

Course Project - Application Scenarios

Ling Feng Tsinghua University

Dept. of Computer Science and Technology

Computational Mental Healthcare Research



日益突出的青少年心理问题

学业压力



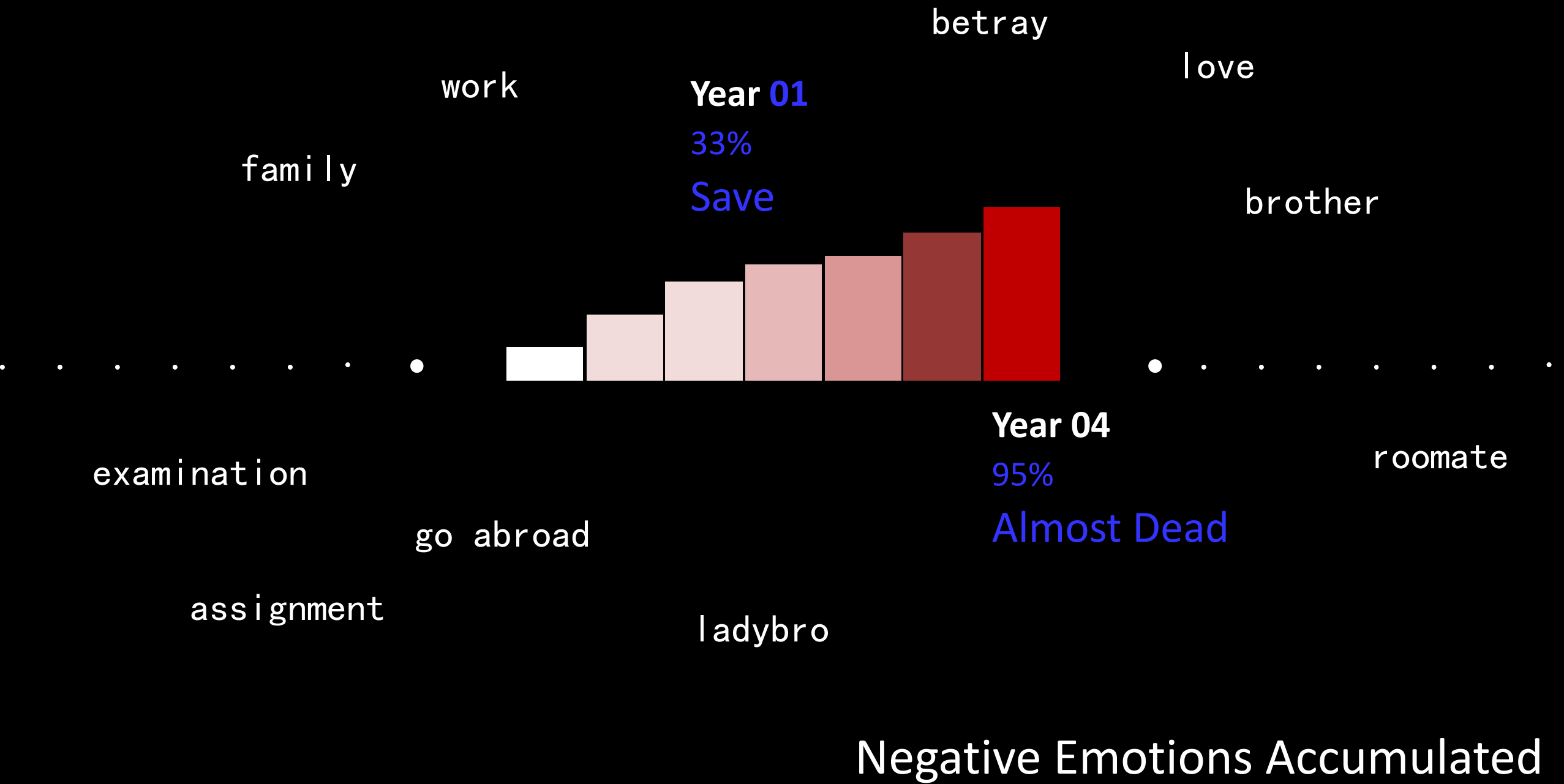
感情压力



生活压力

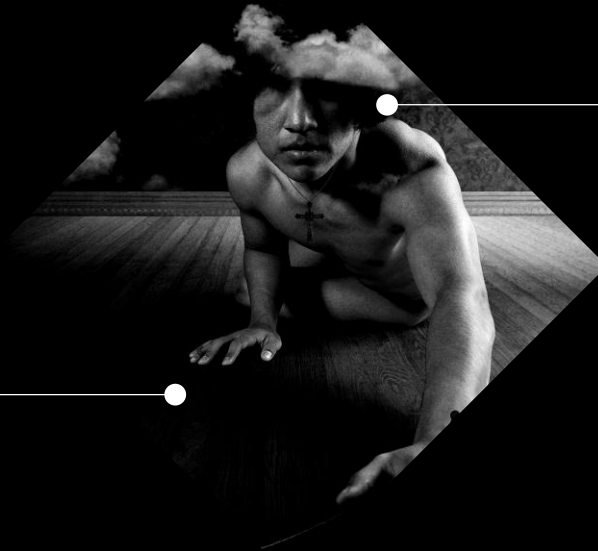


处于青春期的青少年心理压力日益增长
Teens' adolescent psychological pressures are increasing



**Too much stress will cause psychological
health problems**

20%
global teens is suffering
psychological diseases.
Top killer in China and
Korea.



Majority
could be communicated
and saved.

