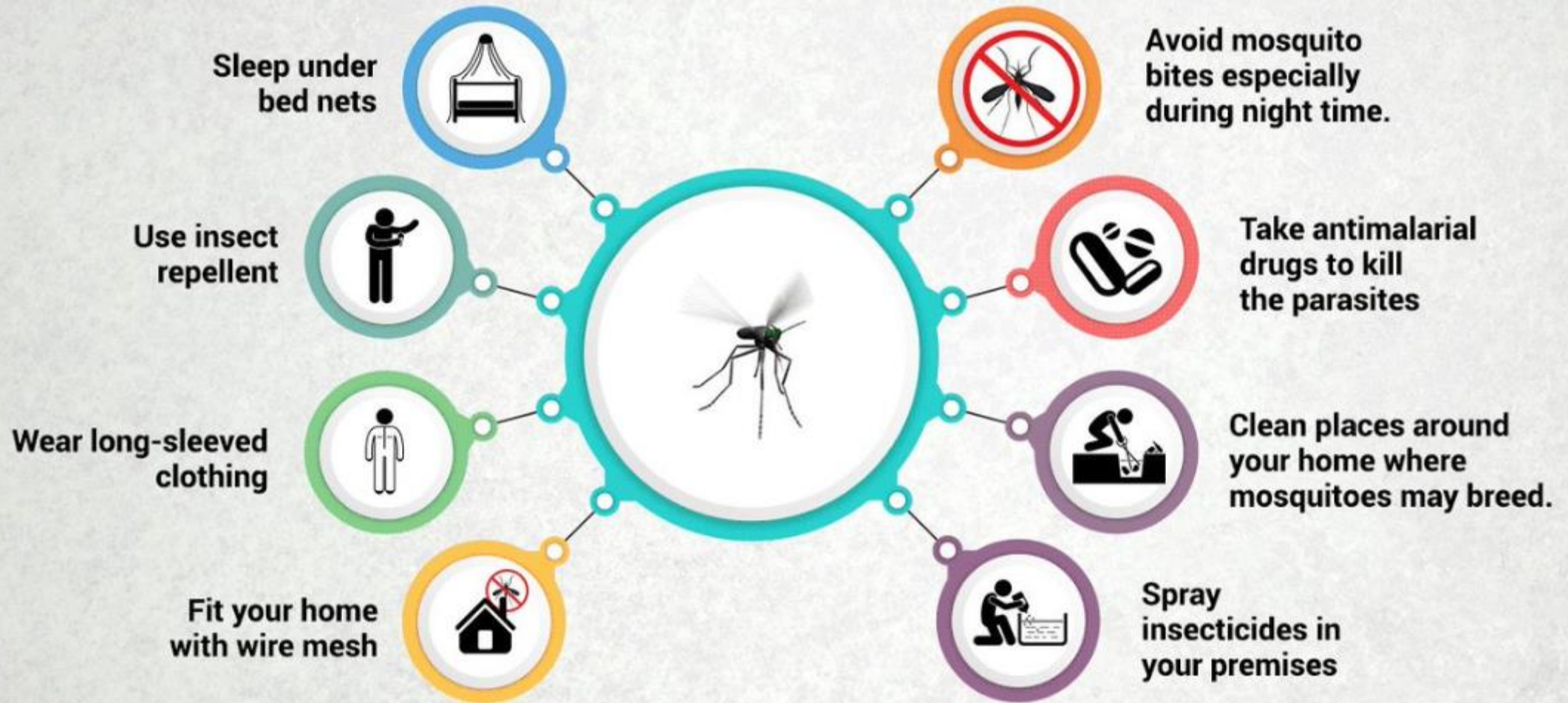


# Precautions for Other Disease

# Precautions against Malaria



## SYMPTOMS



Always hungry



Unexplained weight loss



Numb or tingling hands/feet



Frequent urination



Sexual disorder



Extreme fatigue



Check your blood sugar



Always thirsty

## COMPLICATION



Candida



Wounds heal slowly



Peripheral neuropath



Cerebrovascular disease



Diabetic nephropathy



Coronary heart disease



Eye damage

## PREVENTION

Lower blood sugar, lose weight, exercise regularly, eat healthy food, and do blood sugar tests. Monitor your blood sugar levels, and do blood sugar tests. Monitor your blood sugar levels, and do blood sugar tests.



Exercise



Health food



Control



Avoid



See a doctor