

CLAY COUNTY 2005 COUNTY ADULT HEALTH SURVEY



WHAT IS THE CLAY COUNTY 2005 BRFSS?

- ★ The BRFSS is the world's largest continuously conducted telephone survey.
- ★ It covers issues surrounding chronic illness, premature mortality, and other health-related topics.
- ★ All 50 states, Puerto Rico, Guam, and Washington D.C. participate.
- ★ Clay County participated in county level BRFSS studies sponsored by Hometown Health.

IN CLAY COUNTY...

- ✿ Interviews were conducted in June and July of 2005.
- ✿ A telephone survey of 435 randomly selected adults from Clay County and Randolph County.
- ✿ Of the 435 interviews, 159 were with men and 276 were with women.

LEADING CAUSES OF DEATH IN ARKANSAS, 2002

- * Heart Disease
- * Cancer

YEARS OF POTENTIAL LIFE LOST	
Heart Disease	92,882
Cancer	90,323

LEADING CAUSES OF DEATH FOR CLAY COUNTY IN 2002

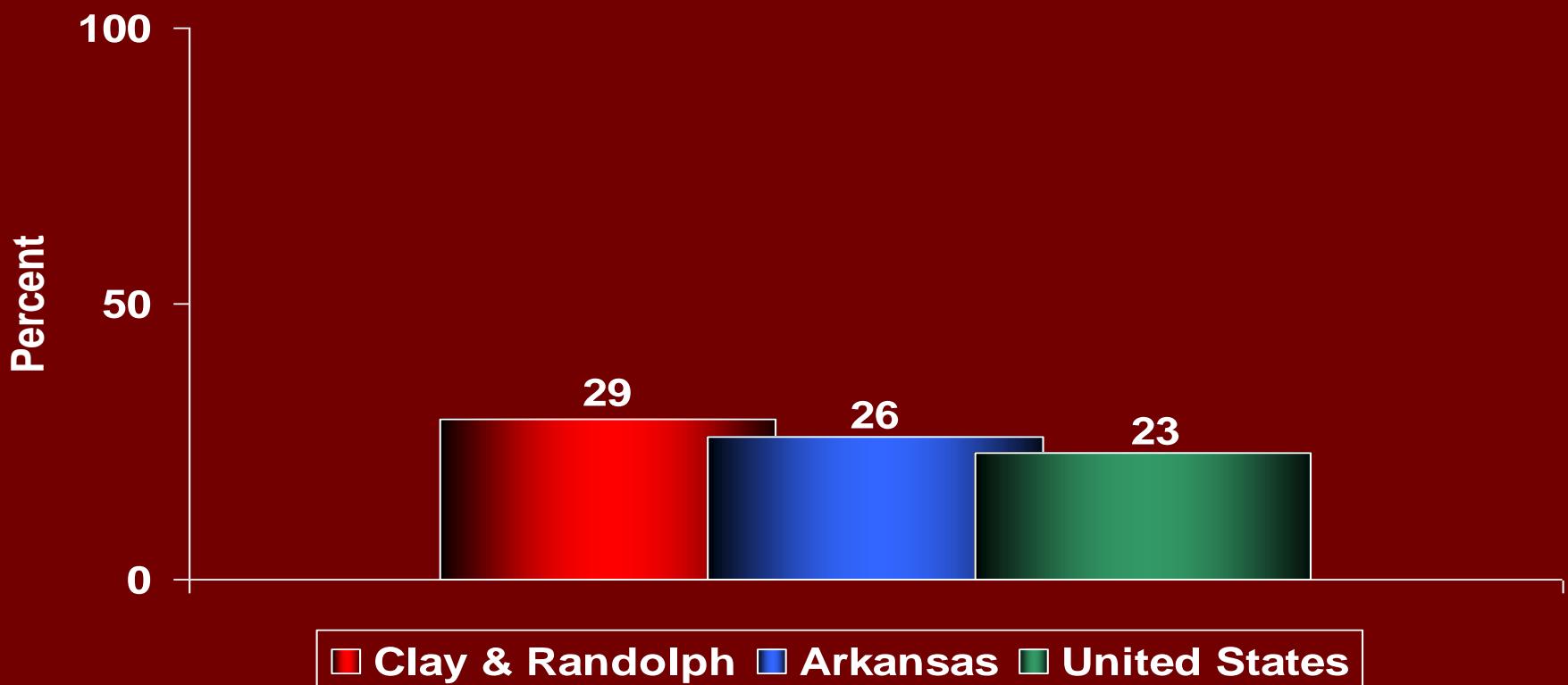
- ✿ **Heart Disease and Cancer were the leading causes of death in Clay County in 2002.**
- ✿ **These were also the leading causes of death in the nation in 2002.**

RISK FACTORS FOR THESE DISEASES MEASURED BY THE SURVEY INCLUDE...

- ✿ Tobacco use
- ✿ Bodyweight
- ✿ Physical activity

TOBACCO USE

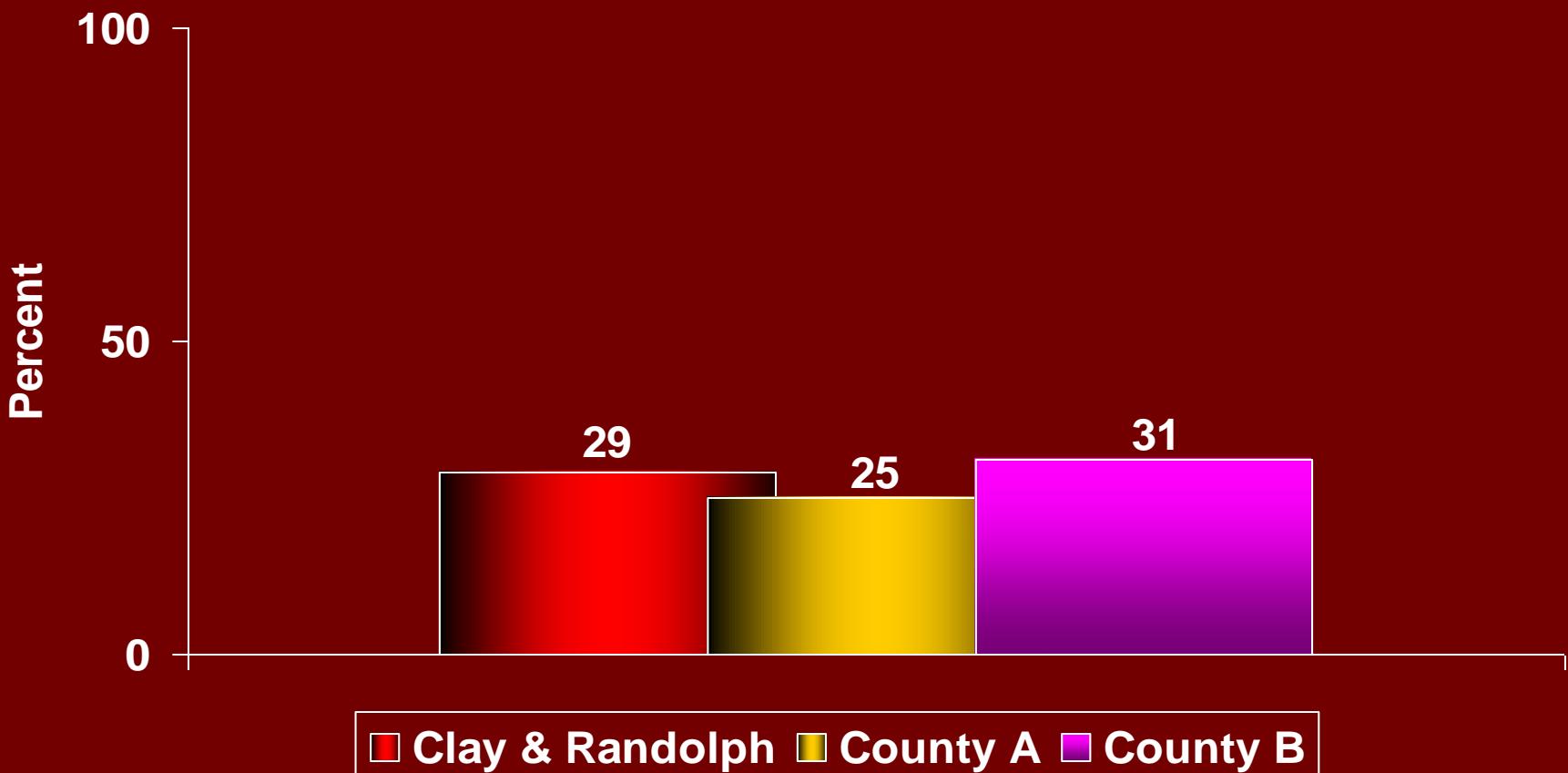
Persons who are current smokers: Clay County and Randolph County (2005), Arkansas (2002) and US (2002).



Source: CAHS, BRFSS.

TOBACCO USE

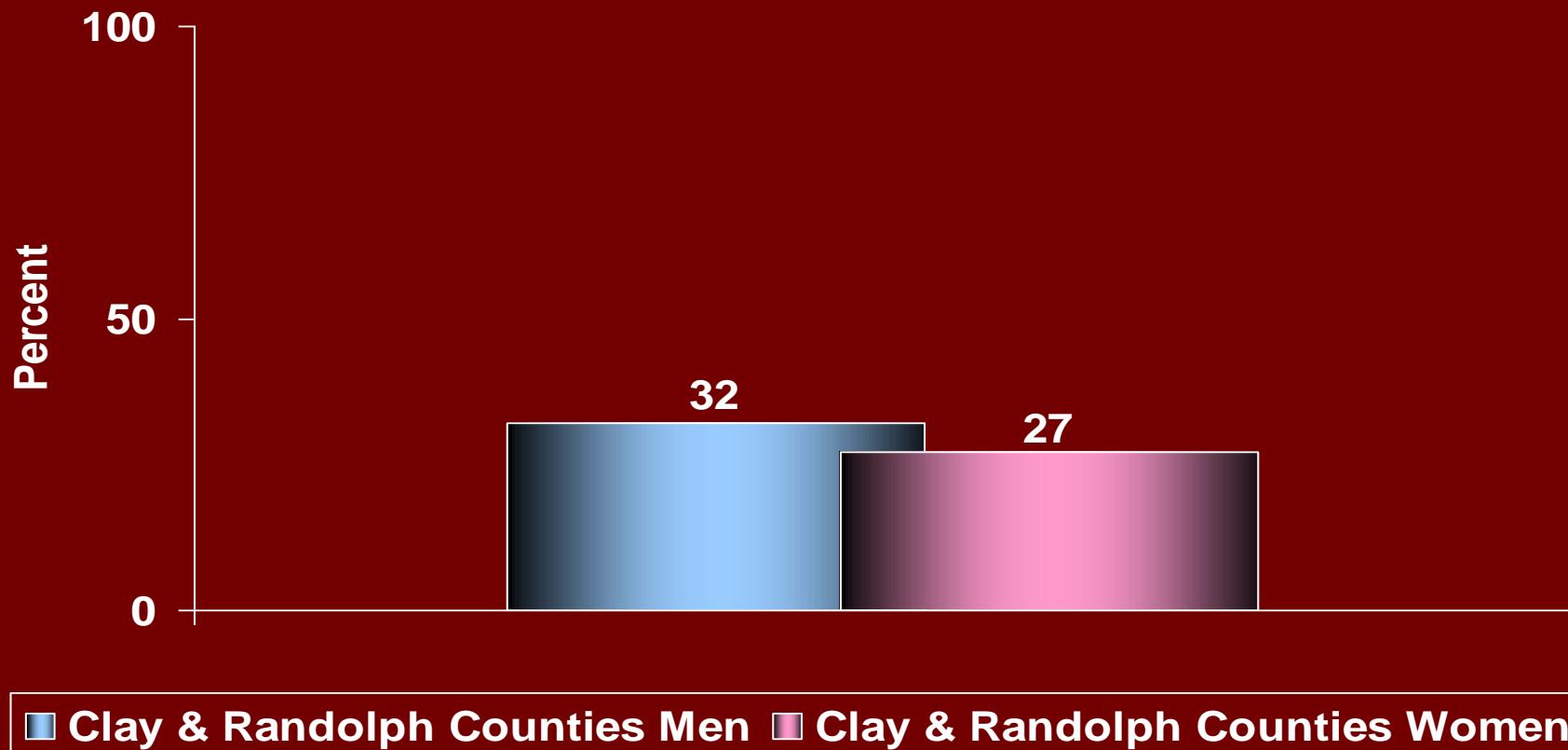
Persons who are current smokers: Clay County and Randolph County (2005) and comparison with two neighboring counties (2003-2004).



Source: CAHS.

