

## Defending



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Reedswain. Paperback / softback. Book Condition: new. BRAND NEW, Defending, Henk Mariman, Proper training of the fundamentals is important in preparing young players for the game they wish to play. In a game as complex as soccer, with the many different techniques, strategies, and game-play options, this is even more crucial; especially for Junior High and Senior High school, upper level recreation leagues and off season camp instructors. Each book is full of technical and tactical exercises aimed at improving a specific aspect of play as well as detailed lesson plans which can be manipulated to fit any coach's specific situation. This books contains about 80 2-color diagrams to show the precise methods of training. In Soccer: Defending, the book illustrates the Dutch system of defense. In this system, the goalkeeper often acts as the field general for defense. Without focusing on specific goal keeper techniques and tactics, this book emphasizes how to get the goalkeeper involved in the overall defensive strategy along with the defenders.



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