

## **Session 1:sucess**

1. How can we reach our goals?
2. It has satisfied my desire so far
3. Pious
4. This will give you a sense of ...
5. Having a bossy character, I always boss them around
6. Be in charge
7. Classy Career
8. a Manifestation of Honor
9. What is his specialty?
10. I hadn't known for it
11. Aesthetic/cosmetic surgery
12. money talks, money matters
13. if I'm not mistaken
14. they seek money
15. It wasn't my field of Interest, it is not my thing
16. they are multitasking
17. Demanding boss/job
18. It pops ... in my mind
19. she hasn't had the chance to follow her dreams
20. Are you happy with who you are
21. It is a tricky question
22. She just keeps nagging around
23. I prefer to skip this question
24. It can plunge me into a deep depression
25. Some criteria (plural form), a criterion(singular form)
26. Postpone = put off
27. Procrastination
28. Take action
29. It is a kind of Achievement for you
30. Lecturer
31. He is a big shot = loaded

32. It is time-consuming
33. She is so humble
34. Having a timetable
35. Being hardworking
36. My biggest Motivation in the world
37. Running a business
38. Social credit
39. Reputation
40. At the end of the day, you count your money
41. Set a goal
42. A Goal should be SMRT(Specific, Measurable, Achievable, Relevant, and Time-bound)
43. It is an acronym/abbreviation
44. Calligraphy
45. I'm talking about a specific case
46. Typical Iranian girls
47. Schedule
48. None of them is superior
49. As long as your accent doesn't block the Comprehension of your speech it is okay
50. It is just fluency that matters
51. They should be able to follow you
52. I'm dead sure
53. Develop a plan
54. You should break down your goals into smaller steps
55. Achievable steps
56. I'm suffering from ADHD
57. You should see a psychiatrist
58. He is taking medicine
59. They didn't know the origin of their problem
60. Transsexual people
61. They get braver to come up
62. They encourage them to reveal their real character
63. That's why....

64. As we are becoming more aware ...
65. It's not a trendy problem
66. You should be committed to your goals
67. Cheating on someone, don't betray your goals
68. Avoid any distractions and stay focused on the task at hand
69. Stay on track
70. Canceling noises and disturbances
71. The things that make you deviate
72. Some things that derail you
73. Religious people
74. Avoid of any addictions
75. Are you addicted to a specific thing? Smoking 6 cigarettes a day
76. I'm a movie buff (crazy about watching movies)
77. He/she is in the buff
78. He is a quitter
79. As I told you before
80. Who is your favorite movie star?
81. Symbol of beauty
82. I disagree with your criteria
83. He is lovely and he is a different creature
84. The way he pronounces his words
85. He made a movie by the name...
86. A drama movie
87. This is the end of your occupation
88. You should keep learning and adapting to new information and challenges
89. seek out mentors who can help you grow and improve
90. There are a lot of messages behind the sentence
91. Attend seminars
92. Outcomes
93. If you pick on the right choices, ....
94. They give you general knowledge and ideas
95. They just try to turn on the light in your mind

96. they make you interested in the topic.
97. they make you eager to follow it
98. Don't let obstacles hinder you, overcome any obstacle
99. You should hop over the obstacles
100. Resilience
101. An Idiom: Never say die
102. Fall off
103. He has a sweet tooth = he is crazy about sweet
104. Celebrate your achievements and accomplishments even the small ones
105. It means the value of that and appreciates them
106. Surround yourself with positive and effective people
107. They never discourage you and push you forward
108. Prosperity
109. Toxic people
110. They inspire/motivate you
111. I couldn't get any concept of creativity in this picture
112. I wasn't guilty
113. It makes sense
114. Wellbeing =well-fare=connivance
115. take time to relax and de-stress
116. Stop quitting = stop giving up
117. Try to learn from your failures and mistakes and use them as an opportunity to grow
118. Consistency and persistence
119. Medal
120. Think over = ponder=I need to sleep on it = think about consequences and outcomes
121. No preposition is needed
122. Satisfied with = pleased with= fulfilled by
123. Stop Pretending
124. I haven't done it yet
125. It's obvious it goes without saying...= it's crystal clear
126. Reach our goal
127. It makes me feel happy

- 128. Let's call it a day
- 129. Eid al-Adha
- 130. Sheep (plural form)
- 131. Delayed feedback, not instant feedback
- 132. Silence of the lambs
- 133. Fight club
- 134. It is a matter of shame
- 135. It will spoil the movie
- 136. Your expectations
- 137. I enjoyed your class
- 138. How old are you turning?

## **Session 2:traveling**

- 139. My clock runs 2 minutes fast/slow
- 140. Start and wrap up the class
- 141. I haven't made up my mind yet
- 142. You can skip the day and connect it to the weekend
- 143. Statue of Liberty, Eiffel Tower, BigBen Tower
- 144. Traveling aboard/overseas
- 145. I used to hate traveling, I used to prefer to stay home
- 146. It depends on who is with you or who is your companions
- 147. Bachelor party, bachelor night
- 148. Confirmed bachelor
- 149. Real brands # Fake brands
- 150. Whether you can tolerate it or not
- 151. Leaving your comfort zone
- 152. You might face a lot of challenges
- 153. It is rewarding
- 154. Your money will be back but your time never
- 155. Is it worth it?
- 156. Pilgrim trip
- 157. Business trip
- 158. Hookah
- 159. It depends on marital status
- 160. He keeps repeating that
- 161. He tries to exclude him
- 162. I decided to wrap up the story forever
- 163. We have a lot in common = we have similar interests
- 164. It will be welcome
- 165. Once in a blue moon
- 166. They can't keep up with my pace
- 167. This is my preference
- 168. I can't tolerate her

