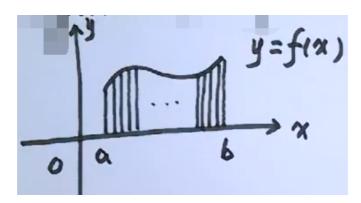
定积分理论

背景

一元不规则量的计算



$$egin{aligned} 1.a&=x_0 < x_1 < \ldots < x_n = b, [a,b] = [x_0,x_1] \cup [x_1,x_2] \cup \ldots \cup [x_{n-1},x_n] \ 2.orall \xi_i \in [x_{i-1},x_i],
otin S pprox \sum_{i=1}^n f(\xi_i) \Delta x_i \ 3.\lambda &= \max\{\Delta x_1,\Delta x_2,\ldots,\Delta x_n\} \end{aligned}$$



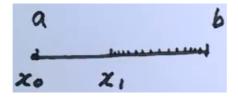
$$S = \lim_{\lambda o 0} \sum_{i=1}^n f(\xi_i) \Delta x_i$$

$$egin{aligned} v &= v(t), t \in [a,b], S = ? \ 1.a &= t_0 < t_1 < \ldots < t_n = b \ [a,b] &= [t_0,t_1] \cup [t_1,t_2] \cup \ldots \cup [t_{n-1},t_n] \ 2.orall \xi_i &\in [t_{i-1},t_i] \ S &pprox \sum_{i=1}^n v(\xi_i) \Delta t_i \ 3.\lambda &= \max\{\Delta t_1, \Delta t_2, \ldots, \Delta t_n\} \ S &= \lim_{\lambda o 0} \sum_{i=1}^n v(\xi_i) \Delta t_i \end{aligned}$$

定积分定义与一般性质

$$egin{aligned} 1.a &= x_0 < x_1 < \ldots < x_n = b \ 2. orall \xi_i \in [x_{i-1}, x_i], 作 \sum_{i=1}^n f(\xi_i) \Delta x_i \ 3.\lambda &= \max\{\Delta x_1, \Delta x_2, \ldots, \Delta x_n\} \ &rac{1}{8} \lim_{\lambda o 0} \sum_{i=1}^n f(\xi_i) \Delta x_i \exists \ & rac{1}{8} f(x) au[a,b] oxdot \exists \eta, \ \chi \in [a,b] oxdot \exists \eta, \ \chi \in [a,b]$$

1.
$$\lim_{\lambda \to 0} \sum_{i=1}^{n} f(\xi_i) \Delta x_i$$
与 $\begin{cases} [a, b]$ 分法
 ξ_i 取法
2. $\lambda \to 0 \Rightarrow n \to \infty$
 $\lambda \to 0 \Leftrightarrow n \to \infty$
 $\Rightarrow b - a = \Delta x_1 + \ldots + \Delta x_n \le n\lambda$
 $\Rightarrow n \ge \frac{b - a}{\lambda} \to \infty (\lambda \to 0)$
 \Leftrightarrow , 反例
 $n \to \infty$, 但 $\lambda = \frac{b - a}{2} \to 0$



3.f(x)有界不一定可积

反例:
$$f(x) = egin{cases} 1, x \in \mathbb{Q} \\ -1, x \in \mathbb{R} \setminus \mathbb{Q} \end{cases}$$

f(x)在[a,b]上有界

 $orall \xi_i \in \mathbb{Q}$:

$$\lim_{\lambda o 0} \sum_{i=1}^n f(\xi_i) \Delta x_i = \lim_{\lambda o 0} \sum_{i=1}^n \Delta x_i = b-a$$

 $orall oldsymbol{\xi}_i \in \mathbb{R} \setminus \mathbb{Q}$

$$\lim_{\lambda o 0} \sum_{i=1}^n f(\xi_i) \Delta x_i = -\lim_{\lambda o 0} \sum_{i=1}^n \Delta x_i = -(b-a)$$

$$\Rightarrow \lim_{\lambda o 0} \sum_{i=1}^n f(\xi_i) \Delta x_i$$
不存在

即f(x)在[a,b]上不可积

$$4.$$
若 $f(x)\in C[a,b]\Rightarrow f(x)$ 在 $[a,b]$ 上可积

5.设f(x)在[0,1]上可积,

$$[0,1] = [0,rac{1}{n}] \cup [rac{1}{n},rac{2}{n}] \cup \ldots \cup [rac{n-1}{n},rac{n}{n}]$$

$$(\lambda=rac{1}{n},\lambda o 0\Leftrightarrow n o\infty)$$

$$otag \xi_1=rac{0}{n}, \xi_2=rac{1}{n}, \ldots, \xi_n=rac{n-1}{n},$$
即 $\xi_i=rac{i-1}{n}(1\leq i\leq n)$

