

A large-scale analysis of test-retest reliabilities of self-regulation measures

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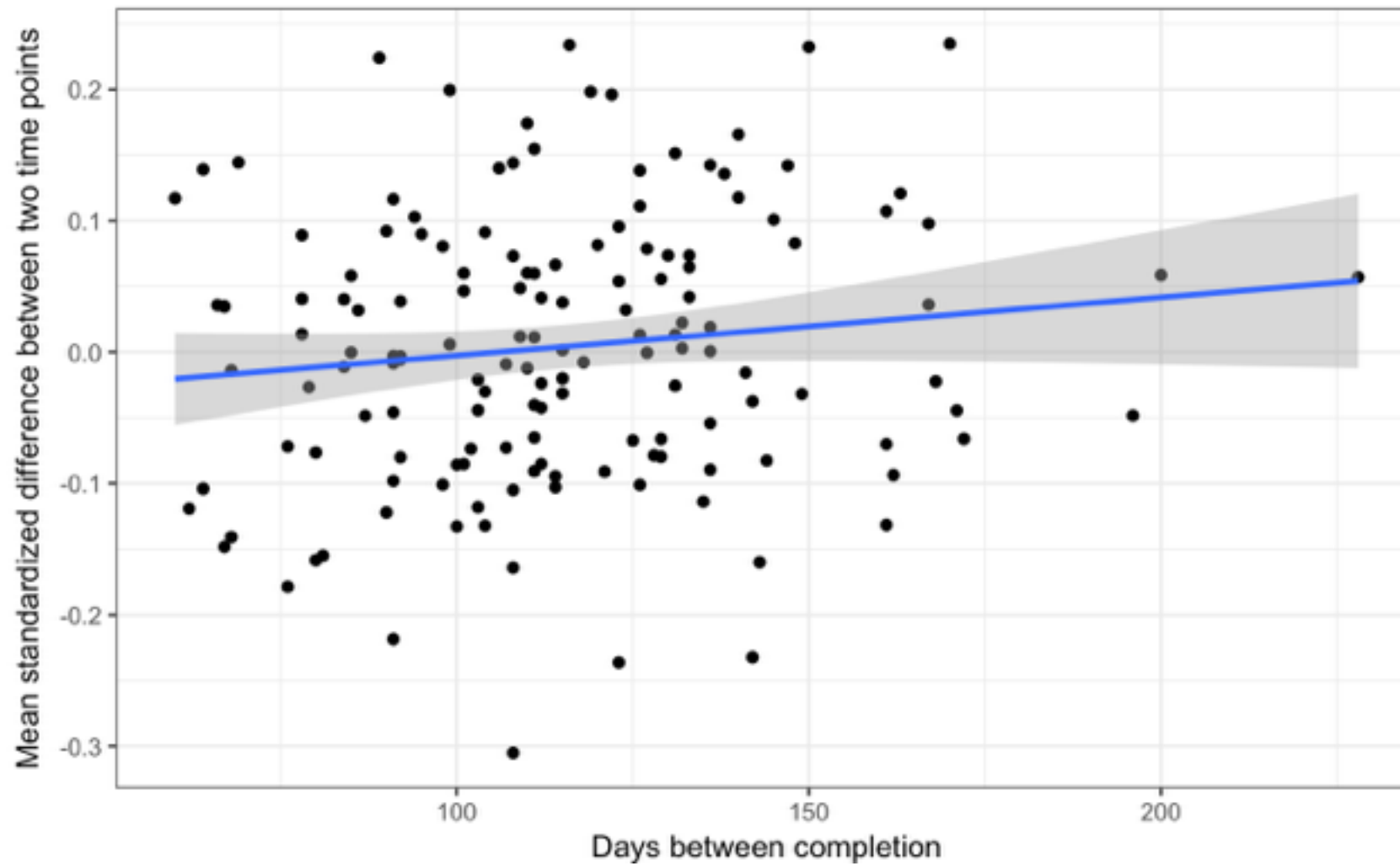
Motivation

- The literature on retest reliabilities for task measures of self-regulation is not coherently and comprehensively summarized
- This hinders their evaluation as behavioral assays suitable for individual difference analyses

Procedure

- N = 150; 37 tasks; 23 surveys; 3 demographics
- Invited participants were chosen randomly and only subsets of them were invited for a given batch with the intention to avoid a potential oversampling and bias towards “high self regulators”.
- In total 242 participants were invited, 175 began the battery, 157 completed the battery and 150 provided data that passed qc for both time points.
- Data collection took place on average 115 number of days after the completion of the initial battery with a range of 60 to 228 days

