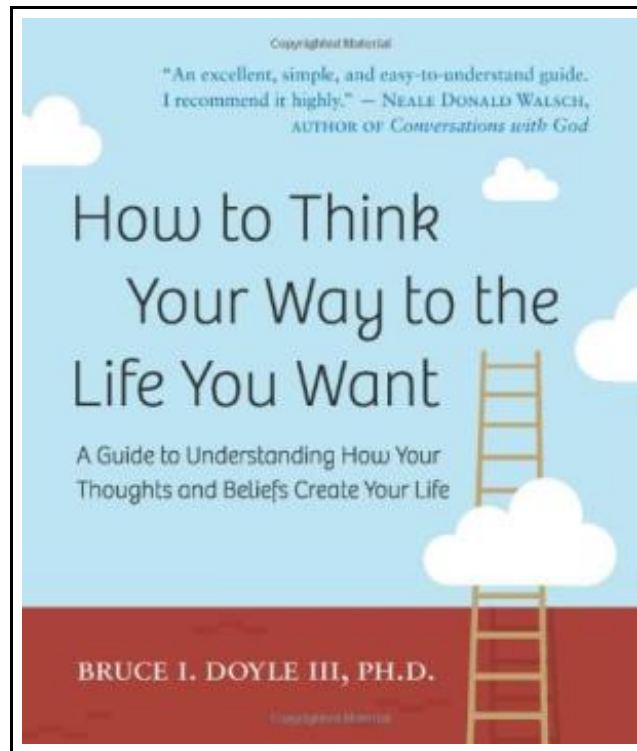


# How to Think Your Way to the Life You Want: A Guide to Understanding How Your Thoughts and Beliefs Create Your Life



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***(Dr. Kayden Gerlach)***

## HOW TO THINK YOUR WAY TO THE LIFE YOU WANT: A GUIDE TO UNDERSTANDING HOW YOUR THOUGHTS AND BELIEFS CREATE YOUR LIFE



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Hampton Roads Pub Co. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 6.4in. x 5.5in. x 0.5in. This accessible step-by-step guide simplifies the complex subject of how your thinking creates your life. You'll delight in learning how thought works, and how your thoughts connect you with the universe. You'll also discover why so many people place such a strong emphasis on the power of thought on the influence of beliefs, and on a positive attitude. In short, you'll learn why thought is a basic building block of creation. Among the topics covered: Thoughtforms exist to fulfill their intent. Thoughtforms attract similar thoughtforms. Thoughts that I accept as true become my beliefs. Beliefs determine my experience. Beliefs are empowering or limiting. Attention strengthens thoughtforms. The Universe mirrors my beliefs back to me. Beliefs are added and removed by choice. Belief precedes experience. **How to Think Your Way to the Life You Want** is a much expanded edition of **Before You Think Another Thought** with a new section covering ways to put thought and feeling into action. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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