



## Real L.I.F.E. Parenting: The Antidote to Parenting Information Overload

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By Gail Nagasako

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Countless How to Parent books have been written that teach methods. They include tips on everything from bottles to books, diapers to allowance, fevers to siblings. This book is not one of them. For even the best of those books offer only relative truths and their prescriptions do not always apply to every child or even one child in a variety of situations. And often even the best advice is taken too far. Real LIFE Parenting aims to empower readers to find their own way and discover their own answers. RLP accomplishes this through a minimum of theory and advice, instead providing games, questionnaires and Ponder Points to give parents experiential learning. An extensive bibliography gives readers a chance to explore these concepts further and refine their approach. Readers begin by doing a multiple choice self-assessment of parenting situations and possible responses. This establishes our starting point. Chapter One guides readers to see that we must be real (present and authentic) in all our relationships in order to be effective and to fully enjoy the pleasures that life...



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### Reviews

*Very beneficial to all of class of people. I am quite late in start reading this one, but better then never. You may like just how the writer create this publication.*

-- **Audra Klocko PhD**

*Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Germaine Welch**