

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA  
UNSTARRED QUESTION NO.245  
TO BE ANSWERED ON 4<sup>TH</sup> FEBRUARY, 2020**

**MENTAL HEALTHCARE THROUGH GOVERNMENT SCHEMES**

**245. SHRI DEREK O' BRIEN:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the number of people who suffer from mental health problems in India per year;
- (b) the details thereof and reasons therefor;
- (c) whether mental healthcare services are offered by Government as a part of any of its policies/schemes;
- (d) if so, details thereof;
- (e) what expenditure was made on mental healthcare by Government in the previous year, details thereof; and
- (f) whether Government plans to include mental healthcare in its policies in the future and the details thereof?

**ANSWER  
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE  
(SHRI ASHWINI KUMAR CHOUBEY)**

(a) & (b): As per the National Mental Health Survey, 2016, the prevalence of mental disorders in adults over the age of 18 years is about 10.6%. Mental disorders are known to be caused by a complex interaction of biological, social, environmental, cultural and economic factors.

(c) to (f): To address the challenge of mental illnesses, the Government is implementing the National Mental Health Programme (NMHP) in the country. Under NMHP, implementation of the District Mental Health Programme (DMHP) has been approved for 655 districts of the country for early detection, management and treatment of mental disorders/illnesses. With the objective to address the shortage of qualified mental health professionals in the country, the Government is implementing Manpower Development Schemes for establishment of Centres of Excellence and strengthening/ establishment of Post Graduate (PG) Departments in mental health specialties. Till date, support has been provided for establishment of 25 Centres of Excellence and strengthening/establishment of 47 Post Graduate (PG) Departments in mental health specialties in the country. During 2018-19, the expenditure on mental healthcare by the three Central Mental Health Institutions and under NMHP was Rs. 545.65 crores.