

Diary of a Headcase



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(Dr. Porter Mitchell)

DIARY OF A HEADCASE



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Lulu Press Inc, United Kingdom, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.A few months after swapping the London rat race for life in an Oxfordshire village, Faiza Siddiqui drove head first into a builder s van on her way to work and sustained a devastating head injury. Arriving in intensive care via air ambulance, she spent over a month in a coma. It was here that she learned to walk and talk again. Unable to work, or even leave the house, Faiza had to fill in the blank space her amnesia had wiped clean. She learned about neuroscience, frantically trying to piece together the broken shapes of her life. In this memoir she writes candidly about the bewildering new world she is learning to navigate with her now fractured brain. Combining brutal honesty with a charming sense of humour, Diary of a Headcase tells the story of her slow and frequently painful recovery. A window onto the human condition, it is a must-read for anyone who has ever lived or worked with someone affected by brain injury. Being down to earth and practical, it also offers useful guidance to other survivors.



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