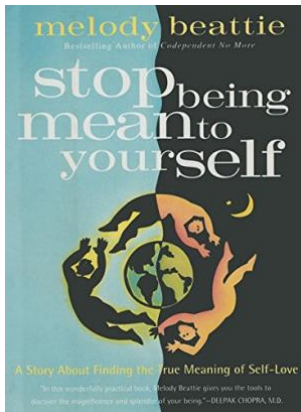


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# STOP BEING MEAN TO YOURSELF: A STORY ABOUT FINDING THE TRUE MEANING OF SELF-LOVE



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- Authored by Melody Beattie
- Released at 1997



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