Results

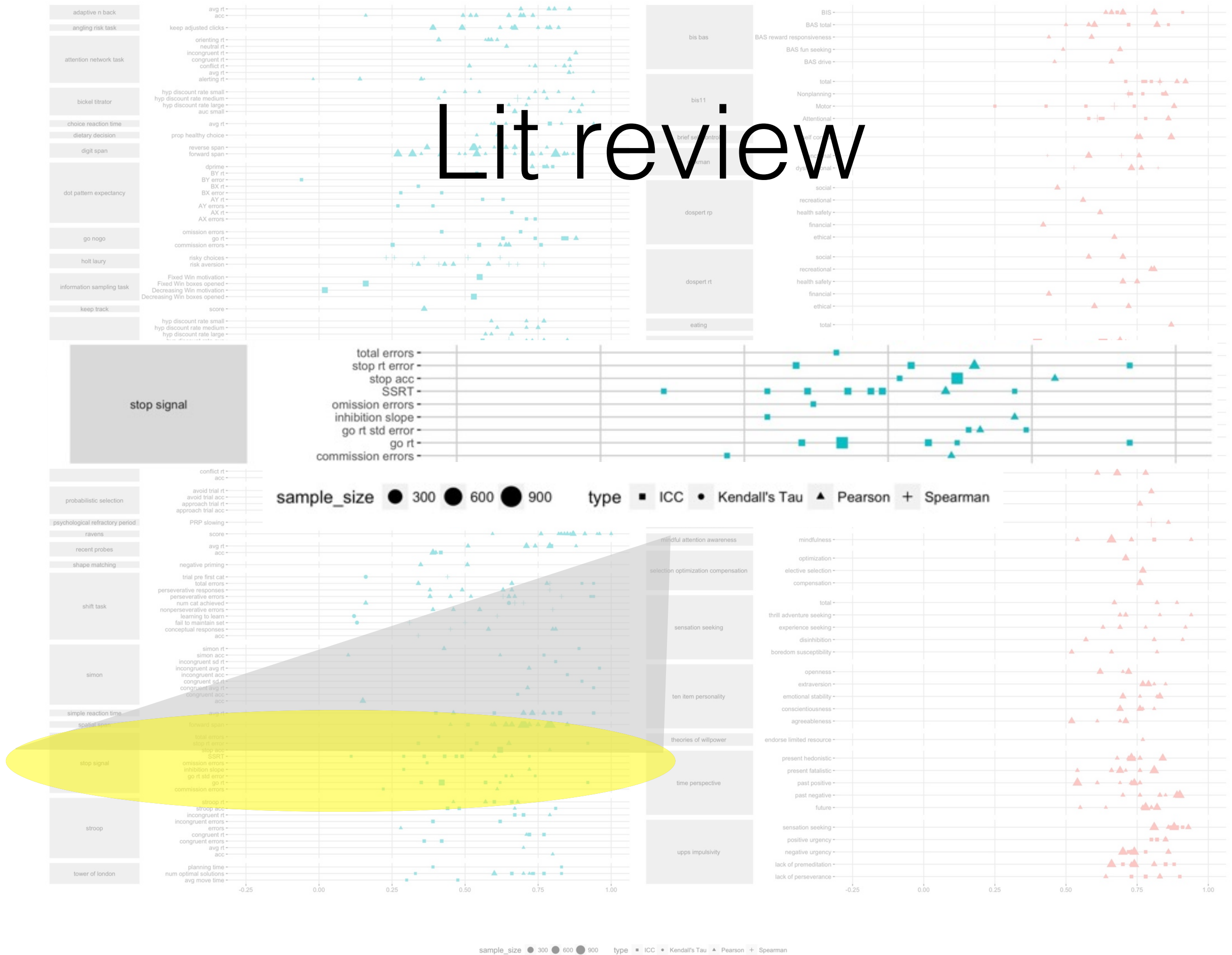


$$b = 0.0004, t = 1.55, p = 0.12$$

