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## Grieving and Growing: Activities For you and Your Grieving Child

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By Michele Tryon Ccls

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm.

Language: English . Brand New Book \*\*\*\*\* Print on Demand

\*\*\*\*\*.Grieving and Growing was written by a certified child life specialist and offers tried and true activities for helping children of all ages with grief and loss. In order to successfully navigate the healing journey when a loved one dies, a child needs both play and the presence of a caring adult. The activities in this book provide opportunity for legacy building and processing challenging emotions. There are spaces for self-reflection to help you gain insight and understanding of your child's unique needs; and to develop effective strategies to help you and your child connect and grieve well together.



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