E-Bibliotherapy

· · · · ·
认同 净化 感悟



READING THERAPY

edited by
Jean M. Clarke
and
Eileen Bostle

LA



BIBLIO- THERAPY

The Interactive Process:
A Handbook

Arleen McCarty Hynes
and Mary Hynes-Berry

Westview Press

Using Bibliotherapy

A Guide to
Theory
and Practice

A LITERARY CLINIC

BY SAMUEL McCHORD CROTHERS

THE other day, on going by my friend Bagster's church, I saw a new sign over the vestry:—

'Bibliopathic Institute. Book Treatment by Competent Specialists. Dr. Bagster meets patients by appointment. Free Clinic 2-4 P.M. Out-patients looked after in their homes by members of the Social Service Department. Young People's Lend-a-Thought Club every Sunday evening at 7.30. Tired Business Men in classes. Tired Business Men's tired wives given individual treatment. Tired mothers who are reading for health may leave their children in the Day Nursery.'

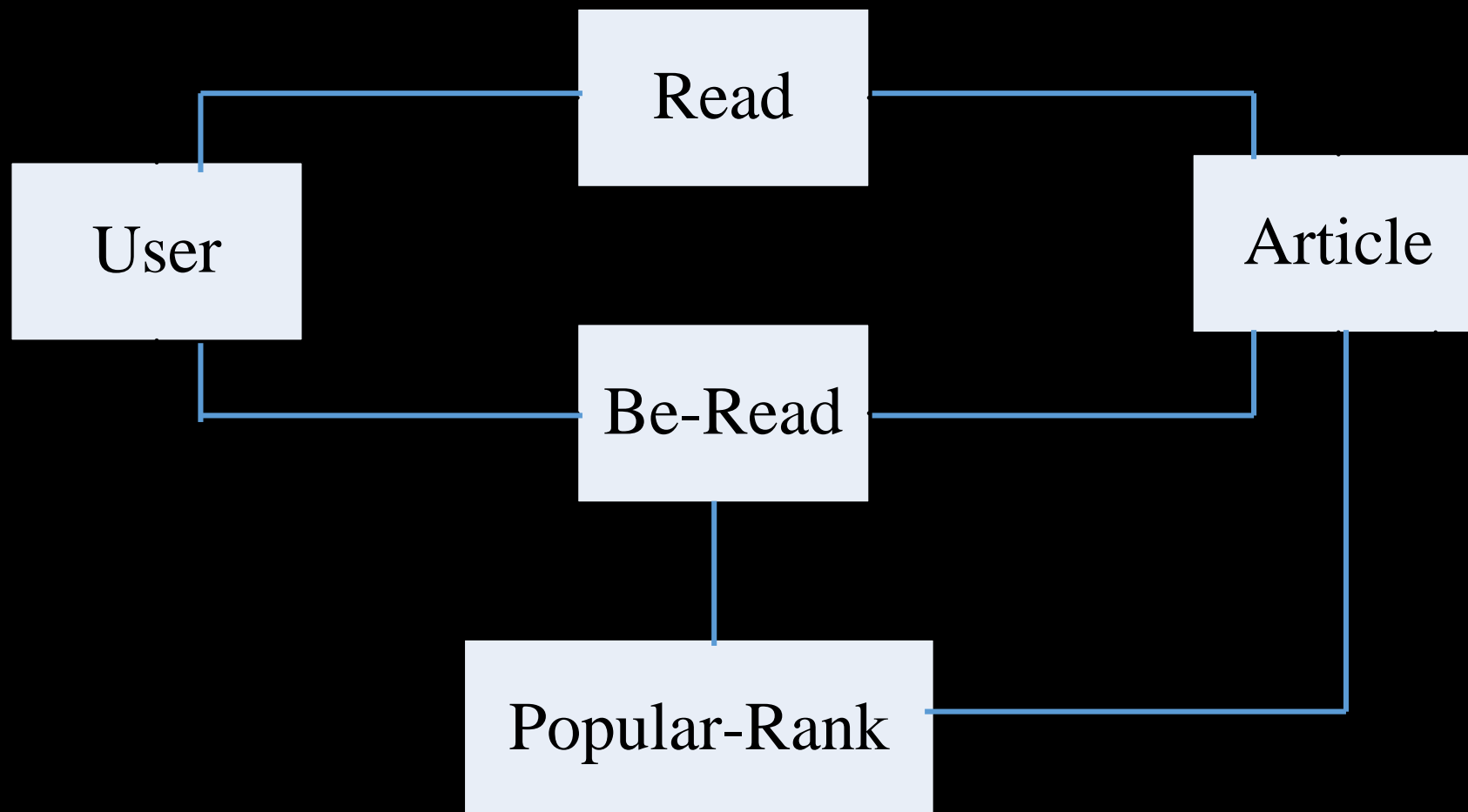
It had been several years since I had seen Bagster. At that time he had been recuperating after excessive and too widely diffused efforts for the public good. Indeed, the variety of his efforts for the public good had been too much for him. Nothing human was foreign

to Bagster. All sorts of ideas flocked from the ends of the earth and claimed citizenship in his mind. No matter how foreign the idea might be, it was never interned as an alien enemy. The result was, he had suffered from the excessive immigration of ideas that were not easily assimilated by the native stock. I have sometimes thought that it might have been better if he had not allowed these aliens a controlling influence till they had taken out their first naturalization papers. But that was not Bagster's way.

