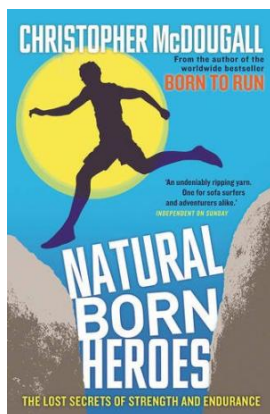


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# NATURAL BORN HEROES: THE LOST SECRETS OF STRENGTH AND ENDURANCE



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- Authored by Christopher McDougall
- Released at 2016



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