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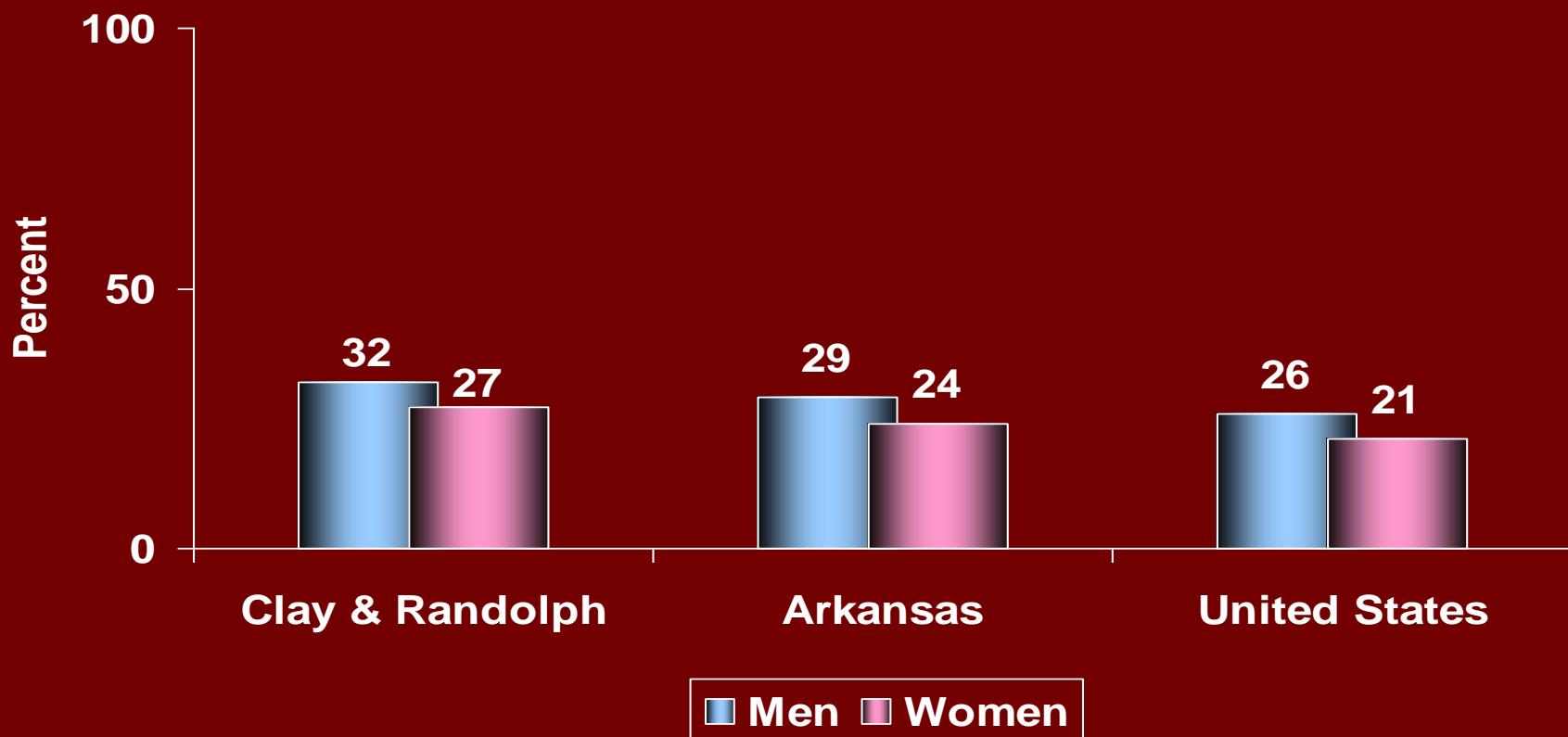
Persons who are current smokers by gender: Clay County and Randolph County (2005).



Source: CAHS.

TOBACCO USE

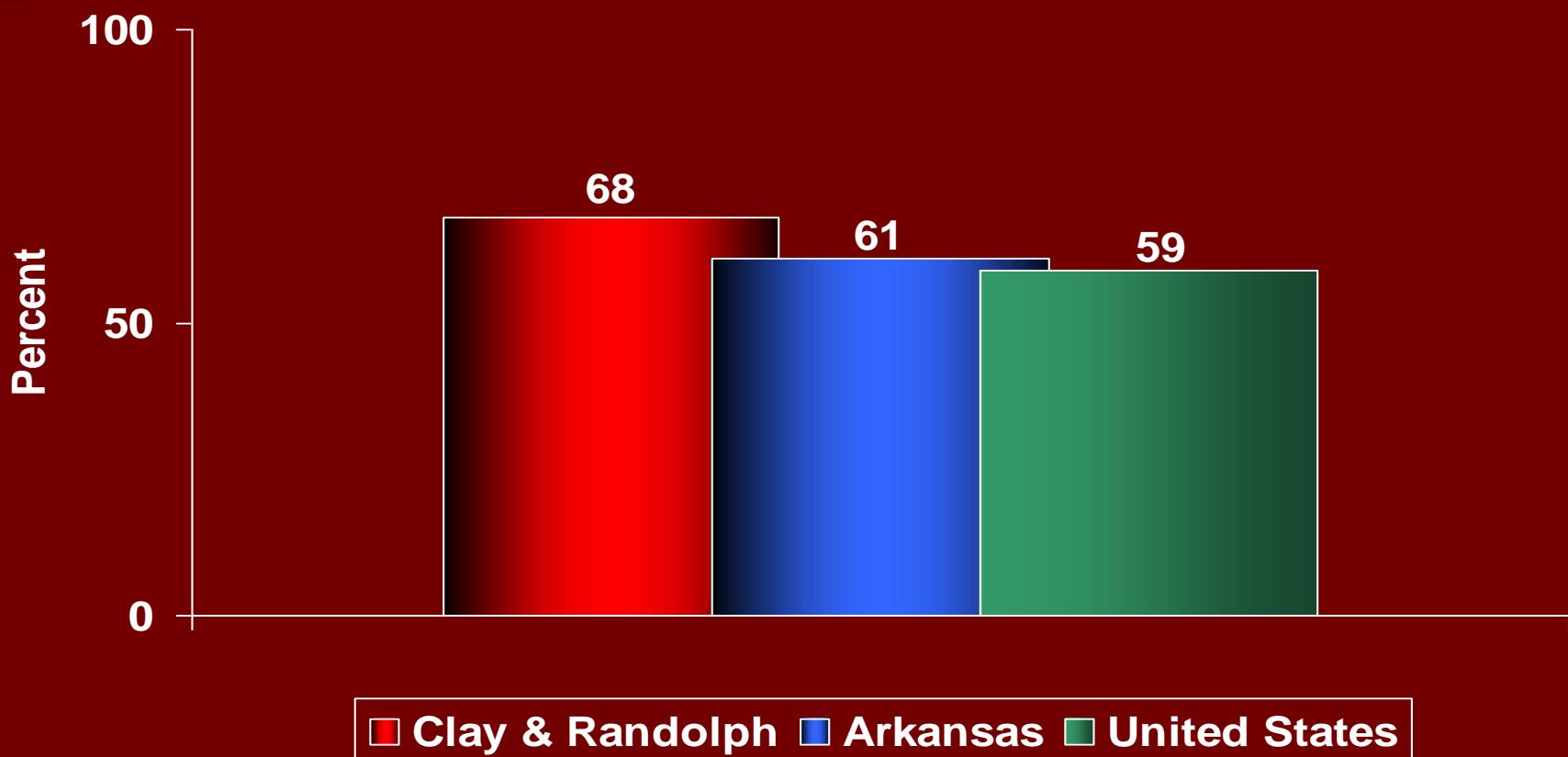
Persons who are current smokers by gender: Clay County and Randolph County (2005), Arkansas (2002) and US (2002).



Source: CAHS, BRFSS.

BODYWEIGHT

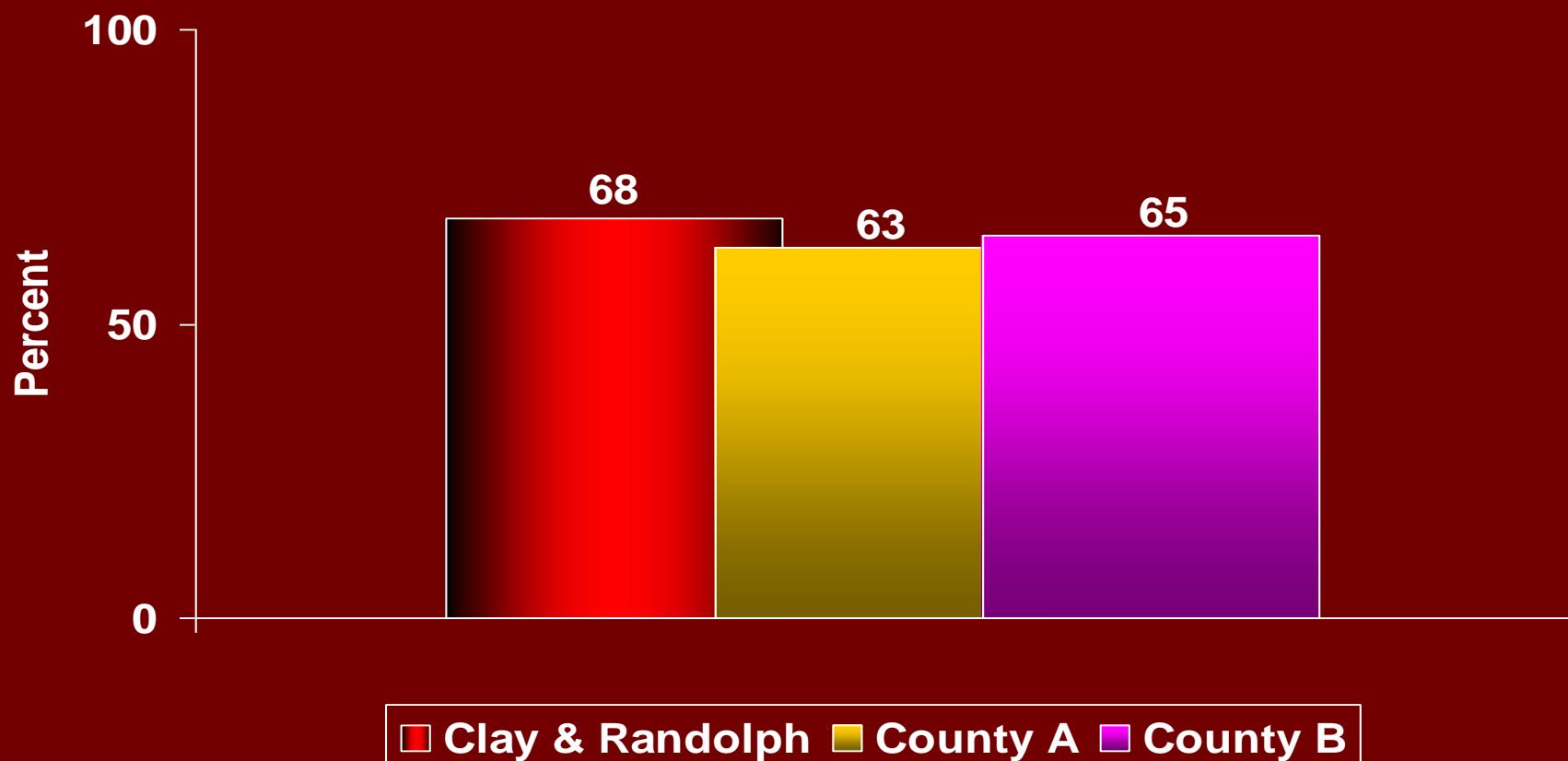
Persons who are overweight and obese as measured by the Body Mass Index (BMI): Clay County and Randolph County (2005), Arkansas (2002) and US (2002).



Source: CAHS, BRFSS.

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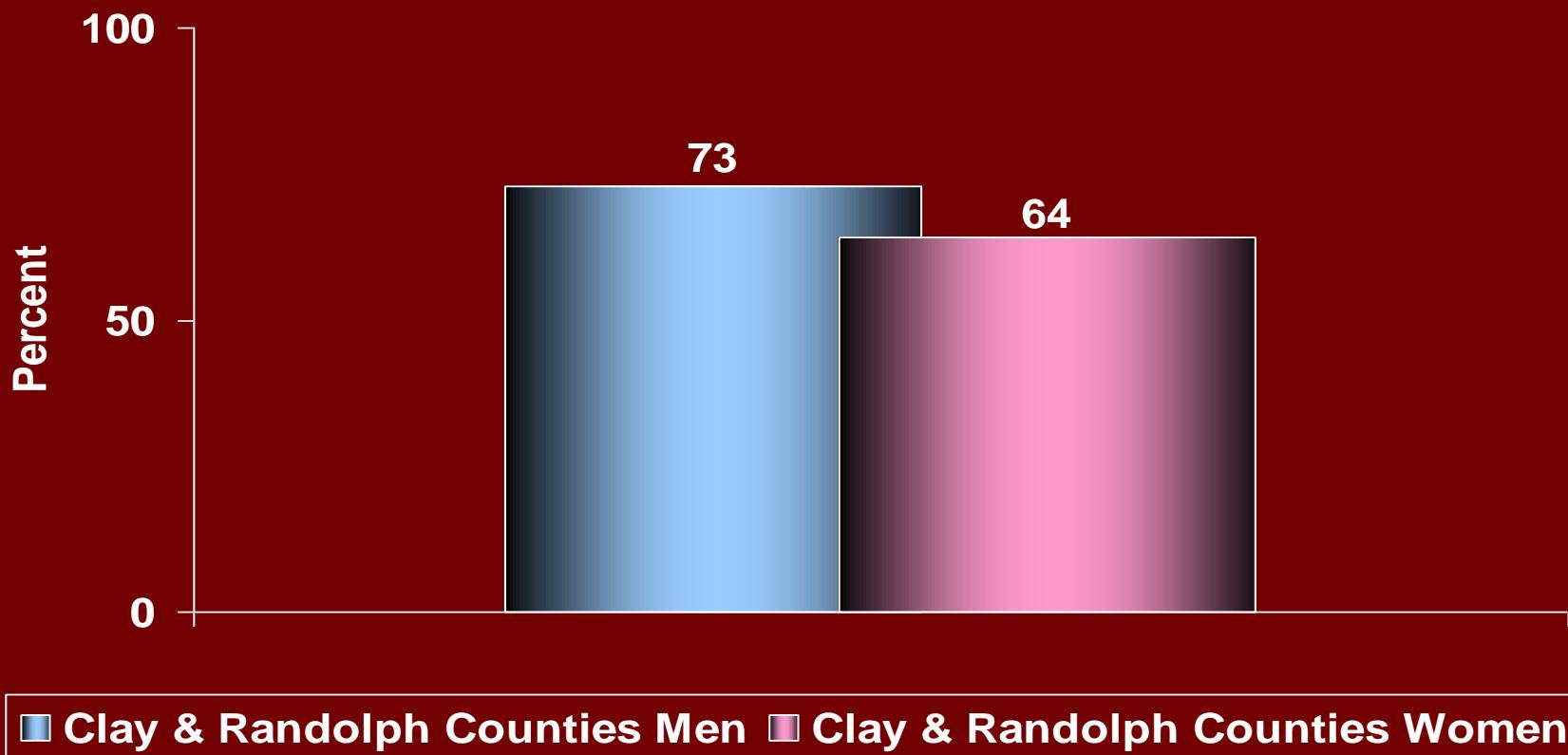
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Source: CAHS, BRFSS.

