

## Motor Scale

### A: Held upright in arms

- 1 Lifts head when held at shoulder
- 2 Postural adjustment when held at shoulder
- 8 Head erect: vertical
- 9 Head erect and steady
- 14 Holds head steady
- 18 Head balanced

### B: Prone--crib, playpen, or table

- 3 Lateral head movements
- 4 Crawling movements
- 12 Elevates self by arms: prone
- 33 Prewalking progression

### C: Supine in crib--extremities

- 5 Retains red ring
- 6 Arms thrusts in play
- 7 Leg thrusts in play
- 10 Lifts head: dorsal suspension

### C1: Supine in crib--turning

- 11 Turns from side to back
- 19 Turns from back to side
- 28 Rolls from back to stomach

### D: Sitting--hard surface

- 13 Sits with support
- 17 Sits with slight support
- 23 Sits alone momentarily
- 27 Sits alone 30 seconds or more
- 29 Sits alone, steadily
- 31 Sits alone, good coordination

### Uncoded (0-3.9 months)

- 15 Hands predominantly open

### E: Cube Behavior--grasp (Situation Code H on Mental S

- 16 Cube: ulnar-palmar prehension
- 21 Cube: partial thumb opposition (radial-palmar)
- 32 Cube: complete thumb opposition (radial-digital)

### F: Gaining vertical position--with help of person

- 20 Effort to sit
- 22 Pulls to sitting position
- 36 Pulls to standing position

### G: Manipulative capacity

- 24 Unilateral reaching
- 26 Rotates wrist
- 39 Combines spoons or cubes: midline
- 44 Pat-a-cake: midline skill

### H: Pellet behavior (Situation Code J on Mental Scale)

- 25 Attempts to secure pellet
- 30 Scoops pellet
- 35 Pellet: partial finger prehension (inferior pincer)

- 1 Lifts head when held at shoulder
- 2 Postural adjustment when held at shoulder
- 3 Lateral head movements
- 4 Crawling movements
- 5 Retains red ring
- 6 Arms thrusts in play
- 7 Leg thrusts in play
- 8 Head erect: vertical
- 9 Head erect and steady
- 10 Lifts head: dorsal suspension
- 11 Turns from side to back
- 12 Elevates self by arms: prone
- 13 Sits with support
- 14 Holds head steady
- 15 Hands predominantly open
- 16 Cube: ulnar-palmar prehension
- 17 Sits with slight support
- 18 Head balanced
- 19 Turns from back to side
- 20 Effort to sit
- 21 Cube: partial thumb opposition (radial-palmar)
- 22 Pulls to sitting position
- 23 Sits alone momentarily
- 24 Unilateral reaching
- 25 Attempts to secure pellet
- 26 Rotates wrist
- 27 Sits alone 30 seconds or more
- 28 Rolls from back to stomach
- 29 Sits alone, steadily
- 30 Scoops pellet
- 31 Sits alone, good coordination
- 32 Cube: complete thumb opposition (radial-digital)
- 33 Prewalking progression
- 34 Early stepping movements
- 35 Pellet: partial finger prehension (inferior pincer)
- 36 Pulls to standing position
- 37 Raises self to sitting position
- 38 Stands up by furniture
- 39 Combines spoons or cubes: midline
- 40 Stepping movements
- 41 Pellet: fine prehension (neat pincer)
- 42 Walks with help
- 43 Sits down
- 44 Pat-a-cake: midline skill
- 45 Stands alone
- 46 Walks alone

41 Pellet: fine prehension (neat pincer)

**I: Upright progress to walking**

34 Early stepping movements

40 Stepping movements

42 Walks with help

43 Sits down

45 Stands alone

46 Walks alone

**J: Gaining vertical position--by furniture**

37 Raises self to sitting position

38 Stands up by furniture

**K: Stands up from floor alone**

47 Stands up: I

57 Stands up: II

71 Stands up: III

**Uncoded (4-14.9 months)**

48 Throws ball

**L: Walking skill--pull toy**

49 Walks sideways

50 Walks backward

**M: Balance**

51 Stands on right foot with help

52 Stands on left foot with help

58 Stands on left foot alone

60 Stands on right foot alone

**N: Stairs**

53 Walks up stairs with help

54 Walks down stairs with help

64 Walks up stairs alone: both feet on each step

66 Walks down stairs alone: both feet on each step

72 Walks up stairs: alternating forward foot

80 Walks down stairs: alternating forward foot

**O: Walking board**

55 Tries to stand on walking board

56 Walks with one foot on walking board

62 Walking board: stands with both feet

67 Walking board: attempts step

74 Walking board: alternate steps part way

**P: Jumping from floor**

59 Jumps off floor, both feet

77 Jumps over string 2 inches high

81 Jumps over string 8 inches high

**Q: Walks on line**

61 Walks on line, general direction

65 Walks on tiptoe, few steps

68 Walks backward, 10 feet

73 Walks on tiptoe, 10 feet

75 Keeps feet on line, 10 feet

47 Stands up: I

48 Throws ball

49 Walks sideways

50 Walks backward

51 Stands on right foot with help

52 Stands on left foot with help

53 Walks up stairs with help

54 Walks down stairs with help

55 Tries to stand on walking board

56 Walks with one foot on walking board

57 Stands up: II

58 Stands on left foot alone

59 Jumps off floor, both feet

60 Stands on right foot alone

61 Walks on line, general direction

62 Walking board: stands with both feet

63 Jumps from bottom step

64 Walks up stairs alone: both feet on each step

65 Walks on tiptoe, few steps

66 Walks down stairs alone: both feet on each step

67 Walking board: attempts step

68 Walks backward, 10 feet

69 Jumps from second step

70 Distance jump: 4 to 14 inches

71 Stands up: III

72 Walks up stairs: alternating forward foot

73 Walks on tiptoe, 10 feet

74 Walking board: alternate steps part way

75 Keeps feet on line, 10 feet

76 Distance jump: 14 to 24 inches

77 Jumps over string 2 inches high

78 Distance jump: 24 to 34 inches

79 Hops on one foot, 2 or more hops

**R: Jumping from height**

63 Jumps from bottom step

69 Jumps from second step

70 Distance jump: 4 to 14 inches

76 Distance jump: 14 to 24 inches

78 Distance jump: 24 to 34 inches

**Uncoded (15-30+ months)**

79 Hops on one foot, 2 or more hops