

# CMPE430-Assignment Report

*by* Öner Efe GÜNGÖR

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**ATILIM UNIVERSITY  
FACULTY OF ENGINEERING**

**DEPARTMENT OF INFORMATON SYSTEMS  
ENGINEERING**

**CMPE430 ASSIGNMENT PROGRESS  
REPORT**

**Prepared By  
1. Öner Efe, Güngör, 23243610018**

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## 1. Dataset Overview

**Dataset Name:** [Student Depression Dataset](#)

**Problem Type:** Binary Classification

**Dataset Info:**

1) There are 27901 rows in the dataset which represents unique students and some other people with different professions(will be cleaned in further steps).

2) And there are 18 feature columns that represents ['id', 'Gender', 'Age', 'City', 'Profession', 'Academic Pressure', 'Work Pressure', 'CGPA', 'Study Satisfaction', 'Job Satisfaction', 'Sleep Duration', 'Dietary Habits', 'Degree', 'Have you ever had suicidal thoughts ?', 'Work/Study Hours', 'Financial Stress', 'Family History of Mental Illness', 'Depression']

Demographic: Gender, Age, City, Profession

Academic: CGPA, Academic Pressure, Study Satisfaction, Degree

Lifestyle: Sleep Duration, Dietary Habits, Work/Study Hours

Psychological: Have you ever had suicidal thoughts ?

Other: id, Work Pressure, Financial Stress, Family History of Mental Illness

3) Target variable is 'Depression' value which represented by '0' and '1' ['1' means student most likely has depression, '0' means student has most likely no depression]

## 2. Data Preprocessing Strategy

- **Steps Applied:**

1) Removing unrelated/unnecessary datas on dataset;

1.1) City, Job Satisfication, Work Pressure and id cleaned on dataset. Since we are dealing with students, 'Job Satisfication and Work Pressure' values are unnecessary for the model and since 'City' values are too wide it is also not important data for the model and lastly 'id' is not significantly important for that model so they are all cleaned.

1.2) Some noise reduction applied such as all rows dropped except than 'Profession: Student' rows since we are dealing with 'Student Depression' and after row reduction, 'Profession' column also cleaned from dataset for efficiency

2) Encoding string valued features on dataset;

2.1) Ordinal values such that: 'Sleep Duration and Dietary Habits' are encoded into integers relying on the importance and effect for the targeted value. It is higher value if it affects the targeted value in the positive way ('Depression : 0') and it is lower value if it affects the targeted value in the negative way ('Depression : 1').

2.2) Nominal values such that: 'Gender and Degree' are encoded using One-Hot Encoding Method and for the 'Suicidal thoughts and Family history' are encoded into binary values which 'Yes' represents '1' 'No' represents '0'.

3) Scaling the Dataset

3.1) Binary values remained same since they are already in the boundaries of [0,1] which are already small numbers.

3.2) Non-binary values scaled into boundaries of [0,1] using MinMaxScaler algorithm.

- **Justification for Skipped Steps:** I didn't applied Outlier Detection and Removal step. Since the dataset consists of student records with naturally bounded ranges
- **Data Splitting:** I splitted as %70 Training %15 Validation %15 Test.

### 3. Baseline Model

**Model Architecture:** 2 Hidden Layers, 2 Dropout Layer(20%) 64 neurons (1<sup>st</sup> hidden layer), 32 neurons (2<sup>nd</sup> hidden layer), activation ReLU, optimizer 'adam', loss function 'binary-crossentropy'

**Test Results:**

== FINAL RESULTS ==

Test Set Loss: 0.3493  
Test Set Accuracy: 0.8491

Validation Loss: 0.3673  
Validation Accuracy: 0.8337

**Loss Graph:**

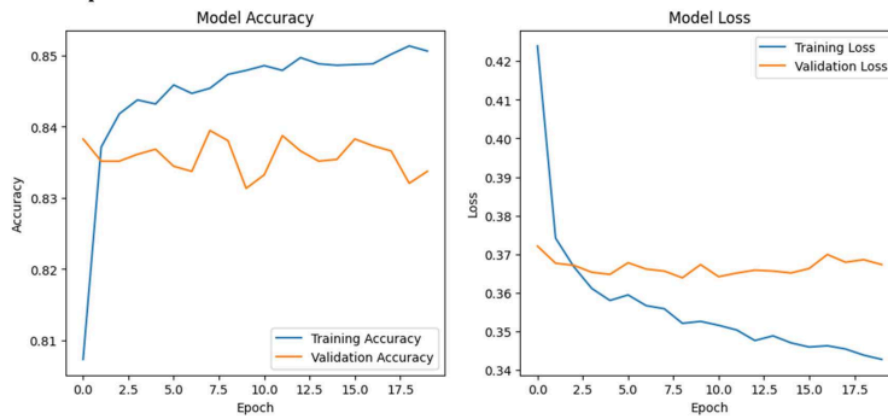


Figure 1: Baseline Model Loss and Accuracy Graph.

