



DOWNLOAD



Listening Visits in Perinatal Mental Health: A Guide for Health Professionals and Support Workers

By Jane Hanley

Taylor Francis Ltd, United Kingdom, 2015. Paperback. Book Condition: New. 214 x 136 mm. Language: English . Brand New Book. Listening Visits in Perinatal Mental Health focuses on how women and families suffering from perinatal mental illness can be supported by a wide range of practitioners. Based on the skills of attentive listening, it is designed for use by health professionals and support workers concerned with maternal mental health and the mental health of the family. This accessible guide: * Covers the process and progression of perinatal mental health * Discusses the types of anxiety and depression which may occur during the perinatal period * Examines the impact of maternal mental illness of the infant, father and family * Explores the available assessment tools, such as the EPDS * Presents the theories behind the efficacy of listening and counselling skills, as well as the evidence which recommends this type of therapy * Gives suggestions of alternative therapeutic approaches and further resources to explore around perinatal mental health * Emphasises the importance of looking after yourself and making use of supervision and peer support. With chapters focused on listening to mothers, fathers and infants and paying attention to cultural diversity, Listening...



READ ONLINE
[7.38 MB]

Reviews

Basically no terms to clarify. It is actually written in basic terms rather than confusing. I found out this ebook from my dad and I suggested this book to find out.

-- **Elinore Vandervort**

If you need to add benefit, a must buy book. I could possibly comprehend every little thing out of this composed e pdf. I am quickly could get a enjoyment of looking at a composed book.

-- **Mrs. Mariam Hartmann**