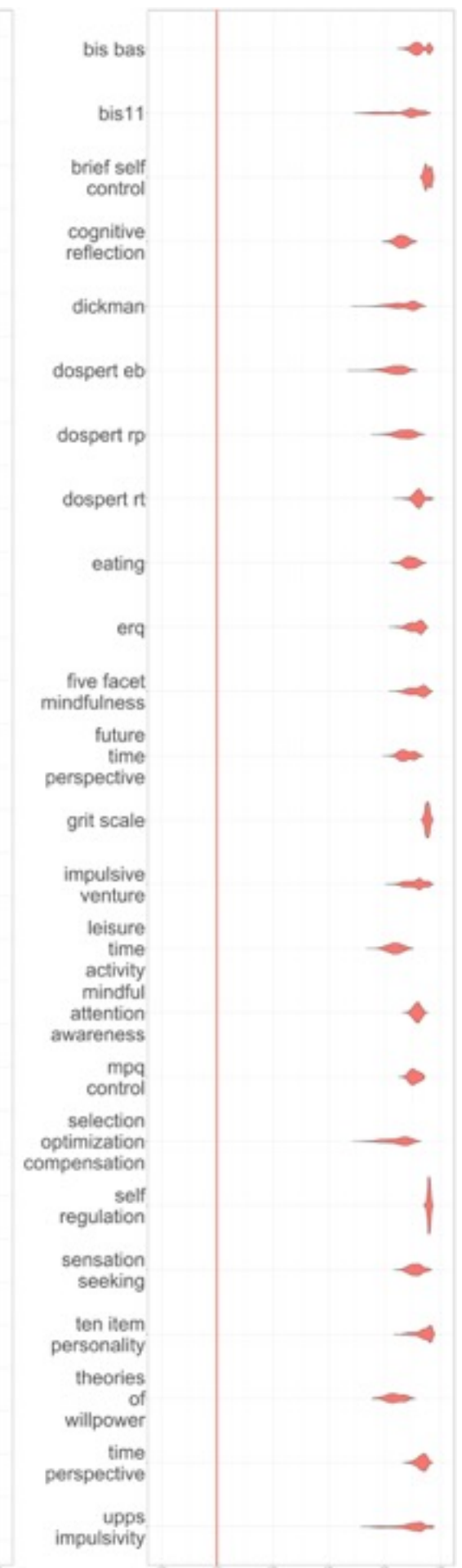
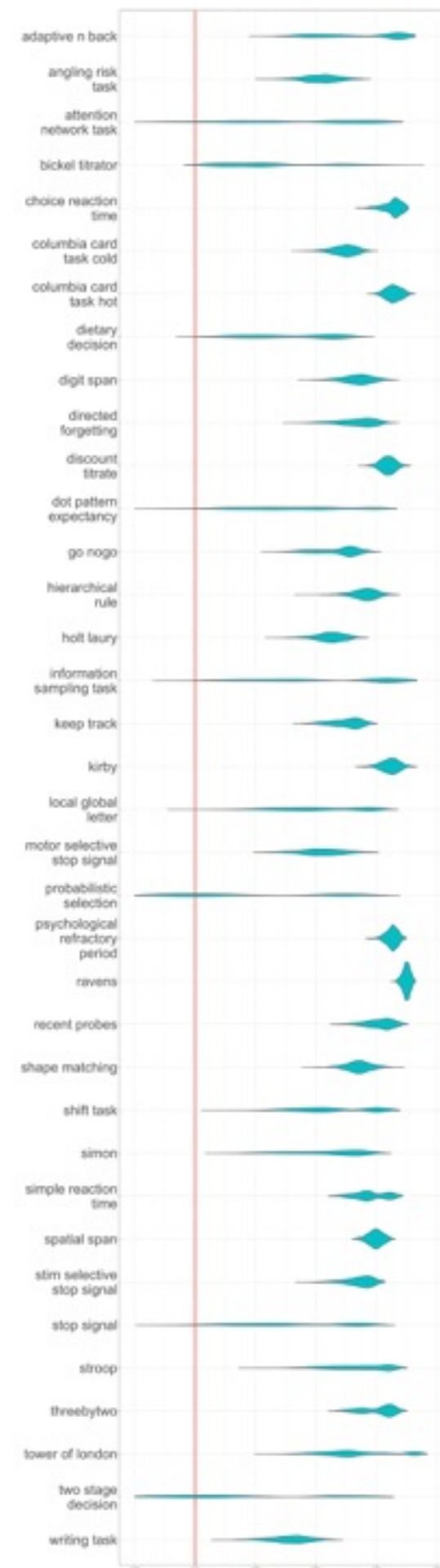
