

Perceived Competence Scale for Children

SCORING KEY: 4 = highest competence, 1 = lowest competence

Scores (4, 3, 2, or 1) are in the box for each individual item.
Subscale designations are indicated under each item number.
C = Cognitive, S = Social, P = Physical, G = General

1. (C)	<input type="text" value="4"/>	<input type="text" value="3"/>	Some kids feel that they are very good at their school work	BUT	Other kids worry about whether they can do the school work assigned to them.	<input type="text" value="2"/>	<input type="text" value="1"/>
2. (S)	<input type="text" value="1"/>	<input type="text" value="2"/>	Some kids find it hard to make friends	BUT	For other kids it's pretty easy.	<input type="text" value="3"/>	<input type="text" value="4"/>
3. (P)	<input type="text" value="4"/>	<input type="text" value="3"/>	Some kids do very well at all kinds of sports	BUT	Others don't feel that they are very good when it comes to sports.	<input type="text" value="2"/>	<input type="text" value="1"/>
4. (G)	<input type="text" value="1"/>	<input type="text" value="2"/>	Some kids feel that there are a lot of things about themselves that they would change if they could	BUT	Other kids would like to stay pretty much the same.	<input type="text" value="3"/>	<input type="text" value="4"/>
5. (C)	<input type="text" value="4"/>	<input type="text" value="3"/>	Some kids feel like they are just as smart as other kids their age	BUT	Other kids aren't so sure and wonder if they are as smart.	<input type="text" value="2"/>	<input type="text" value="1"/>
6. (S)	<input type="text" value="4"/>	<input type="text" value="3"/>	Some kids have a lot of friends	BUT	Other kids don't have very many friends.	<input type="text" value="2"/>	<input type="text" value="1"/>

	REALLY TRUE	SORT OF TRUE				SORT OF TRUE	REALLY TRUE
7. (P)	1	2	Some kids wish they could be alot better at sports	BUT	Other kids feel they are good enough.	3	4
8. (G)	4	3	Some kids are pretty sure of themselves	BUT	Other kids are not very sure of themselves.	2	1
9. (C)	1	2	Some kids are pretty slow in finishing their school work	BUT	Other kids can do their school work quickly.	3	4
10. (S)	1	2	Some kids don't think they are a very important member of their class	BUT	Other kids think they are pretty important to their classmates.	3	4
11. (P)	4	3	Some kids think they could do well at just about any new outdoor activity they haven't tried before	BUT	Other kids are afraid they might not do well at outdoor things they haven't ever tried.	2	1
12. (G)	4	3	Some kids feel good about the way they act	BUT	Other kids wish they acted differently.	2	1
13. (C)	1	2	Some kids often forget what they learn	BUT	Other kids can remember things easily.	3	4
14. (S)	4	3	Some kids are always doing things with alot of kids	BUT	Other kids usually do things by themselves.	2	1
15. (P)	4	3	Some kids feel that they are better than others their age at sports	BUT	Other kids don't feel they can play as well.	2	1
16. (G)	1	2	Some kids think that maybe they are not a very good person	BUT	Other kids are pretty sure that they are a good person.	3	4

REALLY TRUE SORT OF TRUE

17. (C) 4 3

Some kids like school because they do well in class

BUT

Other kids don't like school because they aren't doing very well.

SORT OF TRUE REALLY TRUE

2 1

18. (S) 1 2

Some kids wish that more kids liked them

BUT

Others feel that most kids do like them.

3 4

19. (P) 1 2

In games and sports some kids usually watch instead of play

BUT

Other kids usually play rather than just watch.

3 4

20. (G) 4 3

Some kids are very happy being the way they are

BUT

Other kids wish they were different.

2 1

21. (C) 1 2

Some kids wish it was easier to understand what they read

BUT

Other kids don't have any trouble understanding what they read.

3 4

22. (S) 4 3

Some kids are popular with others their age

BUT

Other kids are not very popular.

2 1

23. (P) 1 2

Some kids don't do well at new outdoor games

BUT

Other kids are good at new games right away.

3 4

24. (G) 1 2

Some kids aren't very happy with the way they do alot of things

BUT

Other kids think the way they do things is fine.

3 4

25. (C) 1 2

Some kids have trouble figuring out the answers in school

BUT

Other kids almost always can figure out the answers.

3 4

26. (S) 4 3

Some kids are really easy to like

BUT

Other kids are kind of hard to like.

2 1

	REALLY TRUE	SORT OF TRUE				SORT OF TRUE	REA TR
27. (P)	<input type="text" value="1"/>	<input type="text" value="2"/>	Some kids are among the last to be chosen for games	BUT	Other kids are usually picked first.	<input type="text" value="-3"/>	<input type="text" value="4"/>
28. (G)	<input type="text" value="4"/>	<input type="text" value="3"/>	Some kids are usually sure that what they are doing is the right thing	BUT	Other kids aren't so sure whether or not they are doing the right thing.	<input type="text" value="2"/>	<input type="text" value="1"/>