

**Adjustment Scales for Preschool Intervention**

**DIRECTIONS:** After each question in bold print, there are several descriptions of behaviors that children may display. Fill in the circle beside any description that fits the child's behavior over the past month. For each question, **MARK AS MANY DESCRIPTORS AS APPLY** to the child. If no descriptions apply, then do not fill in any circles for that question.

**RELATIONSHIP WITH TEACHER**

**How does this child greet you as the teacher?**

- ☐ Greets as most other students do
- ☐ Waits for you to greet him/her first
- ☐ Does not greet you even after you greet him/her
- ☐ Seems too unconcerned about people to greet
- ☐ Welcomes you loudly
- ☐ Responds with an angry look or turns away
- ☐ Clings to you

**How does this child help with jobs?**

- ☐ Does not offer but likes to be asked
- ☐ Willing or eager
- ☐ Asks to be given jobs but often doesn't finish them or do them according to classroom standards
- ☐ Helps unless in a bad mood
- ☐ Appears too withdrawn to come forward
- ☐ Causes a disturbance when not chosen for jobs

**How does this child answer questions?**

- ☐ Answers before having had time to think
- ☐ Answers except when in one of his/her bad moods
- ☐ Answers if he/she can
- ☐ Freezes up and doesn't answer
- ☐ Not shy but rarely offers an answer

**How does this child seek your help?**

- ☐ Too lethargic to ask
- ☐ Asks for help when needed
- ☐ Seeks help when not needed
- ☐ Rarely needs help
- ☐ Not shy but never seeks help
- ☐ Too timid to ask

**How does this child talk with you?**

- ☐ Talks freely
- ☐ Much too talkative
- ☐ Refuses to speak to you
- ☐ Aloof, seldom says anything
- ☐ So shy it's difficult to get him/her to speak to you at all
- ☐ Tends to have untalkative moods

**How does this child seem to value attention?**

- ☐ Wants your interest but holds back
- ☐ Uses various devices to gain your attention
- ☐ Unconcerned whether or not he/she gets any of your attention
- ☐ Likes to be praised
- ☐ Sometimes seems to seek disapproval

**What is this child's general manner with you?**

- ☐ Distant, makes no relationship
- ☐ Rarely smiles
- ☐ Has a dejected look
- ☐ Friendly, smiles readily
- ☐ Shy but not unfriendly
- ☐ Overly friendly
- ☐ Sometimes in an unfriendly mood
- ☐ Insists on sitting next to you
- ☐ Avoids eye contact

**How does this child behave in the classroom?**

- ☐ Well-behaved
- ☐ Misbehaves when you are attending to others
- ☐ Never any trouble because he/she is so timid
- ☐ Too lacking in energy to be troublesome
- ☐ Does things in front of you he/she knows are wrong

**Is this child truthful?**

- ☐ Tells tall tales about him/herself or family
- ☐ Does not generally tell untruths
- ☐ Occasionally lies to avoid blame or punishment
- ☐ Doesn't hesitate to lie

**How does this child react to correction?**

- ☐ Improves for the moment but it does not last long
- ☐ Accepts correction without fuss
- ☐ Takes correction badly (sulky, muttering, etc.)
- ☐ Answers back aggressively, makes threats or creates a disturbance
- ☐ Cries

**COPING WITH SCHOOL****Does this child pay attention in the classroom?**

- ☐ Generally listens well
- ☐ Talks, gazes around, plays with things
- ☐ Sits so quietly you don't know if he/she is attending or not
- ☐ Lacks interest, "just sits"
- ☐ Appears to live in a dream world

**How does this child cope with new learning tasks?**

- ☐ Has a happy-go-lucky attitude to every problem
- ☐ Charges in without taking time to think or follow instructions
- ☐ Approaches new tasks with caution, but gives up and try
- ☐ Won't even attempt it if he/she senses a difficulty
- ☐ Likes the challenge of something difficult
- ☐ Cannot work up the energy to face anything new