或

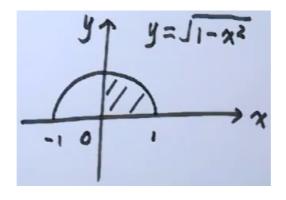
取
$$\xi_1 = \frac{1}{n}, \xi_2 = \frac{2}{n}, \dots, \xi_n = \frac{n}{n},$$
即 $\xi_i = \frac{i}{n} (1 \le i \le n)$

$$\lim_{\lambda o 0} \sum_{i=1}^n f(\xi_i) \Delta x_i = \lim_{n o \infty} rac{1}{n} \sum_{i=1}^n f(rac{i-1}{n}) = \lim_{n o \infty} rac{1}{n} \sum_{i=1}^n f(rac{i}{n}) = \int_0^1 f(x) dx$$

记
$$\lim_{n o\infty}rac{1}{n}\sum_{i=1}^nf(rac{i-1}{n})=\int_0^1f(x)dx,$$
或

$$\lim_{n\to\infty}\frac{1}{n}\sum_{i=1}^n f(\frac{i}{n}) = \int_0^1 f(x)dx$$

$$egin{aligned} &\lim_{n o \infty} rac{1}{n^2} (\sqrt{n^2 - 1^2} + \ldots + \sqrt{n^2 - n^2}) \ &= \lim_{n o \infty} rac{1}{n} \sum_{i=1}^n \sqrt{1 - (rac{i}{n})^2} = \int_0^1 \sqrt{1 - x^2} dx \ &= rac{\pi}{4} \end{aligned}$$



$$\lim_{n o \infty} (rac{1}{\sqrt{n^2 + 1}} + rac{1}{\sqrt{n^2 + 2}} + \ldots + rac{1}{\sqrt{n^2 + n}})$$
 $rac{n}{\sqrt{n^2 + n}} \le b_n \le rac{n}{\sqrt{n^2 + 1}}$
原式 $= 1$

$$\begin{split} &\lim_{n\to\infty}(\frac{1}{\sqrt{n^2+1^2}}+\frac{1}{\sqrt{n^2+2^2}}+\ldots+\frac{1}{\sqrt{n^2+n^2}})\\ &=\lim_{n\to\infty}\sum_{i=1}^n\frac{1}{\sqrt{n^2+i^2}}=\lim_{n\to\infty}\frac{1}{n}\sum_{i=1}^n\frac{1}{\sqrt{(\frac{i}{n})^2+1}}=\int_0^1\frac{dx}{\sqrt{x^2+1}}=\ln(x+\sqrt{x^2+1})|_0^1=\ln(1+\sqrt{2}) \end{split}$$

$$egin{aligned} &\lim_{n o\infty}(rac{\sqrt{n^4-i^4}}{n^4}+rac{2\sqrt{n^4-2^4}}{n^4}+\ldots+rac{n\sqrt{(n^4-n^4)}}{n^4})\ &=\lim_{n o\infty}\sum_{i=1}^nrac{i\sqrt{n^4-i^4}}{n^4}=\lim_{n o\infty}rac{1}{n}\sum_{i=1}^nrac{i}{n}\sqrt{1-(rac{i}{n})^4}=\int_0^1x\sqrt{1-x^4}dx \end{aligned}$$

$$\begin{split} &\lim_{n\to\infty}(\frac{1}{n^2+1^2}+\frac{2}{n^2+2^2}+\ldots+\frac{n}{n^2+n^2})\\ &=\lim_{n\to\infty}\sum_{i=1}^n\frac{i}{n^2+i^2}=\lim_{n\to\infty}\frac{1}{n}\sum_{i=1}^n\frac{\frac{i}{n}}{1+(\frac{i}{n})^2}=\int_0^1\frac{x}{1+x^2}dx=\frac{1}{2}\ln2 \end{split}$$

$$-|f(x)| \leq f(x) \leq |f(x)| \ -\int_a^b |f(x)| dx \leq \int_a^b f(x) dx \leq \int_a^b |f(x)| dx \ -B \leq A \leq B \ |\int_a^b f(x) dx| \leq \int_a^b |f(x)| dx$$

