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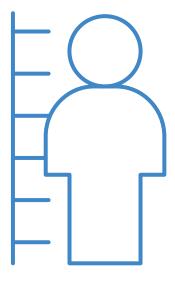
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# Blue Measurement Guide x BodyLabs GENERAL



## Height

JSON Name: height

**Colloquial Definition:** Height of the person, standing fully upright.

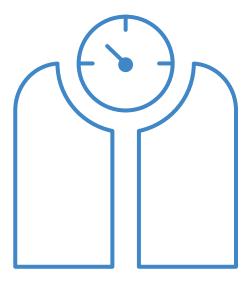
Anthropometric Definition: Height from the top most point of the head to the floor.



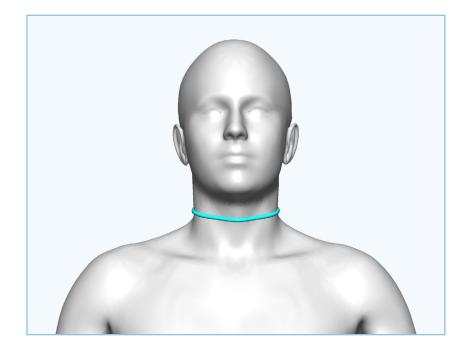
JSON Name: weight

**Colloquial Definition:** Weight of the person.

Anthropometric Definition: Weight of the person.



# Blue Measurement Guide x BodyLabs TORSO

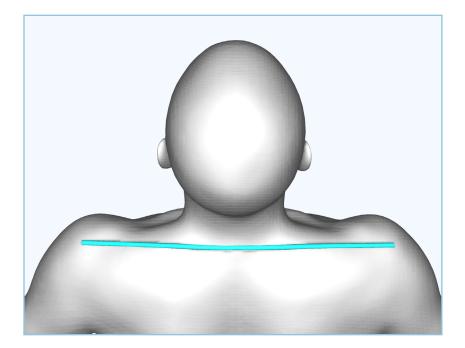


### Neck

JSON Name: neck

**Colloquial Definition:** Circumference of the neck.

Anthropometric Definition: Cross section at minimum between Cervicale and 10 cm above Cervicale.



## Across Back Shoulder Neck

JSON Name: across\_back\_shoulder\_neck

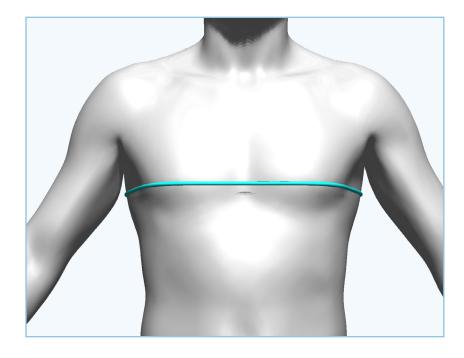
#### Colloquial Definition:

Distance from one shoulder to the other passing over the back of the neck.

#### Anthropometric Definition:

Segemented path from Left Acromion, to Cervicale, to Right Acromion.

# Blue Measurement Guide x BodyLabs TORSO



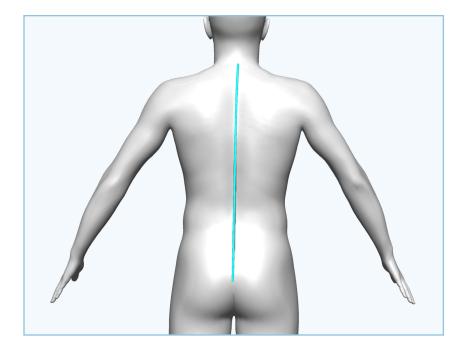
## Chest

JSON Name: chest

**Colloquial Definition:** Circumference of the chest at nipple level.

Anthropometric Definition:

Cross section at Center Thelion (mean of Left Thelion/Bustpoint and Right Thelion/Bustpoint).



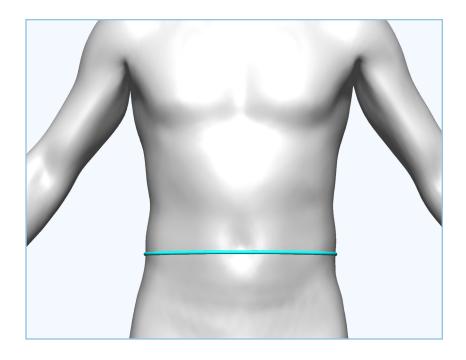
Neck to Gluteal Hip Commonly referenced as Shirt Length

JSON Name: neck\_to\_gluteal\_hip

Anthropometric Definition: Segmented path from Cervicale to <u>Gluteal Hip</u> Height.

