

# NATIONAL KIDNEY FOUNDATION OF SAMOA

(Established: National Kidney Foundation of Samoa Act 2005)

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Samoa



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NKFS EDPI

Screening Date: 17 / 6 / 25 Screening Location: multiunit

Please complete and circle appropriately:

First Name: Lenta Last Name: Lenta  
Gender: M / F DOB: 7/11/1983 Age: 42 Village: Tomanua  
Occupation: Principal Librarian Education: None / Primary / Secondary / Tertiary  
Religion: Catholic Telephone: 779 4918 Email: lenta@nkfs.ws

## Social History:

Smoking: Y / ☒ N Ex: if Y Amount: cigarettes/day. Years smoked: yrs  
Sugar intake per day: teaspoons of sugar from meals and fluid consumption;  
Alcohol consumption: Y / ☒ N / Ex: if Y Frequency: daily/weekly/occasionally Amount: SD/day  
Physical Activity: light/mod/strenuous Type: change at home How often? 2 times/week

## Past Medical History:

Diabetes Mellitus (DM) Hypertension (HTN) Ischemic Heart Disease (IHD) Kidney Disease (KD).  
DM: Y / ☒ N HTN: Y / ☒ N IHD: Y / ☒ N Stroke: Y / ☒ N KD: Y / ☒ N Other:  
Current Medications: Y / ☒ N List: MTF, Aspirin

## Family History:

DM: Y / ☒ N HTN: Y / ☒ N IHD: Y / ☒ N Stroke: Y / ☒ N KD: Y / ☒ N Other:  
Early deaths (< 50 years old) from Diabetes / Hypertension / IHD / Stroke / Other: Y / N

To be completed by the Physician / Health Screening Officer:

Height: 165 cm Weight: 94 kg Waist: cm BMI: 34

## BLOOD PRESSURE (sitting):

1st reading: Systolic: 113 Diastolic: 77 mmHg Pulse: 71

2nd reading: Systolic: 112 Diastolic: 76 mmHg Pulse: 69

## BLOOD TESTS:

Blood Sugar Level (BSL), Total Cholesterol (TC), Triglycerides (TG), High Density Lipid (HDL), Low Density Lipid (LDL).

HBA1c: 8.8% Creatinine: 79 umol/L eGFR: 83 mls/min

BSL: 6.2 mmol/L TC: 4.9 TG: 3.1 HDL: low LDL: NA

## URINALYSIS:

Protein: NEG / POS Glucose: NEG / POS Blood: NEG / POS

If female, is the participant menstruating Y / N or has / expecting menstruation within 10 days Y / N

## RECOMMENDATIONS:

- DM is diagnosed if HBA1c is  $\geq 6.5\%$
- Suspect DM if RBSL > 11 or FBSL > 7 or Glycosuria (positive urine glucose)
- If participant is being diagnosed or suspect with DM, is this the first time participant is hearing about this diagnosis? Y / N
- Suspect CKD if Proteinuria (positive urine protein)

Follow Up Advice & Health Promotion (HP) Counseling:

- Verbal advice: HP: Y / N see doctor: Y / N attend health facility: Y / N
- Written advice: HP: Y / N see doctor: Y / N attend health facility: Y / N
- Referral letter given: Y / N copy of screening form given: Y / N
- Attend NKFS Pre-dialysis Clinic: Y / N

Awareness Detection & Pre-dialysis Unit NKFS JAN 2025