积分中值定理

$$f(x) \in C[a,b], \exists \xi \in [a,b]$$
 $\int_{-b}^{b} f(x) dx = f(\xi)(b-a)$

$$egin{aligned} f(x) &\in [a,b] \Rightarrow \exists m,M,
otin m \leq f(x) \leq M \ \int_a^b m dx \leq \int_a^b f(x) dx \leq \int_a^b M dx \ m(b-a) &\leq rac{1}{b-a} \int_a^b f(x) dx \leq M(b-a) \ \exists \xi \in [a,b],
otin f(\xi) &= rac{1}{b-a} \int_a^b f(x) dx \end{aligned}$$

$$f(x) \in C[0,1], (0,1)$$
可导 $, f(1) = 4 \int_0^{rac{1}{4}} f(x) dx$

证:
$$\exists \xi \in (0,1), \oplus f'(\xi) = 0$$

$$f(x) \in C[0,\frac{1}{4}] \Rightarrow \exists c \in [0,\frac{1}{4}], \oplus$$

$$\int_0^{\frac{1}{4}} f(x) dx = f(c)(\frac{1}{4} - 0) \Rightarrow 4 \int_0^{\frac{1}{4}} f(x) dx = f(c)$$

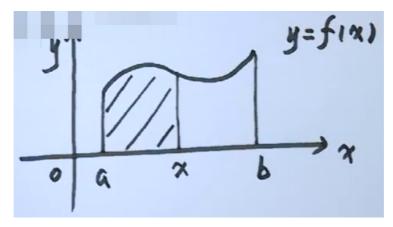
$$\Rightarrow f(c) = f(1)$$

$$\exists \xi \in (c,1) \subset (0,1), \oplus f'(\xi) = 0$$

定积分基本定理

$$1.\int x^2 dx
eq \int t^2 dt$$

$$2.\int_0^1 x^2 dx = \int_0^1 t^2 dt$$
 定积分由上下限和函数关系决定,与积分变量无关,即
$$\int_a^b f(x) dx = \int_a^b f(t) dt = \int_a^b f(u) du = \dots$$



设
$$f(x)\in C[a,b]$$
 $\int_a^x f(x)dx=\int_a^x f(t)dt=\Phi(x)$ 积分上限函数 f^x

$$1.\int_a^x f(x)dx$$
表达式 x 与上限 x 同否?不同 $\int_a^x f(x)dx = \int_a^x f(t)dt$ $2.\int_a^x f(x,t)dt$ 表达式 x 与上限 x 同否?同

定理1

设
$$f(x)\in C[a,b], \Phi(x)=\int_a^x f(t)dt$$
则 $\Phi'(x)=rac{d}{dx}\int_a^x f(t)dt=f(x)$

$$f(x)$$
连续, $f(0) = 0$, $f'(0) = \pi$, 求 $\lim_{x \to 0} \frac{\int_0^x f(t)dt}{x - \ln(1+x)}$ 原式 $= \lim_{x \to 0} \frac{f(x)}{1 - \frac{1}{x+1}} = \lim_{x \to 0} \frac{(x+1)f(x)}{x} = \lim_{x \to 0} \frac{f(x) + (x+1)f'(x)}{1} = f(0) + f'(0) = \pi$

设函数
$$f(x)$$
连续, $\phi(x)=\int_0^x (x-t)f(t)dt$, 求 $\phi''(x)$
$$\phi(x)=x\int_0^x f(t)dt-\int_0^x tf(t)dt$$

$$\phi'(x)=\int_0^x f(t)dt+xf(x)-xf(x)$$
 $\phi''(x)=f(x)$

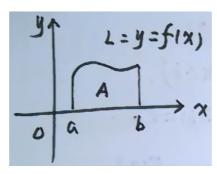
定理2 (N-L)

$$\int_0^1 rac{x}{1+x^4} dx = rac{1}{2} \int_0^1 rac{d(x^2)}{1+(x^2)^2} = rac{1}{2} \arctan x^2 \mid_0^1 = rac{\pi}{8}$$

