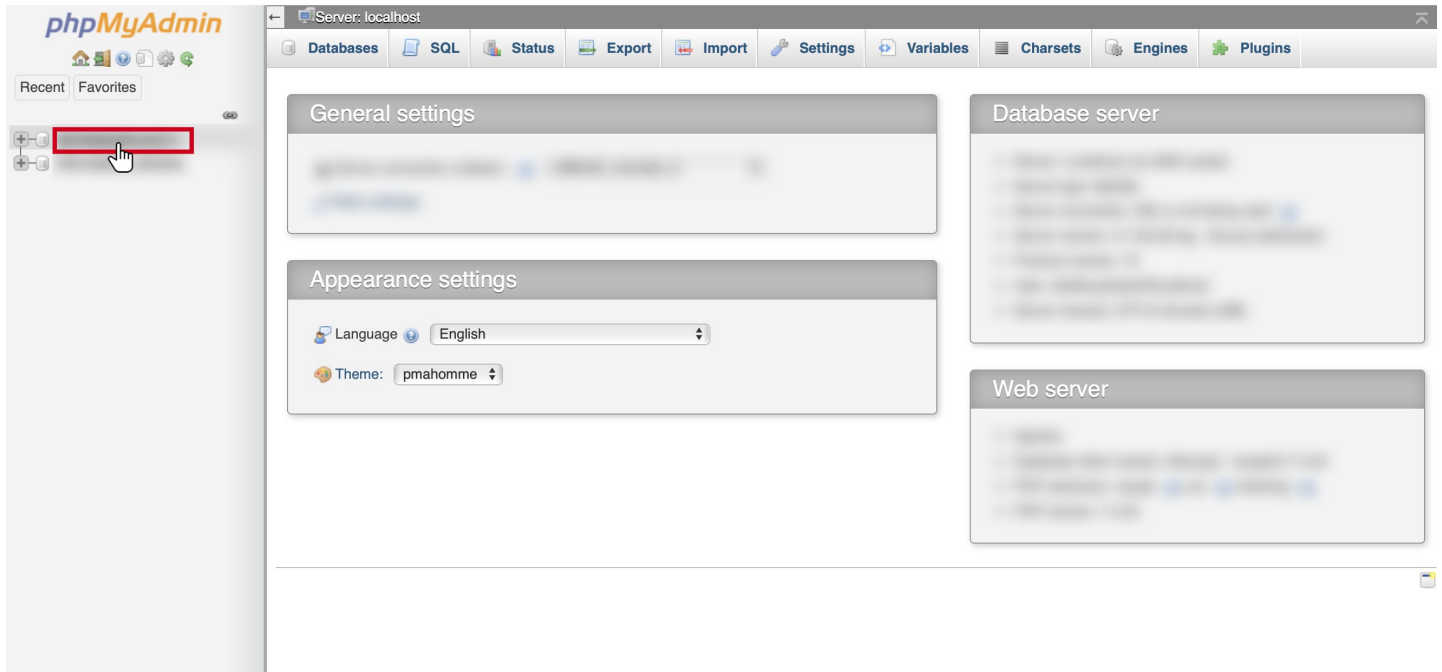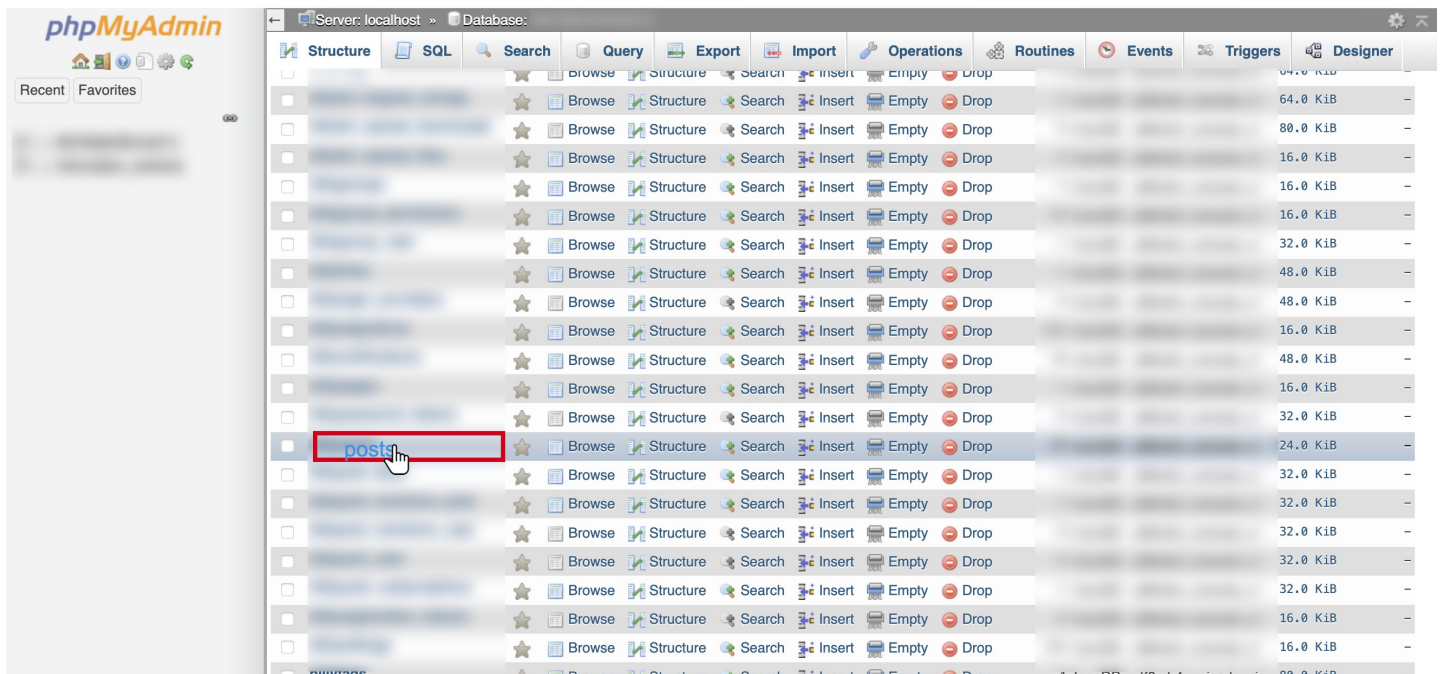# 1 Go to database