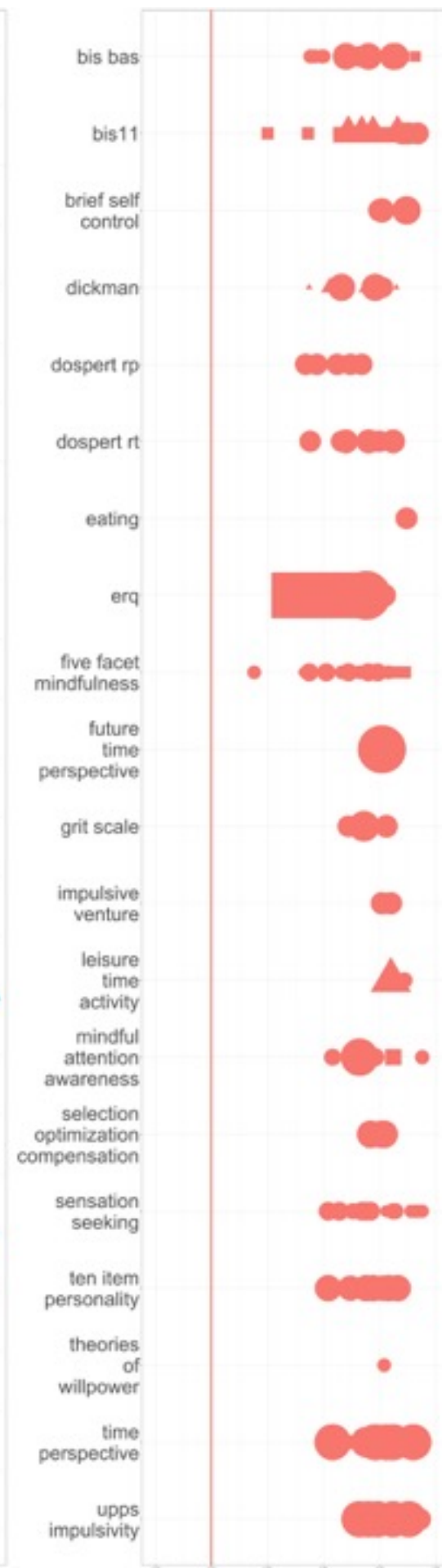
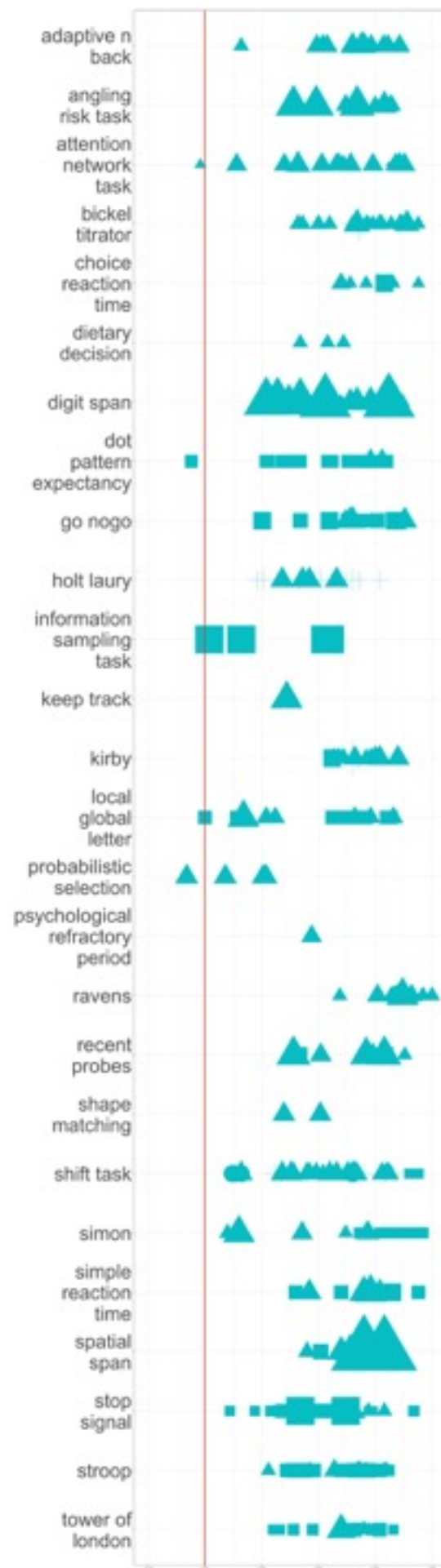
Lit review



