



## Focus

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By Ingrid Ricks

RC Strategies Group. Paperback. Book Condition: New. Paperback. 102 pages. Dimensions: 8.4in. x 5.5in. x 0.3in. From The New York Times Bestselling Author of HIPPIE BOY An honest and inspiring reminder to live your dreams everyday, and cherish your family every precious moment you breathe. - Libby Hyland, Producer, Five Currents A strong addition to any contemporary memoir collection. - Midwest Book Review What would you focus on if you were going blind? At the age of 37, Ingrid Ricks walked into an eye doctors office expecting to walk out with a cute pair of red cat-eye frames. Instead, she learned she suffered from Retinitis Pigmentosa, an incurable eye disease that was stealing her eyesight and would eventually leave her completely blind. Gripped with the terrifying fear that she wouldn't see her two young daughters grow up, would become a burden to her husband, and would lose the career and independence that defines her, Ingrid embarks on a quest to fix her eyes that ends up fixing her life. Through an eight-year journey marked by a trip to South Africa to write about AIDS orphans, a four-day visit with a doctor who focuses on whole-body health, a relationship-changing confrontation with her husband and a life-changing lesson from her daughters, Ingrid learns...



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