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# 639HZ SOLFEGGIO SONIC MEDITATION: CREATING EMOTIONAL STABILITY AND HARMONISING RELATIONSHIPS



DIVINITI PUBLISHING, United Kingdom, 2012. CD-Audio. Book Condition: New. 142 x 126 mm. Language: English . Brand New. This is one of a series of six meditation recordings by Glenn Harrold and Ali Calderwood, which are based upon the ancient solfeggio musical scale. Each note in this scale has specific healing properties and this recording uses the fourth note, which resonates to a frequency of 639hz. This frequency works on connecting and harmonising relationships and deals with our perceptions of...

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- Authored by Glenn Harrold, Ali Calderwood
- Released at 2012



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