



## Leadership from the Inside Out: Becoming a Leader for Life

By Kevin Cashman

ReadHowYouWant. Paperback. Book Condition: New. Paperback. 400 pages. Dimensions: 9.8in. x 7.5in. x 1.1in. Leadership from the Inside Out guides you through a reflective journey to grow as a whole person in order to grow as a whole leader. We will not simply analyze the external act of leadership, breaking it down into a simplistic formula of ten easy-to-follow tips. However, you will gain some deep insights and practices to enhance your effectiveness as a leader for life. You need not rush. As a matter of fact, I encourage you to set aside the urge to plow through the pages. Instead, when a thought or feeling surfaces, pause. Close the book, put up your feet, and explore the insight. If you want to capture a breakthrough, jot it down in the space provided or in your own notebook. Instead of just reading the book, experience it, digest it, and integrate it into your life. You've probably read all sorts of personal and professional development books before; treat this one differently. Savor it as you would a walk with an old friend on a calm, sunny afternoon. There is no need to hurry, to anticipate, or to reach the end of...



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