

1001 N. Walters St.

Food bank ministry

CATHOLIC CHARITIES

ccaosa.org

210-222-1294

ST. STEVEN'S CARE CENTER

210-226-6178 (Schedule an appointment)

2127 S. Zarzamora St.

Monday-Friday: 8:30 a.m.-5:00 p.m.

GUADALUPE COMMUNITY CENTER

210-226-6178

1801 Cesar Chavez

SNAP Assistance, Project Hope - First Monday of every month, low-income seniors can receive food

CATHOLIC WORKER HOUSE

sa-catholicworker.org

210-224-7736

626 Nolan

Safe haven for homeless seniors (ages 50+) with access to meals, gardening, laundry facilities, phone, email, games and movies. (Limited services provided on Fridays in the courtyard.) Monday-Thursday: 8:00 a.m.-1:00 p.m., Friday: 9:00 a.m.-10:30 a.m.

CHRISTIAN ASSISTANCE MINISTRY ✓

christianassistanceministry.org

Serving individuals and families in need of assistance

CAM Downtown

210-223-4099

110 McCullough Ave

Sack lunches provided to homeless, eligible families with proof of residence can receive groceries. Hours: Monday-Thursday: 9:30 a.m.-3:00 p.m., Friday: 9:30 a.m.-11:30 a.m. (Services may have specific hours of availability.)

CAM Northwest

210-697-5771

5084 DeZavala

Sack lunches, Monday-Thursday 9:00 a.m.-2:00 p.m.

FOOD INSECURITY

According to Feeding America's 2020 Mind the Meal Gap Study, in Texas,

1 in 8 people face hunger**1 in 5 children face hunger****CORAZON SAN ANTONIO ✓**

corazonasa.org

210.226.8341 x318

DAY CENTER & RESOURCE HUB

504 Avenue E

Monday-Friday: 11:00 a.m.-5:00 p.m. (Lunch served at noon.) Warm meal, Showers, ID Recovery, Street Outreach, Case Management

DEPAUL FAMILY CENTER ✓

adssa.org/social-services

210-334-2300

7607 Somerset Rd.

Food assistance through our in-house food pantry, free groceries to financially eligible individuals (ages 60+). By appointment only.

ELLA AUSTIN COMMUNITY CENTER ✓

ellaaustin.org

210-224.2351

1023 N. Pine St.

Multi-social service agency offering assistance to individuals and families in crisis of food, clothing, and utilities assistance, senior nutrition, senior activities and volunteer income tax assistance programs.

INMAN CHRISTIAN CENTER

inmancenter.org

210-222-9641

1214 Colima Street

Neighborhood-based community center serving the needs of low-income individuals and families in the inner city of San Antonio including emergency food assistance

INNER CITY DEVELOPMENT

innercitydevelopment.org

210-224-7239

1300 Chihuahua

Office: Monday-Friday, 9:00 a.m.-12:00 p.m.

Access to groceries for families in crisis, sack lunches and prepared bags of clothing provided to homeless individuals. Individual service hours may vary.

LITTLE CHURCH OF LA VILLITA ✓

210-226-3593

418 Villita St., Building 13

Provides free emergency food and clothing to those in need, including seniors, the disabled, and low-income families with children.

MEAL ON WHEELS ✓

mowsatx.org

210-735-5115

Free nutritious meals delivered each weekday to eligible senior and disabled individuals with an aim to eliminate hunger, alleviate isolation, and foster independence among seniors

METROPOLITAN COMMUNITY CHURCH

mccofsanantonio.com/foodpantry

210-472-3597

611 E Myrtle Street

Food Pantry Hours: Saturdays following the 1st and 3rd Thursday of each month (8:00 a.m.-12:00 p.m.). Emergency food distribution is available Monday-Friday by appointment only.

SA HOPE CENTER

sahopecenter.org

210-732-3776

321 N. General McMullen

Mentorship program working to enhance the lives of working, low-income individuals and families to become food secure and increasingly sustainable on a long-term basis. Food pantry, clothing assistance, and emergency diaper assistance available to those that qualify. Contact for enrollment requirements.

SALVATION ARMY ✓

salvationarmysanantonio.org

210-352-2020

910 N. Flores

SAN ANTONIO FOOD BANK

Of the 29 counties served in Texas, 67% of client incomes were



**below the
federal
poverty level**

SAN ANTONIO FOOD BANK ✓

safoodbank.org

210-431-8326

Assistance with SNAP & other benefits applications, as well as finding immediate food assistance and job training opportunities.