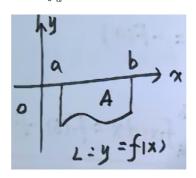
定积分基本性质

一般性质

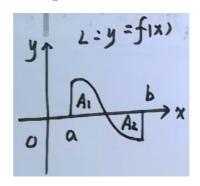
$$egin{aligned} 1.\int_a^b [kf(x)\pm lg(x)]dx &= k\int_a^b f(x)dx\pm l\int_a^b g(x)dx (k,l$$
常数) \ $2.\int_a^b f(x)dx &= \int_a^c f(x)dx + \int_c^b f(x)dx \ 3.\int_a^b 1dx &= b-a \end{aligned}$



$$\int_{a}^{b} f(x)dx = A$$



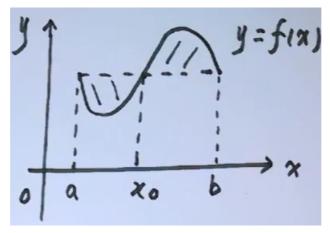
$$\int_{a}^{b} f(x)dx = -A$$



$$\int_a^b f(x) dx = A_1 - A_2$$

$$egin{aligned} 4. @f(x) &\geq 0 (a \leq x \leq b) \Rightarrow \int_a^b f(x) dx \geq 0 \ @f(x) &\geq g(x) (a \leq x \leq b) \Rightarrow \int_a^b f(x) dx \geq \int_a^b g(x) dx \ @f(x), |f(x)| 在 [a,b] 上可积,则 \ &|\int_a^b f(x) dx| \leq \int_a^b |f(x)| dx \end{aligned}$$

$$egin{aligned} 5.f(x)$$
在 $[a,b]$ 上可积,且 $m \leq f(x) \leq M$,则 $\int_a^b m dx \leq \int_a^b f(x) dx \leq \int_a^b M dx$,即 $m(b-a) \leq \int_a^b f(x) dx \leq M(b-a) \ 6.①(积分中值定理)设 $f(x) \in C[a,b] \Rightarrow \exists m,M \ 则 \exists \xi \in [a,b], 使 \int_a^b f(x) dx = f(\xi)(b-a) \end{aligned}$$



$$\int_a^b f(x)dx = f(\xi)(b-a)$$
 $\xi = a, x_0, b$ $i orange : f(x) \in C[a,b] \Rightarrow m, M$ $orange m \leq f(x) \leq M$ $orange m \leq \frac{\int_a^b f(x)dx}{b-a} \leq M$ $orange \in [a,b], \notin$ $orange f(\xi) = \frac{\int_a^b f(x)dx}{b-a}$ $orange f(x)dx = f(\xi)(b-a)$

②(积分中值定理推广)设 $f(x)\in C[a,b]$,则 $\exists \xi\in(a,b)$,使 $\int_a^b f(x)dx=f(\xi)(b-a)$ 证: $令 F(x)=\int_a^x f(t)dt, F'(x)=f(x)$

$$\int_a^b f(x)dx = F(b) = F(b) - F(a)$$
 $= F'(\xi)(b-a) = f(\xi)(b-a)(a < \xi < b)$

$$f(x) \in C[0,1]$$
内可导, $f(0) = \int_0^1 f(x) dx$,证: $\exists \xi \in (0,1)$,使 $f'(\xi) = 0$ 证: $令 F(x) = \int_0^x f(t) dt$, $F'(x) = f(x)$
$$\int_0^1 f(x) dx = F(1) = F(1) - F(0) = F'(c) = f(c) (0 < c < 1)$$
 $\therefore f(0) = f(c)$, $\therefore \exists \xi \in (0,c) \subset (0,1)$,使 $f'(\xi) = 0$

