OneHotEcoding Explanation:

Original Data

Team	Points
A	25
A	12
B	15
B	14
B	19
B	23
C	25
C	29

One-Hot Encoded Data

Team_A	Team_B	Team_C	Points
1	0	0	25
1	0	0	12
0	1	0	15
0	1	0	14
0	1	0	19
0	1	0	23
0	0	1	25
0	0	1	29