

200 XP 

# Knowledge check

5 minutes

## Check your knowledge

1. Which of the following will most help improve Microsoft 365 (and Teams) performance?

- ☐ Use an Azure Front Door.
- ☐ Use centralized network egress.
- ☐ Connect to the Microsoft network as quickly as possible.

2. Where will a Microsoft Teams meeting be hosted?

- ☐ In the region of the first person to join the meeting.
- ☐ In the region of the person who scheduled the meeting.
- ☐ In the region where the tenant is located.

3. Which protocol is optimal when using Teams media?

- ☐ TCP
- ☐ UDP
- ☐ HTTP

[Check your answers](#)

