

Manual

INVENTORY OF HOME STIMULATION

FOR AGES OVER 6

I. ORGANIZATION OF A STABLE AND PREDICTABLE ENVIRONMENT:

	YES	NO
1. When mother is away, care is provided by one of three regular substitutes.		
2. Family has not moved twice within the past twelve months.		
3. Child has remained with this primary family group for ALL his life aside from 2-3 week vacations, illnesses of mother, visits of grandmother, etc. (A "Yes" requires no changes in mother's, father's, grandmother's or grandfather's presence since birth.)		
4. Child sees and spends some time with father or father figure, 4 days a week.		
5. Family has a fairly regular and predictable daily schedule for child (meals, day care, bedtime, how much TV, homework, etc.).		
6. Child eats at least one meal per day, on most days, with mother and father (or mother and father figures). (One parent families rate an automatic "No".)		
SUBTOTAL		

II. DEVELOPMENTAL STIMULATION:

7. Parent protects television time for child for special TV programs regarded as "good" for children--Educational TV, Children's Specials, etc.		
8. Parent helps child to achieve advanced motor skills--ride a two-wheel bicycle, roller skates, ice skates, footballs, etc.		
9. Family has at least one recreational hobby.		

	YES	NO
10. Child is regularly included in family's recreational hobby.		
11. Family encourages child to develop or sustain hobbies.		
12. Child has a library card, and family arranges for child to go to library once a month.		
13. Parents discuss television programs with child.		
14. Family provides lessons or organizational membership to support child's talents (exp., Y membership, gymnastic lessons, Art Center, etc.).		
15. Child is permitted to use household appliances and tools (with supervision if necessary).		
16. Parent reads to, or listens to child read, once a week.		
17. Child is encouraged to read on his own.		
18. Parent initiates verbal interchanges with visitor, asks questions, makes spontaneous comments.		
19. Parents set up situations that allow child to show off during visit.		
20. Parent uses reasonably correct grammar and pronunciation.		
SUBTOTAL		

III. QUALITY OF LANGUAGE ENVIRONMENT:

21. Family USUALLY converses freely at meals at which child is present. (A "Yes" requires the study of the child's participation.)		
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	YES	NO
22. Family has a television, and it is used judiciously, not left on continuously. (No TV requires an automatic "No"--any scheduling scores, "Yes".)		
23. During most of the year, the child watches television no more than two hours daily.		
24. Parent occasionally sings with child, or sings in his presence.		
25. Parent encourages child to relate experiences or takes time to listen to him relate experiences.		
26. Child is included in some two-way conversation with parent(s) every day.		
27. Parent uses complete sentence structure and some long words in conversing.		
28. Parents speech is distinct, clear and audible		
29. Parent occasionally uses some term of endearment or some diminutive for child's name when talking about child.		
30. When speaking of or to child, parent's voice conveys positive feelings.		
SUBTOTAL		

IV. NEED GRATIFICATION AND AVOIDANCE
OF RESTRICTION:

31. Parent will OFFER help if child is frustrated by a task.		
32. Parent sometimes yields to child's fears or rituals--e.g., allows night light, accompanies child to new experiences, etc.		

	YES	NO
33. Child can express negative feelings toward parents without harsh reprisals.		
SUBTOTAL		

V. FOSTERING MATURITY AND INDEPENDENCE:

34. Child is permitted some choice in lunch or breakfast menu, clothing, or transportation.		
35. Child is required to get up and get ready by himself.		
36. Child chooses own clothing except on very special occasions.		
37. Family requires child to carry out certain self-care routines, e.g., makes bed, cleans up room, cleans up after spills, bathes self. (A "Yes" requires 3 of 4 items.)		
38. Child can choose clothes to be bought.		
39. Child can go to a friend's house alone.		
40. Child puts his outdoor clothing, dirty clothes, and night clothes in a special place.		
41. Family requires child to keep living and play area reasonably clean and straight.		
42. Child has been praised at least twice during past week for doing something.		
43. Child has visited a friend by himself during the past week.		
44. Parents let child choose or request certain favorite food products or brands at grocery store.		