**Initial Comment:** Training is accurate but however, loss is too high and validation accuracy is lower than the training accuracy there may be an overfitting risk. Model may has too much neurons which causes memorization of patterns and overfitting.

## 4. Experimental Process

### 4.1. Experiment 1:

**Hypothesis:** Overfitting will be fixed with the following changes.

**Change Made:** 64 neurons decreased to 32 at the first layer, 32 neurons decreased to 16 at the second layer which is expected to make the model less 'clever' and make it stop to memorize the patterns.

**Results:**

== FINAL RESULTS ==

Test Set Loss: 0.3476  
Test Set Accuracy: 0.8536

Validation Loss: 0.3630  
Validation Accuracy: 0.8359

**Loss Graph:**

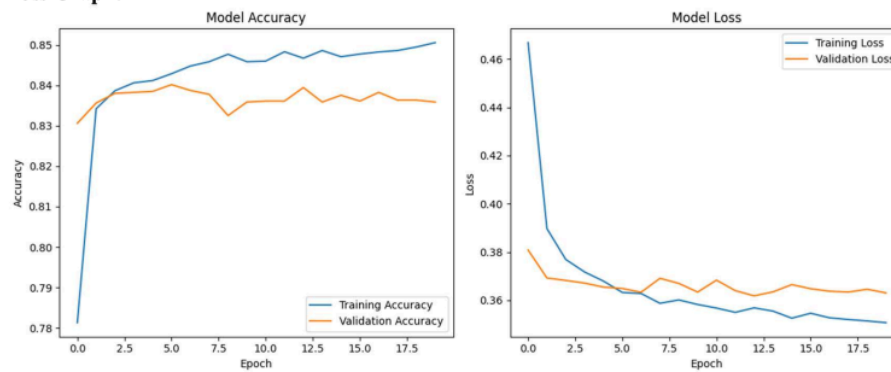


Figure 2: Experiment 1 Model Loss and Accuracy Graph.

**Analysis:** The difference between training and validation accuracy has been decreased due to the changes as expected so overfitting problem solved. We can say that is a good fit. But loss is still too high than expected so I need to check the hyperparameters to make sure it is the optimal one.

## 4.2. Experiment 2:

**Hypothesis:** The loss will be decreased and model accuracy will be increased by implementing optuna to the model, it will decide the best configuration for the hyperparameters which will be result with the goal.

**Change Made:** Implemented optuna with 4 trial to the model to set the best configuration .

**Results:**

=== FINAL RESULTS ===

Test Set Loss: 0.3479  
Test Set Accuracy: 0.8515

Validation Loss: 0.3655  
Validation Accuracy: 0.8335

**Loss Graph:**

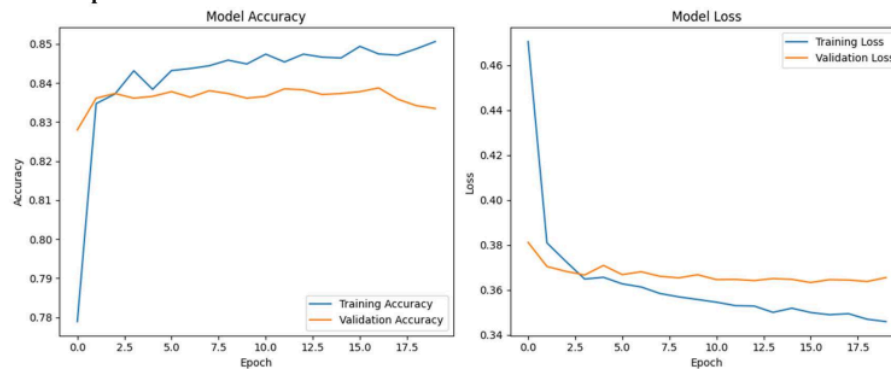


Figure 3: Experiment 2 Model Loss and Accuracy Graph.

