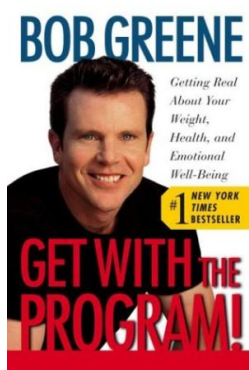


## Get with the Program! : Getting Real About Your Weight, Health, and Emotional Well-Being



### Book Review

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(Ms. Dixie Torphy)

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