Find Food: freshtrak.com

SENIOR NUTRITION PROGRAM ✓

sanantonio.gov

210-207-7172

Provides senior adults (ages 60+) and their spouses, in Bexar County, with a free nutritionally balanced lunchtime meal in a congregate setting with supportive services. Call for center locations and additional program information. Monday-Friday: 9:00 a.m.-1:00 p.m.

SOCIETY OF ST. VINCENT DE PAUL

svdpsa.org

210-225-7837

Direct support to our community's most vulnerable residents with essential food needs. Call for location options and hours of operation.

LAUNDRY

CATHOLIC WORKER HOUSE

sa-catholicworker.org

210-224-7736

626 Nolan

Safe haven for homeless individuals (age 50+) with access to meals, gardening, laundry facilities, phone, email, games and movies. (Limited services provided on Fridays in the courtyard.) Monday-Thursday: 8:00 a.m.-1:00 p.m., Friday: 9:00 a.m.-10:30 a.m.

LEGAL

BEXAR COUNTY GUARDIANSHIP PROGRAM

210-335-3744

233 N. Pecos, Suite 320-G

Guardianship is a legal process utilized when a person can no longer make or communicate safe or sound decisions. Call to discuss referral.

EQUAL JUSTICE CENTER

equaljusticecenter.org

210-308-6222

Nonprofit organization that provides legal assistance to qualified, low-income individuals on the topics of workplace rights and rights to work.

DACA APPLICATIONS

888-670-6854

Assistance with preparation and submission of Deferred Action for Childhood Arrivals (DACA) application.

TEXAS RIOGRANDE LEGAL AID ✓

trla.org

833-329-8752

Provides free legal counsel, representation, and educational services to people with low-income in 68 Texas counties. Monday-Friday: 9:00 a.m.-5:00 p.m.

DRIVER'S LICENSE RESTORATION CLINIC

1 Haven for Hope Way

Serves homeless and low-income veterans. Staff work to remove barriers to obtaining driver's licenses. At 1:30 p.m. every Friday; appointments encouraged.

LEGAL AID FOR VETERANS

Audie L. Murphy Hospital (Rec. Room)

7400 Merton Minter

Serves low-income veterans and direct dependents with legal issues related to housing, foreclosure, veterans benefits, SNAP/TANF, family law, Social Security benefits, Medicaid/Medicare/CHIP, consumer law, and other legal issues. First Wednesday of the month; 9:00 a.m.-12:00 p.m.

TRANSPORTATION

PRESA COMMUNITY CENTER

presa.org

210-532-5554

3721 S. Presa

Transportation services for those who are unable to drive or use public transportation. Eligible individuals (ages 60+) and individuals currently disabled. \$5 per trip/ \$10 round trip. Rides available Monday-Friday.

(Schedule at least two weeks in advance.)

VIA BUS

viainfo.net

210-362-2020

Reduced rates are available for qualifying students, seniors, children, disabled, veteran, U.S. military, or Medicare recipients.

BUS ROUTING & SCHEDULING

210-362-2020

Monday-Friday: 6:00 a.m.-10:00 p.m.

Saturday: 7:00 a.m.-7:00 p.m.

Sunday: 8:00 a.m.-5:00 p.m.

CENTRO PLAZA

210-299-5802

909 W. Houston St.

Monday-Friday: 8:00 a.m.-1:00 p.m., 2:30 p.m.-5:00 p.m.

ELLIS ALLEY INFORMATION CENTER

210-299-1213

212 Chestnut St.

Monday-Friday: 8:00 a.m.-1:00 p.m., 2:30 p.m.-5:00 p.m.

VIA METRO CENTER

210-362-2006

1021 San Pedro

Monday-Friday: 8:00 a.m.-5:00 p.m.

MISCELLANEOUS

CORAZON SAN ANTONIO ✓

corazon.sa.org

210.226.8341 x318

DAY CENTER & RESOURCE HUB

504 Avenue E

Monday-Friday: 11:00 a.m.-5:00 p.m. (Lunch served at noon.) Warm meal, Showers, ID Recovery, Street Outreach, Case Management

MEDICAL CENTER

230 E. Travis

This clinic is 100% free and offers some pharmaceutical needs.

Sunday: 8:00 a.m.-11:30 a.m.

Wednesday: 4:30 p.m.-6:30 p.m.

DEPAUL FAMILY CENTER ✓

adssa.org/social-services

210-334-2300

7607 Somerset Rd.

Help navigating public assistance programs (i.e. Medicare, Medicaid, SSI, Care Link, food stamps and child care). By appointment only.