Dropping into what once was known as the vestry of the church, but which is now the office of the Institute, I found a row of patients sitting with an air of expectant resignation. A business-like young woman attempted to put my name on an appointment card. I mumbled an excuse to the effect that I was a friend of the doctor and wished to



TeenRead A reading sharing and recommendation platform



专题推荐

根据用户所需及兴趣
每周推荐一个阅读专题

学长说app



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文章列表与内容

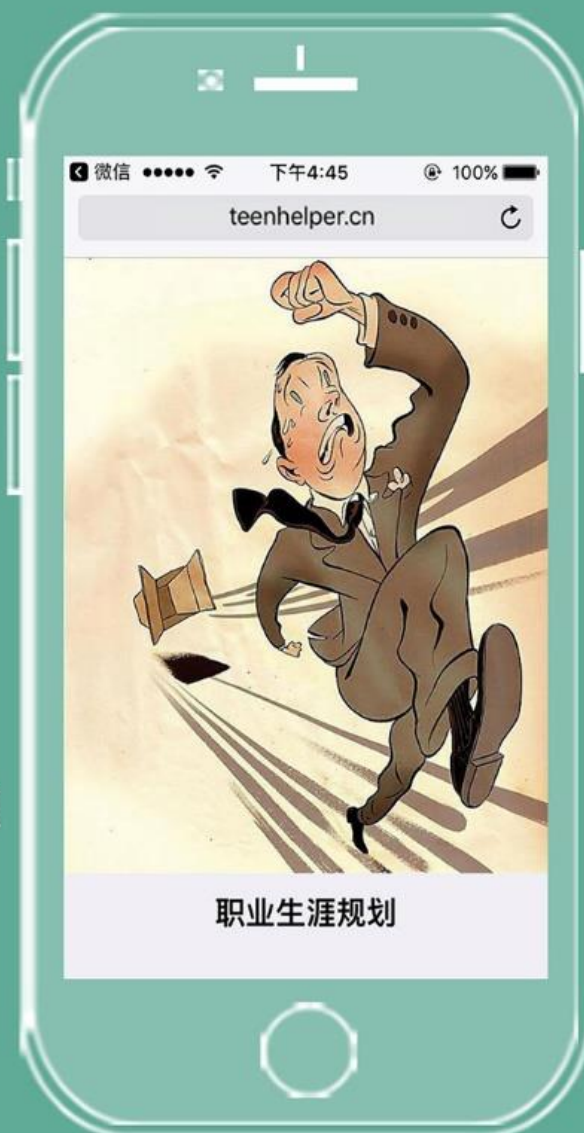
学长说app



专题推荐

根据用户所需及兴趣
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职业生涯规划



愉快地面对一切
作者 佚名 4

求职从大一开始
作者 佚名 4

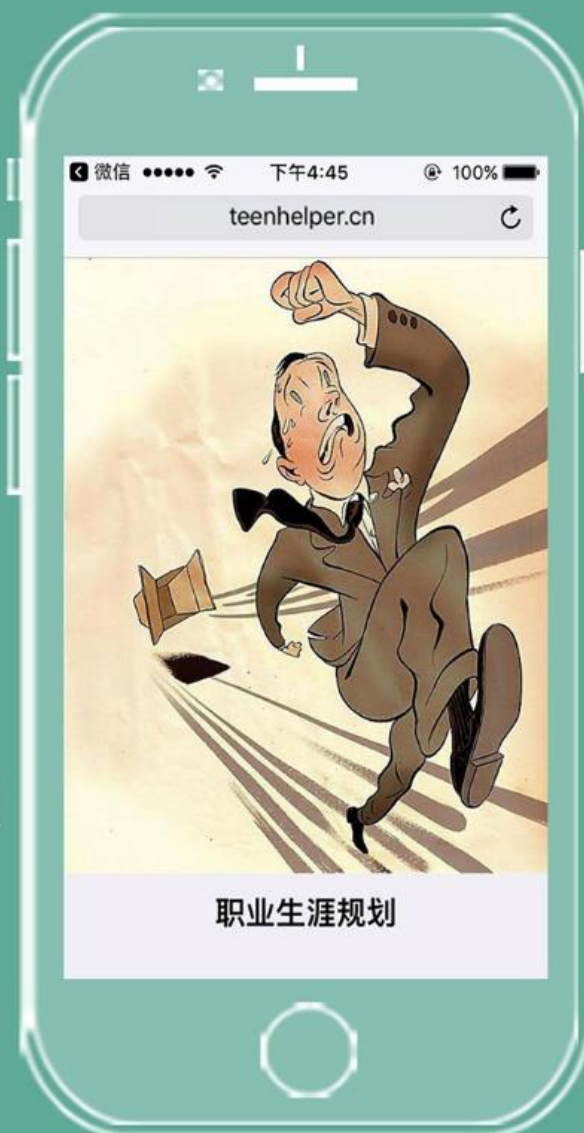
先行者的十条涉世...

