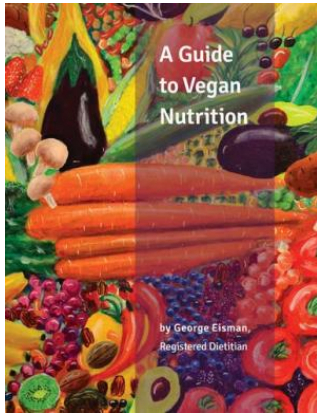


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Vegan Publishers, United States, 2015. Paperback. Book Condition: New. Kara Maria Schunk (illustrator). 277 x 211 mm. Language: English . Brand New Book. Based on the first US credit-bearing college program in Vegetarian Studies (taught by registered dietitian George Eisman at Miami-Dade College), A Guide to Vegan Nutrition is a thorough and authoritative work on vegan nutrition. Drawing on current research, this book covers a variety of topics, including protein, carbohydrates, fiber, lipids, digestion and absorption, vitamins, minerals, how to...

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- Authored by George Eisman
- Released at 2015



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