169. Nobody asks you to express your opinion
170. Optimistic
171. You are allowed to take only five things with you
172. You have limitations
173. Essential
174. Road trip, sea trip, rail trip, air trip
175. How about others
176. Backpacking
177. Couchsurfing
178. Hitchhiking
179. You have to take the risks
180. Conservative person
181. I thought you might be a/an...
182. Generally speaking
183. I'm not talking about exceptions
184. Literary
185. Reasonable
186. They are wealthy/ stingy
187. The story is getting darker
188. No offense
189. Thank you for your compliments
190. I'm from... Originally
191. You are surrounded by a lot of generous people
192. I have been in touch with....
193. We have a lot of stingy people among our relatives
194. prejudice
195. Labeling on some Tribes
196. A wonderful couple
197. If you had a free ticket, what would your choice be?
198. The Great Pyramid of Giza
199. The Great wall
200. I'm not interested in history
201. Luxurious and fancy places

202. Ancient places/historical places, remains of an ancient civilization

203. Public figures

204. Are you inspired by your friend's travel stories?

205. Which one is more Persuasive (convincible)?

206. Halo effect

207. biases in thinking and decision-making

208. Adventures

209. Choosing wisely

210. Deciding based on the feeling of the moment

211. I am usually inspired by the movies

212. Comfort and relaxation

213. I want to gain/earn new experiences

214. I like to widen my horizons

215. Enhancing our perspective

216. Enrich myself

217. Try to think out of the box

218. The size of their word is as size as their skulls

219. Things can go wrong when you are in travel

220. Can you think of a horse trip

221. A beach resort

222. We had a car broke

223. A festival of bad luck

224. I haven't gone on any trips Since then

225. Was he an Infant or a toddler?

226. I can't remember vividly

227. Mourning ceremony= funeral

228. It was like a wet blanket

229. It ruined my plans

230. Traveling alone

231. It is a budget trip

232. We are traveling on a tight budget

233. I don't have to tell them What to do and what not to do

234. Mature enough



235. The most common mistakes that you made today

236. Go on a trip/journey

237. Take a trip/journey

238. It hasn't been planned yet

239. Landmarks

240. It is a must-seeing

241. It is worth seeing

242. When I am on a trip ...

243. authentic resources

244. Keep the tune

245. Married to ...

246. He had had high expectations

247. Dismayed= startled

248. I would love to go...

## **Session 3:food**

- 249. It is so flattering to me
- 250. Don't flatter me
- 251. We are used to eating lunch late
- 252. Canteen
- 253. Cooker=stove
- 254. Chef
- 255. Chief= boss, main reason
- 256. A quick meal
- 257. Do you have dinner as well?
- 258. Turning two meals into one meal
- 259. She teaches in a private school
- 260. Sometimes we buy takeaways
- 261. Sometimes we order takeout
- 262. It is his biggest motivation to be single
- 263. If he had been married, he would not have got such great services
- 264. I used to be a picky eater
- 265. There is no one to spoil /pamper us
- 266. Do you have a private chef?
- 267. Cloth
- 268. I was on a diet
- 269. Did he ruin your reputation?/Did he dirt on your reputation?
- 270. Whenever we get together...
- 271. I can't be a good host for them
- 272. I can't mention any specific type of food
- 273. A slice of sweet, juicy watermelon on these hot summer days is refreshing and hearty.
- 274. You are a foody person.
- 275. Everyone who has eaten my food can admit it
- 276. I am not a big fan of seafood
- 277. I hate shrimp and spinach and celery,I can't stand it
- 278. My mom always asks me about what I like to eat
- 279. My mom is very good at cooking Stuffed chicken

280. When I'm at my mother's I usually ask for stuffed chicken
281. Water-steamed broccoli or carrots or vegetables
282. I don't know what it is good for
283. The two (chicken and celery) go together/ they agree together
284. Onion is The most consuming item (the most commonly used) in my kitchen
285. It is a staple ingredient in any Iranian home
286. A joke: Iranians first make a lot of fried onions and then decide what to cook
287. Not having rice on the table at a feast can be taken as impolite (rude)
288. Vegetarian pizza
289. Knead the Dough
290. Bacon, red and green peppers, mushrooms and sausage, garlic, steak
291. A point: Herbs are different from vegetables
292. I don't use garlic too much, unlike onion
293. Tell me about the best place you ate pizza ever.
294. I am not eager to eat out
295. I prefer a home-cooked meal even a scrambled or boiled egg
296. It sounds like a luxurious and trendy concept
297. Vegan
298. Dairy products
299. Dairy
300. stock of stew
301. She is strict and hard
302. Vegetarians take supplements such as vitamins and minerals to maintain their health.
303. I don't know if being a vegetarian is good for her
304. It's not just a phase
305. She has been accustomed
306. Only one food for the rest of life
307. What You never get tired of
308. If I were forced to live this lifestyle, I would choose spaghetti.
309. Why soda is unhealthy
310. He is not allowed to drink coca
311. It is a disadvantage of being a parent
312. Fizzy(sparkling) drinks.