	YES	NO
45. Parent explains reasons for discipline to child.		
46. Parents set limits for child and generally enforces them--e.g., curfew, homework before television, or other regulations that fit family pattern.		
47. Child is taught rules of social behavior which involve recognition of rights of others.		
48. Parent teaches child manners and expects conformity--not coughing and/or sneezing in someone's face, not interrupting, saying "Excuse me.", etc.		
SUBTOTAL		

VI. EMOTIONAL CLIMATE:

49. Parent spends a few minutes (1-to-1) with child each day.		
50. Where two adults living in the home are responsible for caretaking of the child at HOME, there is usually agreement on situations that call for discipline. (One-parent families score an automatic "Yes".)		
51. The adults in item No. 50 usually agree on severity of punishment. (One-parent families score an automatic "Yes".)		
52. Mother reports that no more than one instance of physical punishment occurred during the past month.		
53. Parent shows some positive emotional responses to praise of child by visitor.		

	YES	NO
54. Parent does not express over annoyance with or hostility toward child--complains, describes child as "bad", says he won't mind, etc		
SUBTOTAL		

VII. BREADTH OF EXPERIENCE:

55. Family visits or receives visits from relatives or friends at least once every other week.		
56. There is at least one adult non-nuclear family member with whom the child has a significant relationship (spends some time with, talks about a lot, etc.).		
57. Child talks to someone on the phone 2-3 times a week.		
58. Child has accompanied parent on a family business venture 3-4 times within the past year; e.g., to garage, barbershop, or to a beautyshop, clothing shop, appliance repair shop, etc.		
59. Someone in the family attends church, and takes child, at least twice a month.		
60. Child has been taken out to eat in some kind of restaurant 3-4 times within the past year.		
61. Child has been taken by a family member on a trip on a plane, train, or bus within the past year.		
62. Child has been taken by a family member to some type of live concert.		
63. Child has been taken by a family member to a scientific, historical or art museum.		

	YES	NO
64. Child has been taken by a family member on a trip of more than 50 miles from his home (fifty miles radial distance, not total distance.		
SUBTOTAL		

VIII. ASPECTS OF PHYSICAL ENVIRONMENT:

65. Child has a special place in which to keep his possessions.		
66. Family has at least one pet, including fish or birds.		
67. Family subscribes to at least one magazine.		
68. Parent buys and reads a newspaper daily.		
69. House is not overly noisy--television, shouts of children, radio, etc.		
70. The interior of the apartment is not dark or perceptually monotonous.		
71. In terms of available floor space, the rooms are not overcrowded with furniture.		
72. All visible rooms of the house are reasonably clean and minimally cluttered.		
73. There is at least 100 square feet of living space per person in the house.		
74. Building has no potentially dangerous structural or health defects (e.g., plaster coming down from ceiling, stairway with boards missing, rodents, etc.).		
75. Child's outside play environment appears safe and free of hazards. (No outside play area requires an automatic "No".)		

	YES	NO
76. Child's room has a picture or wall decoration appealing to children.		
77. Mother displays child's art or craft work somewhere in house (anything that child made).		
78. Apartment has at least two pictures or other type of art work on the walls.		
79. Family has at least one house plant.		
80. At least 10 books are present and VISIBLE in the apartment.		
SUBTOTAL		

IX. PLAY MATERIALS:

81. Child has free access to bicycle, skates, or skate board.		
82. Child has free access to musical instrument (piano, drum, ukelele, or guitar, etc.).		
83. Child has free access to record player or radio.		
84. Child has free access to at least ten appropriate books.		
85. Child has free access to desk or other suitable place for reading or studying.		
SUBTOTAL		
TOTAL SCORE		