做自己最擅长的事

专题推荐

根据用户所需及兴趣
每周推荐一个阅读专题

学长说app



职业生涯规划

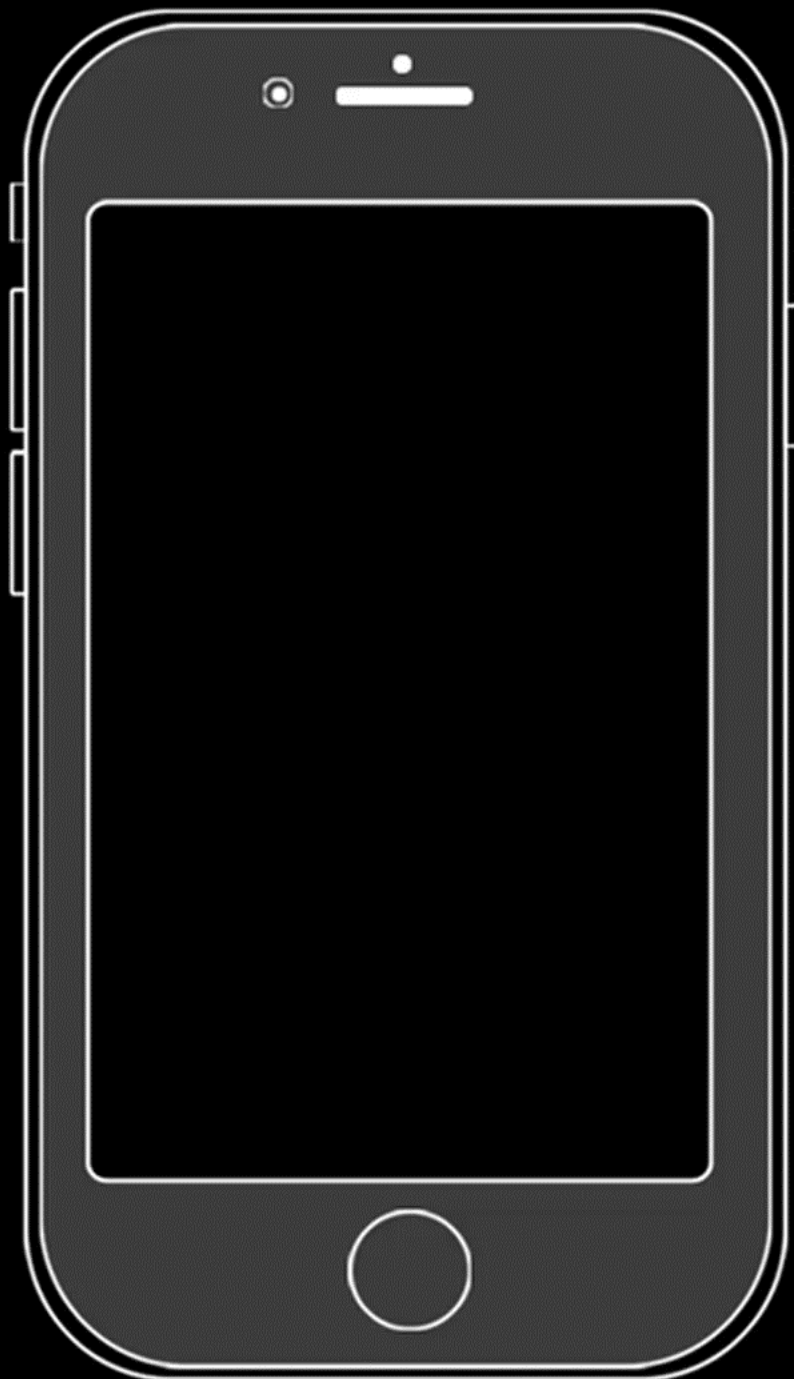


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Wish Wall: Help Each Other at Campus

“清华帮”

