



GREY HERON ZENDO
and
EARTH+SKY ZEN

will host a weekend of
STILLNESS

at
THE DOMINICAN RETREAT CENTRE
Tallaght
MARCH 1st – 3rd 2024

Arrive: from 5pm Friday, March 1st

Depart: 2pm Sunday, March 3rd

To Register: contact Anita 01-4048189 between 10am and
1pm, Monday to Friday,
or
email dominicanretreats@gmail.com

Cost: Residential - €175
Non-residential - €100

For more information: greyheronzendo@gmail.com
zen.in.Ireland@gmail.com