- 313. Flat drinks
- 314. Still drinks
- 315. Soft drinks
- 316. Alcohol-free drinks
- 317. If you cannot manage to have a balanced diet you will be underweight or overweight
- 318. Calory intake
- 319. Calory deficit
- 320. I need to take care of my weight because I'm overweight
- 321. I'm always on a diet
- 322. I put on weight easily but I lose weight hard and with difficulty
- 323. He is in shape
- 324. You have to squeeze at least 10 oranges to have 1 glass of orange juice
- 325. Fruit juices are too surgery with no fiber
- 326. What meals do you skip?
- 327. When you eat lunch too late you don't have enough room for dinner
- 328. Dinner is not too tempting to me
- 329. 2 slices of toast with some cheese
- 330. Do you weigh all of them?
- 331. I can find it through experience, It comes from my experiences
- 332. Only if I am invited to a party I will have dinner
- 333. I have a jam-packed schedule
- 334. Once I am free for dinner it's too late so I prefer not to eat dinner
- 335. When you eat a lot of surgery things late at night your body won't have enough time to digest and burn the calories
- 336. It will have bad effects on our liver and kidneys
- 337. We are what we eat.
- 338. My mother-in-law is for sure(undoubtedly) the thinnest person I have ever seen in my life
- 339. I told you this introduction to talk with you about something else
- 340. She has the worst lifestyle ever
- 341. Is she diabetic?
- 342. She hasn't taken any blood test
- 343. Small portion
- 344. They have a specific ritual for tea like a party

- 345. They get together after dinner and drink tea with candy and sweet
- 346. Confectionery
- 347. She is something different
- 348. She can not go to bed without sweet
- 349. She lacks iron in her blood
- 350. I can see some suspicious signs in my son
- 351. What kind of diseases does she have?
- 352. She has kind of some disabilities
- 353. Why do you disagree?
- 354. It affects your character and the way you treat
- 355. When you respect your body it can find it and try to be healthy for you
- 356. A typical Romantic dinner
- 357. I didn't pay attention to the candle
- 358. They might be celebrating something
- 359. Those are a wonderful couple
- 360. Double chin
- 361. Cleft chin
- 362. What is your motivation to eat out?
- 363. Celebrating an anniversary, or birthday, gaining an achievement, having a special guest
- 364. Engagement party
- 365. It is not my thing
- 366. If you are living abroad what is the food you would miss the most at home?
- 367. It is full of saturated fat
- 368. I love it from the bottom of my heart
- 369. She always nags
- 370. He must like it
- 371. You are Making speculation
- 372. My mom's cuisine (The way my mom cooks it)
- 373. I can't get enough of eating it even when I am on a diet
- 374. Their cuisine is a disaster
- 375. It must be served with onion and lime
- 376. How do you like it?
- 377. It is my guilty pleasures

- 378. I can't control myself
- 379. He came over to us and brought us local and savory yogurts
- 380. It is really strange
- 381. I put chicken in a frying pan and add some oil
- 382. How do you marinate the chicken or meat
- 383. Olive oil, turmeric, dried lemon, thyme, cinnamon
- 384. I enjoy..../ I hate.....
- 385. We knead dough with fists and fingers
- 386. I have tried it once
- 387. It is famous or well-known for kebab
- 388. Sunny side up
- 389. I slept deprived
- 390. Deprivation
- 391. I haven't made it yet. - Me neither or I have not either
- 392. I tried to stick to my diet = I never cheat= I am committed to my diet
- 393. Whenever I am invited to a party
- 394. It can affect you
- 395. It can hurt your health
- 396. It is mouth-watering = super delicious = yummy
- 397. You never bear a garage

## **Session 4 :Health**

- 398. health
- 399. MS degree or BS degree
- 400. Every other week, every second day
- 401. Most of our classes are on weekends
- 402. I can't make time for it, I'm super busy
- 403. I think how I am alive
- 404. I could not find time for myself
- 405. Tomorrow is my day off
- 406. This is supposed to be Monday
- 407. What do you mean when you say a healthy person?
- 408. What do you think about this one?
- 409. From now on
- 410. We can look at it from different perspectives because it has various aspects
- 411. Mentally healthy and physically healthy
- 412. I can consider myself healthy physical-wise
- 413. How often do you get sick?
- 414. I have a weak/strong immune system genetically
- 415. Terrible condition
- 416. Do you care about medical annual check-ups?
- 417. The older we get, the more important it will be(This will be more important as we get older)
- 418. We usually don't care about routine check-ups as long as we are young and healthy
- 419. It is a cultural issue and wrong at the same time
- 420. Thoughtful, considerate, careful, attentive, cautious, watchful
- 421. I try to do that every 6 months
- 422. Pregnancy
- 423. Ultrasound test, blood test
- 424. I have specific issues related to my body and medical situation.
- 425. I care about my body in advance to prevent future trouble.
- 426. When something is diagnosed at the very first stages it will be curable much more easily
- 427. It's a matter of time in some specific diseases

