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## Hidden Kitchens of Sri Lanka

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By Bree Hutchins

Murdoch Books. Hardback. Book Condition: new. BRAND NEW, Hidden Kitchens of Sri Lanka, Bree Hutchins, Take an evocative journey into the heart of the real Sri Lanka and discover the central role food plays in the country's way of life in this stunning new collection of recipes and stories. Divided according to region, Hidden Kitchens of Sri Lanka interweaves recipes with heartfelt stories of everyday life from locals who opened their hearts, homes and kitchens. On the Jaffna Peninsula war widows cook crab curry and fry spicy snacks, while in a remote eastern village, local man Sumith stirs vats of smoky milk toffee over an open fire in a factory behind his home. Food is prepared for a Hindu festival, and old William boils up his Ceylon tea at Colombo's dawn wholesale market, just as he's done every day for the past sixty years. Hidden Kitchens of Sri Lanka includes over 60 recipes for everything from fragrant fish curry to vegetable roti rolls, spicy coffee to sweet rice pudding along with a full glossary of Sri Lankan ingredients and cooking equipment. A moving yet hopeful picture of the country today, Hidden Kitchens of Sri Lanka is far more than...



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