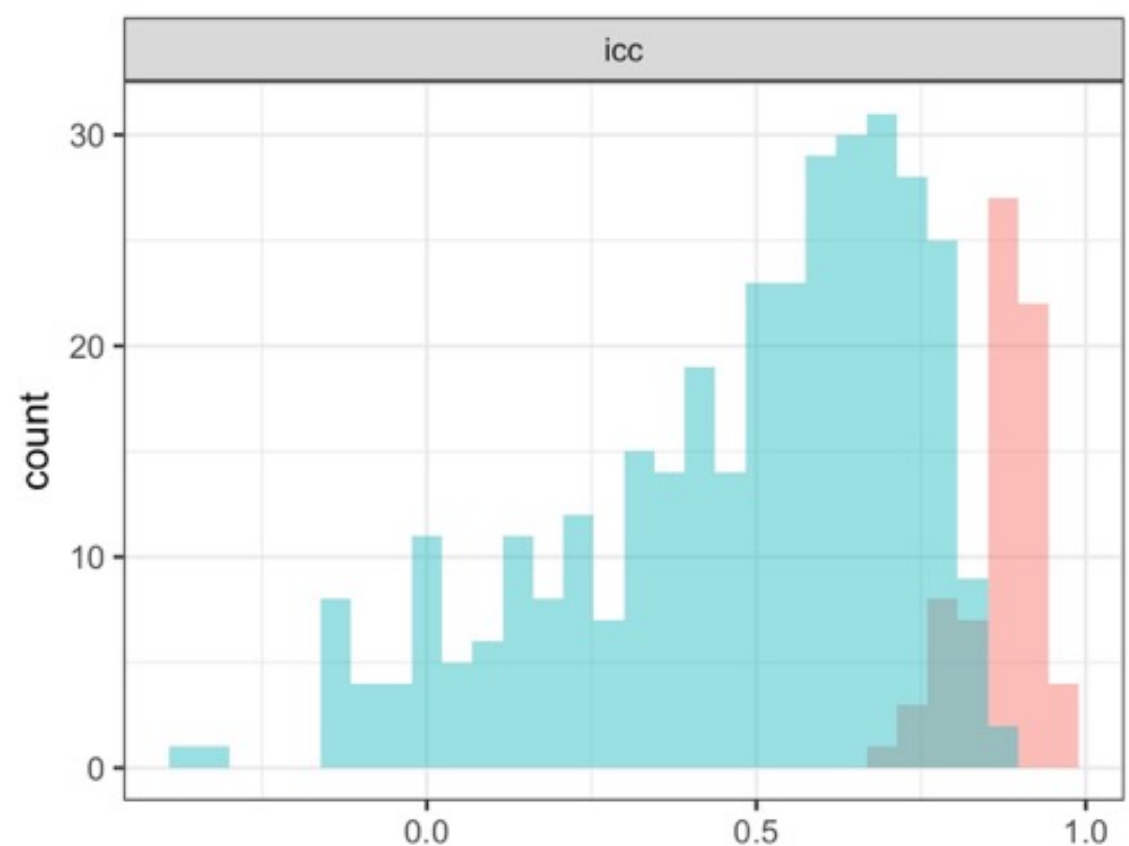
Lit review







Results

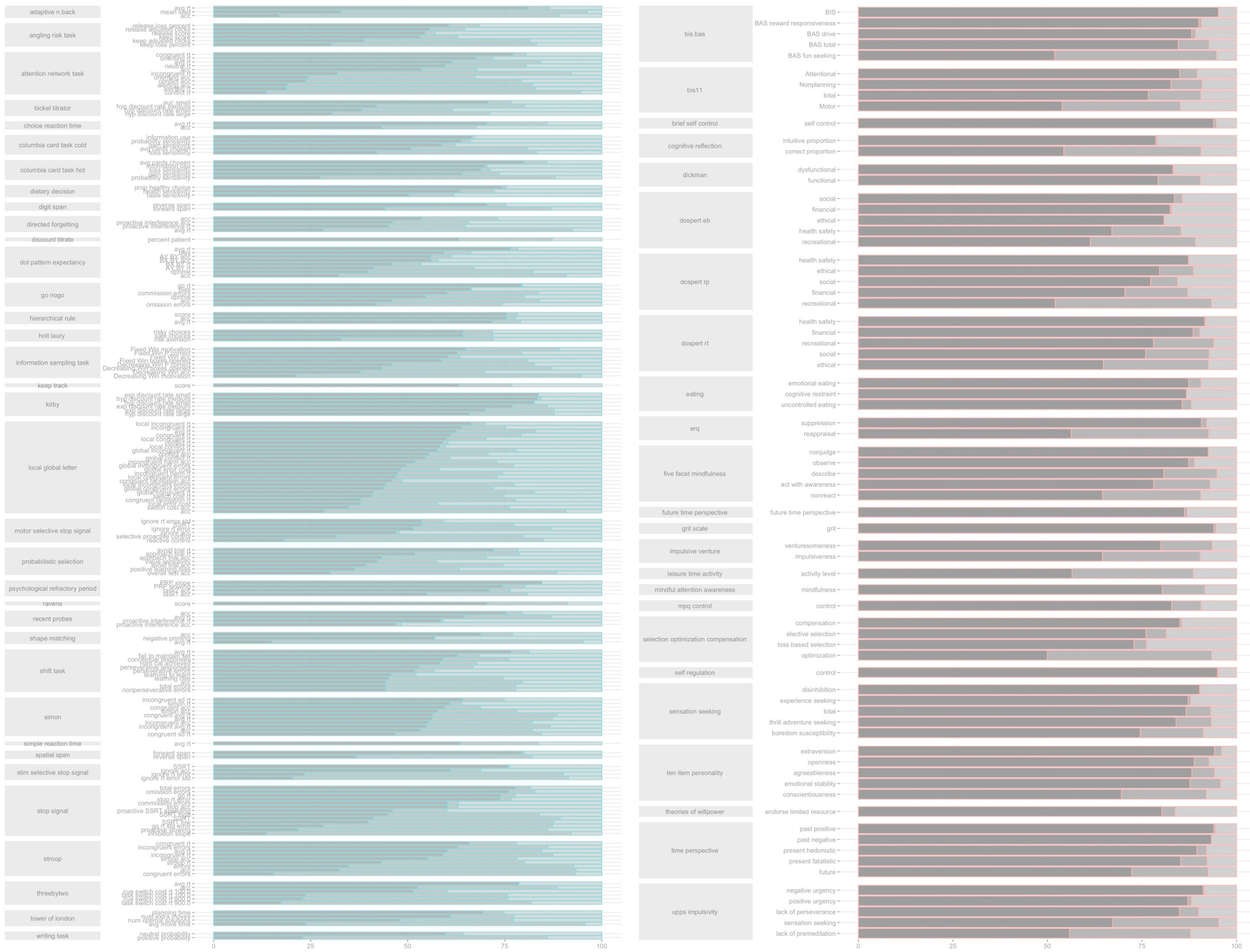


$b = -0.41, t(344) = -12.6, p < 0.001$

task ▾	median_spearman ▾	median_icc ▾	median_pearson ▾	median_eta_sq ▾	median_sem ▾	num_vars ▾
survey	0.787	0.883	0.791	0.003	0.369	69
task	0.386	0.526	0.369	0.006	0.318	277

