



# Spirit Guides: Companions Mentors for Your Inner Journey

By Hal Zina Bennett

Createspace, United States, 2010. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This fascinating little book explores the ancient tradition of spirit guides, how to access them and how to make use of them in everyday life. There s an amazing amount of life-changing information and insights packed into these pages: important historical background; famous spiritual teachers use of guides; Jungian influences; the author s lifetime of work with his own guides; spirit guides and Near-Death experiences; scientific explanations for the existence of the inner world; the meaning of imaginary playmates in childhood; how spirit guides can empower our intuitive abilities, and simple, no-nonsense instructions that help readers access and work with their own spirit guides. Readers of the three previous editions of this popular book will want to add this edition to their collection just for the new chapter: Choices On the Spiritual Path, wherein the author draws from the spiritist teachings of the 18th century Swedish philosopher and theologian, Emanuel Swedenborg, to better understand the subtlest messages of both higher and lower spiritual influences in our lives. This book has become a classic in the field of personal...



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-- Emmitt Harber

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