- 428. What healthy habits do you have or unhealthy habits as well?
- 429. I try to exercise daily, quit bad addictions, drop bad habits
- 430. I will try to cut down on sugary things and sleep enough and well.
- 431. I haven't been able to make/manage it yet
- 432. To avoid salty and fatty(greasy) food
- 433. I look at a glass of soda like a glass of disease
- 434. It can lead to some sickness
- 435. He is a collection of bad habits
- 436. I don't know what is in that coffee.
- 437. It is awesome
- 438. I'm not a sound sleeper
- 439. To prevent diabetes
- 440. It can lead to diabetes
- 441. Having ice cream a lot
- 442. What flavor do you prefer?
- 443. Mero has a good atmosphere
- 444. When my daughter is with me and we are passing by there, she asks me for an ice pack.
- 445. They have a large menu
- 446. Have you ever broken a bone? What happened?
- 447. You have to carry a heavy cast for weeks
- 448. You deserve it, you shouldn't have done that.
- 449. I broke my feet
- 450. He had a broken nose
- 451. I almost passed out and needed a surgery
- 452. I was on the teenage national team
- 453. I could have been a good soccer player
- 454. **Have you ever broken a bone? What happened?**
- 455. What is her specialty? She is a gynecologist
- 456. Do you trust doctors?
- 457. When it comes about severe and chronic diseases you have to trust them
- 458. Hook nose
- 459. They overcharged their patient
- 460. I was under Dr. Farideh's supervision, she is amazing in her field



461. She is the only gynecologist in Ahvaz who I can trust.
462. I check the background at first
463. GP(General Practitioner)
464. Specialist Dr
465. Who is the healthiest person you know?
466. What do they do to stay healthy?
467. What is more important to take care of mental health or physical health?
468. How do you feel when you see blood?
469. Life expectancy is getting shorter.
470. How long do you expect your generation will live on average?
471. Mentally healthy/physicllay healthy
472. Mental health/physically health
473. Catch a cold/get a cold
474. I haven't had any critical issues
475. Trivial=unimportant
476. I usually get a cold twice a year
477. Varity of virus=spcies of a virus
478. Annual
479. Prevent from .../avoid from ...
480. At the very first stages
481. Briskly= rapidly
482. Especially in the past
483. I broke my feet/I hurt my finger/ I cut my hand/ I spraind my ankel
484. I am trying to cut down the addiction to tea
485. I haven't been able to manage it
486. laboratory
487. Im suffering sleep deprevatio
488. Appropriately=properly
489. On Vahabi street
490. Com**b**,clim**b**,tom**b**,thumb**b**
491. You shouldn't have done that
492. How old were you?
493. Sikness, illness, ailment

- 494. we check the background
- 495. he has been exercising for 20 years every day
- 496. fatty/greasy food
- 497. he has disabilities
- 498. you missed a Q letter/ letter Q has been dropped
- 499. she is obsessive on spots
- 500. stainless
- 501. insane/nuts
- 502. insaness/craziness
- 503. I haven't got any special problem
- 504. They panicked

## **Session 5 - Shopping**

1. I'm crazy about shopping especially clothes.
2. I never get enough of it.
3. If I have money I have to buy something.
4. I believe in shopping till you drop.
5. How do you feel about shopping?
6. It depends on my mood.
7. If I'm on vacation and want to buy souvenirs and see local crafts of that area.
8. It would be a great motivation for me.
9. I'm really tight on time.
10. Whenever I go shopping it makes me feel better like all the ladies.
11. Going shopping is not something you like too much.
12. I'm very interested in electronic gadgets.
13. Are you a real shopaholic? It's kinda an addiction.
14. I always buy things online.
15. Whenever I get to work our receptionist always says I have a package.
16. I'm expecting a package Every single day,
17. It is a staple item in my work list.
18. It bothers my husband, and he believes it is kind of a sickness and I should treat myself.
19. Sometimes I try to control myself but mostly I can't make it.
20. Poor him!
21. Sometimes I consult with him when I want to buy something.
22. I believe not to do so.
23. When I asked him to express his idea ...
24. You avoid consulting with him.
25. It is not a matter of need.
26. Most of the time we don't need anything, but we purchase it. Because we think we will need it in the future. But it will never happen.
27. I won't be using them.
28. If you check out my bank account you will tell me I am insane.
29. Generally speaking...
30. If it comes to electronic gadgets, I should say ...

31. What is your favorite brand? I'm a big fan of ...
32. It is sort of our enemy.
33. I have a lot of great experiences of using that brand,
34. If I have enough budget I will go for Apple devices.
35. I have been an Apple user for 12 Years, it is not easy for me to change.
36. I am going to buy an iWatch next month.
37. I got all of them as a present like a New Year present or birthday present.
38. From who? My lovely husband.
39. I haven't paid for them on my own.
40. For his previous birthday.
41. I haven't received the same thing in reverse.
42. Which series did you buy?
43. I couldn't afford any more expensive model.
44. Lucky him.
45. Are you a good person to go shopping with?
46. Can they count (rely) on you?
47. Can they trust you?
48. It depends on what they want to buy.
49. I'm not a good companion.
50. I am an expert at buying kitchenware, I'm experienced in this field.
51. I am used to exploring before purchasing.
52. It makes me have better choices.
53. It leads me to have better options.
54. I prefer to go shopping with my sister because we have a lot in common.
55. We will be a wonderful couple.
56. She is the only one I love to go shopping with.
57. She always tries to stop me from buying things I don't need.
58. We go shopping with my sister because she needs some things and I'm just supposed to be a companion. We end up getting back home while she has bought nothing and I have a lot of stuffed bags.
59. What has ever been the most expensive thing you buy?
60. It has been a set of jewelry, honestly, I paid for it on my own.
61. Was it worth what you paid for it?

