



Bipolar Disorder: A Guide for Patients and Families

By Francis Mark Mondimore

JOHNS HOPKINS UNIVERSITY PRESS, United States, 2014. Paperback. Book Condition: New. 3rd Revised edition. 226 x 150 mm. Language: English . Brand New Book. Compassionate and comprehensive, Dr. Francis Mondimore's pathbreaking guide has helped thousands of people and their loved ones cope with bipolar disorder. Now in its third edition, *Bipolar Disorder* has been thoroughly updated with new information about the causes of the disorder, tools for diagnosis, and advances in treatment. Dr. Mondimore surveys new medications for treating bipolar disorder, including asenapine, iloperidone, paliperidone, lurasidone, and oxcarbazepine, exploring the benefits and potential side effects of each. He also reviews the scientific studies that back up claims for recommended nutritional supplements, such as omega-3s and NAC - and tells you which ones to leave on the shelf. Dr. Mondimore discusses recent changes in the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) and reviews the exciting new findings of the largest multicenter evaluation of best-treatment practices for bipolar disorder ever carried out, the Systematic Treatment Enhancement Program for Bipolar Disorder (STEP-BD). He describes how these findings, gleaned from the treatment experiences of thousands of patients, will improve treatment decisions. With insight and sensitivity, Dr. Mondimore makes complex medical concepts...



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