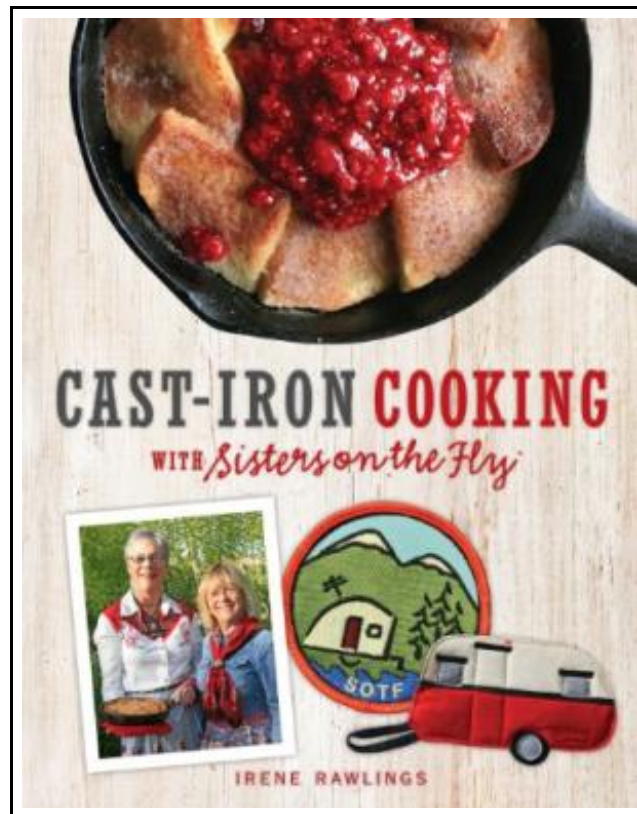


Cast-Iron Cooking with Sisters on the Fly



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CAST-IRON COOKING WITH SISTERS ON THE FLY



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Andrews McMeel Publishing. Paperback / softback. Book Condition: new. BRAND NEW, Cast-Iron Cooking with Sisters on the Fly, Irene Rawlings, David Foxhoven, From the road-warrior band of Sisters on the Fly, heirloom and contemporary recipes that are simple to shop for and prepare on the road, for the backyard grill, or in the kitchen, using cast iron cookware. Includes engaging stories, recipes, and action photos of the SOTF in their homes and out on the range in their trailer caravans. With a motto of, "We have more fun than anyone," Sisters on the Fly member Irene Rawlings introduces readers to the culinary comfort of cooking with cast iron inside "Cast-Iron Cooking with Sisters on the Fly." Harkening back to the days of car travel before the interstate highway system made it easy to get to today's popular camping spots, Irene offers heirloom and contemporary recipes presented alongside engaging stories and action photos of kindred Sisters cooking deliciously flavorful meals with readily available ingredients over campfires and at their home ranges. Special to this collection, Rawlings explores the basics of cooking with cast iron for 100 tasty main dishes, delectable sides and appetizers, scrumptious biscuits and breads, to-die-for desserts, and luscious libations. From Un-Stuffed Cabbage and Camp Dutch Oven Roast to Chicken-Cashew Pasta Salad, Sweet Potato Biscuits, and Miss Verbena's Pimento Cheese, as well as favorites including Cowgirl Bean Bake and Bertie's Quick Peach Cobbler, "Cast-Iron Cooking with Sisters on the Fly" is a photographic cookbook travelogue complete with informative sidebars covering everything from poison ivy to a broken heart, along with tips for purchasing, seasoning, cooking with, and caring for cast iron. Share in the Sisters' love of cooking with cast iron inside "Cast-Iron Cooking with Sisters on the Fly."



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