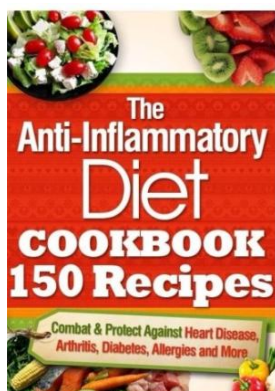


## Find Doc

# THE ANTI-INFLAMMATORY DIET COOKBOOK 150 RECIPES: COMBAT PROTECT AGAINST HEART DISEASE, ARTHRITIS, DIABETES, ALLERGIES AND MORE.



Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Anti-inflammatory lifestyle diets have been recommended by health care professionals for decades due to the health benefits derived from the diet, however, it is suggested that 7 out of 10 adults have never even heard of the diet! This is largely because of the lack of available information about the diet. Go to your local library or book...

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- Authored by Vanessa Brown
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