特殊性质

对称区间

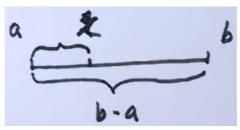
设
$$f(x) \in C[-a,a],$$
则 $\int_{-a}^{a} f(x)dx = \int_{0}^{a} [f(x)+f(-x)]dx$

$$1. \int_{-a}^{0} f(x)dx = \int_{0}^{a}, x = -t$$

$$2. \int_{a}^{a+b} f(x)dx = \int_{0}^{b}, x - a = t$$

$$3. \int_{a}^{b} f(x)dx = \int_{a}^{b}, x + t = a + b$$

$$4. \int_{a}^{b} f(x)dx = \int_{0}^{1}, x = a + (b - a)t$$



证:
$$\Xi = \int_{-a}^{0} f(x)dx + \int_{0}^{a} f(x)dx$$

$$\Box \int_{-a}^{0} f(x)dx = \int_{a}^{0} f(-t)(-dt) = \int_{0}^{a} f(-t)dt = \int_{0}^{a} f(-x)dx$$

$$\Xi = \int_{0}^{a} [f(x) + f(-x)]dx$$

$$\Xi f(-x) = -f(x) \Rightarrow \int_{-a}^{a} f(x)dx = 0$$

$$\Xi f(-x) = f(x) \Rightarrow \int_{-a}^{a} f(x)dx = 2 \int_{0}^{a} f(x)dx$$

$$\int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \frac{1}{e^x + 1} dx$$

$$= \int_{0}^{\frac{\pi}{4}} (\frac{1}{e^x + 1} + \frac{1}{e^{-x} + 1}) dx$$

$$= \int_{0}^{\frac{\pi}{4}} (\frac{1}{e^x + 1} + \frac{e^x}{e^x + 1}) dx$$

$$= \frac{\pi}{4}$$

$$\int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \frac{1}{1 - \sin x} dx$$

$$= \int_{0}^{\frac{\pi}{4}} (\frac{1}{1 - \sin x} + \frac{1}{1 + \sin x}) dx$$

$$= \int_{0}^{\frac{\pi}{4}} \frac{2}{1 - \sin^{2} x} = 2 \int_{0}^{\frac{\pi}{4}} \sec^{2} x dx$$

$$= 2 \tan x \mid_{0}^{\frac{\pi}{4}}$$

$$= 2$$

三角函数

设
$$f(x)\in C[0,1],$$
则 $\int_0^{rac{\pi}{2}}f(\sin x)dx=\int_0^{rac{\pi}{2}}f(\cos x)dx$ 证 $:x+t=rac{\pi}{2},d(x+t)=dx+dt=0$ $\int_0^{rac{\pi}{2}}f(\sin x)dx=\int_{rac{\pi}{2}}^0f(\cos t)(-dt)=\int_0^{rac{\pi}{2}}f(\cos t)dt$ $\int_0^{rac{\pi}{2}}f(\sin x)dx=\int_0^{rac{\pi}{2}}f(\cos x)dx$

$$Racklet I = \int_0^1 \frac{dx}{x + \sqrt{1 - x^2}}$$

 $\mathbf{m}: \mathbf{h} = \sin t$

$$I = \int_0^{\frac{\pi}{2}} \frac{\cos t}{\sin t + \cos t} dt = \int_0^{\frac{\pi}{2}} \frac{\cos x}{\sin x + \cos x} dx$$

$$\therefore I = \int_0^{\frac{\pi}{2}} \frac{\sin x}{\cos x + \sin x} dx$$

$$\therefore 2I = \int_0^{\frac{\pi}{2}} 1 dx = \frac{\pi}{2} \Rightarrow I = \frac{\pi}{4}$$

重点1

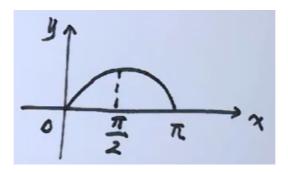
记:
$$\int_0^{rac{\pi}{2}} \sin^n x dx = \int_0^{rac{\pi}{2}} \cos^n x dx = I_n$$
 $\begin{cases} I_n = rac{n-1}{n} I_{n-2} \ I_0 = rac{\pi}{2} \ I_1 = 1 \end{cases}$

$$\int_{0}^{\frac{\pi}{2}} \sin^{11} x = I_{11} = \frac{10}{11} * \frac{8}{9} * \frac{6}{7} * \frac{4}{5} * \frac{2}{3} * I_{1} = \frac{10}{11} * \frac{8}{9} * \frac{6}{7} * \frac{4}{5} * \frac{2}{3} * 1$$

$$\int_{0}^{\frac{\pi}{2}} \cos^{10} x = I_{10} = \frac{9}{10} I_{8} = \frac{9}{10} * \frac{7}{8} * I_{6} = \frac{9}{10} * \frac{5}{6} * \frac{3}{4} * \frac{1}{2} * I_{0} = \frac{9}{10} * \frac{5}{6} * \frac{3}{4} * \frac{1}{2} * \frac{\pi}{2}$$

