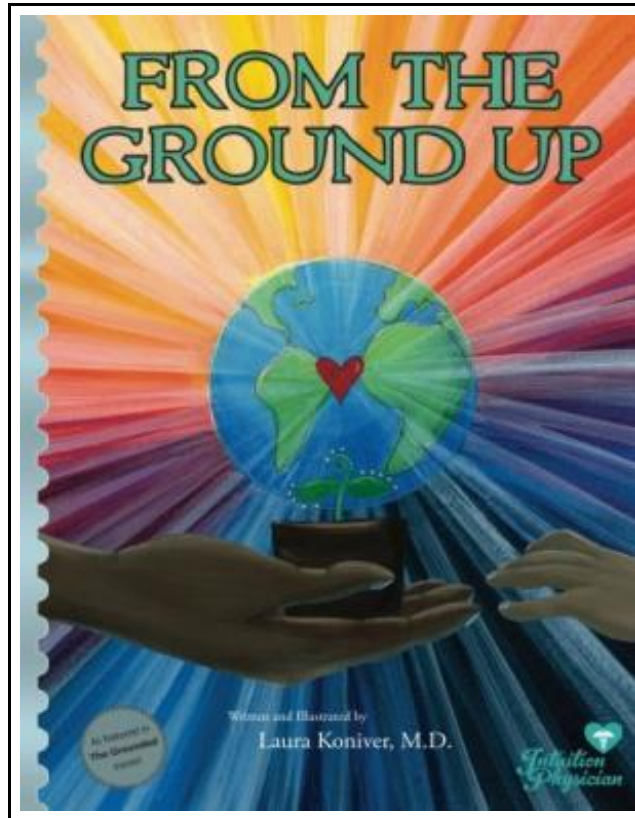


## From the Ground Up



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***(Newton Runolfsson)***

## FROM THE GROUND UP



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Do Life Right, Incorporated, United States, 2012. Paperback. Book Condition: New. Laura Koniver MD (illustrator). 274 x 213 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. From The Ground Up is the world s first healing children s book about grounding! Also known as earthing, connecting with the earth (ground) is one of the best things you can do to support your natural health and healing. This picture book illustrates for children, in full color, how Mother Earth is our ally in health and how we can use her powers to heal. There are text boxes with more detailed information for older children, and a parent reference section in the back full of more ideas for parents in supporting the health of their child. Parents can grab this book and read it outside with their child.and by the end of the book their child could be feeling more centered, happier, and healthier! A breakthrough picture book for all ages, baby through adult. Written by physician Laura Koniver, MD, one of the expert protagonists in the motion picture The Grounded. The Grounded is a movie about the extraordinary healing powers of the Earth. Dr. Koniver took the scientific and intuitive understanding about grounding, presented in the film, and translated this into an informative and enchanting picture book for children. Never before has this information been accessible to children the way it is presented in From The Ground Up. Read this book to your children, and discover new ways that you can both become grounded, healthy, and happy. Enjoy! BOOK REVIEWS: A timely story with wonderful illustrations that prompt our intuitive knowing of the Mother Earth effect: health and happiness. -Clinton Ober, co-author of Earthing: The Most Important Health Discovery Ever? Children mirror what you do, not what...



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