**How does this child get involved in classroom activities?**

- ☐ Seldom gets involved in any activities
- ☐ Listless, seems unmotivated
- ☐ Participates easily in activities
- ☐ At times does not participate in activities
- ☐ Only gets involved with the help of adults

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Child name: \_\_\_\_\_  
Last name, First name

### GAMES AND PLAY

#### How does this child work with hands (artwork, etc.)?

- ☐ Sticks to the activity
- ☐ Hard to get him/her started
- ☐ Lacks physical energy
- ☐ Seems afraid to try
- ☐ Plays around
- ☐ Has ruined his/her work purposely
- ☐ Doesn't complete projects
- ☐ Reacts negatively to getting dirty (e.g., getting paint on hands)

#### How does this child sit during class-wide, teacher directed activities (e.g., story time, circle time, etc.)?

- ☐ Sits lifelessly most of the time
- ☐ Sits meekly, seems afraid to budge
- ☐ Doesn't stay seated when he/she should
- ☐ Sits appropriately
- ☐ Constantly restless (changes position, etc.)
- ☐ Experiments with unusual sitting positions, climbs on classroom furniture, etc.
- ☐ Bothers other children

#### Does this child respect other people's belongings?

- ☐ Takes things belonging to other children without permission
- ☐ Snatches objects away from other students
- ☐ Has stolen objects from the classroom
- ☐ Has deliberately destroyed others' belongings
- ☐ Respects others' property

#### How does this child take part in games with other children?

- ☐ Needs encouragement to join in
- ☐ Sluggish, apathetic
- ☐ Joins in with others
- ☐ Disrupts by fooling around
- ☐ Refuses to take turns
- ☐ Won't get involved
- ☐ Overly rough with other children
- ☐ Tries to cheat
- ☐ Initiates play

#### How is this child at free play/ individual choice?

- ☐ Engages in appropriate activities
- ☐ Rather loud but not disruptive
- ☐ Is too timid to join in
- ☐ Disturbs others' fun
- ☐ Wants to dominate and have his/her own way
- ☐ Starts fights and rough play
- ☐ Needs teacher assistance to get involved
- ☐ Usually plays by him/herself
- ☐ Moves quickly from one activity to another

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## RELATIONSHIPS WITH OTHER CHILDREN

### Whom does this child have as his/her companions?

- ☐ Has one companion only and ignores the rest
- ☐ Has two or more companions with whom he/she gets along
- ☐ Ignores all other students
- ☐ Sometimes wanders off by him/herself
- ☐ Is a follower, plays up to others

### How does this child behave when standing in line?

- ☐ Behaves well in line
- ☐ Allows other students to push ahead of him/her
- ☐ Tries to push in front of other students
- ☐ Is often the cause of trouble

### How does this child get along with others of his/her age?

- ☐ Interacts well with other children
- ☐ Unkind to smaller or weaker children
- ☐ Quarrels, provokes others
- ☐ Tells on others to gain teacher's favor
- ☐ Clowns around, plays silly tricks
- ☐ Tries to dominate
- ☐ Refuses to share toys or other materials

### How does this child handle conflicts with other children?

- ☐ Does not stand up for him/herself
- ☐ Loses temper if he/she cannot get own way
- ☐ Attacks other children if provoked
- ☐ Stands up for him/herself when necessary
- ☐ Seeks teacher assistance
- ☐ Uses physically aggressive means to handle problems

## OTHER BEHAVIORS THAT CAUSE CONCERN

### Does this child have any unusual habits?

- ☐ Makes sudden aimless movements when not absorbed in an activity
- ☐ Makes sudden inappropriate noises
- ☐ His/her actions are constantly interrupted by involuntary movements
- ☐ Has attacks of blinking, face twitching, or head turning
- ☐ Needlessly repeats what people say to him/her

### Does this child have sudden outbursts?

- ☐ Has made unprovoked attacks on you
- ☐ Has made unprovoked attacks on other children
- ☐ Without warning or apparent reason he/she may throw an object across the room, sweep things onto the floor, etc.
- ☐ Rushes about shouting madly
- ☐ Without provocation he/she comes out with a volley of swearing