**Colloquial Definition:** Distance from the back of the neck to the height of the <u>Gluteal Hip</u>.

# Blue Measurement Guide x BodyLabs WAIST AND HIPS

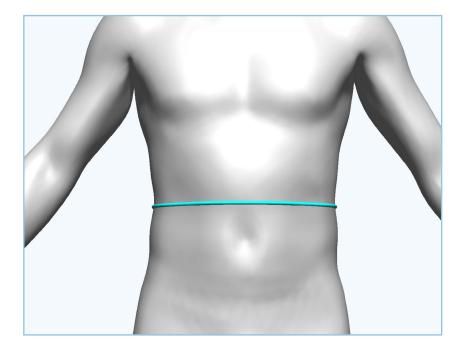


### **Belly Button Waist**

JSON Name: belly\_button\_waist

Anthropometric Definition: Cross section at the Omphalion.

**Colloquial Definition:** Circumference of the waist at belly button.



## Natural Waist

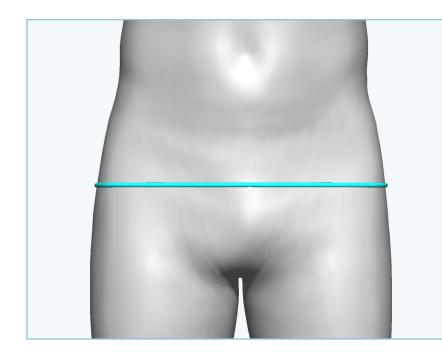
JSON Name: natural\_waist

**Colloquial Definition:** Minimum circumference of the mid torso.

#### Anthropometric Definition:

Cross section at minimum between Center Iliocristale (mean of Right Iliocristale and Left Iliocristale) and Center Tenth Rib (mean of Right Tenth Rib and Left Tenth Rib).

## Blue Measurement Guide x BodyLabs WAIST AND HIPS



Gluteal Hip Commonly referenced as Low Hip

JSON Name: gluteal\_hip

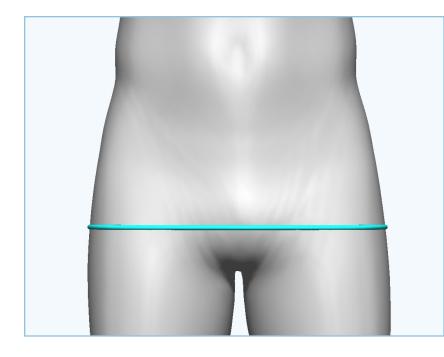
#### **Colloquial Definition:**

Circumference of the low hip at the level of the most prominent point of the buttocks.

#### **Anthropometric Definition:**

Cross section at most protuberant point between Center PSIS\* (mean of Left PSIS and Right PSIS) and Crotch.

\* Iliac Spine, Posterior, Superior



## Maximum Hip

JSON Name: maximum\_hip

#### **Colloquial Definition:**

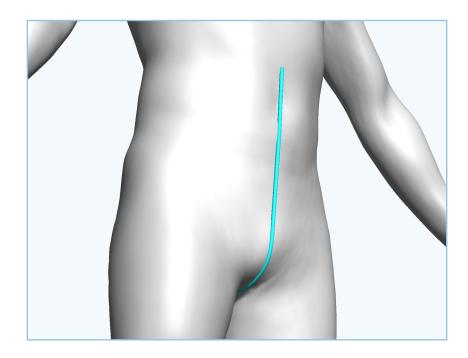
Circumference of the hips at the maximum girth between crotch and hip bones.

#### Anthropometric Definition:

Cross section at maximum circumference between Center ASIS\* (mean of Left ASIS and Right ASIS) and Crotch.

\* Iliac Spine, Anterior, Superior

# Blue Measurement Guide x BodyLabs WAIST AND HIPS



## Natural Waist Rise

JSON Name: natural\_waist\_rise

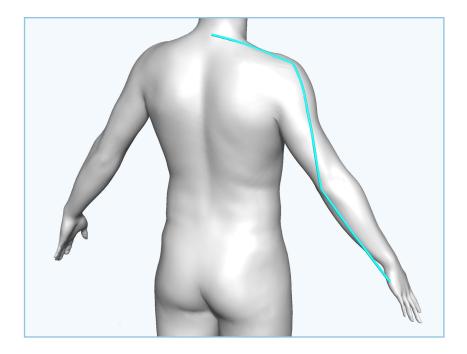
#### **Colloquial Definition:**

Distance from the front of the <u>Natural</u> <u>Waist</u> to the crotch to the back of the <u>Natural Waist</u>.

#### Anthropometric Definition:

Segmented path from Front <u>Natural Waist</u>, to Crotch, to Back <u>Natural Waist</u>.

