## GOVERNMENT OF INDIA MINISTRY OF HOME AFFAIRS

## RAJYA SABHA UNSTARRED QUESTION NO. 1970

TO BE ANSWERED ON THE 03<sup>RD</sup> AUGUST, 2022/ SRAVANA 12, 1944 (SAKA)

RATE OF DEATHS BY SUICIDE AMONGST YOUTH

1970. DR. KANIMOZHI NVN SOMU:

Will the Minister of HOME AFFAIRS be pleased to state:

- (a) whether it is a fact that rate of deaths by suicide is high amongst young adult, including females, between the age of 14 to 18 years and 18 to 24 years and if so, the details thereof;
- (b) whether the Ministry has carried out a study to identify the prominent causes for such suicides, if so, the details thereof;
- (c) the steps taken by the Ministry to address this issue; and
- (d) the steps taken by Government in collaboration with Ministry of Health and Family Welfare, for betterment of health of such youths?

#### **ANSWER**

# MINISTER OF STATE IN THE MINISTRY OF HOME AFFAIRS (SHRI NITYANAND RAI)

(a) & (b): National Crime Records Bureau (NCRB) compiles and publishes data on suicides in its publication 'Accidental Deaths & Suicides in India (ADSI)'. The published reports are available till the year 2020. NCRB does not publish data about 'Rate of suicides' by female, youth, etc., separately. However, there are various causes for suicides such as family issues, extra-marital affairs, love affairs, marriage related issues, divorce, illness, poverty, indebtedness, property disputes, etc.

- (c) & (d): With a view to address the burden of mental disorders, the Government of India is supporting implementation of the District Mental Health Programme (DMHP) under the National Mental Health Programme (NMHP) in 704 districts of the country for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre(CHC) and Primary Health Centre(PHC) levels, *inter-alia*, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services there is a provision of 10 bedded in-patient facility at the District level. The objectives of DMHP are:
- (i) to provide suicide prevention services, work place stress management, life skills training and counselling in schools and colleges.
- (ii) to provide mental health services including prevention, promotion and long-term continuing care at different levels of district healthcare delivery system.
- (iii) to augment institutional capacity in terms of infrastructure, equipment and human resource for mental healthcare.

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(iv) to promote community awareness and participation in the delivery of mental healthcare services.

Under DMHP various Information, Education and Communication (IEC) activities such as awareness messages in local newspapers and radio, street plays, wall paintings etc. are taken by the States/ UTs. Further, funds are provided to each district supported under DMHP for targeted interventions which include following objectives:

- (i) To provide class teachers with a system of referral for students with psychological problems to the District Mental Health Team for inputs and treatment.
- (ii) To involve other stakeholders like parents, community leaders to enhance development of adolescents etc.

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