

## **Session: 1**

1. How can we reach our goals?
2. It has satisfied my desire so far
3. Pious
4. This will give you a sense of
5. Having a bossy character, I always boss them around
6. Be in charge
7. Classy Career
8. a Manifestation of Honor
9. What is his specialty?
10. I hadn't known for it
11. Aesthetic/cosmetic surgery
12. money talks, money matters
13. if I'm not mistaken
14. they seek money
15. It wasn't my field of Interest
16. they are multitasking
17. Demanding boss/job
18. It pops ... in my mind
19. she hasn't had the chance to follow her dreams
20. Are you happy with who you are
21. It is a tricky question
22. She just keeps nagging around
23. I prefer to skip this question
24. It can plunge me into a deep depression
25. Some criteria (plural form), a criterion(singular form)
26. Postpone = put off=delay
27. Procrastination
28. Take action
29. It is a kind of Achievement for you
30. Lecturer

31. He is a big shot
32. It is time-consuming
33. She is so humble
34. Having a timetable
35. Being hardworking
36. My biggest Motivation in the world
37. Running a business
38. Social credit
39. Reputation
40. At the end of the day, you count your money
41. Set a goal
42. A Goal should be SMRT(Specific, Measurable, Achievable, Relevant, and Time-bound)
43. It is an acronym/abbreviation
44. Calligraphy
45. I'm talking about a specific case
46. Typical Iranian girls
47. Schedule
48. None of them is superior
49. As long as your accent doesn't block the Comprehension of your speech it is okay
50. It is just fluency that matters
51. They should be able to follow you
52. I'm dead sure
53. Develop a plan
54. You should break down your goals into smaller steps
55. Achievable steps
56. I'm suffering from ADHD
57. You should see a psychiatrist
58. He is taking medicine
59. They didn't know the origin of their problem
60. Transsexual people
61. They get braver to come up
62. They encourage them to reveal their real character

63. That's why....
64. As we are becoming more aware ...
65. It's not a trendy problem
66. You should be committed to your goals
67. Cheating on someone, don't betray your goals
68. Avoid any distractions and stay focused on the task at hand
69. Stay on track
70. Canceling noises and disturbances
71. The things that make you deviate
72. Some things that derail you
73. Religious people
74. Avoid of any addictions
75. Are you addicted to a specific thing? Smoking 6 cigarettes a day
76. I'm a movie buff (crazy about watching movies)
77. He/she is in the buff
78. He is a quitter
79. As I told you before
80. Who is your favorite movie star?
81. Symbol of beauty
82. I don't agree with your criteria
83. He is really attractive and he is a different creature
84. The way he pronounces his words
85. He made a movie by the name...
86. A drama movie
87. This is the end of your occupation
88. You should keep learning and adapting to new information and challenges
89. seek out mentors who can help you grow and improve
90. There are a lot of messages behind the sentence
91. Attend seminars
92. Outcomes
93. If you pick on the right choices, ....
94. They give you general knowledge and ideas

- 95. They just try to turn on the light in your mind
- 96. they make you interested in the topic.
- 97. they make you eager to follow it
- 98. Don't let obstacles hinder you, overcome any obstacle
- 99. You should hop over the obstacles
- 100. Resilience
- 101. An Idiom: Never say die
- 102. Fall off
- 103. He has a sweet tooth = he is crazy about sweet
- 104. Celebrate your achievements and accomplishments even the small ones
- 105. It means the value of that and appreciates them
- 106. Surround yourself with positive and effective people
- 107. They never discourage you and push you forward
- 108. Prosperity
- 109. Toxic people
- 110. They inspire/motivate you
- 111. I couldn't get any concept of creativity in this picture
- 112. I wasn't guilty
- 113. It makes sense
- 114. Wellbeing =well-fare=connivance
- 115. take time to relax and de-stress
- 116. Stop quitting = stop giving up
- 117. Try to learn from your failures and mistakes and use them as an opportunity to grow
- 118. Consistency and persistence
- 119. Medal
- 120. Think over = ponder=I need to sleep on it = think about consequences and outcomes
- 121. No preposition is needed
- 122. Satisfied with = pleased with= fulfilled by
- 123. Stop Pretending
- 124. I haven't done it yet
- 125. It's obvious it goes without saying...= it's crystal clear
- 126. Reach our goal

