

ZEN RETREAT in ARAN



3rd to 10th August, 2019 : A Zen Sesshin will be held at Killeany Lodge, Inismore, Aran Islands, **County Galway.**

Cost: €300 (full week) €200 (preparation only) €150 (sesshin only)

Accommodation: dormitory style, **Food:** Vegetarian & mainly organic

Arrival: before 7pm on 3rd August **Departure:** after lunch on 10th August

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