



## Ghostly Defenses: A Sensitive's Guide for Protection

By Joni Mayhan

Createspace, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Being a sensitive isn't always easy. While we can sense that ghosts and spirits are present, we aren't always prepared to handle them. This guide is a starting point for sensitives, giving them direction on how to harness their abilities while staying protected from negative energy. This guide discusses the various methods for protection from dark energy, including prayers, medallions, and gemstones, as well as step-by-step directions for protection before, during, and after paranormal investigations. Also includes information on how to smudge with sage, both at home and at an investigation. From the author of The Soul Collector - The true story of one paranormal investigator's worst nightmare. Joni Mayhan shares her experiences as a sensitive, along with helpful tips on learning to develop your sixth sense.



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