**Analysis:** Optuna made some minimal changes to the results so we can say that it didn't work significantly, loss is still high and surprisingly, the difference between accuracies are increased which may be a sign of overfitting but we can assume that it is a good fit since the difference is not huge. I will try completely different setted model which includes less layer and more simple.

### 4.3. Experiment 3:

**Hypothesis:** Loss values will be decreased by configuring simpler model which may be more efficient.  
**Change Made:** A complete simpler model has been setted which has 1 hidden layer with 8 neuron for efficiency.

**Results:**

=== FINAL RESULTS ===

Test Set Loss: 0.3432  
Test Set Accuracy: 0.8543

Validation Loss: 0.3611  
Validation Accuracy: 0.8366

**Loss Graph:**

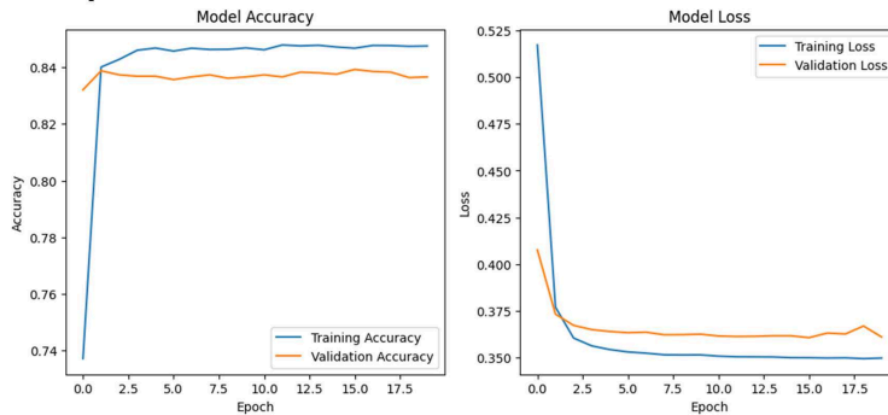


Figure 4: Experiment 4 Model Loss and Accuracy Graph.

**Analysis:** A simpler model worked more efficiently and more accurate as expected, the baseline model was too complex for simple binary classification problem with simple parameters. Graph is more smooth for this model and loss is smaller than the others. For further experiments I will try to improve this 'Experiment 3 Model' as baseline model. In a nutshell, it is a good fit.

#### 4.4. Experiment 4:

**Hypothesis:** Activation function change will effect the results in the postive way.

**Change Made:** Changed activation function 'ReLU' to 'tanh' to observe the effect of activation function.

**Results:**

== FINAL RESULTS ==

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Test Set Loss: 0.3415  
Test Set Accuracy: 0.8531  
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Validation Loss: 0.3603  
Validation Accuracy: 0.8400  
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**Loss Graph:**

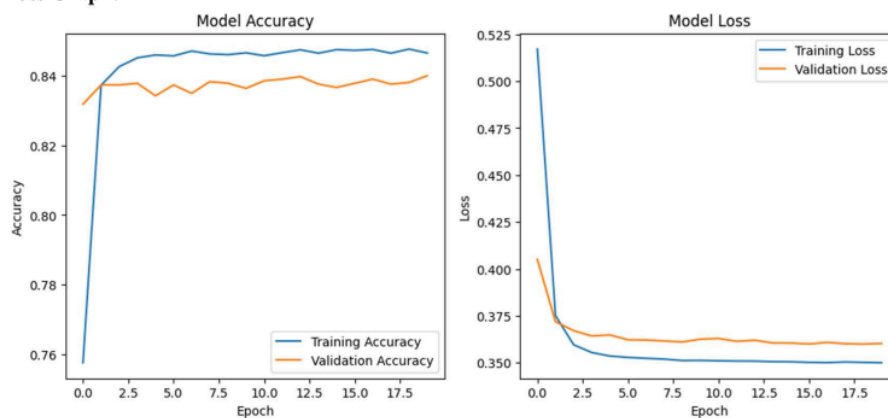


Figure 5: Experiment 4 Model Loss and Accuracy Graph.

**Analysis:** There is no significant difference between accuracies and model loss, on the contrary model accuracy graph is more 'wavy' than the 'Experiment 3 model' so we can clearly say that ReLU activation function is the best for that model. However, it is still good fit because accuracy is in the acceptable level.



#### 4.5. Experiment 5:

**Hypothesis:** Changing optimizer to SGD with momentum and increasing epoch counts and batch size will be result with more accurate and less lossy model.

