



## O Wow: Discovering Your Ultimate Orgasm

By Jenny Block, Betty Dodson

Cleis Press. Paperback. Book Condition: new. BRAND NEW, O Wow: Discovering Your Ultimate Orgasm, Jenny Block, Betty Dodson, What is an ultimate orgasm? An ultimate orgasm is your personal best orgasm. It doesn't leave anything at the table. It doesn't want anything more. It lasts as long as it lasts. It takes as long as it takes. It's as messy and loud or quiet and tidy as you like. It has no room for shame or apology. An ultimate orgasm comes from questioning, exploring, experimenting, with no concern for how society or religion or anything else defines sex or female orgasm. The ultimate orgasm belongs to you and only you and it is your responsibility to find it, to have it, and to keep it for as long as you want to live a fully sexually satisfying life. Want to know the secret to having the ultimate orgasm? Knowing your body and being in the zone. That's it. Lots of tips and tricks and ideas follow later in the book. But first and foremost, we have to empower ourselves to pleasure. No matter how much your partner is committed to your orgasm, you are the only one who can and...



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