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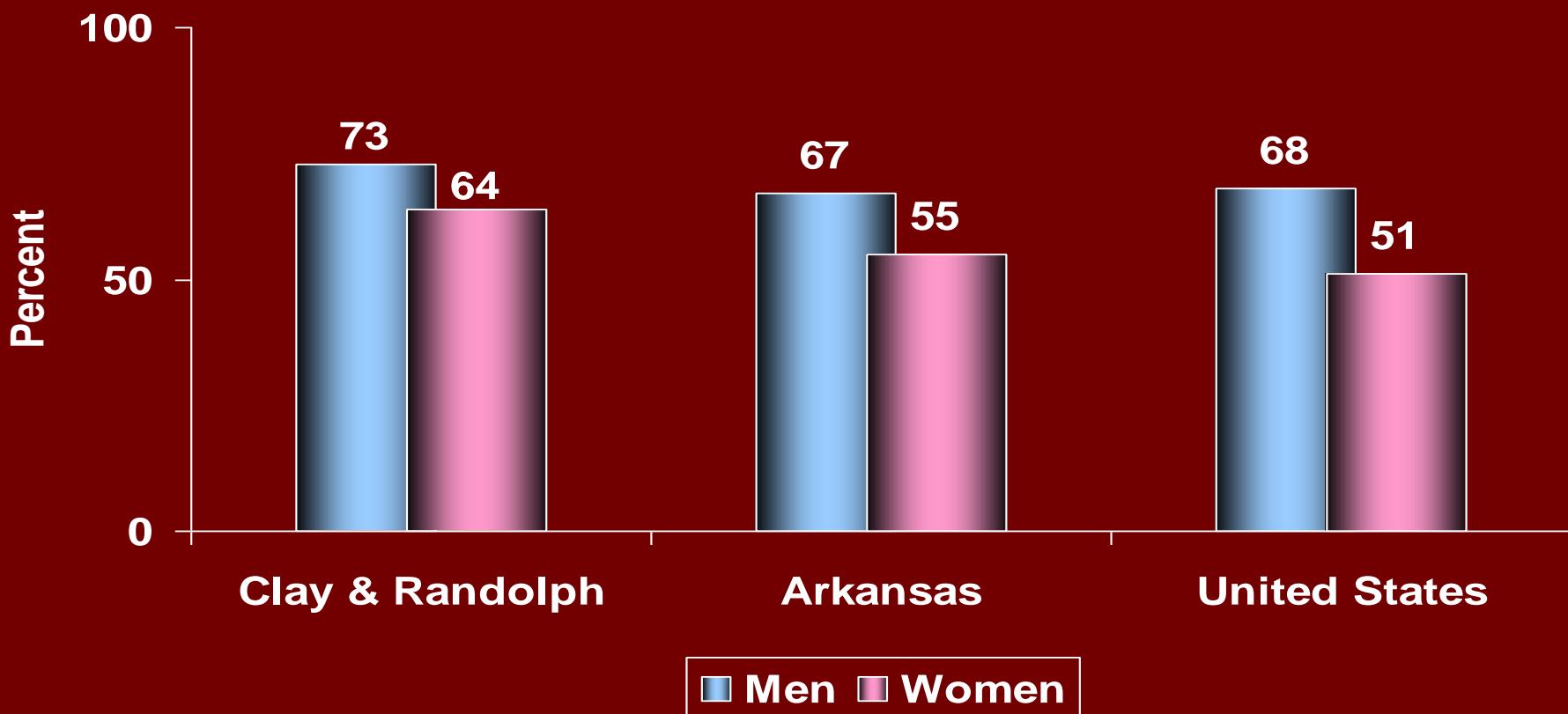
Persons who are overweight and obese as measured by the Body Mass Index (BMI) by gender: Clay County and Randolph County (2005).



Source: CAHS.

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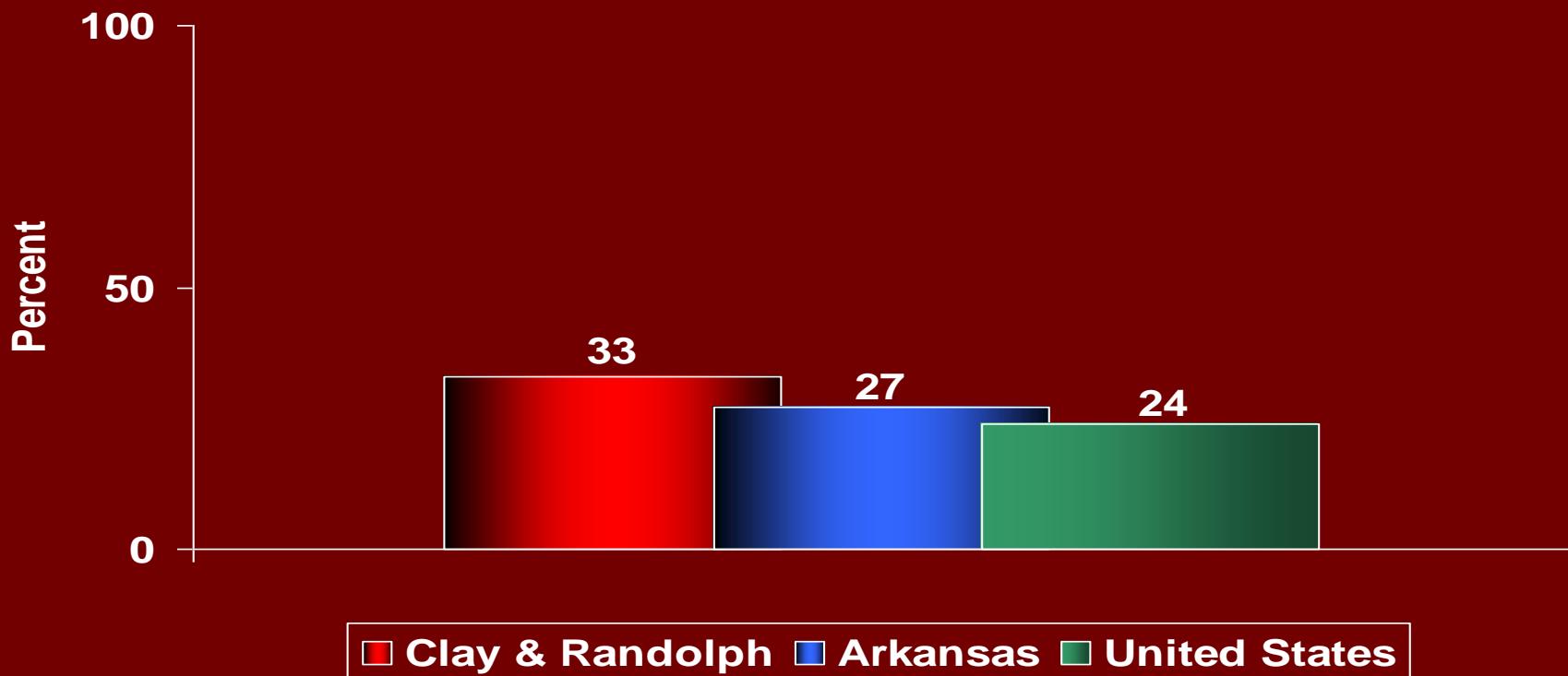
Persons who are overweight and obese as measured by the Body Mass Index (BMI) by gender: Clay County and Randolph County (2005), Arkansas (2002) and US (2002).



Source: CAHS, BRFSS.

PHYSICAL ACTIVITY

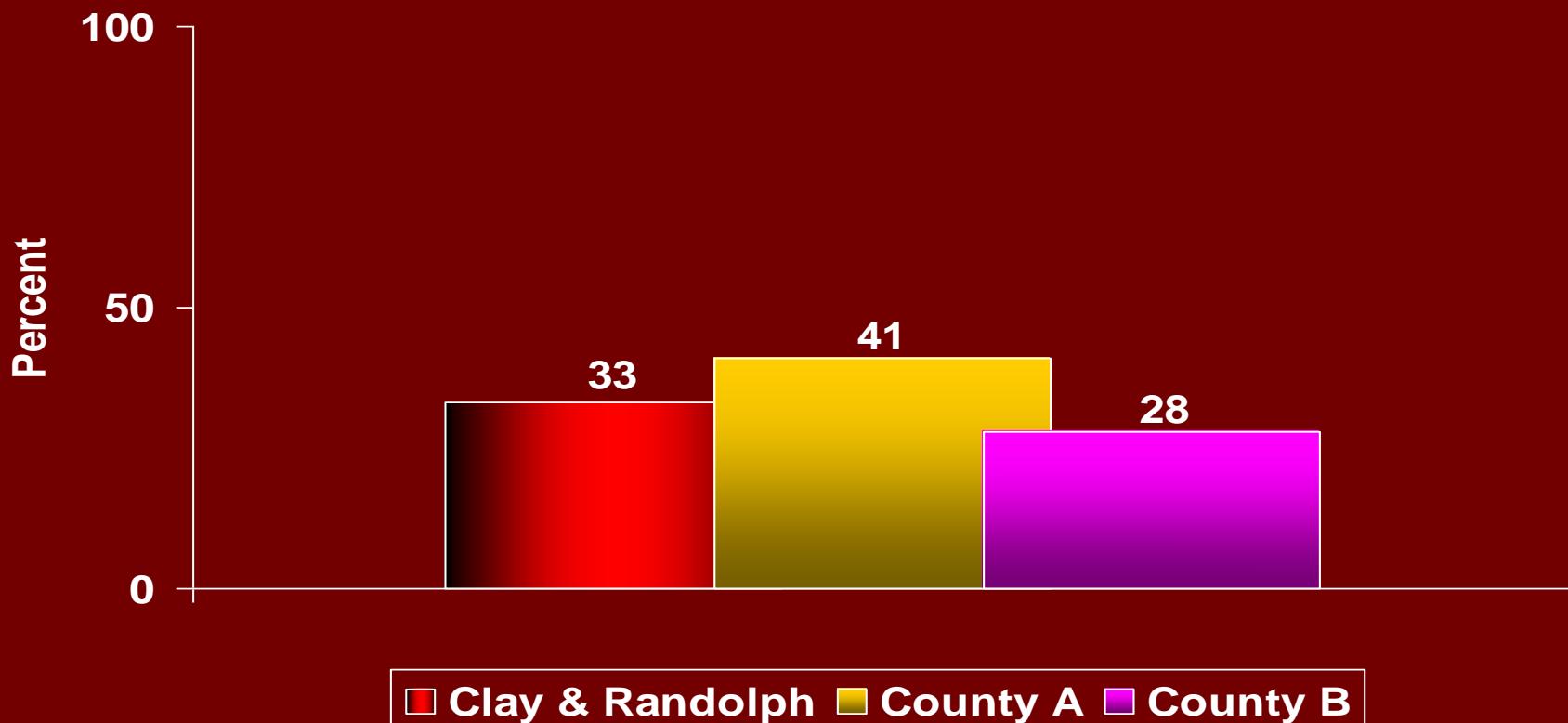
Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job: Clay County and Randolph County (2005), Arkansas (2002) and US (2002).



Source: CAHS, BRFSS.

PHYSICAL ACTIVITY

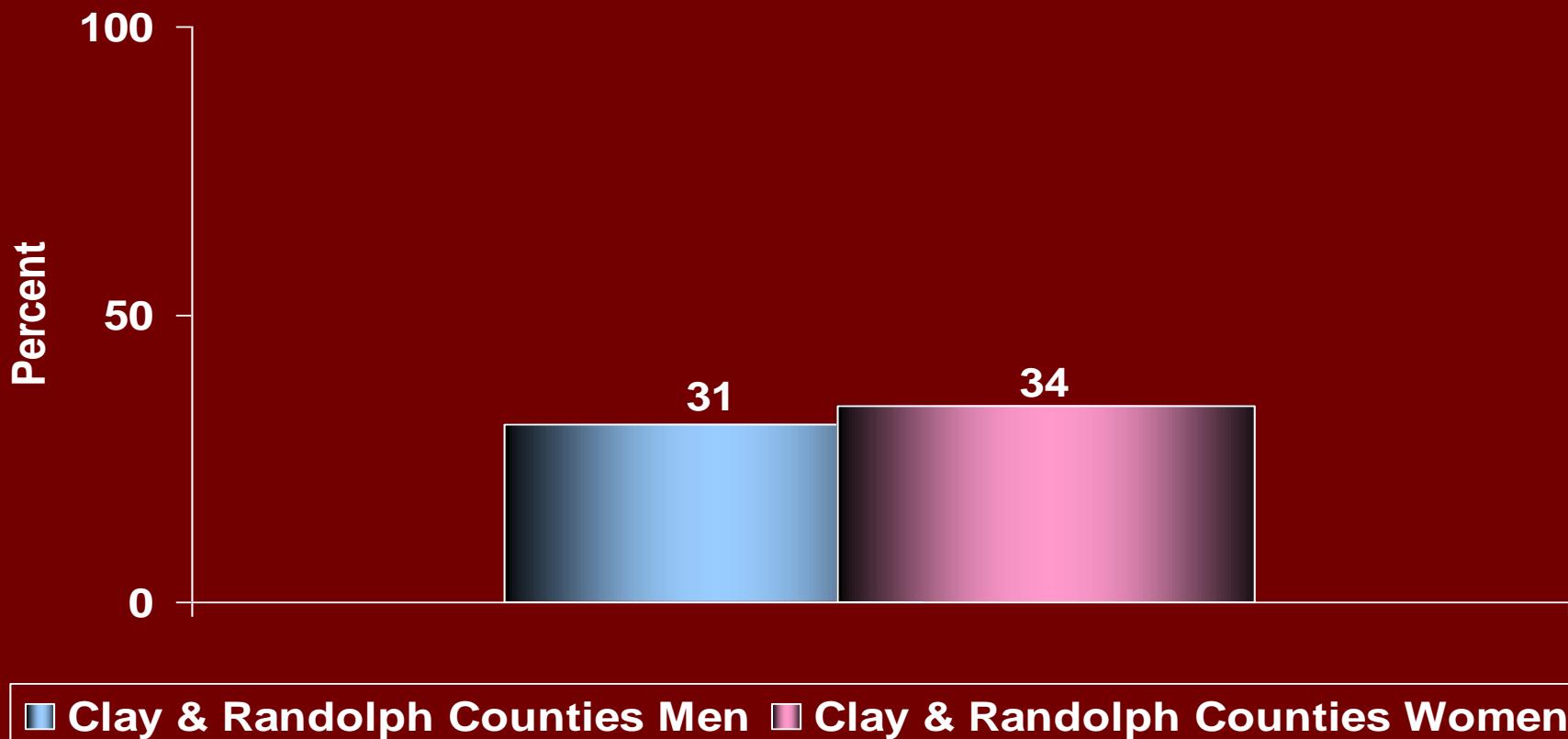
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Source: CAHS.

