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Nutrition and Growth in Children (Classic Reprint)

By William R P Emerson

Forgotten Books, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Nutrition and Growth in Children In 1908, while in charge of the Children s Out-Patient Clinic in the Boston Dispensary, I became interested in a number of undernourished children who kept coming to the dispensary week after week and month after month, passing from one department to another without receiving help. Their records showed long histories and repeated examinations, yet the most frequent diagnoses were Debility or No disease. From the medical standpoint there was nothing the matter with them, but from the point of view of physical fitness there was everything the matter with them. I formed a group or class of 12 of these children, and had them report once a week with the idea of studying them for the whole 24-hour period to discover if possible the real cause of their poor physical condition. In order to visualize their progress, as well as to arouse interest, I made charts showing the actual weight of the children from week to week, with a comparative line representing what their weight should be. The mothers...



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