62. I shouldn't have paid for them.
63. As far as it is about purchasing gold you are a winner, it is a kind of investment.
64. Do you regret it?
65. When you want to buy something expensive it is reasonable to explore it, investigate it, check out the reviews, and then make up your mind.
66. When I want to buy something I care about the cost and quality.
67. My car is a Phoenix and it is a cross-over with an elegant black color.
68. It is worth each Penny I paid for.
69. He just saves his money for a greater goal.
70. How much do you shop online?
71. Do you trust online shops?
72. When you want to buy clothes you need to try them on and see if they suit you or look great on you or fit you.
73. Although I should say ...
74. I have to keep them in my closet uselessly or donate them.
75. I like online shopping because you have a wide range of choices, you can compare prices and specifications, and read the reviews.
76. Is it a trustworthy (reliable) online shop?
77. It is easy for me to trust them.
78. Have you ever had a bad experience in online shopping?
79. They have never stolen my money.
80. They delivered me a broken item and they refused to fix the problem.
81. You got a bad impression.
82. You felt worried.
83. What was I talking about?
84. I can't remember more cases vividly.
85. It was really frustrating.
86. The words conflict and fade in my memory.
87. You can find a better deal.
88. You can check different websites to find the best choice you want.
89. When things are on sale it means you can buy them at lower prices.

90. Bargain hunter: a person who is looking for goods that are good value for money, because they are being sold at prices that are lower than usual. They check the market to find the cheapest items
91. They make a lot of profit.
92. I think they are going to cheat me and defraud me.
93. Fraudulent
94. The end-of-year sale (hyphenated adjective),
95. It is a common word: they are taking out and selling their garbage.
96. They just want to get rid of them and also make profits.
97. They just want to make money out of their garbage.
98. After all, it is for their benefit.
99. I usually put it aside.
100. It is every lady's favorite thing.
101. It is not talking about people looking for discounts.
102. Check the market to find the cheapest items.
103. They need to search everywhere and go shopping when things are on sale.
104. They wait for them to promote something and they will have a promotion.
105. Promotion = You pay for one and receive two.
106. It is a great motivation.
107. If you wanted to open your shop what kind of thing would you like to sell?
108. If I had to have a shop, I would sell clothes and be broke because I would take them myself.
109. I have had a dream since I was just a kid to have a bookshop, not a small bookshop but a big one, and sell my book online and physically.
110. I love to have a stationary shop.
111. Where do you go to buy such items?
112. They have a lot of luxurious stuff.
113. When I'm crossing around them I will stop by and check what new items they have to add to my collection.
114. I usually get out with a stuffed bag.
115. A fast food place.
116. I enjoy the process of cooking them.

117. My sister-in-law got married 5 years ago and her husband is a good guy. He used to talk about his dream a lot.
118. One of his favorites was opening a fast-food place.
119. You might not believe but next week is gonna be the opening of his fast food place.
120. He is going to live his dream.
121. Good for him.
122. He has 3 partners.
123. That's why I asked about ...
124. He always wanted to have his own place.
125. It is on Vahabi Street.
126. It is a crowded area.
127. It is exactly across from the New Market.
128. You can tell him you are my student and they will give you a discount.
129. I will give it a try.
130. The people are supposed to be there.
131. They will have an opening ceremony.
132. It was supposed to be before, but they set behind their schedule, so they postponed it.
133. They put off it.
134. His family are business people.
135. It was a sarcasm. No, it wasn't sarcastic.
136. They know how to work with their money and manage them and invest their money.
137. You can bring your dream to reality.
138. You can turn your dream into true.
139. He can't afford to fund (establish or set up or build up) a jewelry shop.
140. You gave him the suggestion,
141. Have you been shopping abroad?
142. When I was there, I bought something as a souvenir.
143. It goes without saying.
144. Turkey is better, price-wise and variety-wise
145. Design stores can find products from different and famous brands.
146. I always try to find designer shows.
147. You are not in the picture today.
148. Do you usually buy designer stuff?

149. I do not know if it is worth it because it is really expensive.
150. They charge you more than the original brand.
151. How do you know they are real brands? It's obvious
152. It is easy to identify the real ones from the fake ones.
153. Some of them are high copies.
154. You are an experienced and skillful shopper.
155. When she wants to buy us something from different stores in Milan she sends us pictures and asks me to choose from the picture.
156. What is worth to be bought from a designer store?
157. You should buy the best item in the market.
158. What is your favorite brand of shoes?
159. Having a good style
160. Sneakers/ trainer
161. I care about quality, comfort, and convenience.
162. Until your feet are killing you
163. When I'm on vacation
164. Which is made by locals
165. I spend too much money on clothes.
166. I usually spend too much time watching TV.
167. It is a problematic area for English learners.
168. It makes me feel bad.
169. When you talk fast you might make such mistakes.
170. I enjoy shopping
171. I'm a big fan of...
172. Don't go crazy
173. He went crazy and wanted to kill me.
174. It's not real. It's just an imaginary situation.
175. My husband is one of the most peaceful people I have ever seen in my life.
176. He is too quiet
177. My hair is going gray, his eyes are going blind, His ears are going deaf.
178. Every week
179. The two can be used interchangeably.
180. We can use them instead of each other.



181. The expression "Do the shopping" is different from going shopping.
182. Doing the shopping is about buying groceries and daily stuff for the refrigerator but going shopping is something fun.
183. Compulsory= mandatory= obligated
184. They have the same roots.
185. Workaholic, chocoholic, alcoholic
186. Unwanted items
187. I have bought a pile of stuff, but I haven't used them.
188. Count me out
189. I don't know if you play Shelem or not.
190. There are four of you.
191. What else can we use instead of kitchen tools?
192. Having mutual interest
193. I have a lot of friends, who I can count on.
194. I have a lot of friends. Whom I can count
195. Reasonable# unreasonable
196. Rational# irrational
197. I always pay attention to...
198. I prefer to try them on (clothes)
199. I prefer to try them out (electronic devices and...)
200. You are acting up great.
201. It fits you
202. Although I'm tired, I go out with my friends after class.
203. I don't know this part. However, I've read it several times.
204. It has happened to me twice.
205. You are not allowed to use but
206. A slip of the tongue
207. It is on the tip of my tongue.
208. An avid reader
209. A productive and fruitful day
210. I need to marry a wealthy Lady.
211. Break a leg
212. Priceless = invaluable you can't put a value on it.