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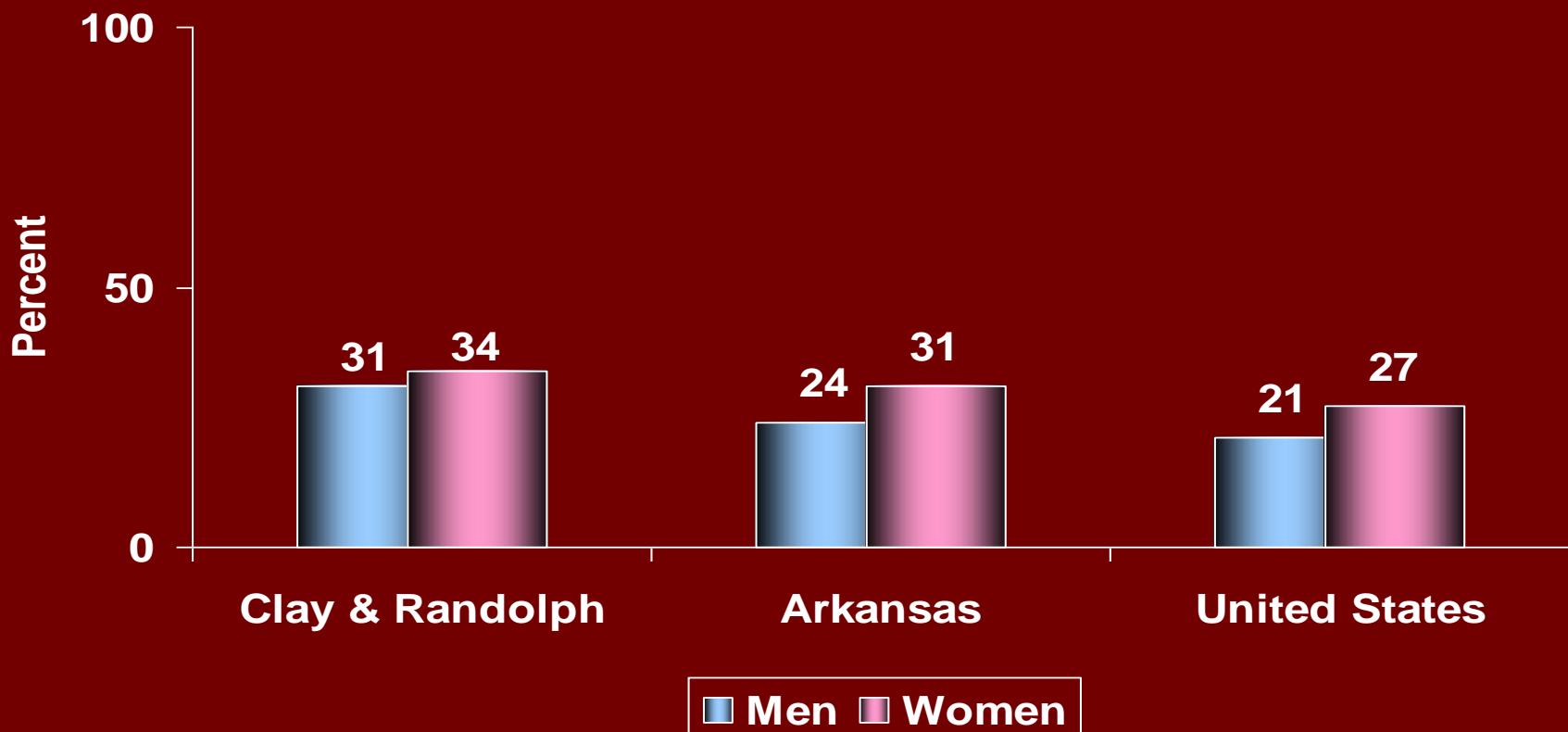
Persons who did not participate in any physical activity during the past 30 days besides activity related to regular occupation by gender: Clay County and Randolph County (2005).



Source: CAHS.

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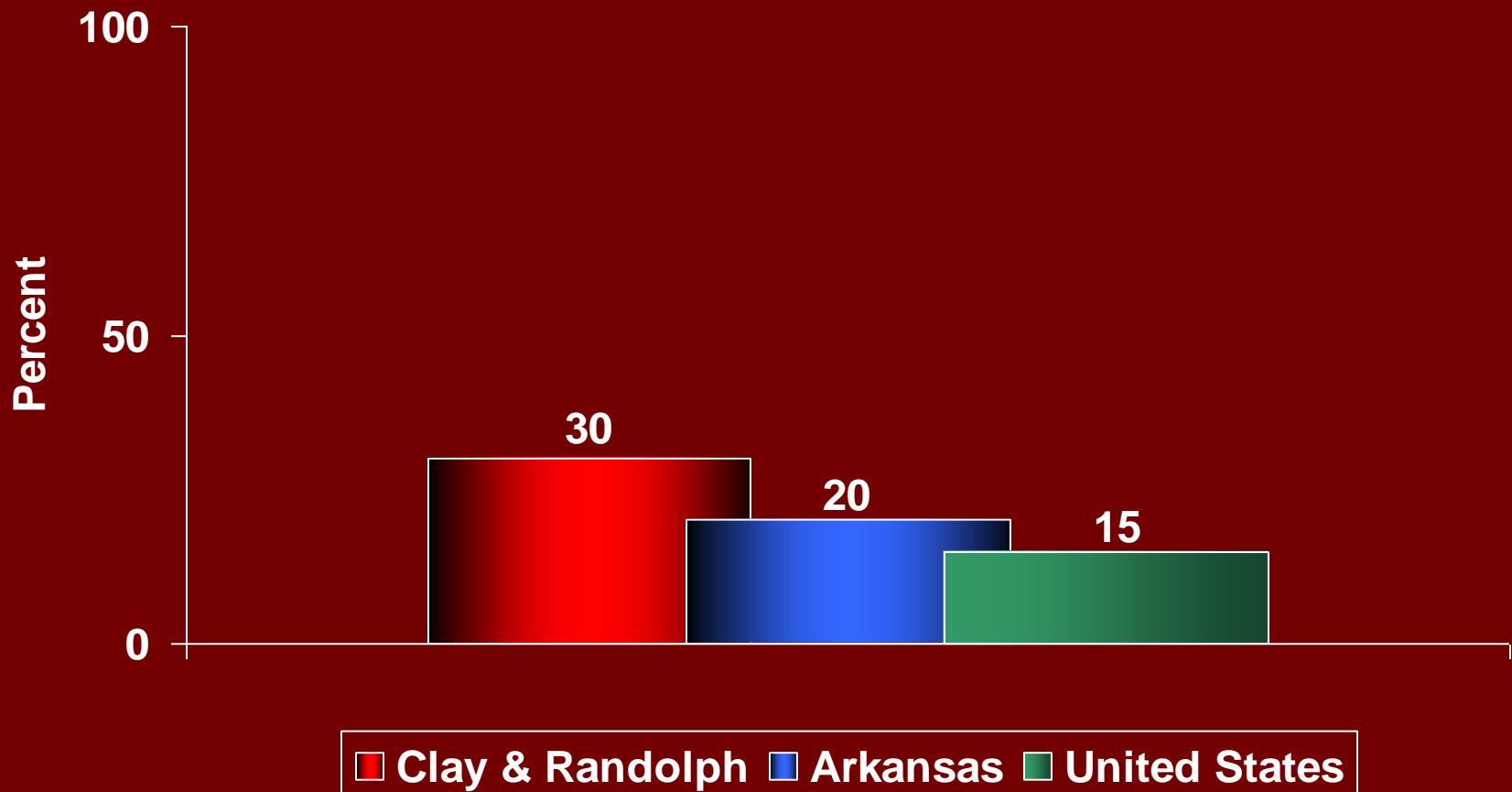
Source: CAHS, BRFSS.

OTHER RISK FACTORS

- These are compared to the most recent statewide and nationwide data
 - General Health [2005] data
 - Physical health [2001] data
 - Mental Health [2001] data
 - Health care access [2003] data
 - High blood pressure [2003] data
 - High blood cholesterol [2003] data
 - Diabetes [2003] data

GENERAL HEALTH

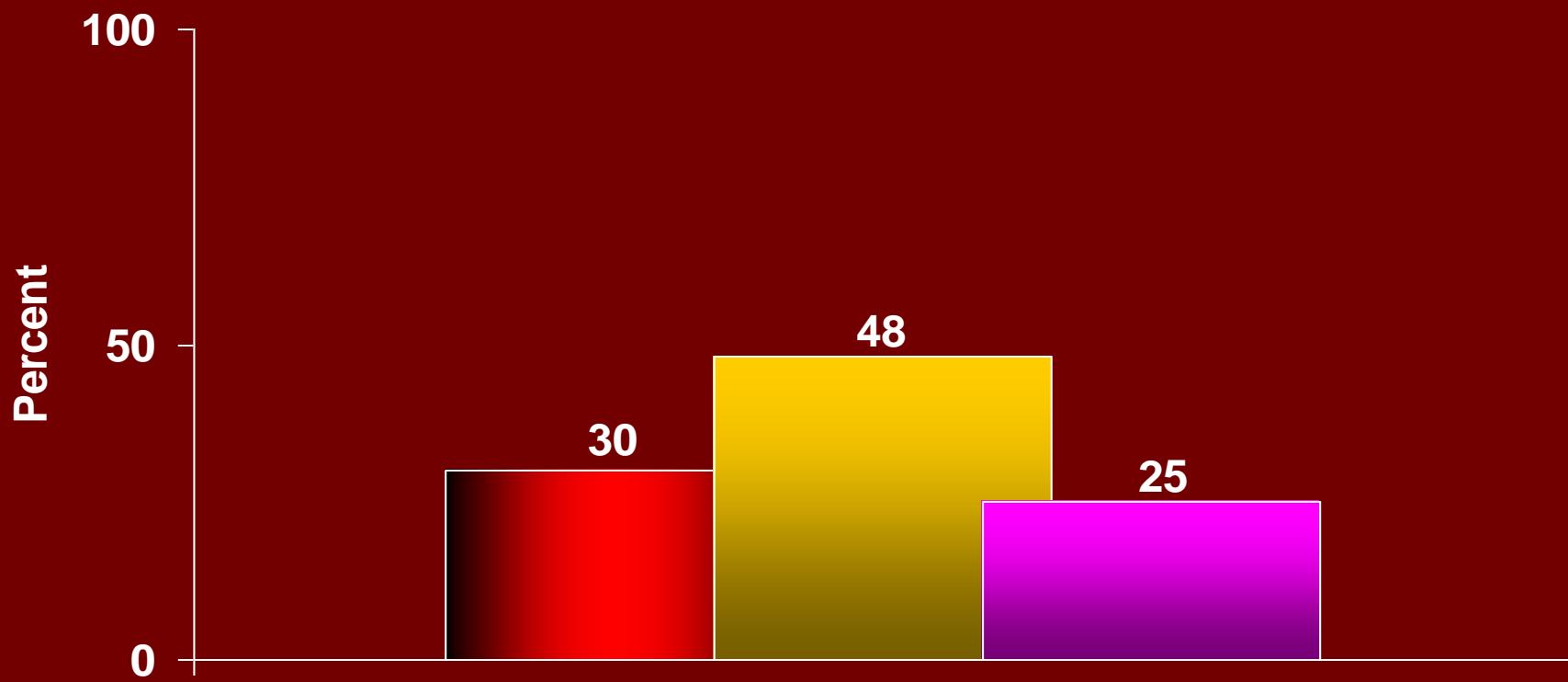
Persons who reported general health as "fair" or "poor": Clay County and Randolph County (2005), Arkansas (2005), and US (2005).



Source: CAHS, BRFSS.