一个互帮互助的平台



伯牙子期 知音难觅

用户登录

通过清华大学邮箱登陆
与个人信息维护

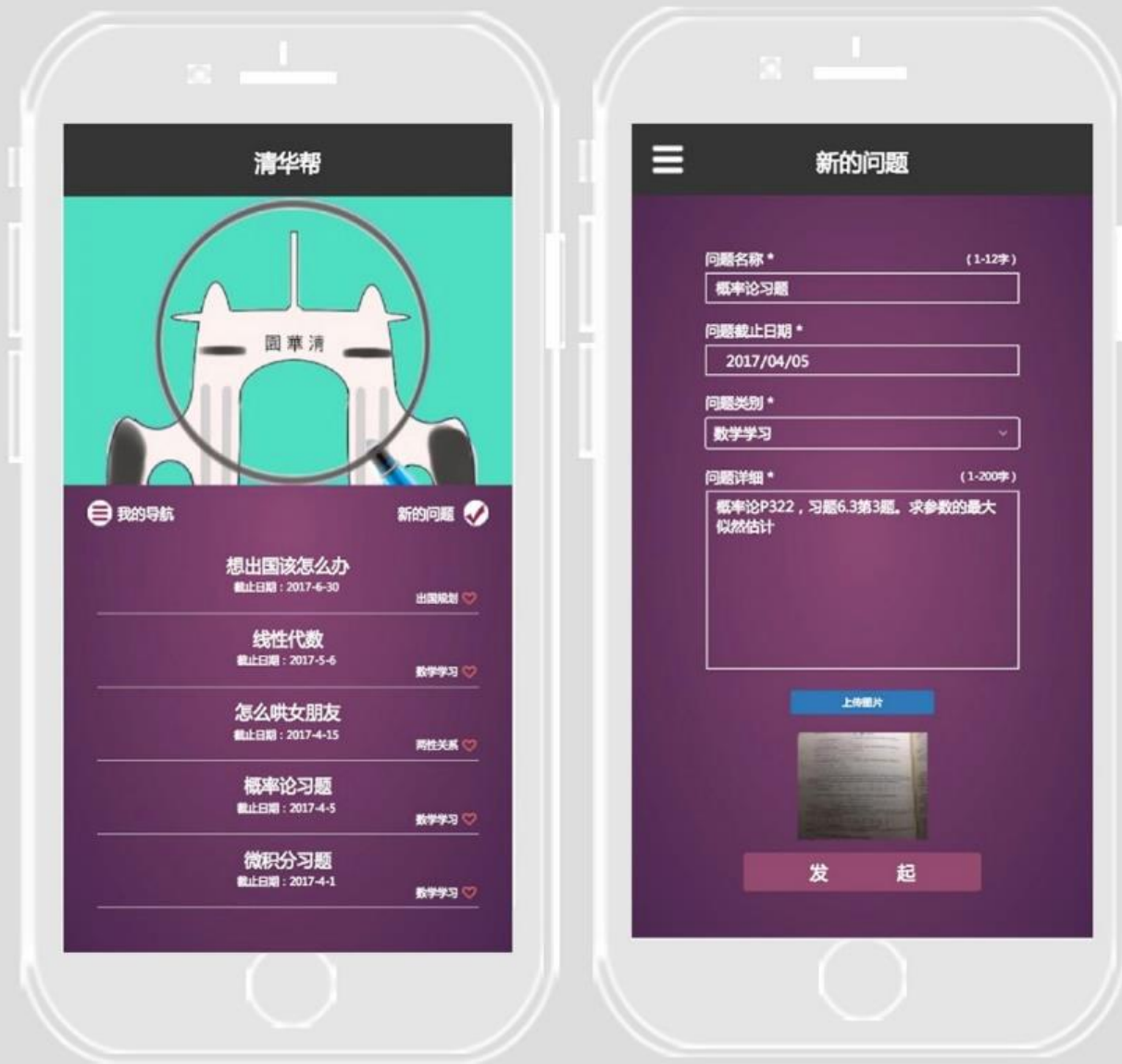
清华帮app



主页

列出自己提出的问题

清华帮app



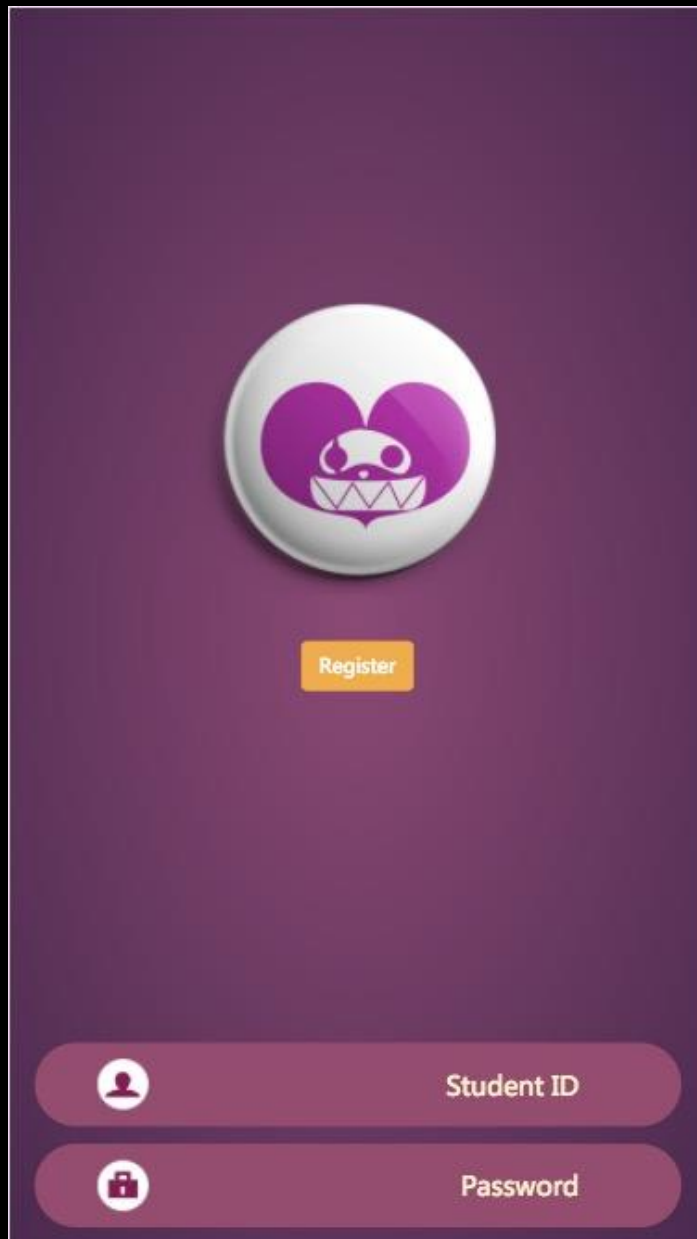
接受问题

获得求助者的联系方式

线下沟通帮助

清华帮app



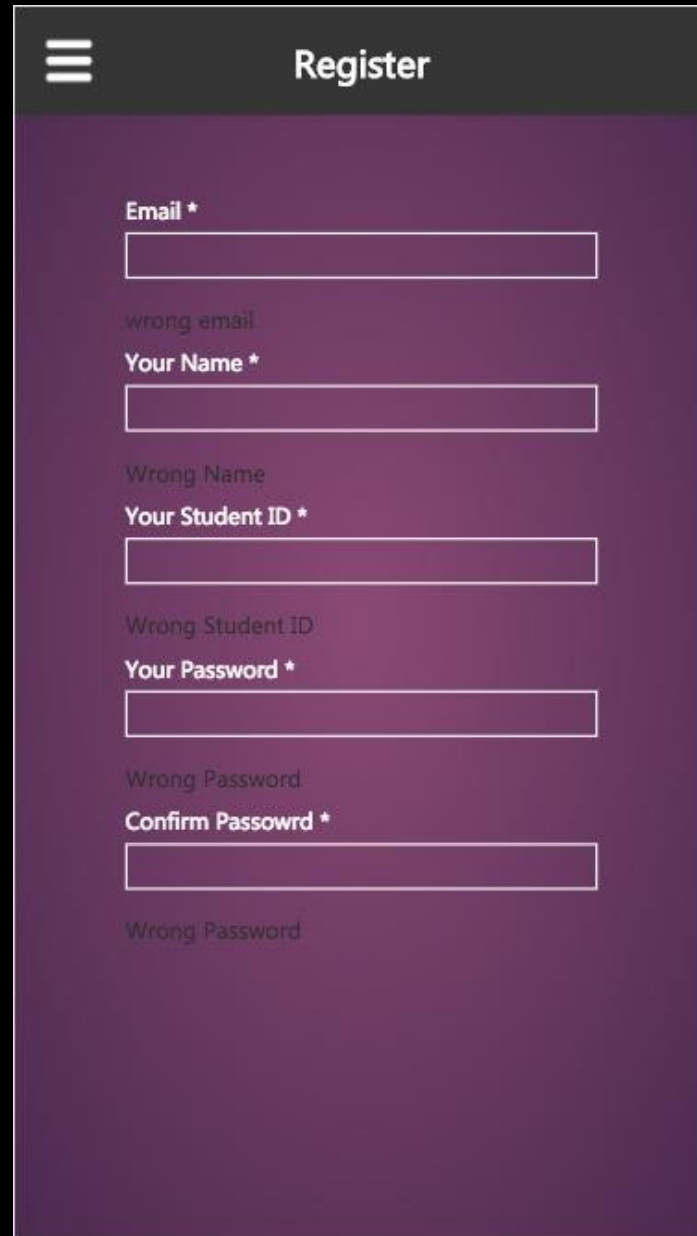


Register

Student ID

Password

(a) Login



Register

Email *

wrong email

Your Name *

Wrong Name

Your Student ID *

Wrong Student ID

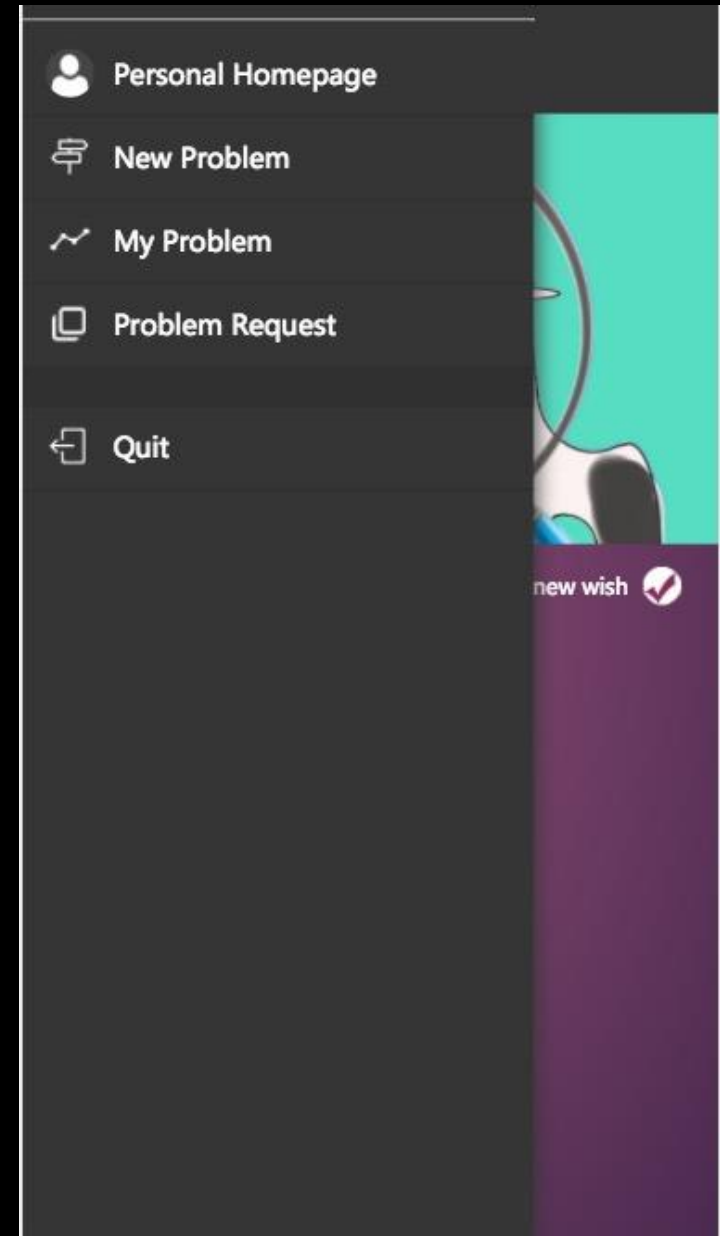
Your Password *

Wrong Password

Confirm Passowrd *

Wrong Password

(b) Profile



Personal Homepage

New Problem

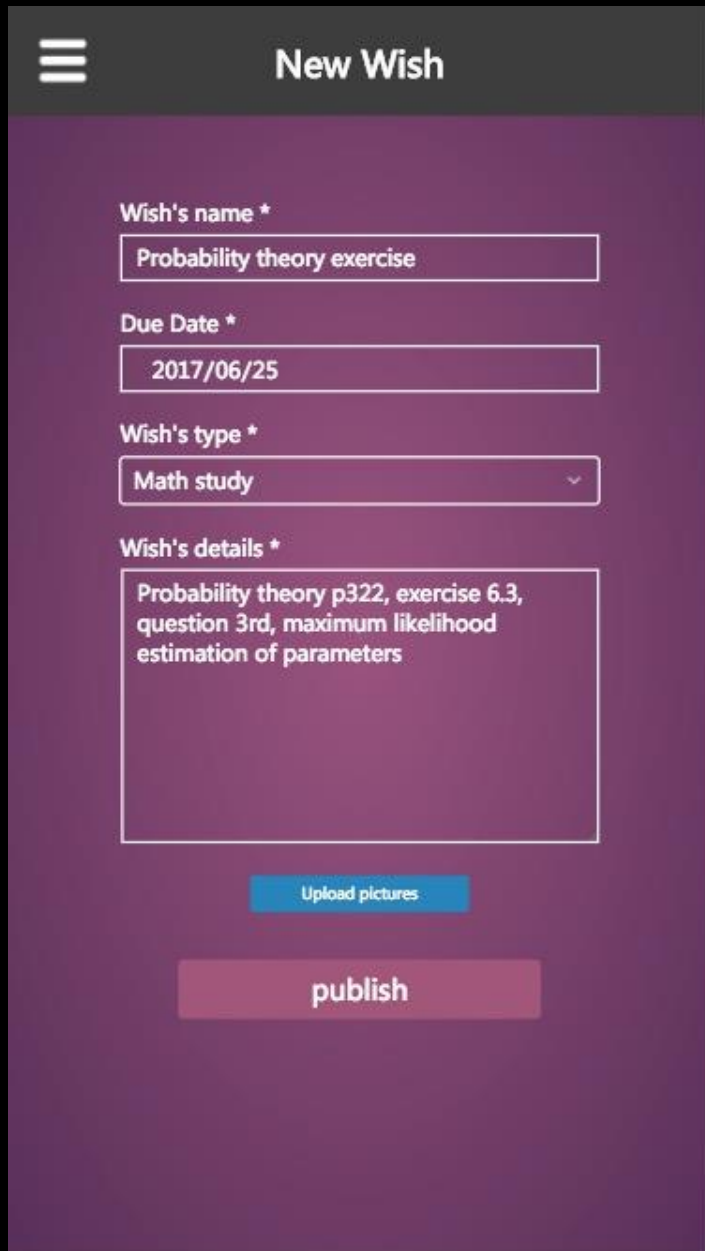
My Problem

Problem Request

Quit

new wish

(c) Entrance



New Wish

Wish's name *

Probability theory exercise

