

# Jumping Jacks 3 Mile Run

## Benefiting the E3 Foundation of Rancho Cucamonga

### Etiwanda Excellence in Education

### April 14, 2007

#### START/FINISH:

Coyote Canyon School  
7889 Elm Avenue  
Rancho Cucamonga  
Pre-Reg @ 7 AM; Race @ 8 AM  
Limited to 200 runners

For more information, call  
(909) 238-0987 or visit

[www.jumpingjacksparty.com/3mrace](http://www.jumpingjacksparty.com/3mrace)

#### HIGHLIGHTS:

- Free Party to the 1<sup>st</sup> male and female runners
- Awards 3 deep M&F in 10 yr age groups
- Random prize drawing
- Beautiful, flat out and back course thru the scenic Rancho town parks.



Mail entry form & check payable to **Jumping Jacks 3 mile:** 32395 Corte Zamora, Temecula, CA 92592

LAST NAME: \_\_\_\_\_ FIRST: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

TELEPHONE NUMBER (WITH AREA CODE): \_\_\_\_\_

AGE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

SEX: M F T-SHIRT SIZE: M L XL

OFFICIAL USE ONLY: \_\_\_\_\_

#### Age Group (circle one)

Under 15                      40-49

15-19                        50-59

20-29                        60-69

30-39                        70 +

Pre-Registration (before 3/20) \$18\_\_\_\_

Late Registration (after 3/19) \$20\_\_\_\_

(Fee is Non-Refundable) Total \$\_\_\_\_

**WAIVER:** In consideration of acceptance of this entry into the Jumping Jacks 5K road race, I the undersigned intending to be legally bound do hereby, for myself, my heirs, executors, and administrators, waive and release all rights and claims for damages I may have against the race director and officials, the City of Rancho Cucamonga, Jumping Jacks and any and all race sponsors and supporters, volunteers, their agents, successors and assigns, for any and all injuries suffered by me in this event. I assume all risks with entering this event, including but not limited to falls, contact with other participants, effects of weather, traffic and the condition of the road. All such risks being known and appreciated by me. I attest and verify that I am physically fit and sufficiently trained for the completion of this event and my physical condition has been verified by a licensed Medical Doctor within the last 6 months. I know bicycles, in-line skates and skateboards are not allowed on the course. I hereby grant full permission to any and all of the foregoing to use my photographs, videotapes, motion pictures, recording or any other record of this event for any legitimate purposes without compensation or remuneration.

SIGNATURE (Parent/guardian must sign if under 18) \_\_\_\_\_ DATE \_\_\_\_\_

## RACE DIRECTIONS

The race starts at Coyote Canyon School:

**From the 210:** Exit Haven Avenue, go south. Left on Foothill Blvd. Left on Elm Avenue. School is less than ½ mile ahead on the right.

**From the 10:** Exit Haven Avenue, go north. Right on Foothill Blvd. Left on Elm Avenue. School is less than ½ mile ahead on the right.

**From the 15:** Exit Foothill Blvd, go West 1.7 miles. Right on Elm Avenue. School is less than ½ mile ahead on the right.

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