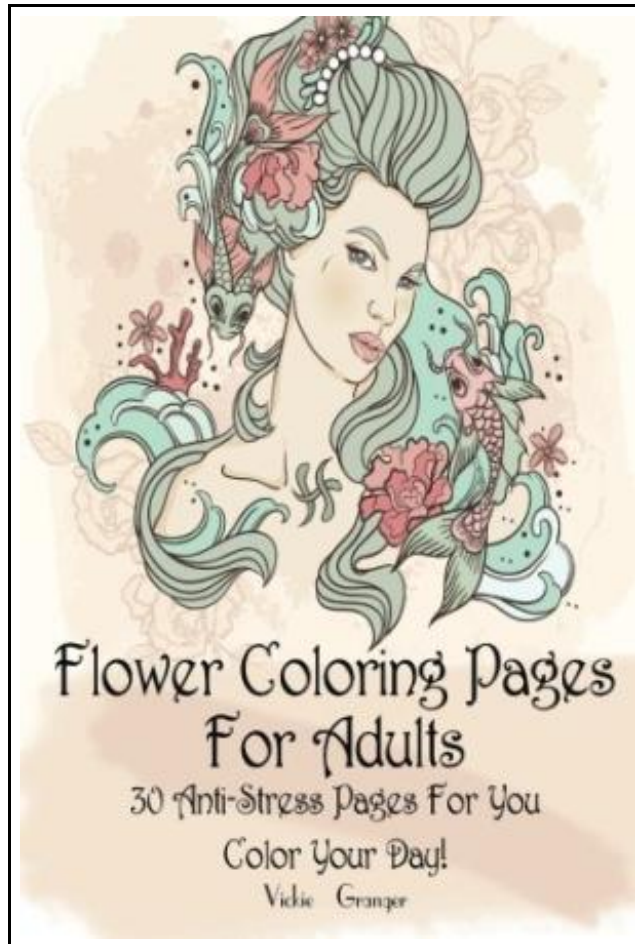# Flower Coloring Pages for Adults: 30 Anti-Stress Pages for You. Color Your Day!: (Floral Patterns, Coloring for Grown-Ups, Pencil Drawing)

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Reviews

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(Letha Okuneva)

FLOWER COLORING PAGES FOR ADULTS: 30 ANTI-STRESS PAGES FOR YOU. COLOR YOUR DAY!: (FLORAL PATTERNS, COLORING FOR GROWN-UPS, PENCIL DRAWING)

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Flower Coloring Pages For Adults 30 Anti-Stress Pages For You. Color Your Day!You can find a link of a printable PDF version at the end of the book. Print the PDF on large 8.5x11 high quality paper and let your creativity to do the rest. If you were to think about one of your oldest memories, it would probably include coloring. Back then, a box of crayons and a coloring book would have been enough to put a smile on your face. However, who is to say that you cannot do the same today? We have gathered for you no less than 30 flower designs and patterns to color, in order to help you unwind and re-connect with your inner child. Our book is all about relaxation, as we understand how important it is to relieve the stress that tends to pile up, day after day. This book is all about pure and simple pleasure, with each flower design unfolding in front of your eyes as you turn a new leaf. Amazingly enough, by choosing our book, not only you will relax but you will also exercise your fine motor skills and improve the ability of the brain to focus. In fact, according to the specialists in the field, adult coloring is one of the best ways to fight anxiety and daily stress. We welcome you into the field of adult coloring and we hope that you will use this book for what it really is, a great method to relieve stress. Our coloring book will allow you to reach a state of calm and peace, eliminating negative thoughts and emotions. As you focus on...

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