



# BARKSDALE AFB NATURE OF MY PROBLEM QUICK REFERENCE



MARITAL FAMILY	ABUSE NEGLECT	PARENTING	HEALTHCARE	FINANCIAL	OTHER
<a href="#">Airman &amp; Family Readiness Center</a> 318-456-8400	<a href="#">Sexual Assault Prevention &amp; Response (SAPR) Program</a> 318-456-6836	<a href="#">Child Development Center</a> 318-456-4139	<a href="#">MDG Appt Line</a> 318-456-6555	<a href="#">AF Aid Society</a> 318-456-8400	<a href="#">Military Personnel Section (MPS)</a> 318-456-3710
<a href="#">Family Advocacy Program</a> 318-456-6595	<a href="#">Domestic Abuse Victim Advocate (DAVA)</a> 233-2230	<a href="#">Youth Center</a> 318-456-3448	<a href="#">Health Promotion</a> 318-456-8046 or 8359	<a href="#">Legal Assistance</a> 318-456-2562	<a href="#">Traffic Management Office (TMO)</a> 318-456-3229
<a href="#">Chapel</a> 318-456-2111 <a href="#">After Hours</a> 318-456-2151	<a href="#">Child Protective Services</a> 1-855-452-5437	<a href="#">Family Childcare Program</a> 318-456-9688	<a href="#">ADAPT</a> 318-456-6600	<a href="#">Pay Questions</a> 318-456-4733 or pay@us.af.mil	<a href="#">Poison Control Center</a> 800-222-1222
<a href="#">Military Family Life Counselor (MFLC)</a> 318-553-4597		<a href="#">School Liaison Office</a> 318-456-4098	<a href="#">Tri-Care Information &amp; Referral</a> 800-444-5445	<a href="#">My Pay Website</a> www.mypay.dfas.mil	<a href="#">Area Defense Council</a> 318-456-8255
<a href="#">Exceptional Family Member Program</a> 318-456-8400			<a href="#">Mental Health Clinic</a> 318-456-6600		<a href="#">Military One Source</a> 1-800-342-9647
		<a href="#">National Suicide Hotline</a> 1-800-273-8255	<a href="#">Exceptional Family Member Prgm Medical</a> 318-456-1736	<a href="#">National Suicide Hotline</a> 1-800-273-8255	<a href="#">VA Regional Office St. Louis:</a> 314-253-4429

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EMERGENCY SERVICES:		HELPING AGENCIES:			
Ambulance	911	ADAPT	456-6600	Family Advocacy	456-6595
Fire	911	Chaplain	456-2111	Key Spouse Coordinator	456-8400
Police	911	Equal Opportunity	456-8003	Medical Group	456-6555
Chapel Help Hotline	318-456-2151	EFMP (medical)	456-1736	Resiliency Coordinator	456-8003
Security Forces	318-456-2551	EFMP (programs/support)	456-8400	Safety	456-2560
SARC Hotline	318-456-7272	IG	456-5049	Violence Prevention Coord.	456-2647

Updated: April 2020

BARKSDALE AFB HELPING AGENCY MATRIX								Helping Agency										
		Supervisor/ 1st Sgt/ Commander	Airman & Family Readiness Center	Military Family Life Counselor (MFLC)	Alcohol & Drug Abuse Prevention	Chaplain	Education Office	Equal Opportunity	Exceptional Family Member Program (EFMP)	Family Advocacy	Health Promotion	Legal Office	Mental Health Clinic	Military One Source	Medical Group - Appt Line	School Liason Office	Sexual Assault Response Coord	Violence Prevention Specialist
			456-8400	553-4597	456-6600	456-2111	456-2615	456-8003	456-8400	456-6595	456-8046	456-2562	456-6600	800-342-9647	456-6555	456-4098	456-6836	456-2647
Life Stressors	Alcohol/Drugs	●			●	●						●		●				
	Casualty Assistance	●	●															
	Children's School Issues	●	●	●				●							●			
	Clinical Anxiety/ Panic/Depression	●							●			●	●	●				
	Deployment Anxiety	●	●	●		●							●					
	Domestic Violence Neglect/Abuse	●		●		●			●			●	●	●			●	
	Employment	●	●										●					
	Finances/Budget	●	●															
	Fitness Consultation	●								●			●	●				
	Grief	●	●	●		●			●					●				
	Homicidal Thoughts	●	●	●		●			●			●	●	●			●	
	House/Car Buying	●	●										●					
	Lonliness/ Isolation	●	●	●		●			●			●	●	●				
	Marriage/Divorce	●	●	●		●			●		●	●	●					
	Tobacco Cessation	●								●				●				
	Relationships	●	●	●		●		●	●			●	●				●	
	Retirement/ Separation Anxiety	●	●	●		●			●			●		●				
	Sexual Assault/ Harrassment	●		●		●		●								●	●	
	Special Needs Family Member	●	●						●					●	●			
	Spouse Education	●	●				●											
	Suicidal Thoughts	●	●	●		●			●			●	●	●				
	Unlawful Discrimination	●						●			●							
	Weight/Nutrition Management	●								●			●	●				
	Work/School Issues	●	●	●		●	●		●	●			●			●		