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## The 12-Type Enneagram: Know Your Type Improve Your Life

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By Matthew Campling

Watkins Media. Paperback. Book Condition: new. BRAND NEW, The 12-Type Enneagram: Know Your Type Improve Your Life, Matthew Campling, THE FIRST BOOK EVER ON THIS EXTRAORDINARY AND UNIQUE SYSTEM Unknown to most people, there exists a system that codifies the very specific manner in which we each think, feel and behave. This is the 12-Type Enneagram, and in this groundbreaking book Matthew Campling reveals the secrets of this ancient system. We are all one or another essence energy, or 'type', the characteristics of which are explored for the first time in The 12-Type Enneagram. Once identified, we will understand ourselves in a new and valuable way, and learn how the differences in types affects every aspect of our lives, including family, friends, work, sex choices and love relationships - both past and present. YOU WILL DISCOVER\* The right path for your specific spiritual and psychological development \* The information needed to recognize the 'essence of type' of others\* In what ways others are different from you\* The answers to questions about our true purpose and our 'type-specific' goals\* Overcoming our 'type-limitations' and avoiding the wrong ways of living Simple anecdotes and examples illustrate how learning about this unique system will enable us all to...



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