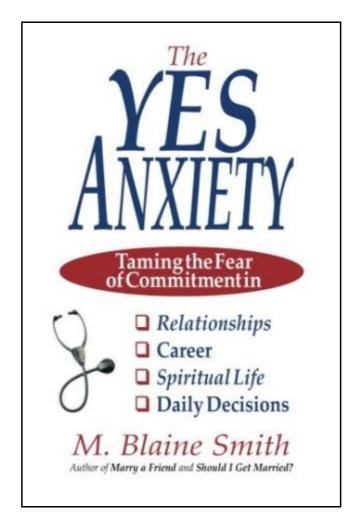
The Yes Anxiety Taming the Fear of Commitment in Relationships, Career, Spiritual Life and Daily Decisions



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Reviews

The publication is great and fantastic. It is probably the most remarkable book i actually have read through. Its been printed in an exceedingly easy way and it is merely right after i finished reading through this publication where in fact altered me, modify the way i think.

(Tomasa Witting)

THE YES ANXIETY TAMING THE FEAR OF COMMITMENT IN RELATIONSHIPS, CAREER, SPIRITUAL LIFE AND DAILY DECISIONS



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SilverCrest Books. Paperback. Book Condition: New. Paperback. 172 pages. Dimensions: 8.5in. x 5.5in. x 0.5in.l wanted this relationship so much. But after Susan agreed to marry me, I felt smothered. I could only think of getting out. I longed for this job, then I quit after a month. I couldnt stand being hemmed in. I looked at cars for weeks and was sure Id found the perfect buy. But the next morning I felt Id made a terrible mistake. Do you find it difficult to make commitments Even harder to live up to them After you give your word on something, are you plagued with second thoughts Do you dread completing projects or actually reaching a personal goal The fear of commitment torments countless people and it keeps them from finding Gods best. Blaine Smith looks closely and compassionately at the struggles even serious Christians have with the yes anxiety. His practical counsel will help you to: distinguish commitment fear from healthy caution break with self-defeating attitudes see the best when its less than perfect deal with mood swings and personal cycles confront the fear of success make commitments with confidence From Bookstore Journal: Smith does an excellent job helping readers tame the fear of commitment in their lives. Although his primary audience is Christians suffering from chronic commitment anxiety, he also targets people with less serious struggles. Smiths approach is practical and encouraging. Using real-life and biblical anecdotes, he shows how fear affects almost everyone. People dislike losing freedom and assuming new obligations; thus, commitment fear is at heart the dread of losing control. A main theme is Smiths belief that God gives people right opportunities, not perfect ones. He says its unrealistic and distressing to expect perfect certainly about Gods will in decision-making. Other topics include learning the...

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