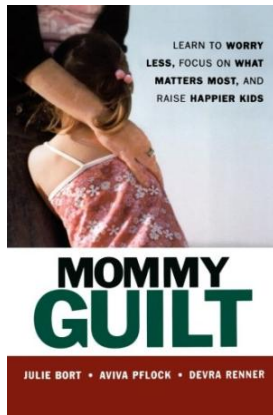


Get Kindle

MOMMY GUILT: LEARN TO WORRY LESS, FOCUS ON WHAT MATTERS MOST, AND RAISE HAPPIER KIDS



AMACOM. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 8.9in. x 5.9in. x 0.8in. Parents today try too hard to be superhuman, often sacrificing their own well-being -- and relationships with friends, family, even their spouses -- to meet the ever-increasing demands of their children's lives. Of course, such efforts inevitably fall short, and parents blame themselves. Mommy Guilt encourages parents to let go of unobtainable (and ill-advised) goals in favor of parenting philosophies that concentrate on the whole family. This...

Read PDF Mommy Guilt: Learn to Worry Less, Focus on What Matters Most, and Raise Happier Kids

- Authored by Julie Bort
- Released at -



Filesize: 3.81 MB

Reviews

It is simple in read through preferable to fully grasp. It can be packed with knowledge and wisdom I realized this publication from my dad and i suggested this publication to understand.

-- **Ciara Little**

The book is great and fantastic. It can be rally exciting throug reading time period. I am quickly could possibly get a pleasure of studying a created ebook.

-- **Hilbert Kirlin**

Related Books

- **Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large**
- **Summer Fit Preschool to Kindergarten Math, Reading, Writing, Language Arts**
- **Fitness, Nutrition and Values**
- **The Day I Forgot to Pray**
- **The Old Testament Cliffs Notes**
- **Coronation Mass, K. 317 Vocal Score Latin Edition**