# Blue Measurement Guide x BodyLabs ARMS



## Neck Shouder Elbow Wrist

Commonly referenced as Sleeve Length

## JSON Name:

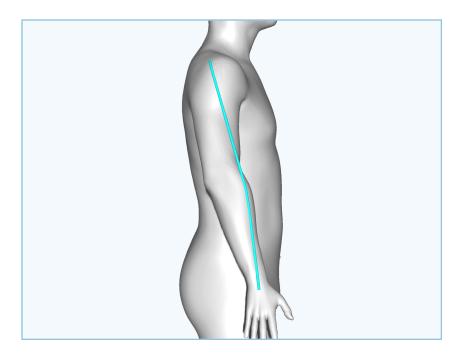
neck\_shoulder\_elbow\_wrist

#### **Colloquial Definition:**

Distance from the back of the neck to the wrist passing across the shoulder and the elbow.

#### **Anthropometric Definition:**

Segmented path from Cervicale, to Acromion, to Olecranon, to Ulnar Styloid.



## Shoulder to Midhand

JSON Name: shoulder\_to\_midhand

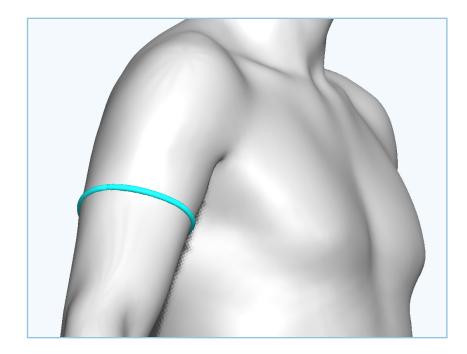
#### **Colloquial Definition:**

Distance from the shoulder to the middle of the hand, via the side of the arm.

#### Anthropometric Definition:

Segmented path from Acromion to Midhand Girth (mean between Ulnar Styloid and Metacarpal-Phalangeal V).

# Blue Measurement Guide x BodyLabs ARMS



### Mid Upper Arm Commonly referenced as Bicep

JSON Name: mid\_upper\_arm

#### **Colloquial Definition:**

Circumference of the upper arm between the shoulder and the elbow.

#### Anthropometric Definition:

Cross section at Center Acromion-Radiale (mean of Acromion and Radiale).



## Wrist

JSON Name: wrist

**Colloquial Definition:** Circumference of the wrist.

Anthropometric Definition: Cross Section at Center Ulnar-Radial (mean of Ulnar Styloid and Radial Styloid).

# Blue Measurement Guide x BodyLabs LEGS



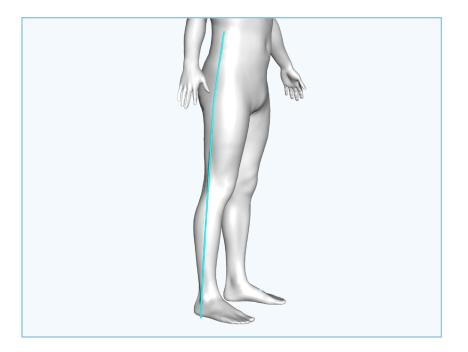
# Crotch Knee Floor

Commonly referenced as Inseam

JSON Name: crotch\_knee\_floor

**Colloquial Definition:** Distance from the crotch to the floor, passing over the knee.

Anthropometric Definition: Segmented path from Crotch, to Knee, to Floor.



## Outer Natural Waist to Floor

Commonly referenced as Outseam

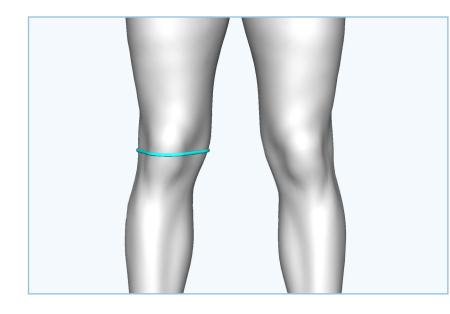
JSON Name: outer\_natural\_waist\_to\_floor

#### **Colloquial Definition:**

Distance from the waist to the floor, along the outside of the leg.

Anthropometric Definition: Segmented path from the side of the <u>Natural Waist</u> to the floor.

# Blue Measurement Guide x BodyLabs LEGS

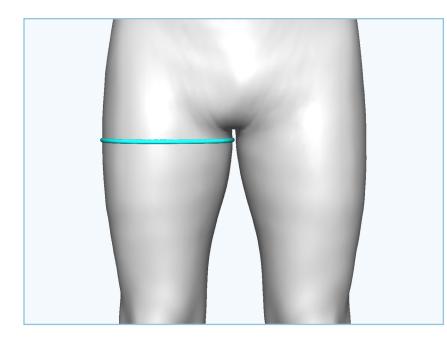


### Knee

JSON Name: knee

**Colloquial Definition:** Circumference of the knee.

Anthropometric Definition: Cross section at Knee Crease.



## Maximum Thigh

JSON Name: maximum\_thigh

**Colloquial Definition:** Circumference of the thigh.

#### Anthropometric Definition:

Cross section at maximum circumference between Center Crotch-Knee (mean of Crotch and Knee Crease) and 2cm below the Crotch.