

Patient One Diagnosis and Treatment:

Management:

Lifestyle modification;

Weight management and cessation of smoking.

- ORAL DOXYCYCLINE 100 mg BD x 12 weeks
- Topical CLINDAMYCIN, twice daily.
- Intralesional corticosteroids for the inflammatory nodules.
- Surgical opinion in view of recurrence.

Conclusion-

An obese female presenting with pustular nodules seen in axillae of both the arms, associated with severe pain and discomfort with no history of any infectious diseases in the past was diagnosed with Hidradenitis suppurativa based on the clinical features and investigations. Management includes systemic antibiotics, topical clindamycin, and intralesional corticosteroids. Surgical opinion must be taken in view of persistent sinus tracts.