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Green Beauty Recipes: Easy Homemade Recipes to Make Your Own Natural and Organic Skincare, Hair Care, and Body Care Products

By Julie Gabriel

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 264 pages. Dimensions: 8.9in. x 5.9in. x 0.2in. Learn how to make your own beauty products at home using only natural ingredients. After reading this book, you will be able to create your own creams, lotions, cleansers, toners, masks, hair treatments, sun protection and baby care products. Discover which vegetable oils, herbs, floral waters, essential oils, plant-based emulsifiers, and natural preservatives to use, how to pack and label your own beauty products, and how to store them safely. Facial cleansers, moisturizers, anti aging serums, sun protection creams, hair treatments, and even perfumes and deodorants can be prepared easily at home using only natural, easily available ingredients. This book contains more than 200 recipes and step-by-step techniques used by the author, holistic nutritionist Julie Gabriel (THE GREEN BEAUTY GUIDE) to create her own organic skincare line, Petite Marie Organics (petitemarieorganics.com) Practical, straightforward, and fun, these recipes are equally suitable for green beauty enthusiasts as well as professional beauty practitioners. You can pamper yourself head to toe with luxurious hair masks, deep cleansing home facials, aromatic massage oils, nourishing body lotions, and age-reversing moisturizers in the most...

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