



A Vegan Taste of the Middle East

By Linda Majzlik

Jon Carpenter, United Kingdom, 2004. Paperback. Book Condition: New. Amanda Henriques (illustrator). 226 x 152 mm. Language: English . Brand New Book. This collection of cookbooks interprets the savory flavors of international cuisines for the animal-free, vegan diet. Each region s most famed dishes are detailed or redesigned to be meat- and dairy-free. With recipes for appetizers, breads, salads, main courses, desserts, and drinks, each cookbook covers the entire culinary palate. The authentic taste of Middle Eastern food is reproduced in this collection of vegan recipes. Instructions for more than 100 recipes are detailed, including such flavorful dishes as hummus, falafel, pita bread, Persian naan, and orange rice pudding.



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