

# What do people usually consider to be the mistakes of their youth?



**getting married too early?**



# postponing education?



partying too much?







**Is there anything he might regret?**

# 1. Complete the statements about you.

- I regret not... earlier.
- The decision I regret the most is... .
- In the future I might regret... if I don't change anything about... .
- I used to regret... but now I've come to terms with it.



## Discuss the questions.

- What things do people tend to regret?
- What is worse, regretting doing something or not doing something? Why?
- How do you think regrets change with age?



**Decide whether the regrets are more common among kids and teens or adults. Explain your choices.**

a) get into a fight with their best friend

b) not take more advantage of their college experience

c) tease their sister

d) not follow their dreams earlier in life

e) get angry at their family

f) not stay single longer

g) not say sorry more often

h) not spend time with their oldest brother





Discuss to what extent you agree with the statements (0 – disagree, 1 – partly agree, 2 – agree, 3 – absolutely agree). Give reasons for your opinions.

- The older you get, the fewer things you tend to regret.
- If you listen to the regrets older people have, you are likely to avoid their mistakes.
- Regretting too many things is meaningless as we can't change the past.
- If you focus on your regrets, you might overlook new opportunities.
- For some people, their regrets are the only thing they have as it's too late for them to change anything.
- People who say they don't regret anything are only fooling themselves.

1. Valuable
2. Invaluable = priceless
3. I'm looking forward **to** starting watching it.
4. Look forward / dread
5. He appeared with a beard and without a beard in this series.
6. A clean-shaven face
7. He has a five o'clock shadow.
8. Stubble
9. A hooked nose
10. An up-turned nose
11. A fleshy nose
12. Flesh & bones

- 13. Reasonable**
- 14. When you are an employee,**
- 15. For men / for women**
- 16. I got married at the age of 33.**
- 17. I set high standards**
- 18. I haven't had time**
- 19. I'm an M.A. holder.**
- 20. A university**
- 21. A hour**
- 22. Spend too much time on sth.**
- 23. It didn't use to be common**
- 24. I could have been a better mom. Could/should/would/might +  
have + p.p.**
- 25. Rebels n.**
- 26. Rebellious adj.**

- 27. Deprive v.**
- 28. Deprivation n.**
- 29. Splash money left & right**
- 30. A pessimist n.**
- 31. Pessimistic adj.**
- 32. Skeptical**