GENERAL HEALTH

Persons who reported general health as “fair” or “poor”: Clay County and Randolph County (2005), and comparison with two neighboring counties (2003-2004)

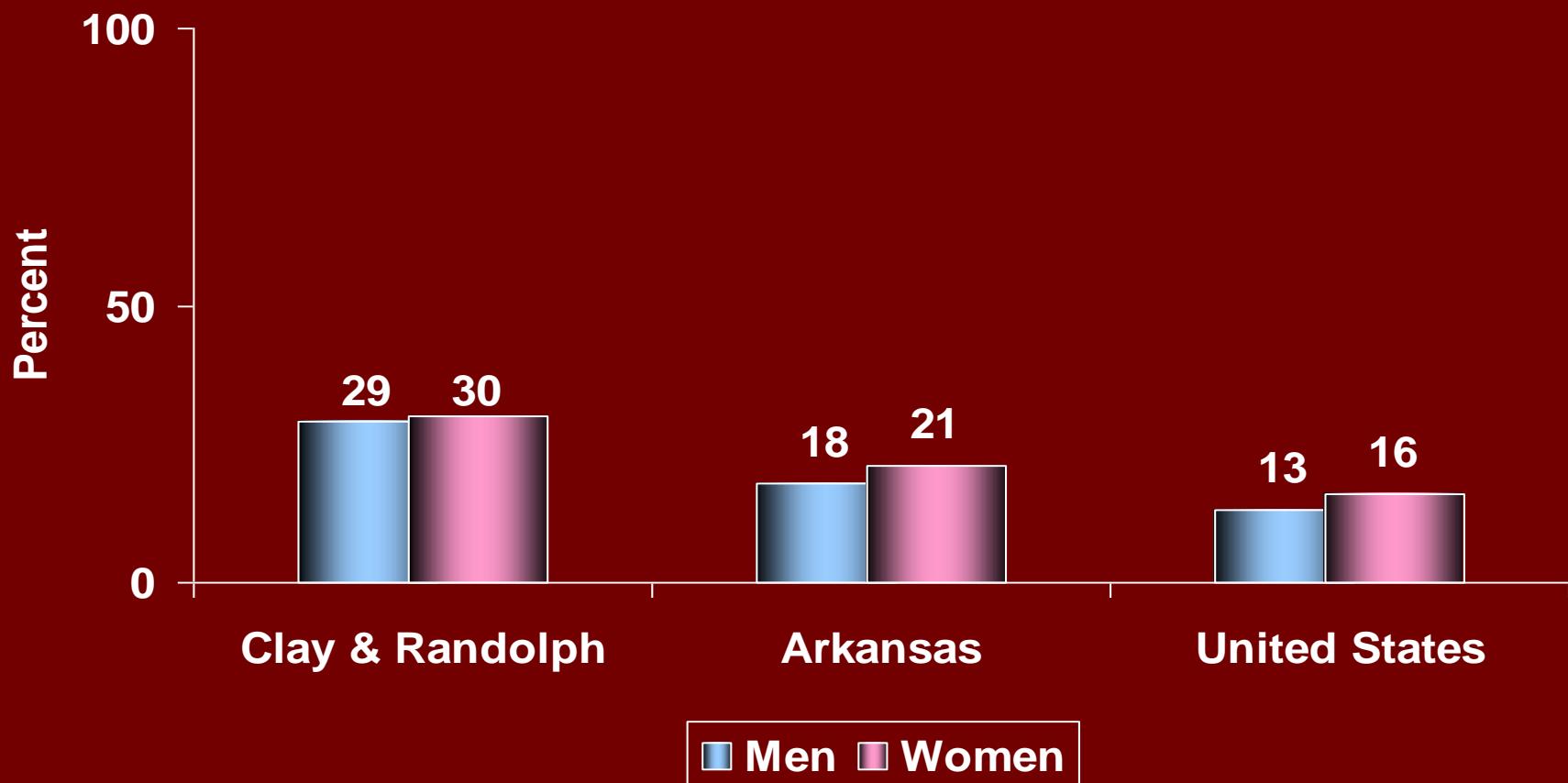


Source: CAHS.

■ Clay & Randolph ■ County A ■ County B

GENERAL HEALTH

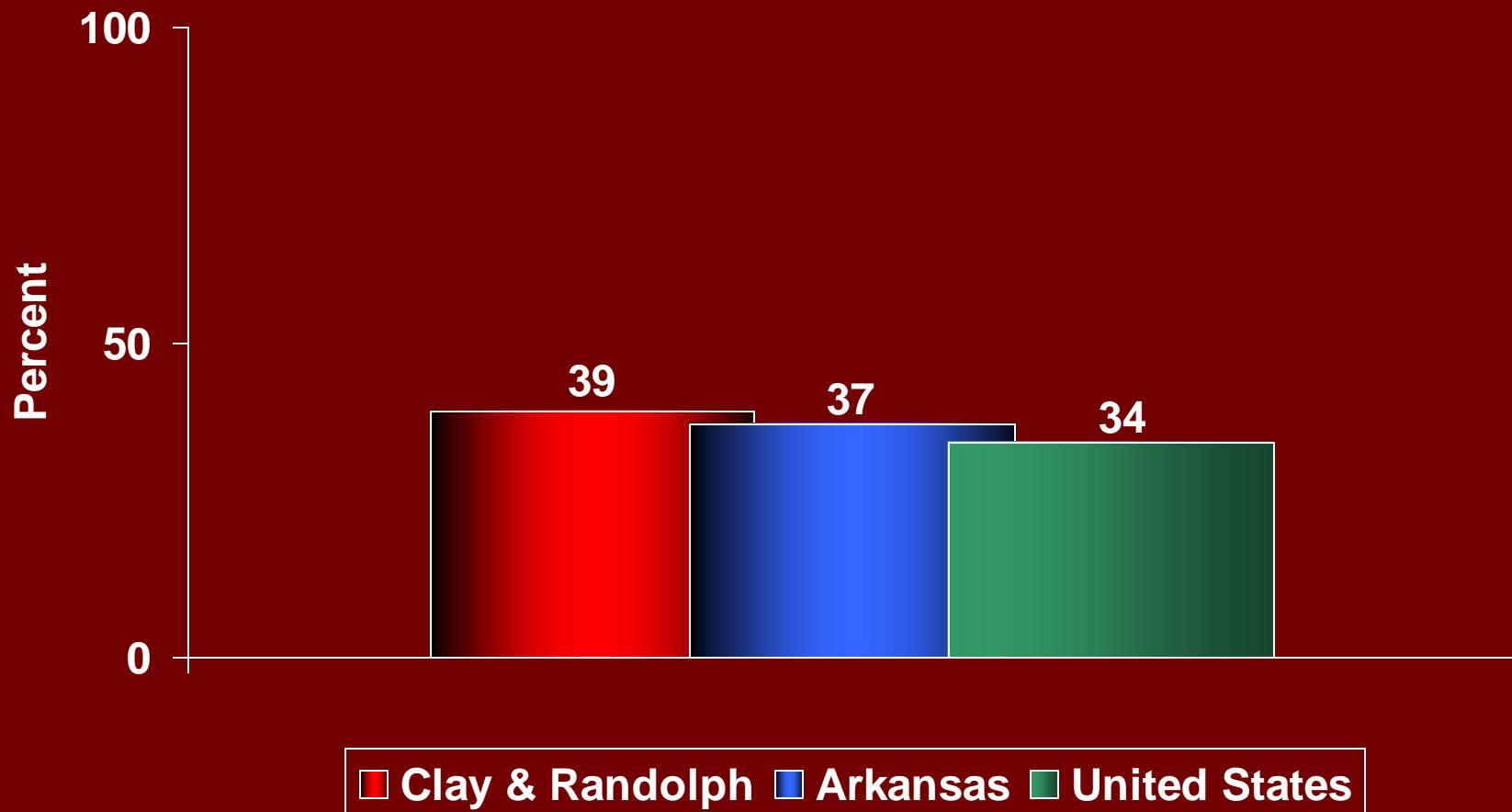
Persons who reported general health as “fair” or “poor” by gender:
Clay County and Randolph County (2005), Arkansas (2005), US
(2005).



Source: CAHS, BRFSS.

PHYSICAL HEALTH

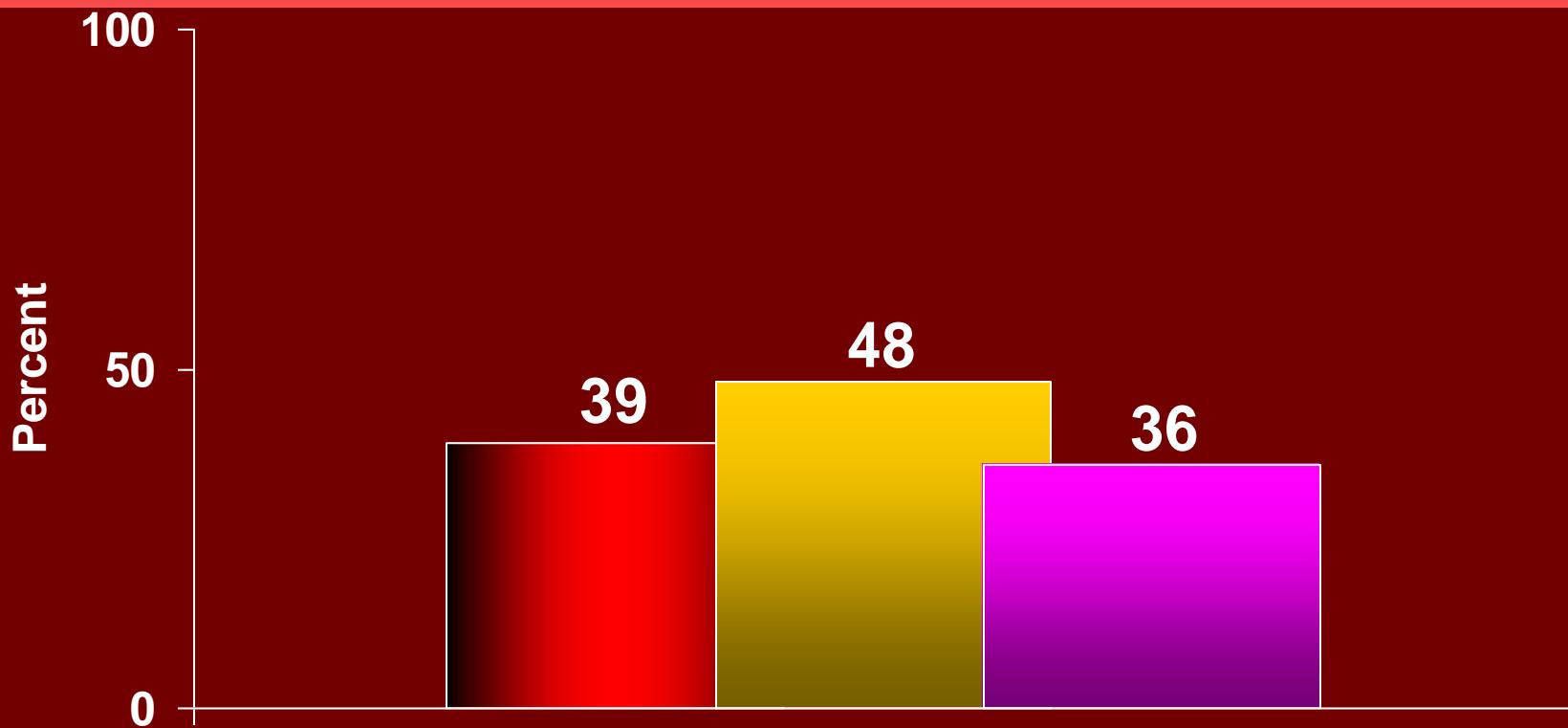
Persons who reported physical health as “not good”: Clay County and Randolph County (2005), Arkansas (2001), and US (2001).



Source: CAHS, BRFSS.

PHYSICAL HEALTH

Persons who reported physical health as “not good”: Clay County and Randolph County (2005), and comparison with two neighboring counties (2003-2004).

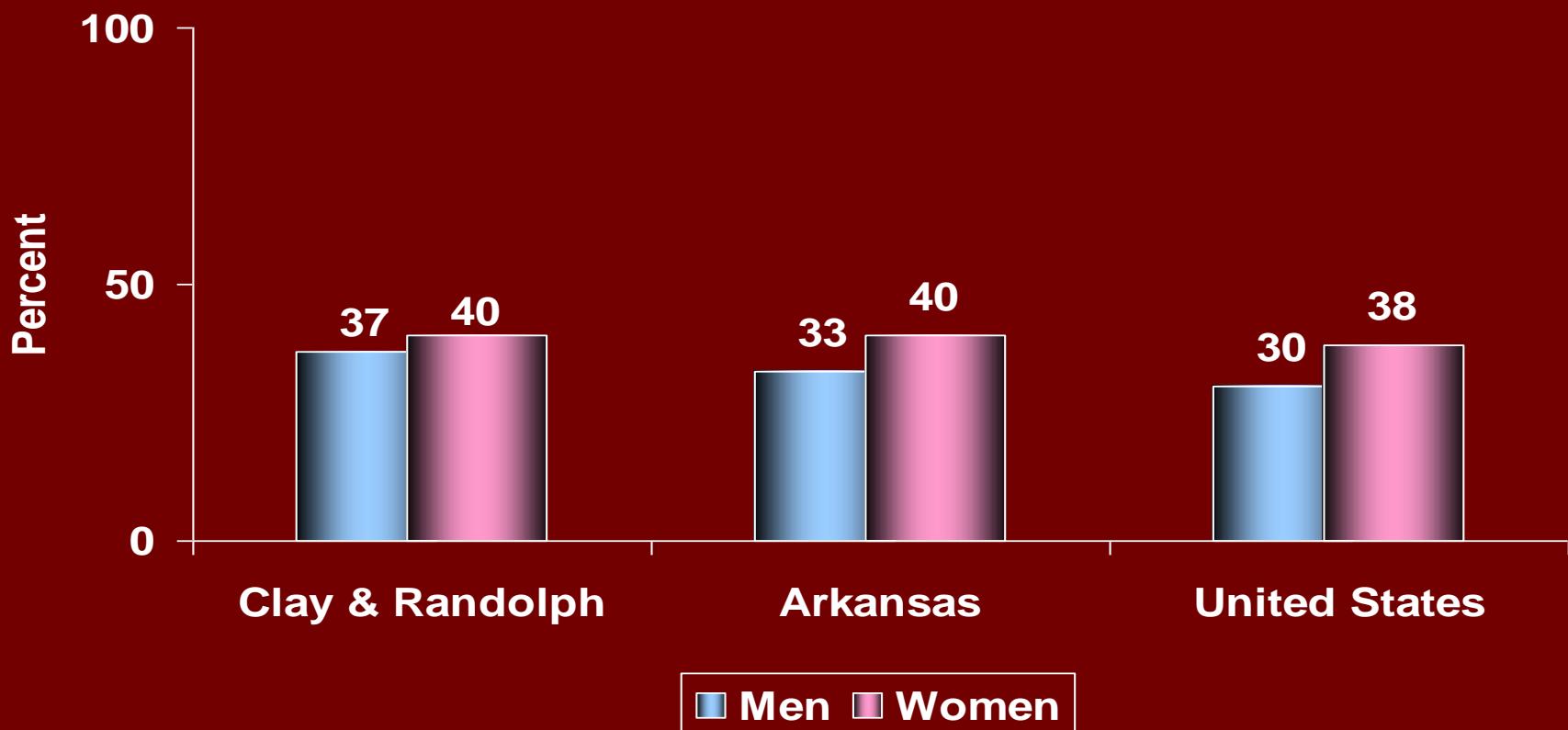


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Source: CAHS.

