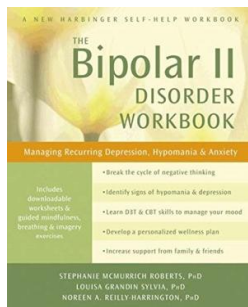


## The Bipolar II Disorder Workbook: Managing Recurring Depression, Hypomania, and Anxiety



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