



## AIRMAN & FAMILY READINESS CENTER (A&FRC) REINTEGRATION FAMILY SUPPORT INFORMATION SHEET

Personal Data, Privacy Act of 1974 as amended applies. This may contain information which may be protected IAW DoD 5400.11R and is For Official Use Only (FOUO).

**This form can be supplemented at the local installation but disclosure of full SSN is not allowed.**

				DATE: _____	
<b>All information in this box must be completed</b>					
Military Member's Information:		Air Force	Army	Navy	Marine
Last 4: _____	DoD ID: _____	PRP:	Yes	No	
First Name: _____		Last Name: _____			
Local Address: _____					
City _____		State _____		Zip _____	
Phone Number: _____		E-Mail Address: _____			
Rank: _____		Marital Status: _____		Unit: _____	
Orders Type:	Deployment	TDY	Remote	Location: _____	
Reintegration Briefing Date: _____		Return Date: _____			
Spouse Attend:	Yes	No	N/A	Spouses Name: _____	
EFMP-Coded:	Yes	No	N/A	School Aged Kids:	Yes No N/A

For A&FRC Staff Only: (Please check all services that were provided)

Initial: \_\_\_\_\_ Date \_\_\_\_\_

☐ AFFIRST Updated

☐ E-Mail Roster Updated

Barksdale Air Force Base  
**Airman & Family Readiness Center (A&FRC)**  
Service Delivery Statement of Understanding

If you have never been to the Airman & Family Readiness Center, you may be unsure of what to expect. The following information is offered for you to consider and, if you wish, discuss with an A&FRC staff member.

CONSULTATION: The mission of your Airman & Family Readiness Center (A&FRC) is to provide targeted Airman and family support/services, contributing to the mission readiness, resiliency and well-being of the Air Force community. We accomplish our mission by offering total force members, their families, and leadership with a variety of educational programs and services. We help customers prioritize their concerns/needs and assist them in understanding what resources or new behaviors will enable them to better cope with the situation. Many people have learned talking with a qualified, objective, third party is very helpful when confronted with a new or stressful situation. When developing a goal or plan of action to remedying your situation, it may require a good bit of work and a considerable amount of time and effort on your part. You should expect to take part in decisions to support your goals. It is important for you to be open and honest.

At the close of your first consultation, a service plan will be developed and arrangements will be made for further appointments, workshop attendance, or referrals to other agencies, if indicated. Personal commitment is an essential element for successful completion of your plan as you are an equal participant in this effort.

If you feel you are not receiving the type of assistance you need, talk with the Airman & Family Readiness Center Chief.

PRIVACY: You can expect the Airman & Family Readiness Center staff to respect your right to privacy. However, please note A&FRC staff members do not have complete confidentiality. If your supervisor/commander/first sergeant made the appointment for you to come to the A&FRC, we will provide general feedback to that person, but will not ordinarily go into specific detail about your situation. The Squadron Commander will be notified of situations which may directly impact personal health, safety, or mission accomplishment. A&FRC staff members are required by law, with or without your consent, to contact proper authorities if they suspect/believe: (1) you may harm yourself or others, (2) you may be a danger to the mission, (3) child abuse or neglect, spouse abuse, drug abuse or criminal activity may be occurring.

RECORDS: You will be requested to provide demographic information (name, unit, phone number, etc.) which is electronically stored and secured. The record contains demographic information, a brief description of your visit(s), and your service plan. If you want to see your record or want a personal copy, you may do so by asking an A&FRC staff member. Records are maintained for the sole purpose of assisting you, the customer.

//signed//  
Ana Brown  
Chief, Airman & Family Readiness Center

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Printed Name	Sponsor's Last 4
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Customer Signature	Date
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A&FRC Staff Member Signature	Date
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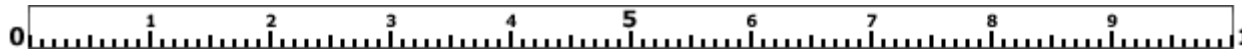
# Personal Readiness Inventory

Name: \_\_\_\_\_ Sponsors Last 4: \_\_\_\_\_ Date: \_\_\_\_\_

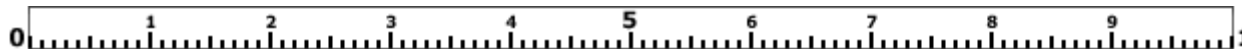
Please answer this brief inventory; it helps us understand your overall personal readiness and adjustment to military life. Instructions: Based on the past week please rate how well things are going by placing a hash mark on the 0-10 scales below, with 10 as the best possible rating. Your consultant will use your answers to clarify your goals for coming to the Airman and Family Readiness Center.

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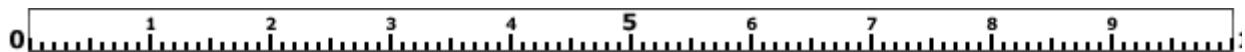
**OVERALL ADJUSTMENT TO MILITARY LIFE**  
(Understand & support the military lifestyle & mission requirements, etc...)



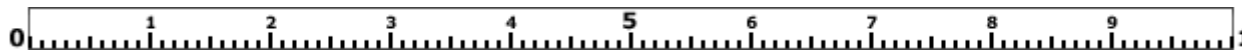
**RELOCATION/MOVING**  
(Ability to move when required)



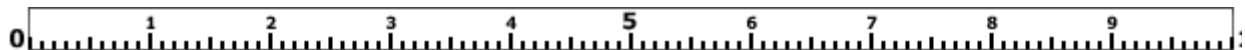
**ADJUSTMENT TO COMMUNITY**  
(Ability to find on/off-base information, services, events & activities, etc...)



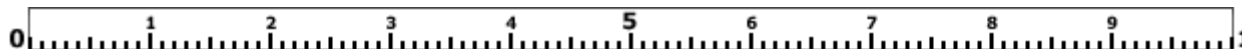
**DEPLOYMENT READINESS**  
(Ability to support short-notice deployments, awareness of available support for loved ones, etc...)



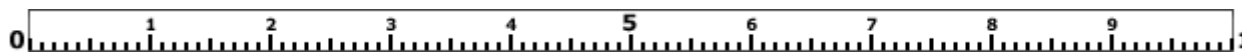
**EMPLOYMENT**  
(Job search techniques & skills, ability to secure suitable employment, etc...)



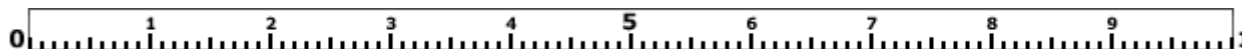
**FINANCIAL READINESS**  
(Basic needs & financial obligations met, savings, investments & retirement, etc...)



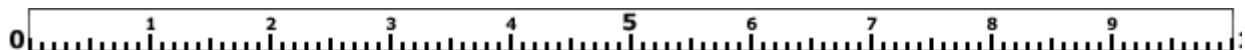
**MILITARY/WORK ENVIRONMENT**  
(Work environment/relationships OPSTEMPO/pace of work)



**PERSONAL RELATIONSHIPS**  
(Family, Friends, & loved ones etc...)



**RETENTION**  
(Intention to continue military career past current commitment)



**TRANSITION TO CIVILIAN LIFE**  
(Prepared for separation/retirement, aware of benefits & entitlements, etc.)

