



## It's All Too Much: Living a Richer Life with Less Stuff

By Peter Walsh

Simon & Schuster Ltd. Paperback. Book Condition: new. BRAND NEW, It's All Too Much: Living a Richer Life with Less Stuff, Peter Walsh, Peter Walsh has won over millions of people, including Oprah, with his good humour and reassuring advice as he's coached viewers through the process of de-cluttering their homes and reclaiming their space and their lives. Now, in It's All Too Much, he challenges you to answer a very simple but scary question: Does the stuff you own contribute to the life you want to live or does it get in the way of your vision of a happy life? Peter shows you how to assess the state of your home and then with simple techniques and a very clear plan he shows you how to go room by room to identify priorities and part with the things that are weighing you down. From the 'holding onto the past' clutter - your grandmother's china or your first report card to the 'living in the future' clutter - that GBP100 dress you may fit into again or the untouched fondue set you got as a wedding gift. Filled with real-life examples and hands-on advice for homes and lives of...



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