Go to phpMyAdmin and click on the database name.
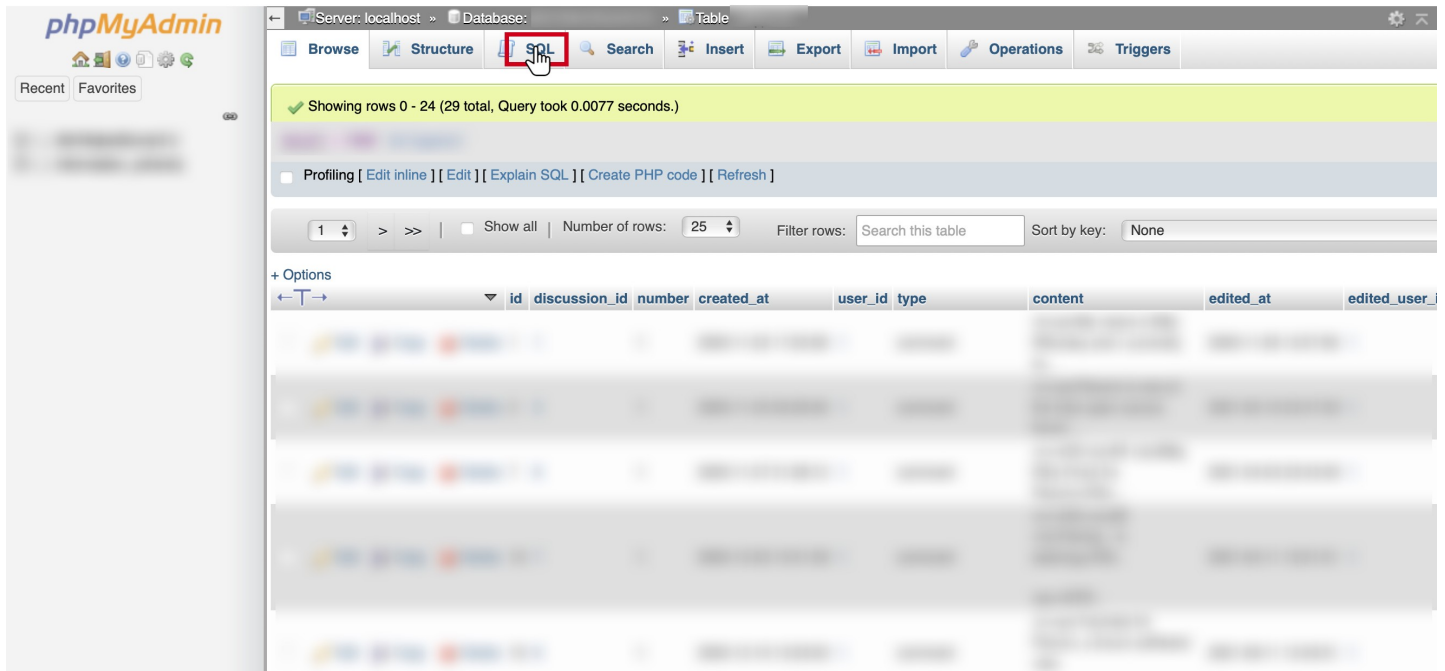
Tip: Popular shared web hosts give you