PHYSICAL HEALTH

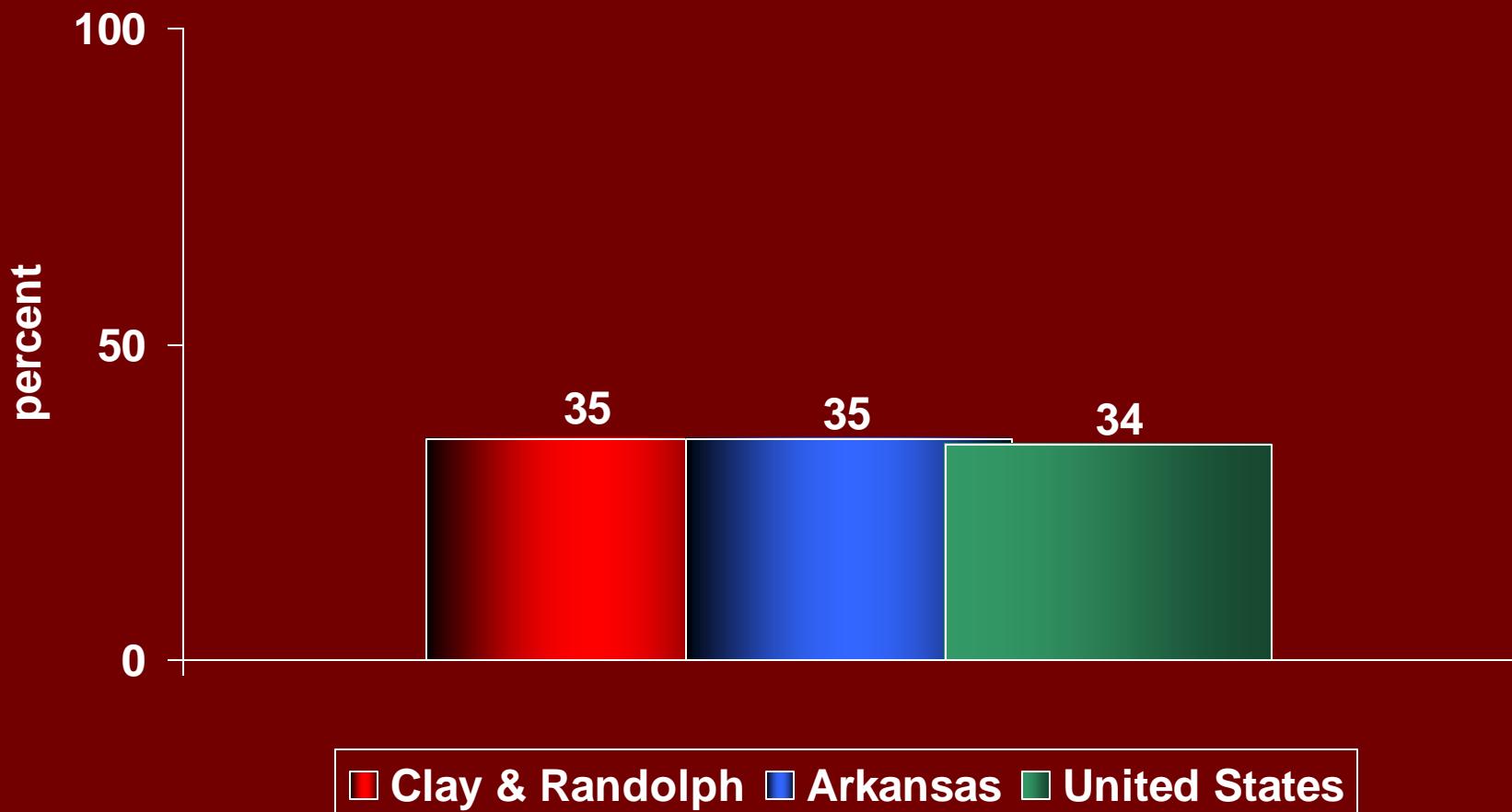
Reported physical health as “not good” by gender: Clay County and Randolph County (2005), Arkansas (2001), US (2001).



Source: CAHS, BRFSS.

MENTAL HEALTH

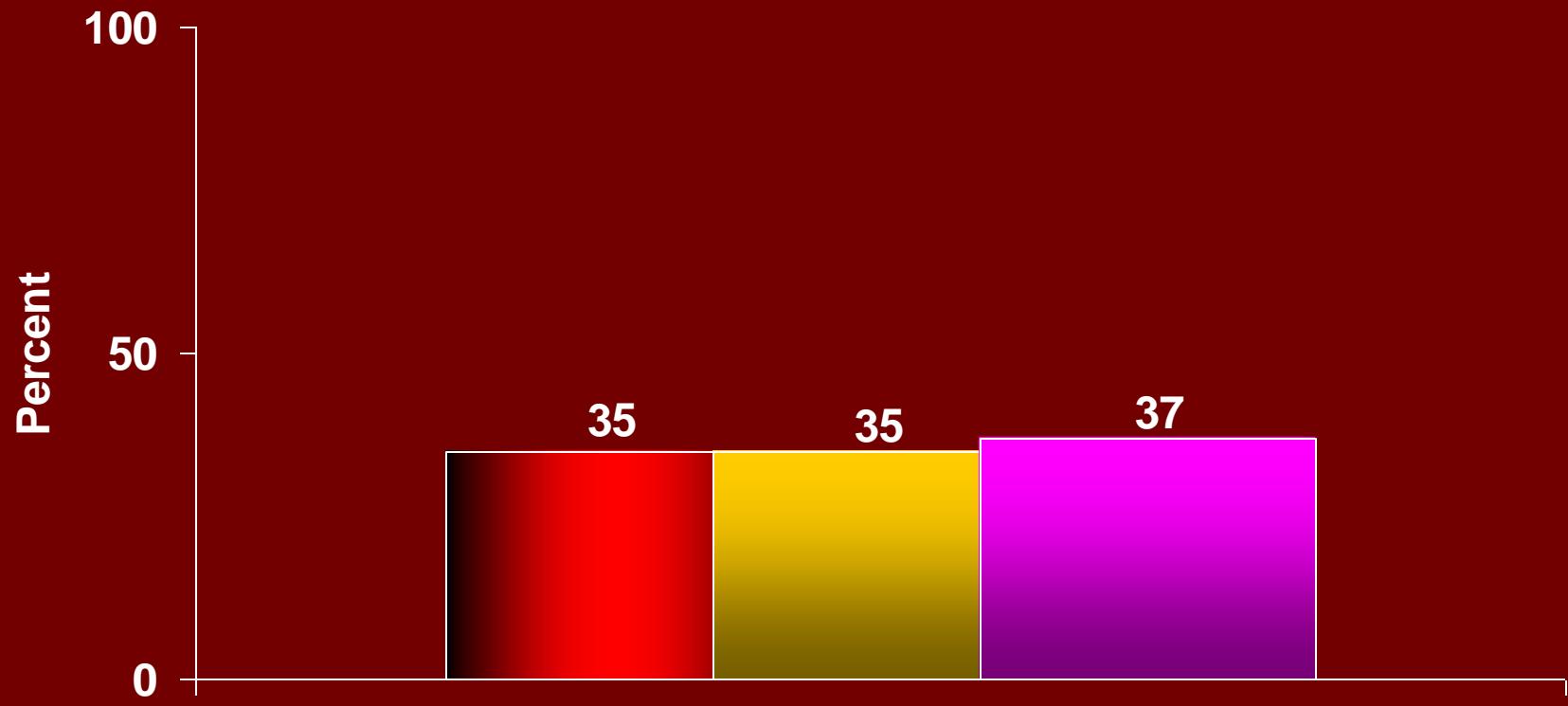
Persons who reported mental health as “not good”: Clay County and Randolph County (2005), Arkansas (2001), and US (2001).



Source: CAHS, BRFSS.

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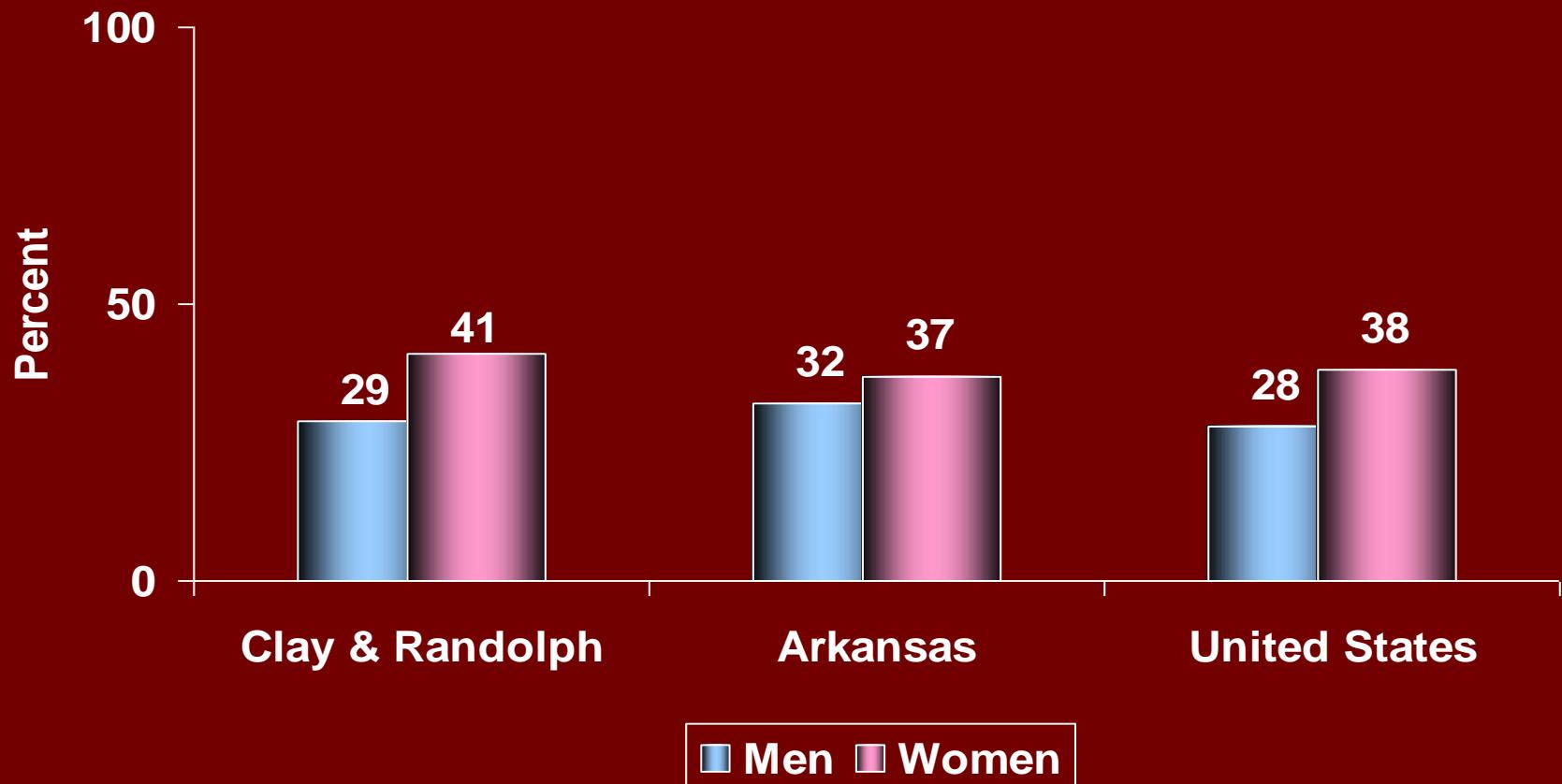


■ Clay & Randolph ■ County A ■ County B

Source: CAHS.