Due Date *

2017/06/25

Wish's type *

Math study

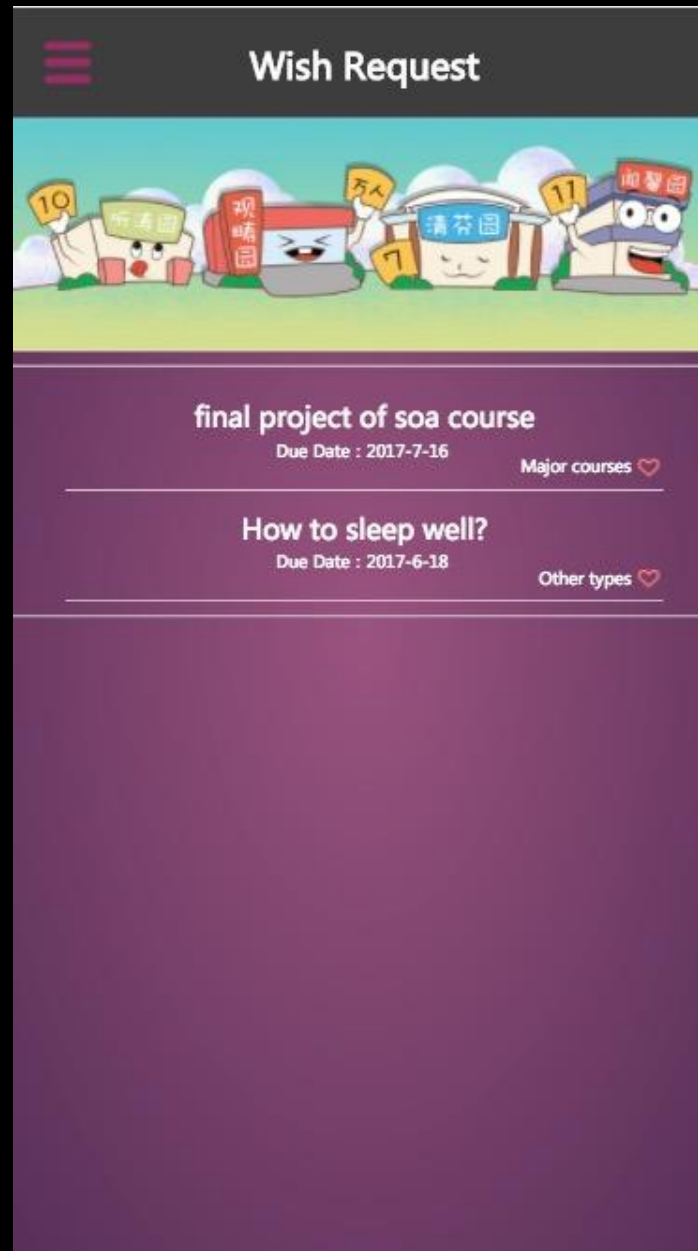
Wish's details *

Probability theory p322, exercise 6.3, question 3rd, maximum likelihood estimation of parameters

Upload pictures

publish

(d) A new wish raised



Wish Request

final project of soa course
Due Date : 2017-7-16 Major courses

How to sleep well?
Due Date : 2017-6-18 Other types

(e) A list of wishes raised



Wish's Details

XXX
computer science xxx male

Wish's content

final project of soa course

Due Date : 2017-7-16

Wish's type : Major courses

Wish's status : This wish has not been accepted by

Wish's description

Can someone share their experience of the final project of soa course with me?

