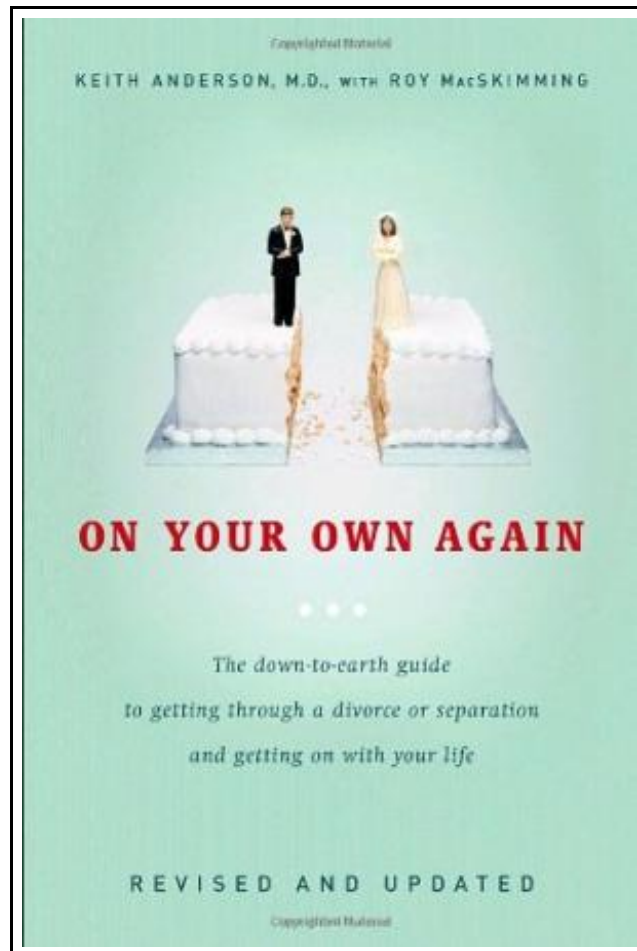


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McClelland & Stewart, 2007. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: A new edition of a bestselling self-help guide, now fully updated. Every year, millions of North Americans experience the trauma of separation and divorce. On Your Own Again delivers proven, practical help for surviving a shattered relationship and building a new life. Highly readable and leavened with humour, Dr. Anderson's book is a straightforward, step-by-step guide for all readers, male or female, young or middle-aged, straight or gay, to coping with loss and speeding recovery so that they can live happily on their own again. This updated edition contains new material on Internet dating and Web sources.



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