MENTAL HEALTH

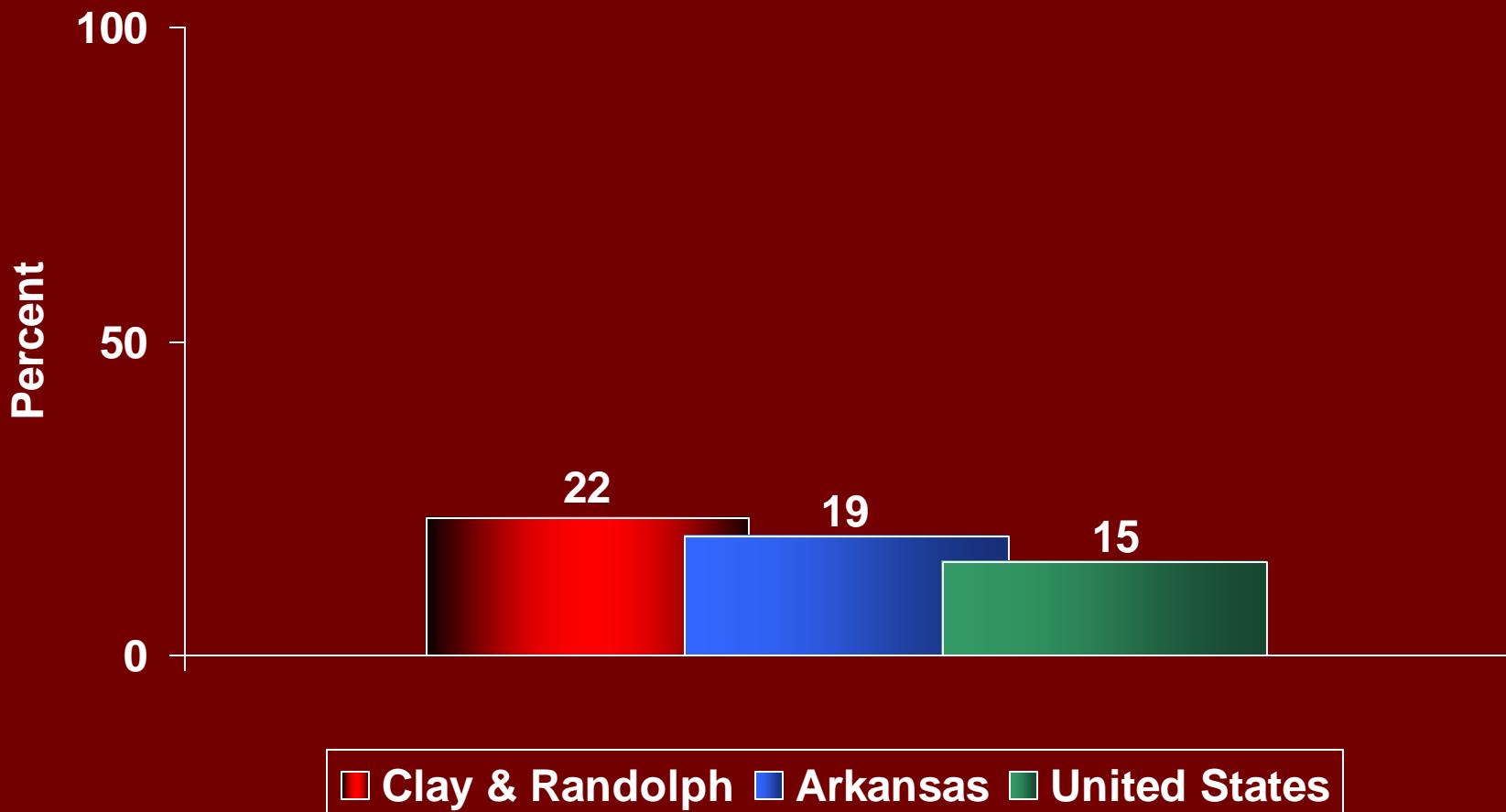
Reported mental health as “not good” by gender: Clay County and Randolph County (2005), Arkansas (2001), and US (2001).



Source: CAHS, BRFSS.

HEALTH CARE ACCESS

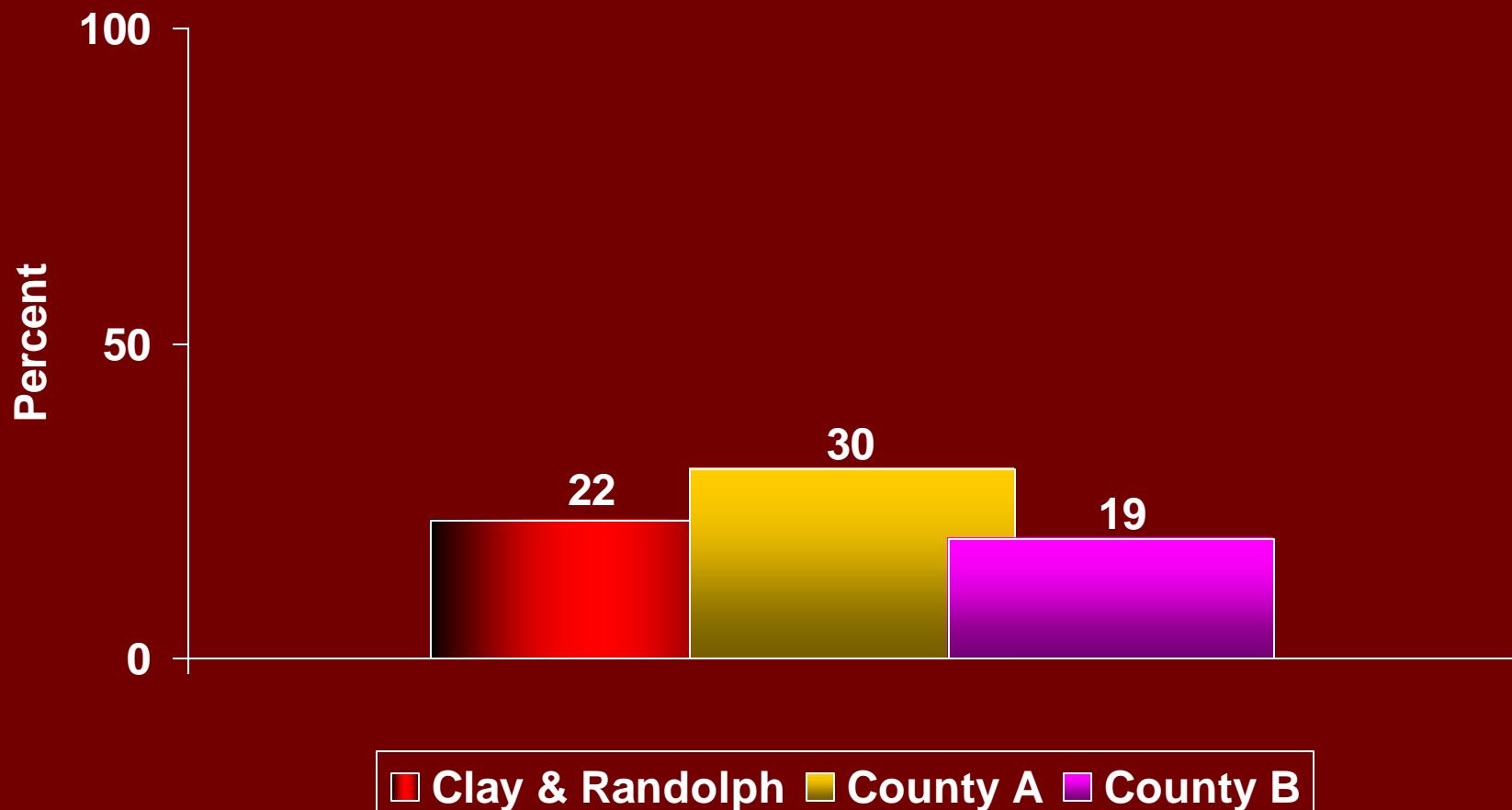
Persons who reported that they did not have health insurance: Clay County and Randolph County (2005), Arkansas (2003), and US (2003).



Source: CAHS, BRFSS.

HEALTH CARE ACCESS

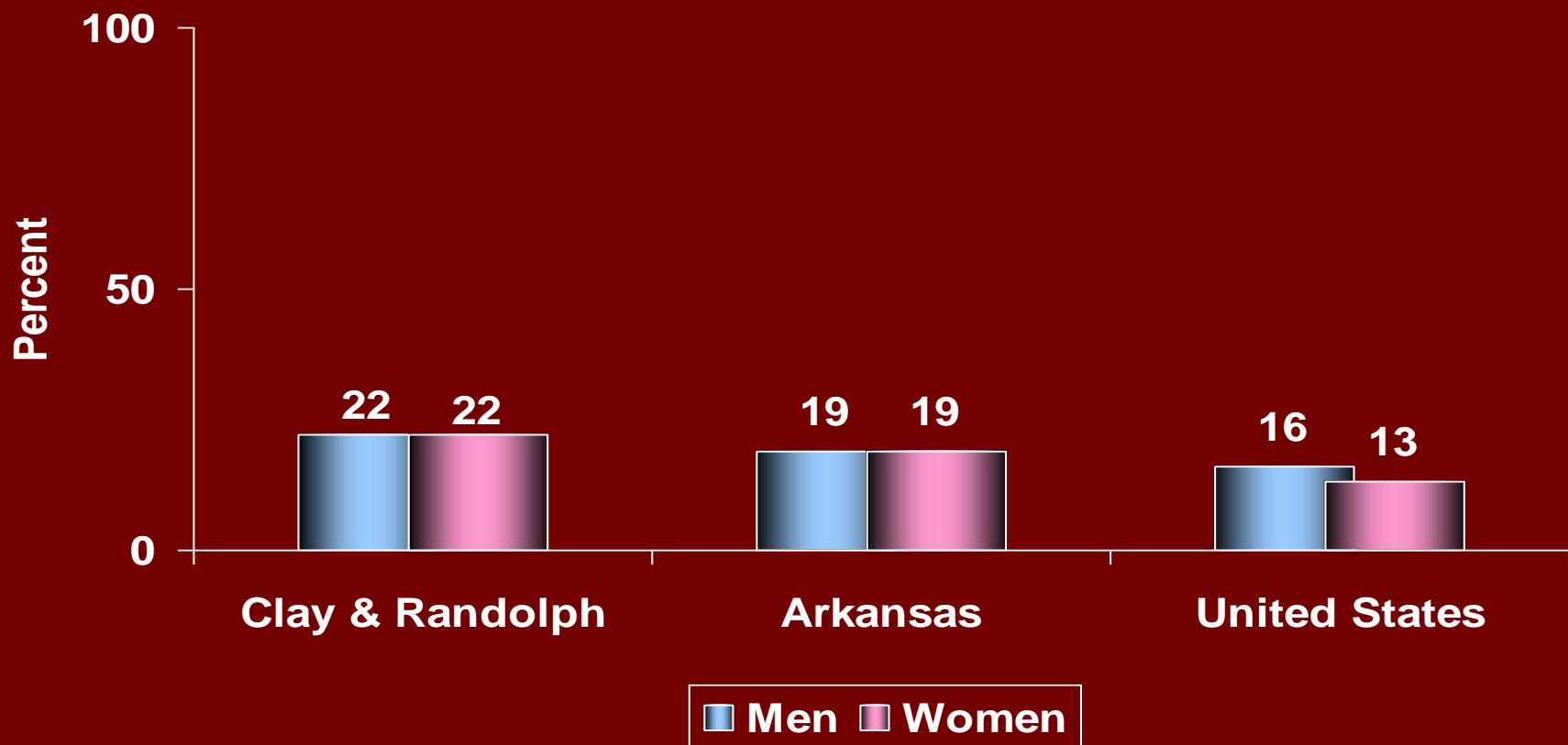
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Source: CAHS.

HEALTH CARE ACCESS

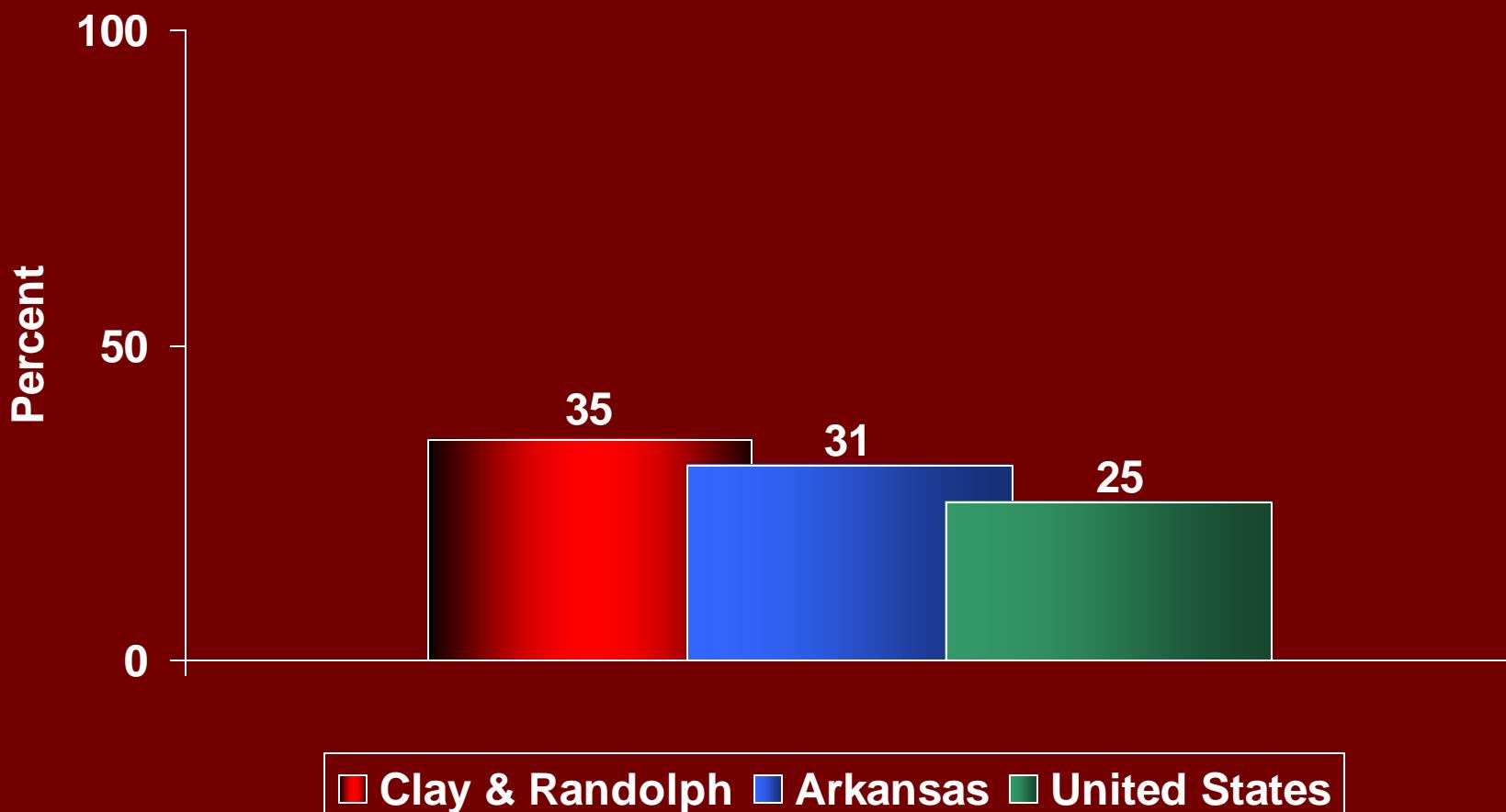
Persons who reported that they did not have health insurance by gender: Clay County and Randolph County (2005), Arkansas (2003), and US (2003).