(c) Viewing a raised wish

清华帮



我的导航

新的问题

求麦肯锡的内推职位

截止日期: 2017-7-5

实习咨询

怎样进入咨询行业

截止日期: 2017-7-1

工作规划

大S cs硕士要求

截止日期: 2017-6-30

出国规划

求保研老师推荐

截止日期: 2017-6-3

保研规划

“哈跑(Happort, Happy Sport)”

依托运动手环，却不限于手环，让用户全方面记录自己的身心健康状况，并可获得“心愿墙”“心悦读”“心课程”等帮助。

但是，哈跑不具备专业心理检测、咨询与干预功能。



二狗子



个人信息



个人计划



通知提醒



社区



意见和建议



绑定手环/解除绑定



退出登录

已绑定



首页

手环已绑定



睡眠质量
0.3

心情指数
0.5



心悦读



心愿墙



心课程

查看排名

查看目标



首页



运动



睡眠



心情

心情

历史

0.3



0.1~0.2

伤心



0.3~0.4

低落



0.5~0.6

平常



0.7~0.8

高兴



0.9~1.0

愉悦

一句话来描述你的心情吧

说点啥吧

点此添加图片来表达你的心情哦



首页



运动



睡眠



心情

0.1~0.2

伤心

0.3~0.4

低落

0.5~0.6

平常

0.7~0.8

高兴

0.9~1.0

愉悦

修改心情分数

☐ 伤心 (0.1~0.2)