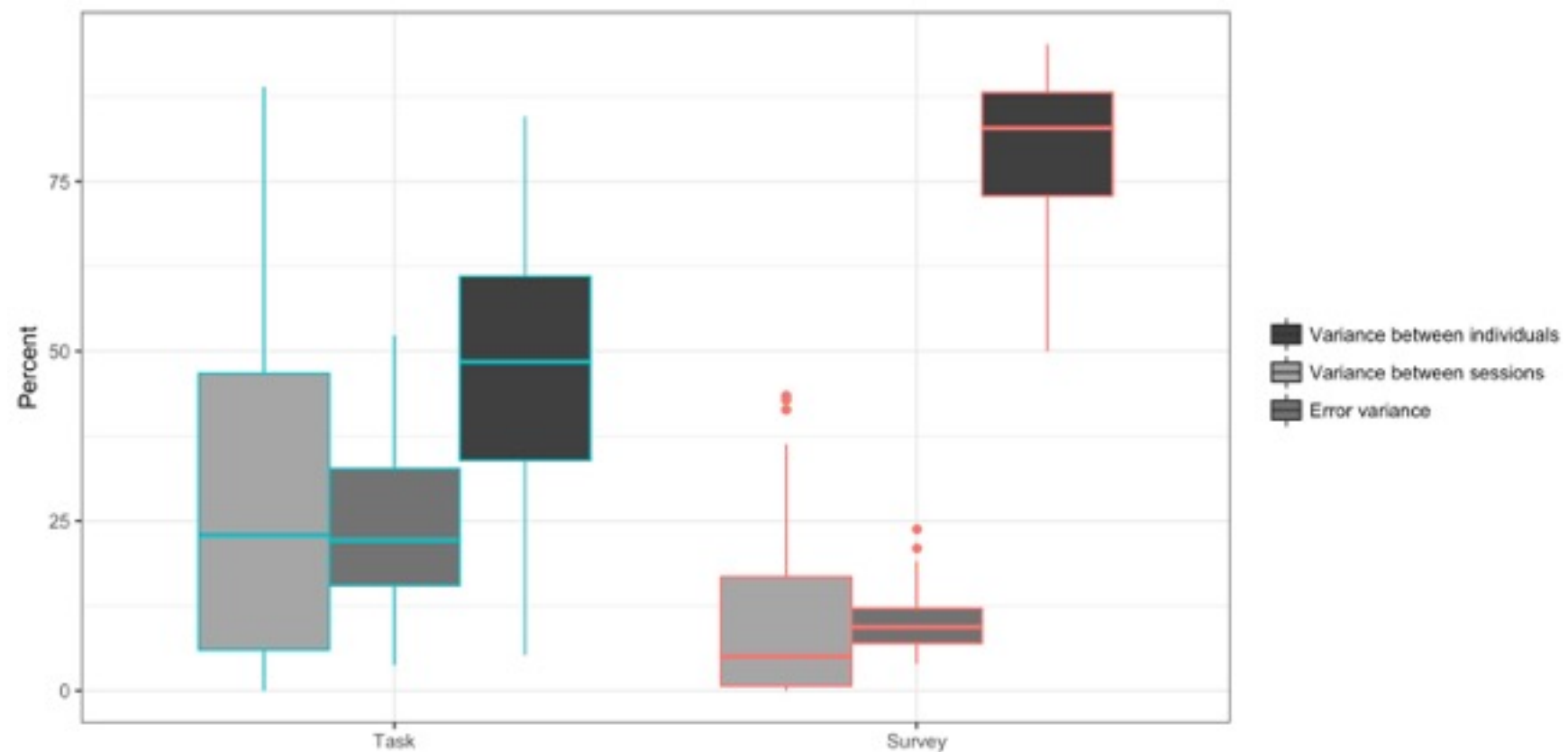
Results

$$ICC = \frac{\textit{Variance between individuals}}{\textit{Variance between individuals} + \textit{Error