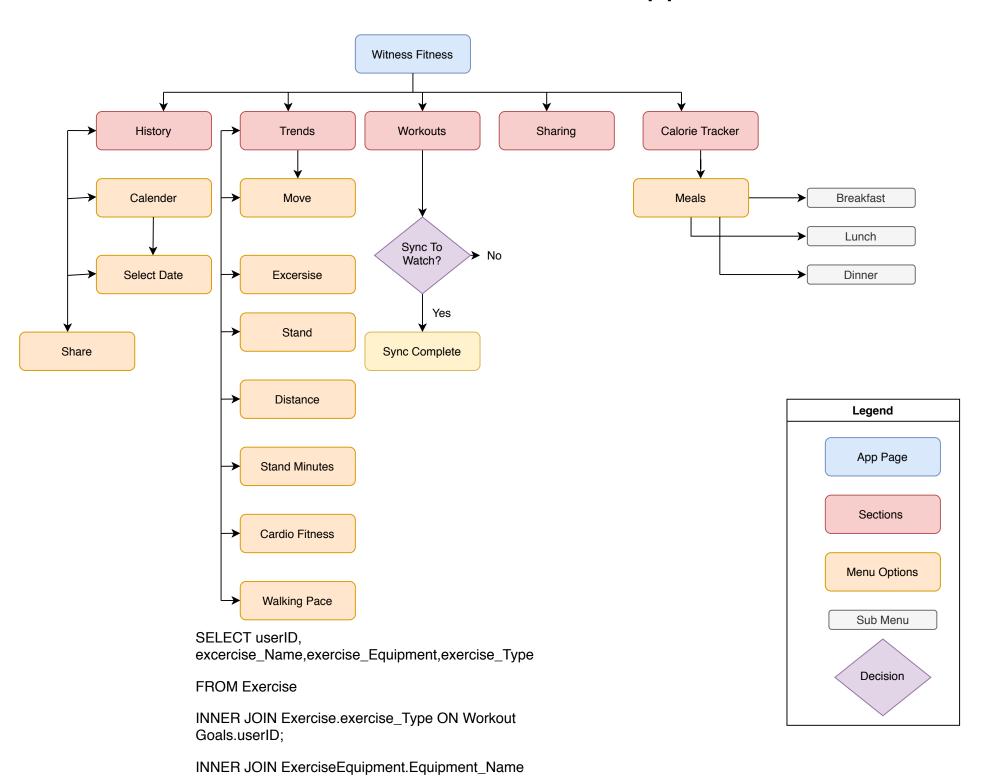
Witness Fitness App



Exercises.userID Workout Goals **Exercises** Exercise PΚ <u>userID</u> PK userID PΚ exercise Type Workout_Streak exercise_Name Workout_Type exercise_TypeID Miles exercise_Equip_ID **Exercise Equipment** Date **Equipment Name** WorkOuts <u>userID</u> Log Workouts Type of Workout workout_Name PK userID PΚ **Workout Type** workout_Type_ID Workout_ID Date SELECT userID, Workout_Type_ID,

INNER JOIN TypeofWorkout.Workout_Type On

SELECT userID, exercise_Name,exercise_Type, userID,workout_streak,miles

FROM Exercises, Workout Goals

SELECT userID, Workout_Type_ID,Date
FROM Workout Goals

Workout_Name

FROM Workouts

INNER JOIN WorkoutGoals.userID ON Workouts

ON Exercises.userID