ELLA AUSTIN COMMUNITY CENTER ✓

ellaaustin.org

210-224.2351

1023 N. Pine St.

Multi-social service agency offering affordable day care, parenting classes, youth and family services including after school and summer youth programs, assistance to individuals and families in crisis of food, clothing, and utilities assistance, senior nutrition, senior activities and volunteer income tax assistance programs.

FAMILY SERVICE ASSOCIATION ✓ \$ ①

family-service.org

210-299-2400

MARGRET'S PLACE

Emergency Pantry providing access to basic items, such as soap, deodorant, diapers, and school supplies.

PROJECT MEND

projectmend.org

210-223-6363

5015 Wurzbach Road

Transforming lives through medical equipment reuse such as walkers, shower chairs, and canes.

UNITED WAY ✓

uwsatx.org

211

Uniting people to address our community's most complex issues.

211 is a free, anonymous social service hotline that helps people find information about local resources in their community.



SPECIALIZED SERVICES

Sometimes programs are difficult to find for your specific need. This section provides programs and services that are geared toward groups that are underserved or may find resources harder to locate.

DEAF & HARD OF HEARING

DEAF COUNSELING CENTER

deafcounseling.com

240-380-2577 (Videophone)

Deaf-owned and operated therapy, counseling, coaching, assessments and psychiatric and consulting practice staffed by Deaf licensed professional therapists.

NATIONAL DEAF THERAPY \$

nationaldeaftherapy.com

Full-service mental health support for the deaf community offering American Sign Language (ASL) therapy sessions

DOMESTIC VIOLENCE

BEXAR COUNTY FAMILY JUSTICE CENTER ①

bcfjc.org

1-210-631-0100

126 E. Nueva, 2nd Floor

Coordinated services for victims of domestic and family violence including Criminal Justice Intervention, Civil Legal Services, Child Care, Counseling Services, and Life Skills

FAMILY VIOLENCE PREVENTION SERVICES

fvps.org

210-930-3669

7911 Broadway

Offers residential and non-residential clients shelter, transitional housing, counseling for adults, children, families, and legal services. These services help individuals and families recovery from the pain and longer-term effects of domestic violence.

MAGDALENA HOUSE

maghouse.org

210-561-0505

Transitional homes in San Antonio that serves mothers and their children who have fled dangerous and abusive lives. Utilizing a dual-generation approach, we provide safe shelter, basic needs, educational programming, and therapeutic services.

TEXAS ADVOCACY PROJECT ✓

texasadvocacyproject.org

800-374-4673

Free legal services and access to the justice system for domestic violence survivors. Provides advice over the phone, support with do-it-yourself legal filing processes, and complete client representation.

WOMENSLAW ✓

womenslaw.org

Legal resources for victims of abuse, and an Email Hotline providing information related to domestic violence, sexual assault, or stalking.

FIRST RESPONDERS

FIRST RESPONDER BEHAVIORAL HEALTH TRAINING ✓

uthealth.catalog.instructure.com/browse/heroes
713-500-3599

Free, research-based courses providing first responders across Texas with the tools and information necessary to recognize and address symptoms of substance use and mental health disorders in themselves or others. Courses are provided by UTHHealth Houston and are available to any career or volunteer first responder (law enforcement officer, firefighter, dispatcher, EMT, paramedic), active or retired, in Texas.

TEXAS LAW ENFORCEMENT PEER NETWORK ✓

untDallas.edu/cpi/tlepn

972-338-1314

Free program designed to give every Texas law enforcement officer access to a specially trained peer to address stressors, trauma, fatigue, and other needs to combat workforce burnout and end police suicide and self-harm.

HIV/AIDS CARE

ALAMO AREA RESOURCE CENTER

aarcsa.com

210-625-7200

303 N. Frio

Alamo Area Resource Center (AARC) provides short-term rental, mortgage and utility assistance (STRMU), tenant-based rental assistance (TBRA), and housing case management for people living with HIV.

SAN ANTONIO AIDS FOUNDATION

sanantonioaids.org

210-225-4715

818 E. Grayson

CARSON HOUSE

Transitional housing for homeless men, women, and transgender individuals living with HIV/AIDS. Residents pay 30% of their adjusted gross monthly income in rent on the 5th of every month.

INTELLECTUAL & DEVELOPMENTAL DISABILITIES

ALAMO AREA COUNCIL OF GOVERNMENTS ✓ \$

Operates as the local intellectual and developmental disability authority for Bexar County

aacog.com/IDDServices

210-832-5020

2700 NE Loop 410, Suite 101

Operates as the local intellectual and developmental disability authority for Bexar County providing service coordination for individuals with intellectual & developmental disability (IDD).