variance} + \textit{Variance between sessions}}$$



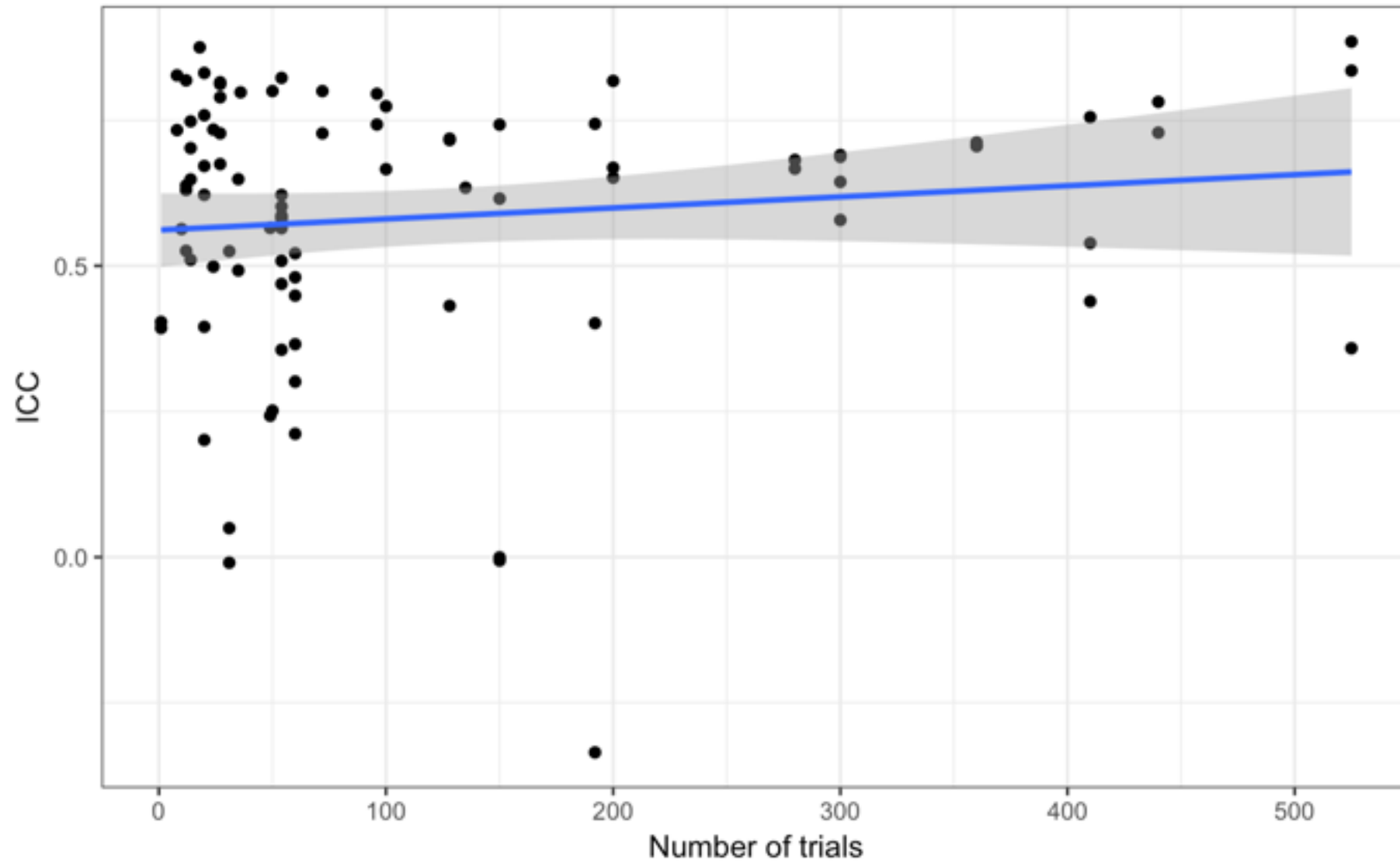
Variance between individuals Variance between sessions Error variance

