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STOP YOUR SH*T SHOVELING: WHY YOUR LIFE IS IN THE TOILET AND WHAT YOU CAN DO ABOUT IT



Turtle Island Press, United States, 2012. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.If you keep repeating behaviors that you know are not good for you.if you talk endlessly about your problems but never make a serious move to change them. you could be a shit shoveler. Laments like these are suggestive of the problem: And then he cheated on me again, and I know he s not good...

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- Released at 2012



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