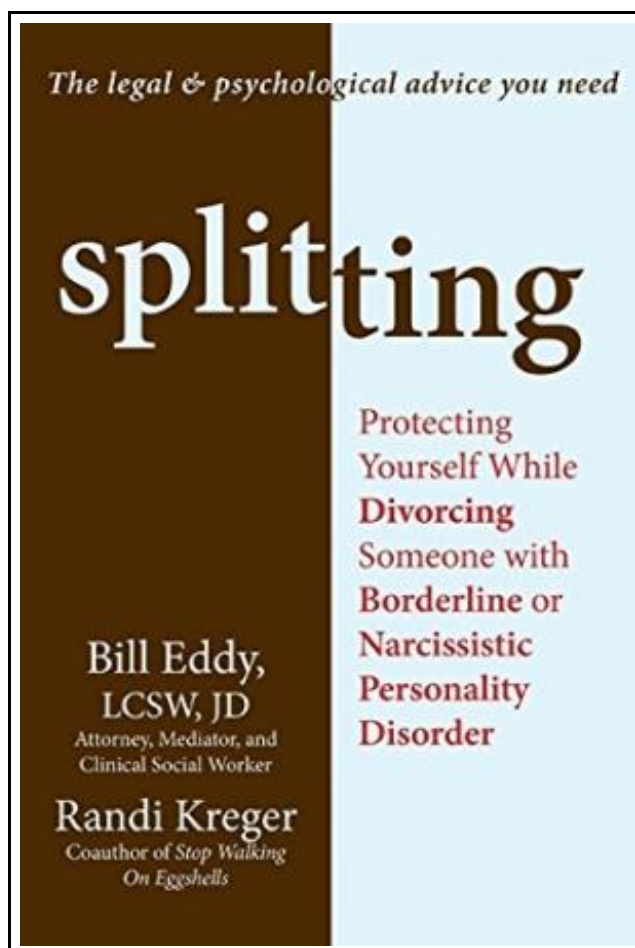


## Splitting: Protecting Yourself While Divorcing Someone with Borderline or Narcissistic Personality Disorder



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## SPLITTING: PROTECTING YOURSELF WHILE DIVORCING SOMEONE WITH BORDERLINE OR NARCISSISTIC PERSONALITY DISORDER




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New Harbinger Publications. Paperback. Book Condition: new. BRAND NEW, Splitting: Protecting Yourself While Divorcing Someone with Borderline or Narcissistic Personality Disorder, Randy Kreger, Bill Eddy, Divorce is difficult under the best of circumstances. Dealing with this inherently adversarial process can be highly emotional on both sides. But when a divorcing individual is a "persuasive blamer"-someone who suffers from borderline personality disorder (BPD), narcissistic personality disorder (NPD), or simply has a high-conflict, manipulative personality-their behavior can have devastating ramifications for their former spouses. People with these disorders may adopt physical and verbal abuse as strategies, lie to lawyers and judges, manipulate the court, and may even level charges of abuse in order to get their way. Because persuasive blamers are so convincing and even charming, these techniques work surprisingly well and often result in unfair rulings. Splitting is a legal and psychological guidebook that everyone seeking a divorce from a persuasive blamer should own. Written by Bill Eddy, a family lawyer, divorce mediator, and experienced social worker, and Randi Kreger, BPD expert and author of the bestselling *Stop Walking on Eggshells*, it offers readers help for navigating the entire process of divorce: hiring and managing a divorce lawyer, reaching a reasonable settlement, protecting oneself and one's children from emotional and/or physical abuse from the former spouse, resisting false accusations, and getting enforceable court orders. The book also delves into the difficult-to-understand, aggressive behavior of persuasive blamers, offering readers psychological explanations for their former spouse's actions and help for coping emotionally with the spouse's extreme mood swings and impulsivity.

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