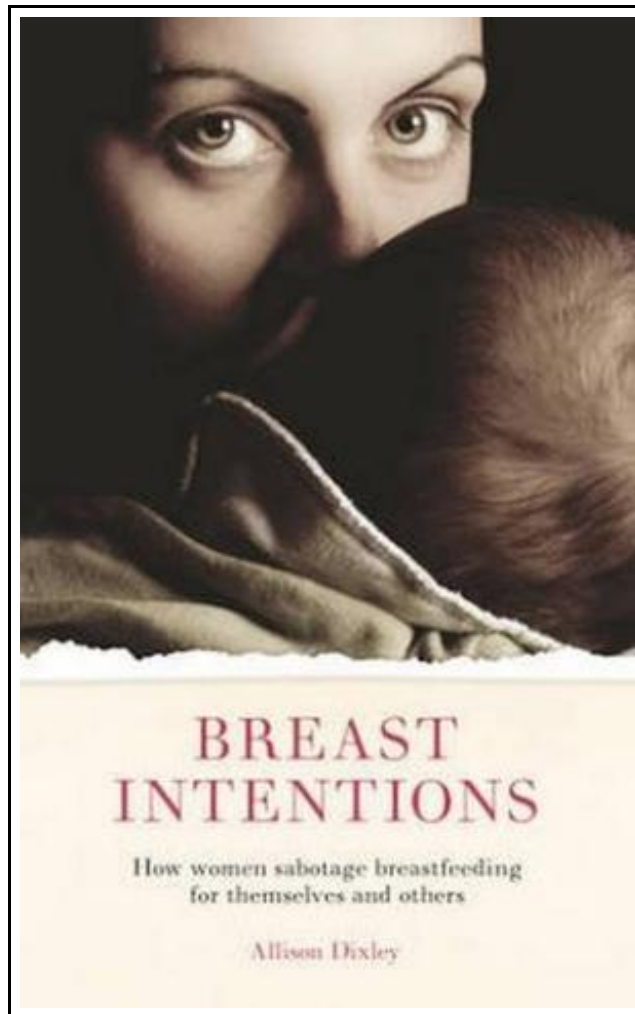


## Breast Intentions: How Women Sabotage Breastfeeding for Themselves and Others



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## BREAST INTENTIONS: HOW WOMEN SABOTAGE BREASTFEEDING FOR THEMSELVES AND OTHERS



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Pinter & Martin Ltd. Paperback. Book Condition: new. BRAND NEW, Breast Intentions: How Women Sabotage Breastfeeding for Themselves and Others, Allison Dixley, Why do mothers fail to breastfeed their babies? The majority of mothers know breastfeeding gives their baby the best start in life: improved health, superior intelligence, and closer emotional attachment are just a few of the crucial benefits. Yet a mere 17% of mothers are still breastfeeding when their babies are three months old. Why? There are plenty of books out there that offer excuses. Tiredness, sore nipples, low milk supply, breasts too big, breasts too small, excess marketing by artificial milk companies.the list goes on. This is the first book to look for answers in the mothers themselves. Controversial author and The Alpha Parent blogger Allison Dixley argues mothers fail to breastfeed because women undermine each other, using a toxic mix of deception, guilt, excuses, envy, contempt, defensiveness and sabotage. Drawing on academic research in psychology, biology, philosophy and anthropology, she sheds light on the hidden emotions of early motherhood, and reveals the deep and widespread damage artificial feeding can have on a mother's confidence in her body, her mothering and in other women. Heart-wrenching, polemic and ultimately a call to action, this is a book that will make you angry, but a book that will make you think.



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