



# Healthy Kids

**Title V & Medicaid partnering to improve EPSDT  
in Nevada**



# What is Healthy Kids?

- This is a free benefit for children enrolled in Medicaid and Nevada Checkup (SCHIP)
- In Nevada, it is called **HEALTHY KIDS**
- The benefit is dedicated to giving Nevada's children regular, preventive health care, such as immunizations, yearly physicals and referrals for health problems of Medicaid and Nevada Check-Up eligible infants, children and young adults.
- "Healthy Kids" can provide referrals for developmental problems, vision, hearing, and dental problems as well as family problems.



# What does it do?

*Healthy Kids is a benefit giving Nevada's children  
**regular, preventive health care.***

- Do your children need glasses?
- Do they need immunizations?
- Dental care?
- Are they having problems in school?
- Do you have questions about your child's growth and development?
- If parents have concerns about any of these, "HEALTHY KIDS" can assist



# Healthy Kids Framework

Follow the letters:

**E**arly - starting before problems worsen

**P**eriodic - at regular intervals & as needed

**S**creening - comprehensive well child exams

including developmental, physical, and mental screens  
plus separate vision, hearing, dental screening

**D**agnosis - as appropriate

**T**reatment - all Medicaid services (covered under federal law), as medically necessary for the child's condition



# How do children get screened?

## For Families:

- Children eligible for Medicaid and Nevada Check-Up are all eligible for the Healthy Kids (EPSDT) benefit.
- Ask your primary care physician about conducting the screening.
- Visit the Healthy Kids website for more information:

**<http://dhcfp.state.nv.us/medicaid/hk.htm>**



# How do children get preventive screens?

## For Providers:

- Physicians may sign up to offer Healthy Kids (EPSDT) screenings by: First Health Services Corporation at **877-638-3472** – request provider enrollment assistance

Or contact the website: **<https://nevada.fhsc.com/>**

- Under the “Physician” menu are the provider enrollment instructions and forms, billing forms, billing manual, and a training packet.
- Under the “Quick Links” menu is a link to Nevada Division of Health Care and Financing home page.
- If you have any questions, please contact the Provider Enrollment Unit at **(877) NEV-FHSC (638-3472)** from 8a.m. to 5p.m. Monday through Friday or send an email to: **[nevadamedicaid@fhsc.com](mailto:nevadamedicaid@fhsc.com)**



# Relationship of Healthy Kids benefit to Immunizations

- **Immunization** is one of the components of the Healthy Kids screen
- The Healthy Kids screening schedule is similar to the **immunization schedule**
- Cross-referring for providers and understanding by parents will increase rates for both **immunizations** and **Healthy Kids** preventive screens



# In Nevada

- In Nevada, the goal is to increase the number of eligible children receiving screening, diagnosis, and necessary treatment services through Healthy Kids, EPSDT benefit.
- Accomplishment of this goal also increases the number of children appropriately immunized.





# When do kids get screened?

## Nevada Healthy Kids Periodicity Schedule

*Recipients will be sent reminders to schedule screenings at the following intervals.*

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#### Age Ranges

Under 1 year		1-2 years	3-5 years	6-9 years	10-14 years	15-18 years	19-20 years*
1 month	12 months	3 Years	6 Years	10 Years	16 Years	20 Years	
2 months	15 months	4 Years	8 Years	12 Years	18 Years		
4 months	18 months	5 Years		14 Years			
6 months	24 months						
9 months							
5	4	3	2	3	2	1	
TOTAL	20						

*Medicaid EPSDT screenings are available until the client turns 21 (through the 20th year).*

• *Nevada Check-Up EPSDT screenings are available until the client turns 19 (through the month of the 19th birthday).*

For another copy visit <http://health.nv.gov/> click on Bureau of Family Health Services and see the Healthy Kids button on the left



# Successes of partnership in last year

- Improved communication
  - Strong MCO involvement in workgroups; new contract
  - Billing training for FQHC/tribal clinic staff; county health nurses
  - Networking of community-based organizations; grass-root notification to parents
  - Website – [www.health.nv.gov](http://www.health.nv.gov) “EPSDT toolkit”
  - Family developed brochure



# Resources

- Healthy Kids website

**<http://dhcfp.state.nv.us/medicaid/hk.htm>**

- Bureau of Family Health Services

**[www.health.nv.gov](http://www.health.nv.gov)** Or search for Health + EPSDT

- Maternal and Child Health Bureau EPSDT site **[www.hrsa.gov/epsdt](http://www.hrsa.gov/epsdt)**

# For more information

Marti Cote

Healthy Kids Coordinator, Division of  
Health Care Financing and Policy

[Mcote@dncfp.nv.gov](mailto:Mcote@dncfp.nv.gov)

775-684-3748



Debra Wagler

Bureau of Family Health Services, Nevada  
State Health Division

[dwagler@health.nv.gov](mailto:dwagler@health.nv.gov)

775-684-3479