access to phpMyAdmin in the same area where you can create databases.
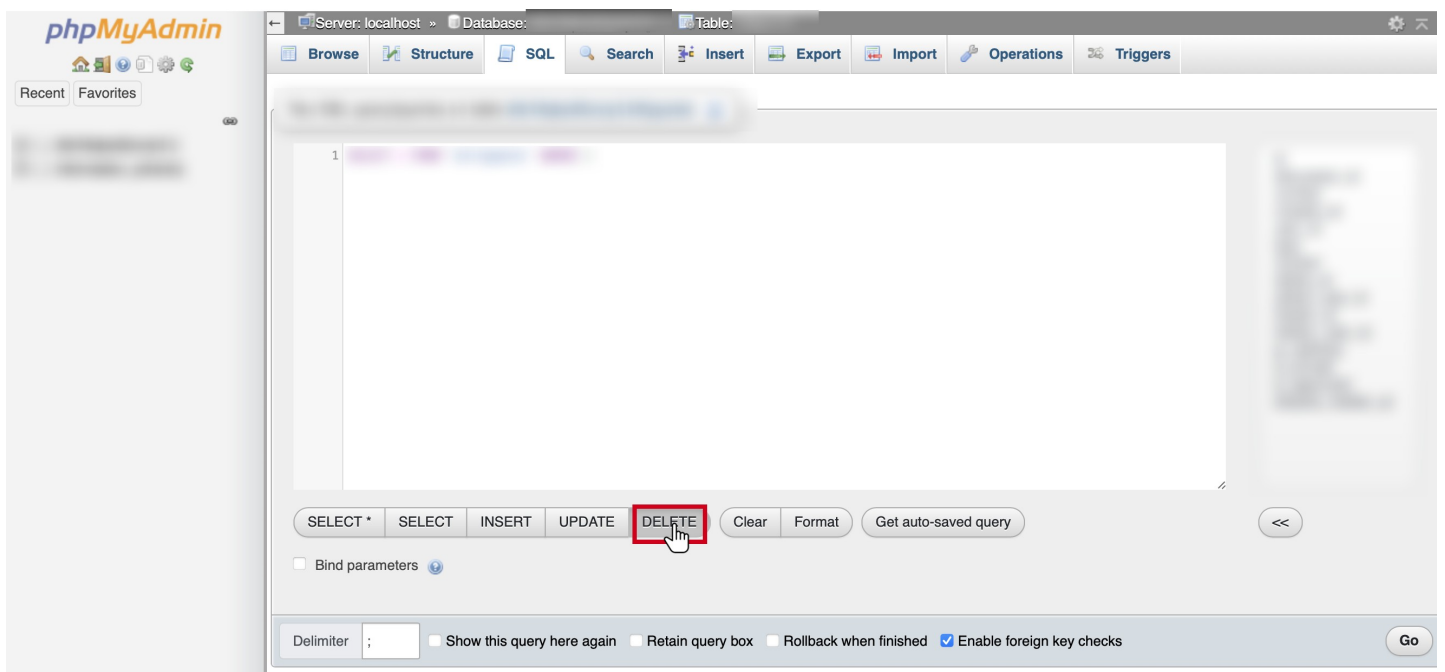
2 Find posts table

