



## Soul Wisdom: Practical Soul Treasures to Transform Your Life

By Zhi Gang Sha

Simon & Schuster Ltd. Paperback. Book Condition: new. BRAND NEW, Soul Wisdom: Practical Soul Treasures to Transform Your Life, Zhi Gang Sha, Internationally acclaimed healer Dr Zhi Gang Sha provides a simple answer to the age-old question, what is the real secret to healing? The answer? Heal the soul first, then healing of the mind and body will follow. Trained as both a medical doctor and a practitioner of traditional Chinese medicine, Dr Sha takes integrative medicine to a whole new and exciting level that goes beyond mind over matter, emphasizing soul over matter. Soul Wisdom argues that spiritual blockages are due to bad karma, the sum of total mistakes one has made in this and previous lifetimes. By following Dr. Sha's teachings, readers can learn to clear up these blockages, particularly using such simple notions such as unconditional love, forgiveness and service. As Dr. Sha puts it, 'Love melts all blockages and forgiveness brings peace.' And most importantly, you have the ability to heal yourself. Essentially this is the an introductory guide for all of us to learn practical techniques to help open our minds, empower, heal and transform every aspect of our lives.



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