








POSITIVE BEHAVIOR GUIDANCE: PREVENTION

Instructions

Goal: Kids feel: "I know what I am supposed to be doing."

TACTICS:

-  Give clear, easy-to-follow instructions
-  Make sure instructions are short and to the point
-  Give only 1-2 instructions at a time
-  Ask players to repeat back instructions as a whole group where appropriate (e.g., "Which group, group one or group two, is going to sprint to the cone first?")
-  Ask players if they have any questions
-  Use visual demonstrations
-  Establish clear and collaborative codes so players know "this is how we do things here"