DEVELOPMENTAL DISABILITIES

Texas Council for Developmental Disabilities reported an estimated

600,000 Texans
have developmental disabilities.



THE ARC OF SAN ANTONIO

1,800

Individuals

Receive direct care, case management, and resources in Bexar and surrounding counties annually

THE ARC OF SAN ANTONIO

arc-sa.org

210-490-4300

The Arc of San Antonio serves as a social service home in Bexar and surrounding counties to children and adults with intellectual and developmental disabilities (IDD) and assists their families during all phases of life.

CALIDAD ①

227 W. Drexel

DAY HABILITATION

210-261-3706

Activities to help intellectually disabled individuals become more independent in daily and personal skills. Provides assistance with acquiring, retaining, or improving self-help, socialization, and adaptive skills necessary to live successfully in the community and to participate in home and community life.

EMPLOYMENT CONNECTIONS

210-261-3419

The employment team provides assistance in attaining and sustaining competitive, integrated employment in the community to include résumé building, interviewing skills, job placement and job coaching to all Bexar County residents with disabilities.

CENTER FOR HEALTHCARE SERVICES ✓ \$ ①

chcsbc.org

210-261-2427

People living with IDD deserve to live life to its fullest, and may require long-term services and supports indefinitely. By promoting dignity and choice for adults with IDD, the CHCS Long-Term Care Services help improve the quality of life for consumers and their loved ones through programs designed for inclusivity, accessibility, and independence.

EISENHAUER GROUP HOME \$

210-261-3419

2927 Eisenhower Road

10-bed group home for individuals with an intellectual or developmental disability. Facility provides 24-hour residential services for individuals who do not live independently or with their natural family. Includes meals, medication management, transportation, living skills, leisure/recreational activities and support.

HOME & COMMUNITY-BASED SERVICES \$

210-261-3419

Medicaid Waiver Program that provides services to people of all ages with an intellectual or developmental disability, related condition, or both, who live with their families or in their own home. To maintain optimal quality of life, we provide services to help with needs related to daily living, independent living and leisure/recreational activities.

MULTI-ASSISTANCE CENTER (MAC)

morganswonderlandmac.com

210-817-3935

5210 Thousand Oaks Dr.

Community Center for Individuals with Disabilities and Special Needs that provides comprehensive and coordinated services.

PREGNANCY

CASA MIA

casamiasanantonio.com

210-549-4730

Recovery home helping pregnant and parenting women who are recovering from opioid use disorders prioritizing keeping families together.

CATHOLIC CHARITIES

ccaosa.org

GUADALUPE HOME

210-476-0707

Transitional shelter for pregnant and parenting mothers and their babies who find themselves homeless and are interested in making a change for a hopeful future through full-time education enrollment or employment. Case management, parenting education, life skills training, and counseling are provided.

DEPAUL FAMILY CENTER ✓

adssa.org/social-services

210-334-2300

7607 Somerset Rd.

REALIZING & ACHIEVING YOUR SUCCESS (RAYS)

Program for individuals that are pregnant or have a child (age 36 months or younger). Program provides material assistance, counseling, classes and guidance.

GEORGE GERVIN YOUTH CENTER: BASIC CENTER

210-568-8800

6944 South Sunbelt Drive

Pregnant, homeless, and/or runaway individuals (ages 13-17) looking to continue their education in a safe and supportive environment. The Basic Program provides therapeutic and supportive services and acts as a short- and long-term residential care facility to those whose needs are not adequately met in their current family structure or other shelters.

SETON HOME ✓

setonhomesa.org

210-533-3504

1115 Mission Rd.

Long-term residential program as well as an emergency shelter for pregnant and parenting teen mothers and their children in order to break the cycle of abuse and poverty by providing a caring home, education, and support services.

VETERANS

ALAMO COMMUNITY GROUP

alamocommunitygroup.org

210-731-8030

4606 Centerview Drive, Suite 170

HOUSE OUR HEROES PROGRAM

210-699-9074

Quality affordable housing and extensive supportive services to include outreach and case management to homeless and at-risk veteran families.

BEXAR COUNTY MILITARY AND VETERANS SERVICES CENTER

bexar.org/509/Military-and-Veterans-Services-Center

210-335-6775

1422 E. Grayson St., 4th Floor

The Bexar County Military and Veterans Services Center is your advocate, and we can assist and support you with your Veteran Affairs benefit claim filing and provide you vetted resources and assistance with eligible VA benefits.