☐ 低落 (0.3~0.4)

☐ 平常 (0.5~0.6)

☐ 高兴 (0.7~0.8)

☒ 愉悦 (0.9~1.0)

CANCEL

OK

开始心情评估



首页



运动



睡眠



心情



十一滨江8班

群介绍:

现有群成员:

0:15272765797

1:fengling

2:万良驹

3:方姝雯

4:王鑫

5:汪亦婷

6:刘嘉成

7:杨晓丹

8:刘康

9:周诚远

10:陈婵娟

11:詹志航

12:蔡越

13:夏凯杰

14:汪振涵

15:管理员-张慧君

16:程翌琦

17:李薇薇

18:程爽

步数

睡眠

天梯排行

- | | | | | |
|---|--|--------|----------------|-----|
| 1 | | 贵族学霸1级 | fengling | 304 |
| 2 | | 贵族学霸1级 | 管理员-曹樵 | 302 |
| 3 | | 贵族学霸1级 | xinyx@163.c... | 302 |
| 4 | | 贵族学霸1级 | 管理员-张慧君 | 302 |
| 5 | | 青铜学者1级 | 刘康 | 2 |
| 6 | | 青铜学者1级 | 杨晓丹 | 2 |
| 7 | | 青铜学者1级 | icebear_yun | 2 |
| 8 | | 青铜学者1级 | 二狗子 | 2 |



首页



运动

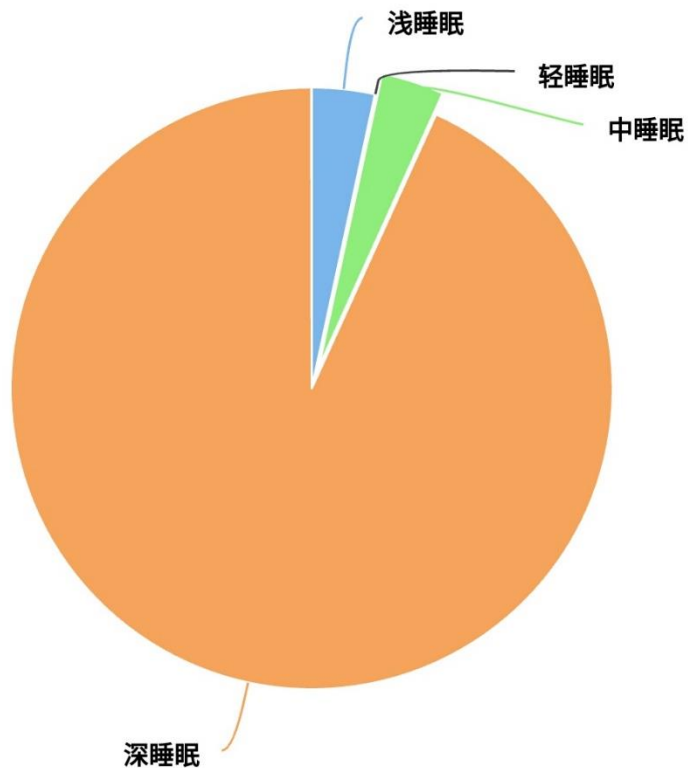


睡眠



心情

近日睡眠质量比例



Highcharts.com

时段睡眠质量分析 (每15分钟)

未佩戴手环或者未进入睡眠都会记录为空白

深睡 (2000)



首页



运动



睡眠

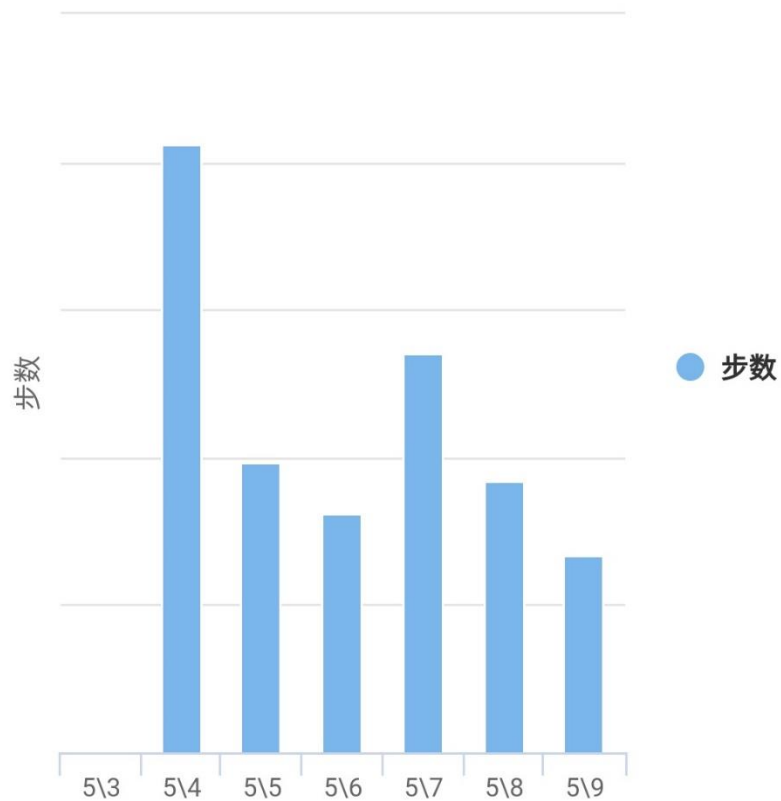


心情

最近7天

最近30天

最近七天运动数据



Highcharts.com

7天平均

7天和

30天平均

30天和



首页



运动



睡眠



心情