

Hand Drawing Worksheets

by JeyRam

Welcome to these worksheets!

Here at the 5 steps I would recommend for practicing hands. Learning to draw hands can be quite challenging so simplifying down the elements is a great way to learn quickly.

1. Central Box



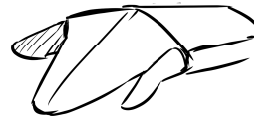
2. Thumb



3. Individual Fingers



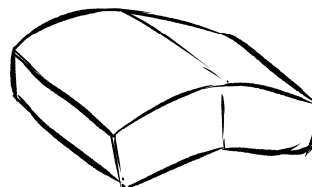
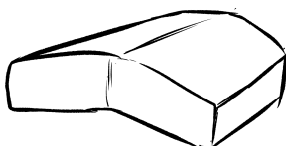
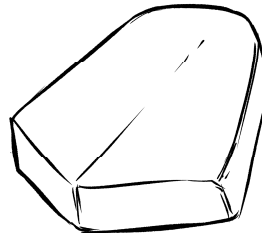
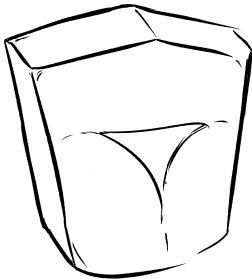
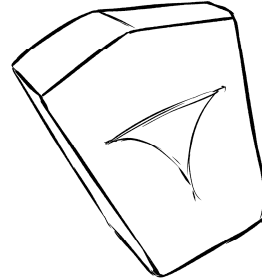
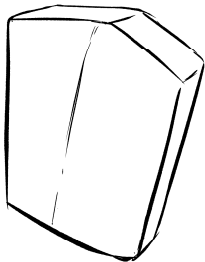
4. Mitten



5. Full Hand



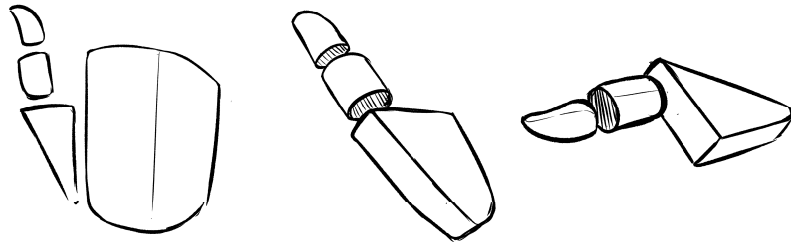
Now lets practice each step, make sure to take your time and dont be shy about erasing, drawing in 3D doesnt come naturally to anyone so dont feel any pressure to do it perfectly from the start!
Use the tutorial over on JeyRam.Org/Hand to help you with each step.



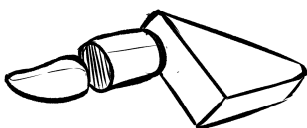
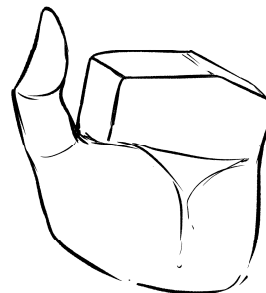
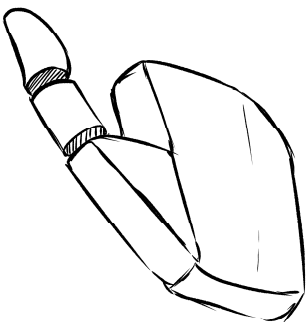
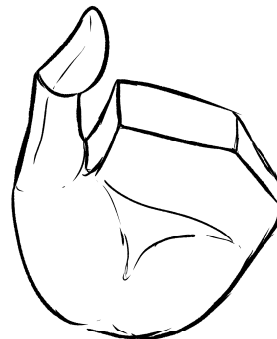
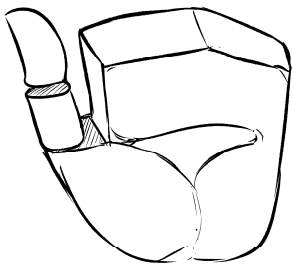
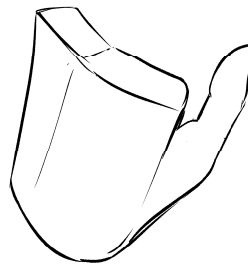
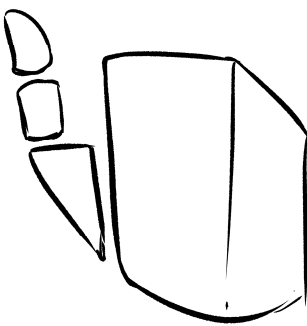
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Now let's add in the thumbs by adding a triangular box, a cylinder and a tapered cylinder to the central box we practiced in the last step.



Copy from the examples below, on the left side we have the segments separated and then on the right we will combine them into the organic form.



