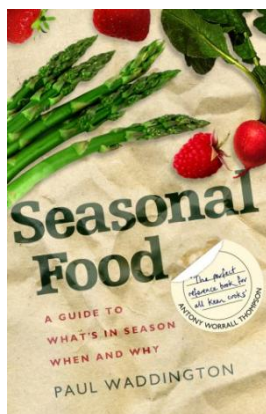


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SEASONAL FOOD: A GUIDE TO WHAT'S IN SEASON WHEN AND WHY



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