THE ECUMENICAL CENTER ✓ \$ ①

ecrh.org

210-616-0885

8310 Ewing Halsell Drive (Headquarters)

MILITARY AND VETERAN SUPPORT GROUPS

510 Belknap Place

Endeavors supports the lives and well-being of Veterans, active duty service members, and military families, regardless of role while in uniform, discharge status, or combat experience by providing tools and services such as free and low-cost counseling, mental health support, life skills courses, fitness classes, case management, and more. Current groups: Survivors of Loved Ones' Suicides (SOLOS) and Life After Loss: Grief/Bereavement Support Group. Call for scheduling and enrollment.

HAVEN FOR HOPE ✓ \$ ①

havenforhope.org

210-220-2100

1 Haven For Hope Way

Haven for Hope's Veteran's Service team works with veterans experiencing homelessness beyond their immediate shelter needs. We help them establish Social Security disability and Veterans Affairs benefits and apply for other federal and state resources that can greatly improve their quality of life. Intake hours are Monday-Friday: 7:00 a.m.-3:00 p.m.

LAUREL RIDGE TREATMENT CENTER ①

laurelridgetc.com

210-491-9400

17720 Corporate Woods Drive

Our mental health treatment center is proud to support the military and their families. If you are a military member, we offer specific programs for you, including military trauma programs, military substance abuse programs and more.

NATIONAL VETERANS OUTREACH PROGRAM

agif-nvop.org

210-223-4088

VETERANS SERVICE CENTER SAN ANTONIO

210-354-4892

611 N. Flores, Suite 200

Employment Assistance for Veterans and Homeless Civilians, Housing Intake

RESIDENTIAL CENTER FOR HOMELESS VETERANS

210-354-4892 (Request Intake)

519 N. Medina

80-bed facility dedicated to the needs of America's warriors who have been living on the streets. Services include case management, employment assistance, housing assistance, counseling groups, substance use treatment, on-site gym, three meals daily, on-site computer labs, and shuttle services to appointments and job interviews (available by appointment).

VETERAN HOUSING AND COUNSELING

210-233-8505

206 San Pedro, Suite 200

Services that assist very low-income veteran families in obtaining permanent housing. No-cost mental health services provided to Veterans and their local family members.

SOUTH TEXAS VETERANS HEALTH CARE SYSTEM ①

va.gov/south-texas-health-care

210-617-5300

If you're struggling with issues like PTSD, depression, grief, anger or trauma, we offer counseling and other support. All VA health care facilities offer same-day help. You may qualify even without enrolling in VA health care. Service options include Inpatient Hospitalization, Individual Therapy, Group Therapy, Case Management, Medication Management, Intensive Outpatient Program, Crisis

S. TEXAS VETERANS HEALTH CARE

MORE
THAN

1.8 million

outpatient visits
completed in 2019

TEXAS RIOGRANDE LEGAL AID ✓

trla.org

833-329-8752

DRIVER'S LICENSE RESTORATION CLINIC

1 Haven for Hope Way

Assists low-income veterans with removing barriers to obtaining driver's licenses. At 1:30 p.m. every Friday; appointments encouraged.

LEGAL AID FOR VETERANS

Audie L. Murphy Hospital Rec. Rm

7400 Merton Minter

Serves low-income veterans and direct dependents with legal issues related to housing, foreclosure, veterans benefits, SNAP/TANF, family law, Social Security benefits, Medicaid/Medicare/CHIP, consumer law, and other legal issues. First Wednesday of the month; 9:00 a.m.-12:00 p.m.

VIA BUS

viainfo.net

210-362-2020

Reduced rates are available for qualifying veteran and U.S. military.



**EACH ONE OF US CAN
MAKE A DIFFERENCE.
TOGETHER WE CAN
MAKE A CHANGE.**

Barbara Mikulski

ADDITIONAL RESOURCE GUIDES

SACRD Directory of Resources

sacrd.org/directory

San Antonio Community Resource Directory (SACRD) is a directory of resources offered by congregations, nonprofit organizations, government agencies, and compassionate groups in and around San Antonio.

SAMHSA Treatment Services Locator

findtreatment.samhsa.gov

The Behavioral Health Treatment Services Locator, a confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance abuse/addiction and/or mental health problems.

Bexar County Reentry Center

bexar.org/reentry

The mission of the Bexar County Reentry Program is to provide support for individuals re-entering Bexar County after incarceration.

BEXAR COUNTY
DEPARTMENT OF BEHAVIORAL HEALTH

www.bexar.org/DBH

Visit the Department of Behavioral Health website or scan the QR code

- Subscribe for Local Behavioral Health Updates
- Submit Questions and Comments
- Submit Your Agency for the Directory

