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PADRES CONSCIENTES



EDICIONES B, 2015. Book Condition: Nuevo. Prólogo del Dalai Lama. La doctora Shefali Tsabary explica que nuestros hijos solo pueden convertirse en adultos conscientes si nosotros, como padres, procuramos elevarnos a un estado superior de consciencia. Cambiando por completo la idea tradicional de crianza de los hijos, la doctora Tsabary aleja el epicentro de la clásica relación padreshijos basada en que los primeros «lo saben todo» y lo lleva a una relación mutua en la que los padres también aprenden...

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- · Authored by Tsabary, Shefali
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