- 213. It's a trilogy
- 214. It is a hay fever
- 215. I can't breathe well when I am exposed to an air-conditioner it happens to me every.

## Session 6 - Movies

- 216. Different genres
- 217. What is your favorite genre?
- 218. I'm a big fan of mysterious movies
- 219. Romantic movies or romances
- 220. Sometimes I feel like watching a comedy movie when I want a laugh
- 221. Fantasy, **Epic**, heroic movies
- 222. You can put some movies into different categories or genres
- 223. You can consider them as multi-genre movies
- 224. **Movies with the World War 2 theme**
- 225. Historical themed movies**
- 226. The Pianist movie is **remarkable**
- 227. What is your favorite movie of all time?
- 228. If you were supposed to choose just 5 top movies what those would be?
- 229. The **scenarist** is a genius
- 230. Zimmer is the musician of the movie
- 231. It is nothing in comparison with the Inception movie
- 232. That movie **came out(released)** 2 years ago
- 233. It is a **conceptual** movie and you have to watch it several times to understand what it is going to say
- 234. It was about a guy who had lost his memory and It is a dark movie
- 235. A **trilogy** directed by...
- 236. They are masters of pieces
- 237. If you had to go for one what it would be? I would go for...
- 238. Beyond any imagination**
- 239. **Stunning** performances
- 240. Amazing special effects
- 241. Although it was full of strange special effects everything was tangible and seemed rational
- 242. You were able to distinguish between reality and virtuality
- 243. It's like a documentary show

244. Its concept is about Time, the way he looks at the time concept is really creative  
captivating, and interesting to me
245. The story was strange with a new idea and somewhat scary
246. I can mention the Titanic as my favorite movie
247. They have a weak/strong story/tale
248. They can't keep/leave you on the edge of your seat
249. They can't attract movie freaks
250. I'm not too fond of movies with a storyline of betrayal and cheating
251. The movie is painful(harrowing)
252. I hated him
253. He was infamous at that time
254. you have to admit he is handsome
255. what is the worst movie you have ever seen?
256. It was horrible and not worth watching
257. I don't know how to express my feeling
258. What the hell it was about?
259. I usually read the critic's reviews and check the IMDB score and the reward of the  
movies to pick out a movie to see
260. It was a blockbuster and one of the best sellers at that time
261. It was a hijacking story in that movie
262. It was a devastating movie
263. It was about poverty, drug addiction, and all social concerns
264. What is the most beautiful actress in your idea?
265. I can mention Kate, Nicol, ...
266. Can you deny she is the best?
267. I think beauty criteria are different from one to another
268. It has a high score on IMDB and in the list of 100 movies you have to see before you die
269. pride and prejudice
270. The movie that impressed me badly was "Requiem for a Dream"
271. it's an Oscar winner
272. The personality was compelling
273. She is gorgeous and prestigious
274. The artists are getting married and divorced all the time

275. She got to know Ali and more **intimate** with him from that movie and got married to him
276. She passed away recently
277. he is one of the best colleagues of us
278. What is the most handsome actor in the world?
279. I didn't have enough room for a picture of others
280. He is handsome even without a beard but a beard makes him **drop-dead** and manly
281. He has a **permanent frown** on his face
282. It has a complicated biography if you have read it
283. Have you ever chosen a movie to watch because its actors are handsome or beautiful
284. **Animated** movie
285. Are they just for kids?
286. It is a **twisty** movie
287. It opens your eyes to new issues
288. Actually, I have a new challenge with him, I can't manage the amount of information he is receiving from around.
289. He can sense everything **Purely**
290. I believe it is too early for him to digest some complicated information
291. Where does he get his information from?
292. She always pays attention to every single word she **articulates**
293. It's not **on purpose**
294. He uses some sentences that are not suitable for me
295. It makes me afraid and anxious
296. I can see that on his face
297. I want to let him understand Farsi completely
298. It's much better
299. He knows how to use an adverb
300. What is the most romantic?
301. I can **approve** it
302. How could you be the best player when you can't lie?
303. I can easily identify how the mafia is
304. I can analyze games easily
305. Please don't **disclose/betray me to others** if you identify me.
306. It is about racism

307. Do you know what is why they named it Green Book?
308. What is the **story behind it**?
309. The green book has been a guidebook with a green cover for road trippers blacks to know what public places they were allowed to enter or not
310. It is the **origin** of the name of that movie
311. Nazi, Jews, Jewish
312. How do you choose which movie to watch? By genre? By director? By the main star?
313. The IMDB score can be a good **yardstick**
314. It's not that accurate but it can be a **measure**
315. Some movies with high IMDB scores don't **meet my taste**
316. I'm speaking of my experiences
317. Who do you watch movies with?
318. We are short in free time and it is not the same time
319. Do you watch movies with subtitles or **dubbed**?
320. I feel safer
321. I am the worst person everybody can choose to watch a movie with.
322. I fall asleep whenever I am watching a movie
323. My kids suggest watching a movie on the weekend
324. He doesn't care to stop it
325. Who were in it?
326. I wouldn't say I like such a storyline.
327. Female couple/gay couple
328. I can say I am not a rigid person, I always try out of the box and understand people with different ideas and **sexual tendencies**
329. I always try to **widen my horizons**
330. I can't stand them/ I can't get along with them
331. It's a policy and They want to normalize this stuff in society
332. I prefer to prevent him from this type of cartoon
333. **Dubbed movies** are like artificial things you can't touch them
334. It can't **convey** the purpose, sense, and feeling of a movie
335. Motives are rated based on **age-appropriateness**
336. It is **informative** and warning for you as a parent
337. Considering the curiosity of kids it is not effective at all

