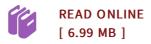




Exersexology: The Study of Calorie Burn During Sex

By Monique Hollowell

iUniverse, United States, 2012. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book ***** Print on Demand ******. Ever wanted to know how many calories you burned during sex? EXERSEXOLOGYTM is your A-Z guide of creatitive, erotiti c posititi ons to have fun and burn calories too. All 26 sexisodes (chapters of sex posititi ons) give you a difffferent thrill and feel! Enjoy the variety of new erotitic combinatiti ons, which can give you a calorie burn of up to 303kcals from one sexisode! C - Crosswalk No titi me to lie down, let s test your stamina! Cross walk consists of standup posititions by one or both partners. Get ready for a phenomenal leg and abdominal workout during an all standing sexisode! G - Gravity Get sexififi ed right side up and upside down by defying the earth s gravitatiti onal pull. Demonstrate your strength and explore the power of pleasing each other from all angles. I - Infifinity Get ready for the long haul with 21 exotitic posititions. Give yourselves at least 90 minutes to ignite your flfl ames with infifi nite posititions to orgasm and calories to burn. R - Rubber band Rubber...



Reviews

This ebook is definitely not simple to begin on reading but really enjoyable to read through. This really is for all who statte that there had not been a worth reading. You may like how the author publish this ebook.

-- Demetrius Buckridge

This book may be really worth a read through, and a lot better than other. It is really basic but excitement inside the 50 % in the pdf. I realized this pdf from my dad and i encouraged this publication to learn.

-- Curtis Bartell