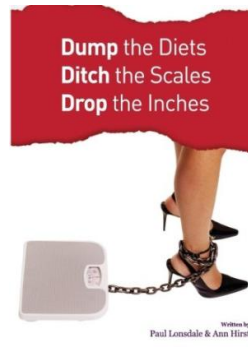


Dump the Diets, Ditch the Scales, Drop the Inches



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