338. On the contrary, it can provoke/ Arouse them to go over it
339. When they are independent it is quite useless
340. When a VPN is available you can access everything
341. It can have an adverse impact and harmful consequence
342. It would help if you made them out of access to
343. You can't set any boundaries
344. They want to discover and detect everything
345. They can make money out of their channels and subscribers
346. Criminal channels teach children if they want to commit crimes
347. With unlimited access to these channels, they might learn
348. Mysteries
349. When something is Conceptual it is hard to digest
350. Sophisticated notions
351. Grumpy= bad temper
352. I don't like ... Me neither
353. I didn't used to ... neither did I
354. Leak
355. They couldn't enter the room
356. Authentic
357. I believe It is overrated
358. Tangible
359. Curiosity kills the cat
360. Mind your own business
361. Keep your nose out of my life.
362. Trivial = unimportant=invital # vital
363. Our supreme
364. Great Britain
365. They have different attitudes
366. Time flys as fast as winds

## Session 7 – Sleep

- 367. It is a good **justification**
- 368. He had a tough day
- 369. I think it is a **myth**. I don't know if it might be correct or **scientific**
- 370. It might have **pieces of evidence**
- 371. How does work too much? I have to **work around the clock**
- 372. I can't just **sit around** and do nothing
- 373. I don't **approve** it
- 374. I can't **justify** it
- 375. It's kinda an **obsession** for me
- 376. How do you consider the people who don't do anything?
- 377. Can you **get along** with lazy ones?
- 378. You might not believe but I can't even tolerate them
- 379. I just like to punch them in the face
- 380. I mean the people you have to **be in touch** with them
- 381. He went to bed at 10:30
- 382. I was busy with making slides for my class
- 383. He wanted me to make him an egg
- 384. I **felt guilty**
- 385. He woke up **out of hunger**
- 386. He **tried to feed him** and they decided not to sleep anymore
- 387. He kept calling me.
- 388. I have to pick him up after class
- 389. Will he sleep late?
- 390. This is his **habit of** going to bed early
- 391. Is he used to sleeping in?
- 392. It is normal for **employed women**
- 393. When I get home I just try to relax
- 394. I have a **second job** and I have to work around the clock
- 395. There is no time I can find myself free
- 396. I haven't found any solution **so far**
- 397. I **criticize them**



398. The weather is great for going out and watching birds
399. The temperature is about 50 degrees in centigrade
400. I have to work from **dawn to dusk**
401. I used to have a **part-time job**
402. This is not the only job that I've had
403. Are you **an early bird(morning person)** or a **night owl(night person)**?
404. I have to **stay up late** every night and take care of a lot of things and I can't sleep early
405. It takes me too much time
406. I consider myself a night person and an early person at the same time.
407. Sometimes I am exhausted but I don't like to sleep and **resist not to sleep**
408. I really enjoy being **awake** at night
409. I don't want to take pill to sleep
410. I don't know whether you have ever taken it or not.
411. He makes me take this medicine
412. Does This medicine have an **herbal** or chemical base?
413. I have many projects to do
414. This habit has been lasting for me and I have been a night person **since then**
415. I am not **sleepy** at all
416. I always plan for the weekend **to sleep in** but I wake up **spontaneously** so early
417. When it comes to Friday **nobody is allowed** to wake me up before 1 pm
418. I prefer to sleep and wake up early
419. She would like to text you and chat with you.
420. You barely find people with these **characteristics**
421. You will be more **productive**
422. If you take this habit you will never **give up**
423. If you see the **positive consequences** of it you **won't drop it**
424. When you wanted me to come here I was a bit **dubious(uncertain)**
425. Some people have high performance at night
426. There are different types of people **in terms of sleeping time**
427. You can group them in various class
- 428. An Early bird catches the worms**
429. It is what he mentions
430. There is something nicer in Farsi

431. When everywhere is quiet and nobody is talking.
432. What doesn't let you sleep?
433. A list of work you have to do and take care of the next day
434. **The worries** about my kids and their futures
435. **Ambiguity noun**
436. **ambiguous adj= vague**
437. I am not generally speaking
438. Financial issues are **the main concerns**
439. I am always worried about **Meeting the deadlines**
440. Are there any things to worry about these days that made you **sleep-deprived**?
441. I can sleep well when I am **exhausted**
442. Especially when you are **mentally tired** and you are **burned out**
443. I don't have trouble sleeping
444. If I have too much coffee, it makes me **unsettled** and I won't sleep well, and deep
445. It makes me stay up late
446. Do you have any **unusual sleep habits**?
447. I can't share my blanket with anyone
448. I am used to **rolling myself inside my blanket**
449. Nobody is allowed to ask me to share my blanket with
450. I must put a cover on me at sleep time **regardless** of what the temperature is, Even a light and thin sheet
- 451. I should sleep on my face, not my back**
452. **The hardest days** of my life were when I was pregnant
453. I can't stand any light in my bedroom, I like it totally dark
454. I prefer light and soft and thin pillow
455. I can sleep when the door is behind me. I have to be against the door
456. 90% percent of people, I mean **the vast majority** of them, unconsciously do that
457. Where do **the statistics** come from?
458. Is there some paper and facts about that?
459. We have a small community right now.
460. I can't sleep in a room with a closed door
461. It comes from security, in this way, you will feel safe
462. You can **rescue yourself** more quickly if there is a danger around you