Find and click on the posts table. When installing you may have added a prefix to your database tables. Therefore, the name of your posts table will vary. For example, yours could be: pre_posts

3 Select SQL

Now that you are in the posts table click on the SQL tab.
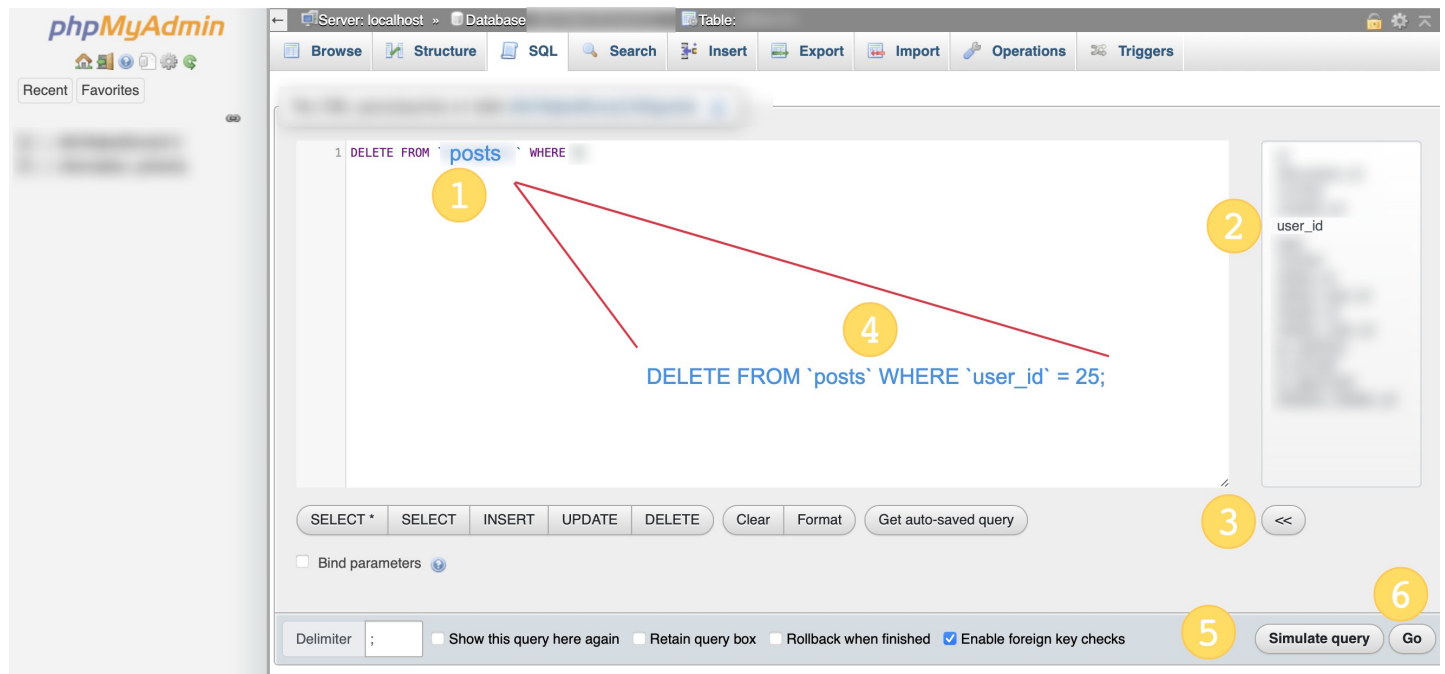
4 Begin SQL query

Click on Delete. This will not delete anything. This is telling phpMyAdmin to begin a Delete query statement.

Advanced users may type out the statement at this point. This tutorial is explaining using the GUI fully if you do not know the command to type.

5 Finish adding command and execute

Use the interface to make the delete query statement.

1. The name of your posts table will already be here at this point. If there is anything after "WHERE" you may remove it.
2. Select "user_id"
3. Click the add arrows
4. Type: = {the_user_id_number}; at the end. Or, alternatively delete the entire statement and manually type: DELETE FROM `posts` WHERE `user_id` = 25;
   a. Here, 25 is an example. Replace with the appropriate user id.
5. Click Simulate query to see what would happen if you execute this command.
6. Click Go once ready to execute and delete the posts.

You will see a success message. The process is complete and the data is gone.