

EARTH + SKY ZEN PROGRAMME of SESSHIN for 2024

Imbolc Sesshin – Feast of Saint Brigid – January 26th to 28th

At An Tairseach, Wicklow Ecology Centre

Arrival: Friday evening at 5pm,

Departure: Sunday evening at 5pm.

Joint Sesshin with Grey Heron Sangha – March 1st – 3rd

At Dominican Retreat Centre, Tallaght starting, Friday evening at 8pm, continuing on Saturday and finishing on Sunday mid-day.

Zazen kai Spring Equinox – March 24th

At the Dublin Dojo: Sunday from 11am – 7:20pm, Including a Beginners' Workshop and Introduction to Zen.

Bealtaine – May 4th – May 5th

At the Dublin Dojo: A non-residential sesshin incorporating a Sewing Day on Saturday and Zazen Day on Sunday. The sewing workshop day will be guided by Joan Sansen.

Summer Solstice – International Meeting of the White Plum Asanga Teachers

A regional meeting of the White Plum Asanga teachers will take place in Ireland this year, June 20th – 22nd. Venue and arrangements tbc.

Summer Sesshin with Roshi Kennedy July 4th - 9th:

A Grey Heron Sangha Sesshin at the Dominican Centre Tallaght

To register email dominicanretreats@gmail.com

Lúnasa Sesshin - July 25th – July 29th:

This year the Earth+Sky Lúnasa Sesshin will take place at An Tairseach, Wicklow Ecology Centre.

Aran Sesshin with the Galway Dojo – August 3rd – 10th

At Cill Éinne Lodge, Inis Mór, Aran Islands. Contact: zengalway@gmail.com

Autumnal Equinox Sesshin - September 20th to 22nd

At An Tairseach, Wicklow Ecology Centre

Arrival: Friday evening at 5pm,

Departure: Sunday evening at 5pm.

Stillness at Samhain Sesshin Hallowe'en - October 26th to 28th

Venue tbc

Winter Solstice Zazen kai – December 21st

At the Dublin Dojo