463. When people lived in **the caves** they used to do that to be safe from wild animal
464. This story has **historical origins**
465. I must hug my pillow and put one of my hands under the pillow
466. It helps me to relax my neck and shoulders
467. How do you behave when your family is asleep?
468. There was a blackout/electricity went out.
469. I am very **considerate and thoughtful**
470. When I was in the **dormitory** nobody cares
471. Does she care **in return**?
472. I try not to make any noise and walk **barefoot on tip-toe**
473. **Do you dare** to watch a movie without headphones in front of your family
474. Let me tell you why.
475. **He sleeps like a log** and never wakes up and he is a **heavy sleeper**
476. Since I can wake up easily, Everybody should care about what they do.
477. My mother was really cruel
478. How often does it happen to you?
479. Do you usually **yawn** at work?
480. When I get my first glass of tea in the morning, I forget about sleep and I'm ready to have **an energetic day**
481. **Does tea work for you?**
482. **If I lack sleep** it will happen
483. **Yawning is inevitable and contiguous**
484. **I can't help yawning**
485. **Short on oxygen**
486. Being in boring meetings makes you yawn
487. I had a **Nightmare**, falling from a tall building
488. **Rapid Eye Movement Sleep(REM)**
489. **Try to keep my balance**
490. like you are in a maze and can't get out of it, **every path ends in a deadlock**
491. it is contentious and endless and never ends
492. **recurrent nightmares**
493. **I feel disoriented and imbalanced**
494. Do you usually **snore**?

495. I slept in a room with someone snoring badly
496. Some sounds are really frightening.
497. There was a **competition** between my Mam and Dad
498. You might not believe
499. You can **fix or lessen the problem** by changing something
500. There are **no known root cause** for the problem
501. It comes from **exhaustion**.
502. **Respiratory system**
503. Do you usually set an alarm clock?
504. **My alarm didn't go off**
505. I woke up before my alarm went off
506. The ambulance was going off
507. It doesn't matter where it is
508. I always advise him
509. Put your cell phone somewhere out of your access, it makes you get up and go toward it
510. It doesn't work out so far
511. I can even wash my face and then get back to the bed
512. Is it something that you usually experience?
513. I was **wide awake**=it is late but you don't even feel sleepy
514. It might be because of coffee or worries or concerns or some chemical in your blood
515. You are **aware** of it because you **have got many feedbacks** on it
516. Do you remember the last time you **overslept**
517. We have to get to work **at a specific time**, actually, **punctuality** really matters
518. Boss expectation
519. Salary= income in a year
520. Wage=income in a day
521. Monthly income
522. They are paid on a weekly base
523. I must sleep in total darkness **otherwise** I can sleep well
524. What is **the percentage of people** who ...?
525. I can sleep **in any situation and condition**.
526. Some scientific findings and facts approve it
527. She is suffering from **sleep-deprivation**

528. They are deprived of basic rights
529. He has a **medical condition** about his sleep
530. He has to take some medicine to sleep
531. **Insomnia= not sleeping in ages**
532. **There was a movie named Insomnia by Staring Al-Pacino, Robin Williams**
533. If I'm not mistaken
534. You could obviously see how much he was suffering from insomnia and how much that case affected his career
535. He flew for a long distance and **got jetlag** which made him get insomnia
536. **The problem originated from jetlag**
537. He was a detective and wanted to solve a **murder problem**
538. **The murderer was psycho and talented**
539. **He has committed a murder** and he had to hide it as a secret
540. **he turned himself in** and then **he was arrested** he would relax and manage to sleep
541. he confessed
542. **I haven't experienced** like this yet
543. When you go to bed late and you are supposed to wake up early it makes you not sleep well
544. What if I oversleep or couldn't make it?
545. **It prevents me from a** deep and peaceful sleep
546. Everywhere (no preposition)
547. Justify v. justification n.
548. I'm a real morning person
549. We help each other
550. Sleep in = you like to sleep more, on purpose, on your choice
551. Sleep over= when you sleep over at friends as a guest
552. Alert= aware, conscious
553. Automatically
554. **In** the morning
555. Research (none countable)
556. **At** Night
557. Many **pieces of evidence**
558. The list **of work (noncountable)** that I have to do
559. **artworks**

- 560. What makes you not have enough sleep
- 561. The deadlines are tight and not far off
- 562. I'm tired mentally= out of juice= burned out
- 563. sound-sleeper
- 564. I feel run down, I have no energy
- 565. Vacuum the carpet
- 566. Popular(pronuntiontion)
- 567. Asleep (adj) / sleep (noun, verb)
- 568. Considerate/inconsiderate
- 569. Time vs times
- 570. I try hard not to make any noise.
- 571. Energetic (pronounce)
- 572. Known
- 573. Breathe v. / breath n.
- 574. It affects my salary.
- 575. Cause and effect relationship
- 576. Punctuation
- 577. Scam/scammer