重点2

$$\int_0^\pi f(\sin x) dx = 2 \int_0^{rac{\pi}{2}} f(\sin x) dx
onumber \ \int_0^{rac{\pi}{2}} f(\sin x) dx = \int_{rac{\pi}{2}}^{\pi} f(\sin x) dx$$



$$egin{aligned} \mathbb{H} : & \int_{rac{\pi}{2}}^{\pi} f(\sin x) dx, x - rac{\pi}{2} = t \ & \int_{0}^{rac{\pi}{2}} f(\cos t) dt = \int_{0}^{rac{\pi}{2}} f(\cos x) dx \ & = \int_{0}^{rac{\pi}{2}} f(\sin x) dx \end{aligned}$$

$$I=\int_0^{rac{\pi}{2}}\sin^2xdx$$
 $I=\int_0^{rac{\pi}{2}}\cos^2xdx$ $2I=\int_0^{rac{\pi}{2}}1dx=rac{\pi}{2}$ $I=rac{\pi}{4}$

$$I = \int_{-\pi}^{\pi} \frac{\sin^2 x}{1 + e^{-x}} dx$$

$$\Re : I = \int_{0}^{\pi} \frac{\sin^2 x}{1 + e^{-x}} + \frac{\sin^2 x}{1 + e^x} dx$$

$$= \int_{0}^{\pi} \left(\frac{1}{1 + e^{-x}} + \frac{1}{1 + e^x}\right) \sin^2 x dx$$

$$= \int_{0}^{\pi} \sin^2 x dx$$

$$= 2 \int_{0}^{\frac{\pi}{2}} \sin^2 x dx$$

$$= 2I_2$$

$$= 2 * \frac{1}{2} * \frac{\pi}{2}$$

$$= \frac{\pi}{2}$$

$$f,g\in C[-a,a], f(x)+f(-x)\equiv A, g(-x)=g(x),$$
1.证: $\int_{-a}^a f(x)g(x)dx=A\int_0^a g(x)dx$ 2.求 $I=\int_{-\pi}^\pi rctan e^x\cdot \sin^2 x dx$

1.证:
$$\int_{-a}^{a} f(x)g(x)dx = \int_{0}^{a} [f(x)g(x) + f(-x)g(-x)]dx$$

$$= \int_{0}^{a} [f(x) + f(-x)]g(x)dx = A \int_{0}^{a} g(x)dx$$
2.解: $I = \int_{0}^{\pi} (\arctan e^{x} + \arctan e^{-x}) \cdot \sin^{2}xdx$

$$\therefore (\arctan e^{x} + \arctan e^{-x})' = \frac{e^{x}}{1 + e^{2x}} - \frac{e^{-x}}{1 + e^{-2x}} = 0$$

$$\therefore \arctan e^{x} + \arctan e^{-x} \equiv A$$

$$x = 0$$

$$\therefore A = \frac{\pi}{2}$$

$$\therefore I = \frac{\pi}{2} \int_{0}^{\pi} \sin^{2}x dx = \pi I_{2} = \frac{\pi}{2} I_{0} = \frac{\pi^{2}}{4}$$

$$\int_0^\pi f(|\cos x|) dx = 2 \int_0^{rac{\pi}{2}} f(\cos x) dx \ \int_0^\pi f(\cos^{2n} x) dx = 2 \int_0^{rac{\pi}{2}} f(\cos^{2n} x) dx$$