- 127. It makes me feel happy
- 128. Let's call it a day
- 129. Eid al-Adha
- 130. Sheep (plural form)
- 131. Delayed feedback, not instant feedback
- 132. Silence of the lambs
- 133. Fight club
- 134. It is a matter of shame
- 135. It will spoil the movie
- 136. Your expectations
- 137. I enjoyed your class
- 138. How old are you turning?

## **Session: 2**

139. My clock runs 2 minutes fast/slow
140. Start and wrap up the class
141. I haven't made up my mind yet
142. You can skip the day and connect it to the weekend
143. Statue of Liberty, Eiffel Tower, BigBen Tower
144. Traveling aboard/overseas
145. I used to hate traveling, I used to prefer to stay home
146. It depends on who is with you or who is your companions
147. Bachelor party, bachelor night
148. Confirmed bachelor
149. Real brands # Fake brands
150. Whether you can tolerate it or not
151. Leaving your comfort zone
152. You might face a lot of challenges
153. It is rewarding
154. Your money will be back but your time never
155. Is it worth it?
156. Pilgrim trip
157. Business trip
158. Hookah
159. It depends on marital status
160. He keeps repeating that
161. He tries to exclude him
162. I decided to wrap up the story forever
163. We have a lot in common = we have similar interests
164. It will be welcome
165. Once in a blue moon
166. They can't keep up with my pace
167. This is my preference
168. I can't tolerate her

169. Nobody asks you to express your opinion
170. Optimistic
171. You are allowed to take only five things with you
172. You have limitations
173. Essential
174. Road trip, sea trip, rail trip, air trip
175. How about others
176. Backpacking
177. Couchsurfing
178. Hitchhiking
179. You have to take the risks
180. Conservative person
181. I thought you might be a/an...
182. Generally speaking
183. I'm not talking about exceptions
184. Literary
185. Reasonable
186. They are wealthy/ stingy
187. The story is getting darker
188. No offense
189. Thank you for your compliments
190. I'm from... Originally
191. You are surrounded by a lot of generous people
192. I have been in touch with....
193. We have a lot of stingy people among our relatives
194. prejudice
195. Labeling on some Tribes
196. A wonderful couple
197. If you had a free ticket, what would your choice be?
198. The Great Pyramid of Giza
199. The Great wall
200. I'm not interested in history
201. Luxurious and fancy places

202. Ancient places/historical places, remains of an ancient civilization
203. Public figures
204. Are you inspired by your friend's travel stories?
205. Which one is more Persuasive?
206. Halo effect
207. biases in thinking and decision-making
208. Adventures
209. Choosing wisely
210. Deciding based on the feeling of the moment
211. I am usually inspired by the movies
212. Comfort and relaxation
213. I want to gain/earn new experiences
214. I like to widen my horizons
215. Enhancing our perspective
216. Enrich myself
217. Try to think out of the box
218. The size of their word is as size as their skulls
219. Things can go wrong when you are in travel
220. Can you think of a horse trip
221. A beach resort
222. We had a car broke
223. A festival of bad luck
224. I haven't gone on any trips Since then
225. Was he an Infant or a toddler?
226. I can't remember vividly
227. Mourning ceremony= funeral
228. It was like a wet blanket
229. It ruined my plans
230. Traveling alone
231. It is a budget trip
232. We are traveling on a tight budget
233. I don't have to tell them What to do and what not to do
234. Mature enough



235. The most common mistakes that you made today

236. Go on a trip/journey

237. Take a trip/journey

238. It hasn't been planned yet

239. Landmarks

240. It is a must-seeing

241. It is worth seeing

242. When I am on a trip ...

243. authentic resources

244. Keep the tune

245. Married to ...

246. He had had high expectations

247. Dismayed= startled

248. I would love to go...