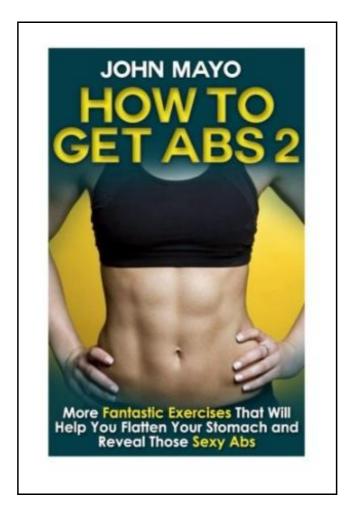
### How to Get ABS: More Fantastic Exercises That Will Help You Flatten Your Stomach and Reveal Those Sexy ABS



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