$$\int_{0}^{\pi} \frac{|\cos x|}{1 + \sin^{2} x} dx$$

$$= 2 \int_{0}^{\frac{\pi}{2}} \frac{d(\sin x)}{1 + \sin^{2} x}$$

$$= 2 \arctan(\sin x) \mid_{0}^{\frac{\pi}{2}}$$

$$= \frac{\pi}{2}$$

$$\int_0^\pi x f(\sin x) dx = \frac{\pi}{2} \int_0^\pi f(\sin x) dx$$

$$i \mathbb{E} : I = \int_0^\pi x f(\sin x) dx, x + t = \pi$$

$$= \int_0^0 (\pi - t) f(\sin t) \cdot (-dt)$$

$$= \int_0^\pi (\pi - t) f(\sin t) dt = \int_0^\pi (\pi - x) f(\sin x) dx$$

$$= \pi \int_0^\pi f(\sin x) dx - \int_0^\pi x f(\sin x) dx = \pi \int_0^\pi f(\sin x) dx - I$$

$$\Rightarrow \int_0^\pi x f(\sin x) dx = \frac{\pi}{2} \int_0^\pi f(\sin x) dx$$

$$\int_0^{\pi} x \sin^3 x dx$$

$$= \frac{\pi}{2} \int_0^{\pi} \sin^3 x dx$$

$$= \pi I_3$$

$$= \frac{2\pi}{3}$$

求
$$I = \int_0^\pi \sin^2 \sqrt{x} dx$$
解:令 $\sqrt{x} = t, x = t^2$

$$I = 2 \int_0^\pi t \sin^2 t dt$$

$$= 2 * \frac{\pi}{2} \int_0^\pi \sin^2 t dt$$

$$= 2\pi \frac{1}{2} \frac{\pi}{2} = \frac{\pi^2}{2}$$

平移性质

设
$$f(x)$$
连续且以 $T>0$ 为周期,则 $1.\int_a^{a+T}f(x)dx=\int_0^Tf(x)dx$ (平移性质) $2.\int_0^{nT}f(x)dx=n\int_0^Tf(x)dx$ 证: $\int_a^{a+T}f(x)dx=\int_a^0f(x)dx+\int_0^Tf(x)dx+\int_T^{a+T}f(x)dx$ 而 $\int_T^{a+T}f(x)dx,x-T=t,\int_0^af(t)dt=\int_0^af(x)dx$ ∴ $\int_a^{a+T}f(x)dx=\int_0^Tf(x)dx$

$$\int_{\frac{\pi}{4}}^{\frac{5\pi}{4}} \sin^4 x dx$$

$$= \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \sin^4 x dx$$

$$= 2 \int_{0}^{\frac{\pi}{2}} \sin^4 x dx$$

$$= 2 * \frac{3}{4} * \frac{1}{2} * \frac{\pi}{2} = \frac{3}{8} \pi$$

$$\begin{split} I &= \int_0^\pi |\sin x + \cos x| dx \\ \text{解}: (法一: I = \int_0^{\frac{\pi}{2}}) \\ \text{法一: } I &= \int_0^{\frac{3\pi}{4}} (\sin x + \cos x) dx - \int_{\frac{3\pi}{4}}^{\pi} (\sin x + \cos x) dx \\ \text{法二: } I &= \sqrt{2} \int_0^\pi |\sin (x + \frac{\pi}{4})| d(x + \frac{\pi}{4}) \\ &= \sqrt{2} \int_{\frac{\pi}{4}}^{\frac{5\pi}{4}} |\sin x| dx \\ &= \sqrt{2} \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} |\sin x| dx \\ &= 2\sqrt{2} \int_0^{\frac{\pi}{2}} \sin x dx = 2\sqrt{2} \end{split}$$

补充

$$f(x) \in C[a,b], \Phi(x) = \int_a^x f(t)dt,$$
則 $\Phi'(x) = f(x)$
证: $\Delta \Phi = \Phi(x + \Delta x) - \Phi(x) = \int_a^{x+\Delta x} f(t)dt - \int_a^x f(t)dt$
 $= \int_x^{x+\Delta x} f(t)dt = f(\xi)\Delta x(\xi \pm x = x + \Delta x \ge 0)$
 $\Rightarrow \frac{\Delta \Phi}{\Delta x} = f(\xi) \Rightarrow \lim_{\Delta x \to 0} \frac{\Delta \Phi}{\Delta x} = \lim_{\Delta x \to 0} f(\xi)$
即 $\Phi'(x) = f(x)$