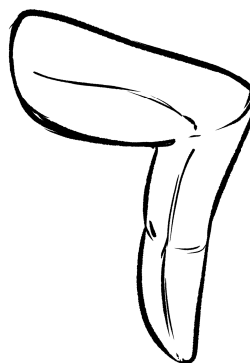
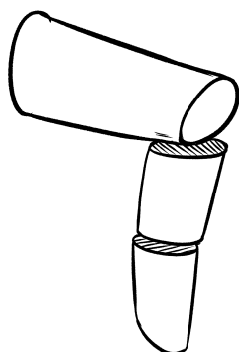
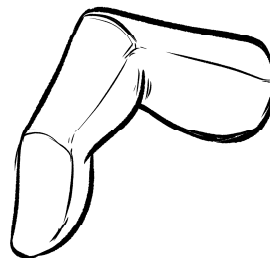
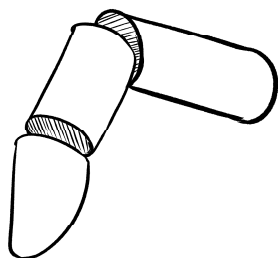
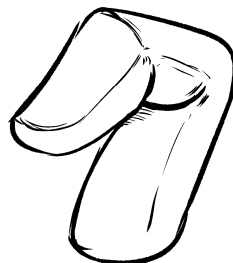
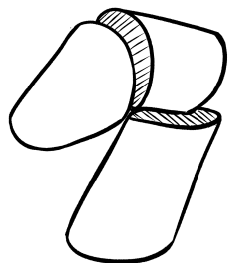
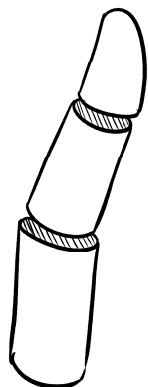
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For the third step let's practice drawing individual fingers.

The biggest challenge when drawing hands is getting used to drawing multiple fingers in perspective. We can make this easier to learn by getting used to drawing one finger at a time and then learn how to draw them together.

Copy from the examples below.

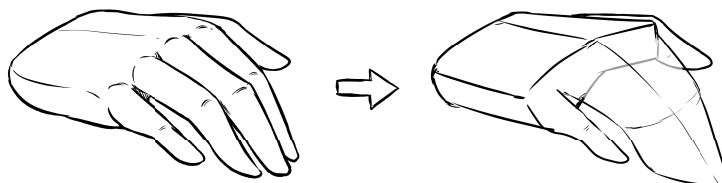


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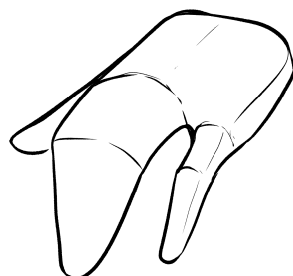
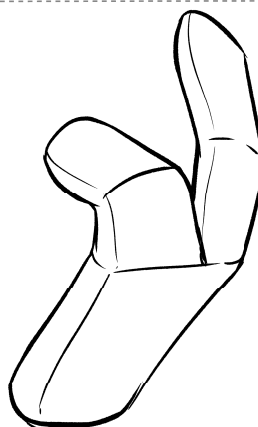
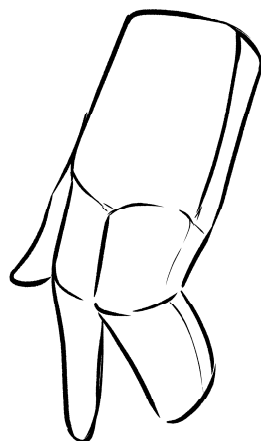
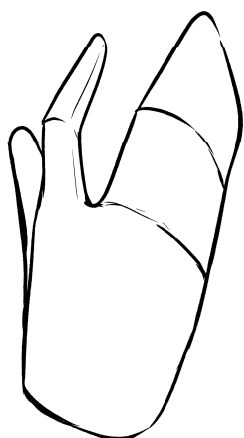
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Now that we have practiced drawing fingers, let's move onto the mitten stage. During this stage in the practice we will simplify the fingers that are close together.

Learning this step is great for drawing guidelines and capturing the overall gesture of simple hands when doing figure drawings.



Copy from the examples below, dont be shy about using an eraser!



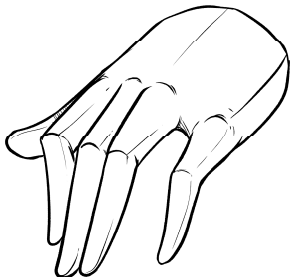
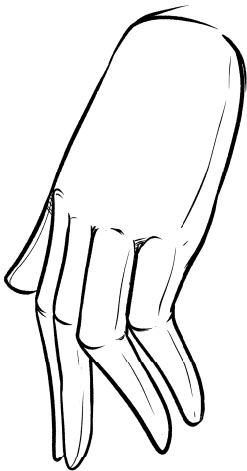
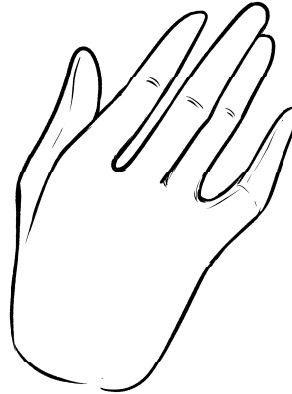
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Woo final page of the worksheets!

Let's try to combine what we have learned and draw the entirety of the hand,
I recommend using the Mitten stage as guidelines to help you draw the hands.

These are the same hands that were simplified on the last page so you
can carry over a lot of the same proportions.



Thank you so much for using these worksheets!
Make sure to practice plenty in your sketchbook and use references~

I hope this was helpful to you!
For more tutorials and worksheets check out
JeyRam.Org

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