**Change Made:** Changed optimizer to SGD with momentum with learning rate 0.015 and momentum 0.5 and increased epoch counts 20 to 30 and batch size 32 to 64. Also activation function changed back to the ReLU.

**Results:**

=== FINAL RESULTS ===

Test Set Loss: 0.3420  
Test Set Accuracy: 0.8529

Validation Loss: 0.3602  
Validation Accuracy: 0.8371

**Loss Graph:**

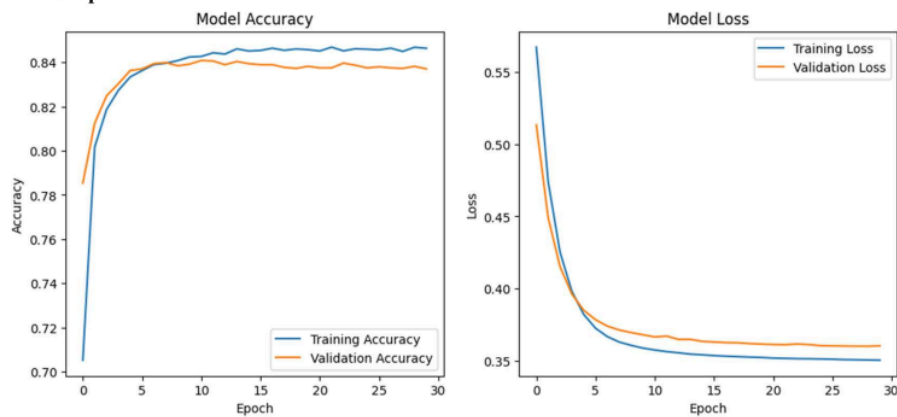


Figure 6: Experiment 5 Model Loss and Accuracy Graph.

**Analysis:** This graph is the smoothest one between all the models, loss is still high and accuracy is not more than 0.84 but it may be at its best. The reason may be the human answers always 'noisy' as data so it is hard to make an prediction at high accuracy. Model is in good fit.

#### 5. Conclusion Table

Model	Change Made	Test Loss	Other Metrics	Overfitting/Underfitting?
Baseline	(Standard)	Test Set Loss: 0.3493	Test Set Accuracy: 0.8491  Validation Loss: 0.3673  Validation Accuracy: 0.8337	Overfitting

Exp 1	64 neurons decreased to 32 at the first hidden layer, 32 neurons decreased to 16 at the second hidden layer which is expected to make the model less 'clever' and make it stop to memorize the patterns.	Test Set Loss: 0.3476	Test Set Accuracy: 0.8536  Validation Loss: 0.3630  Validation Accuracy: 0.8359	Good Fit
Exp 2	Implemented optuna with 4 trial to the model to set the best configuration.	Test Set Loss: 0.3479	Test Set Accuracy: 0.8515  Validation Loss: 0.3655  Validation Accuracy: 0.8335	Good Fit
Exp 3	A complete simpler model has been setted which has 1 hidden layer with 8 neuron for efficiency.	Test Set Loss: 0.3432	Test Set Accuracy: 0.8543  Validation Loss: 0.3611  Validation Accuracy: 0.8366	Good Fit
Exp 4	Changed activation function 'ReLU' to 'tanh' to observe the effect of activation function.	Test Set Loss: 0.3415	Test Set Accuracy: 0.8531  Validation Loss: 0.3603  Validation Accuracy: 0.8400	Good Fit
Exp 5	Changed optimizer to SGD with momentum with learning rate 0.015 and momentum 0.5 and increased epoch counts 20 to 30 and batch size 32 to 64. Also activation function changed back to the ReLU.	Test Set Loss: 0.3420	Test Set Accuracy: 0.8529  Validation Loss: 0.3602  Validation Accuracy: 0.8371	Good Fit

Table 1: Conclusion table.

## **Final Conclusion**

I believe that the best model is the 'Experiment 5' model despite the loss values are still high and accuracy values are not significantly high. I think the reason is 'unexpected human psychology' which result with high loss values that means surprising values for the model. So I believe that the graphs and the objection values are completely normal and 'Experiment 5' model is a good model to estimate 'Depression' for the students. For this work, simpler models was always more accurate than the others and clearly the reason was; in the dataset, there are very simple metrics which some of them has 'Binary: Yes or No' values and that metrics was the most important ones for the target value. In a nutshell, after 5 experiments I think we find the optimal model for deciding 'Depression' value for students and that model is the 'Experiment 5 Model'.