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Natural Strategies for Cancer Patients

By Russell L. Blaylock

Kensington Publishing. Paperback. Book Condition: new. BRAND NEW, Natural Strategies for Cancer Patients, Russell L. Blaylock, When someone's diagnosed with cancer they need an immediate game plan to fight the disease, especially once the oncologist prescribes a course of treatment of chemotherapy and/or radiation. Oftentimes these treatments have dangerous consequences. Current international research shows without a strong nutritional foundation, a patient's odds of surviving these treatments-let alone beating cancer-are greatly reduced. However, patients receiving the proper balance of healthy foods, vitamins and minerals, and selected nutritional supplements show a striking increase in the effectiveness of their chemotherapy and radiation treatments. Cancer and current cancer treatments wage war on the body, but Russell L. Blaylock, M.D. - a respected doctor and clinical assistant professor of neurosurgery - has developed an easy-to-follow program to fight back naturally. "Natural Strategies for Cancer Patients" shows how easy it can be to fortify nutritional status during this critical time. Patients can learn: which everyday foods have uncommon cancer-fighting properties and how best to prepare them; which supplements can help-or hurt-their chances; how certain fats and oils enhance their body's natural defences; the exciting promise of plant chemicals called flavonoids, which enhance the effectiveness of chemotherapy...



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