Results



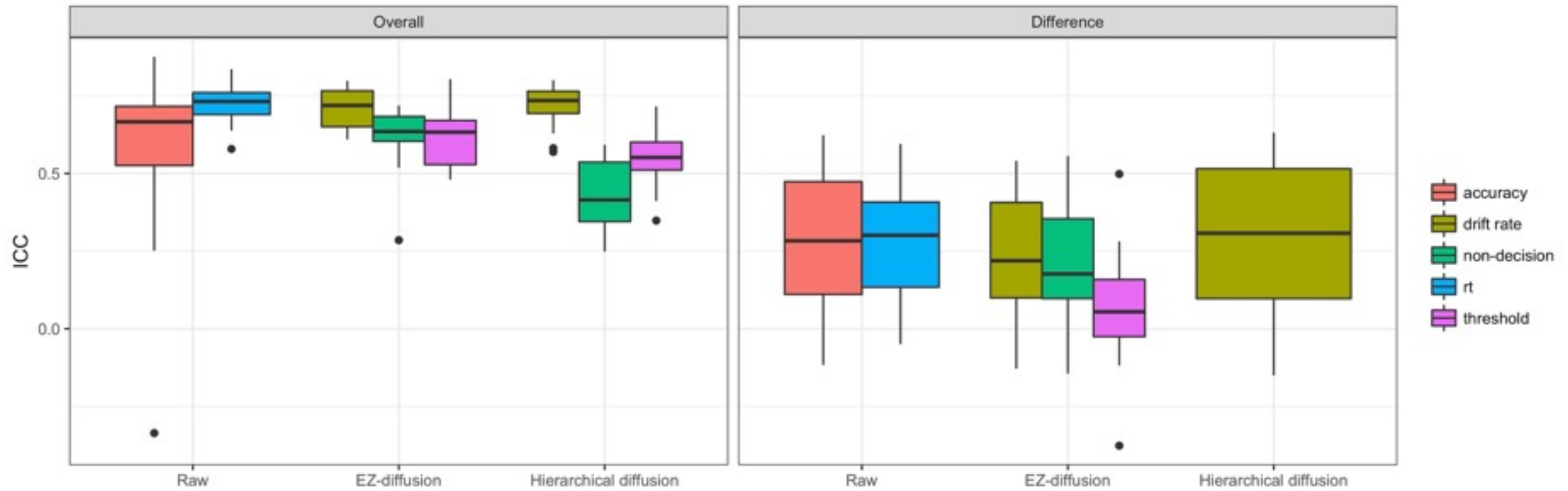
task*variance between individuals:
 $b = -49.074$, $t(1032) = -14.93$, $p < 0.001$

Results



$b = 0.0002$, $t(88) = 1.12$, $p = 0.27$

Results



Conclusions

- Dependent variables from cognitive tasks show larger variability and lower reliability compared to measures from surveys
 - Due to lower between subject variability
- Looking closer at task variables:
 - Number of trials does not have an effect on reliability
 - Drift diffusion parameters show similar reliability to RT and accuracy

Open Questions

- How to utilize reliability estimates for construct validity
- Attenuation correction?

$$\text{"True" correlation}(x,y) = \frac{\text{Sample correlation}(x,y)}{\sqrt{\text{Reliability}(x) \cdot \text{Reliability}(y)}}$$