Source: CAHS, BRFSS.

HIGH BLOOD PRESSURE

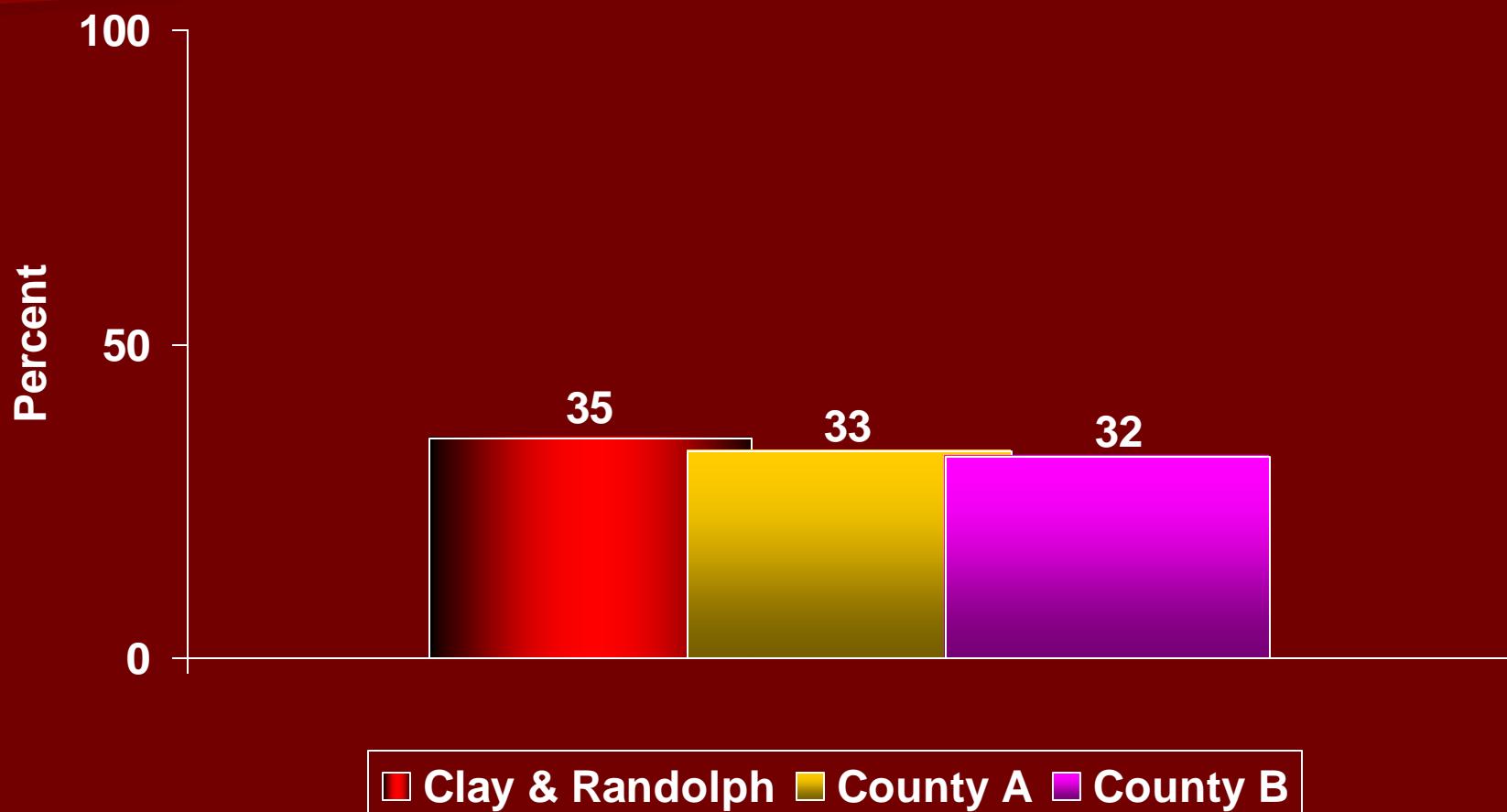
Persons who reported that they had been diagnosed with high blood pressure: Clay County and Randolph County (2005), Arkansas (2003), and US (2003).



Source: CAHS, BRFSS.

HIGH BLOOD PRESSURE

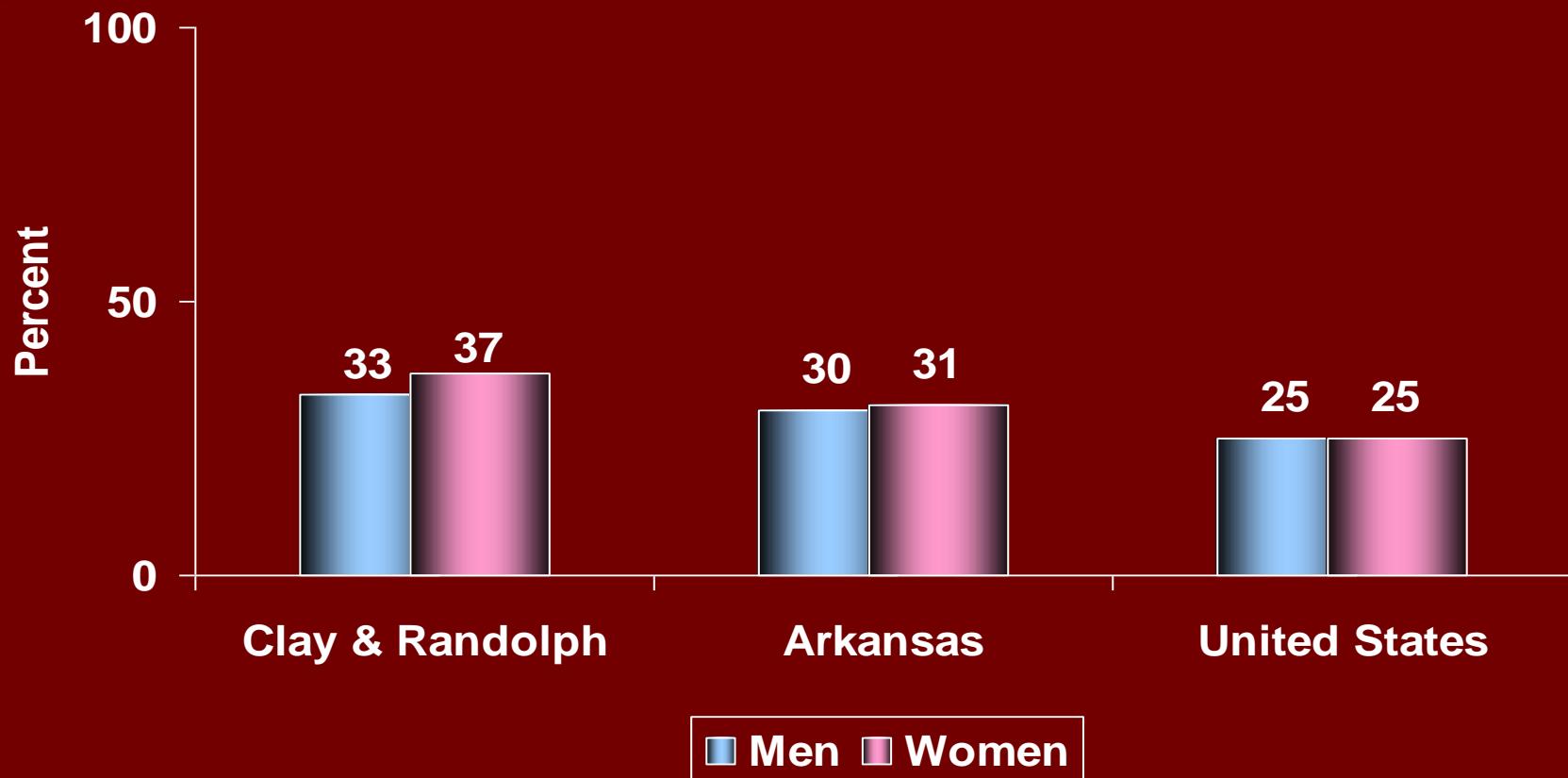
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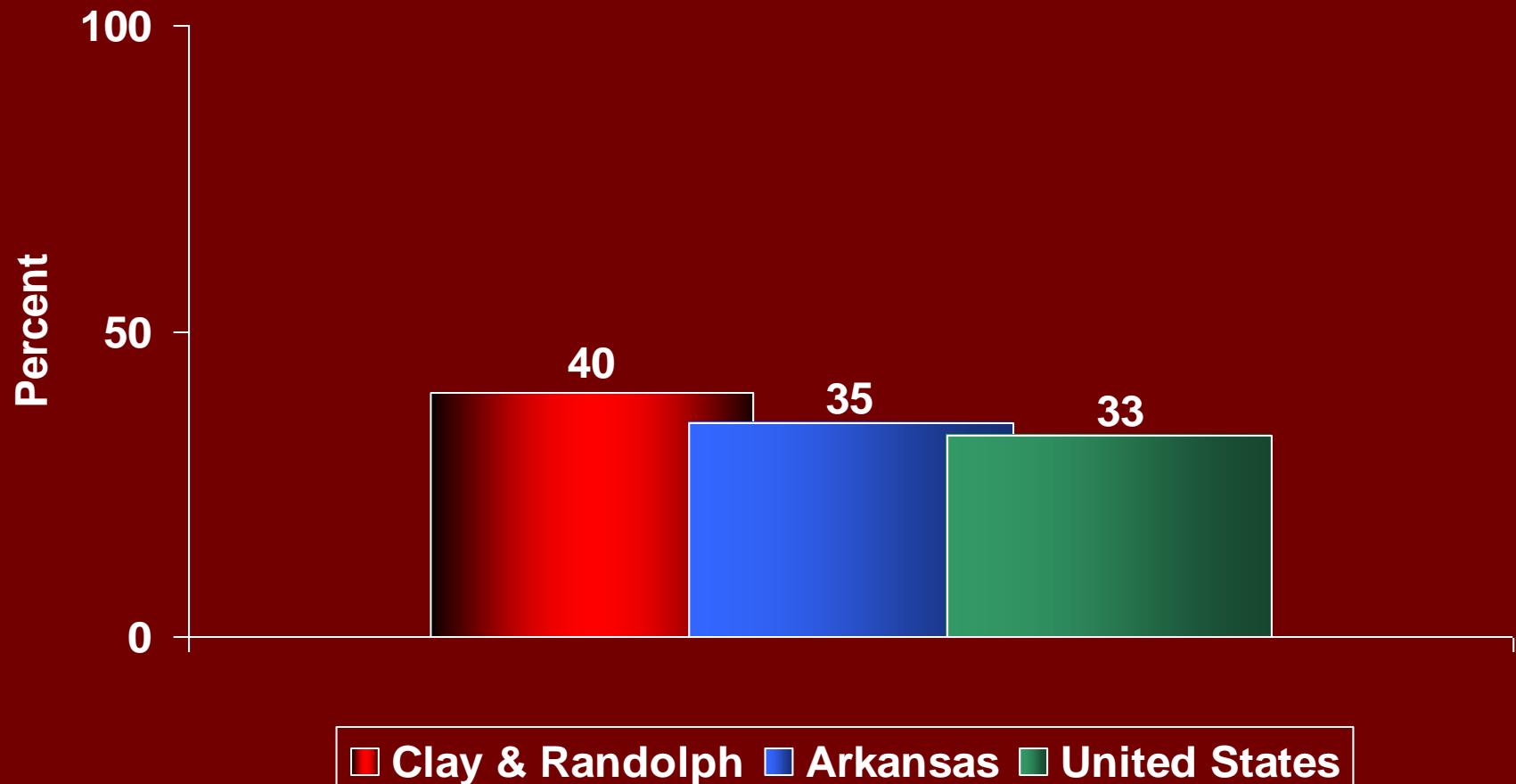
Persons who reported that they had been diagnosed with high blood pressure by gender: Clay County and Randolph County (2005), Arkansas (2003), and US (2003).



Source: CAHS, BRFSS.

HIGH BLOOD CHOLESTEROL

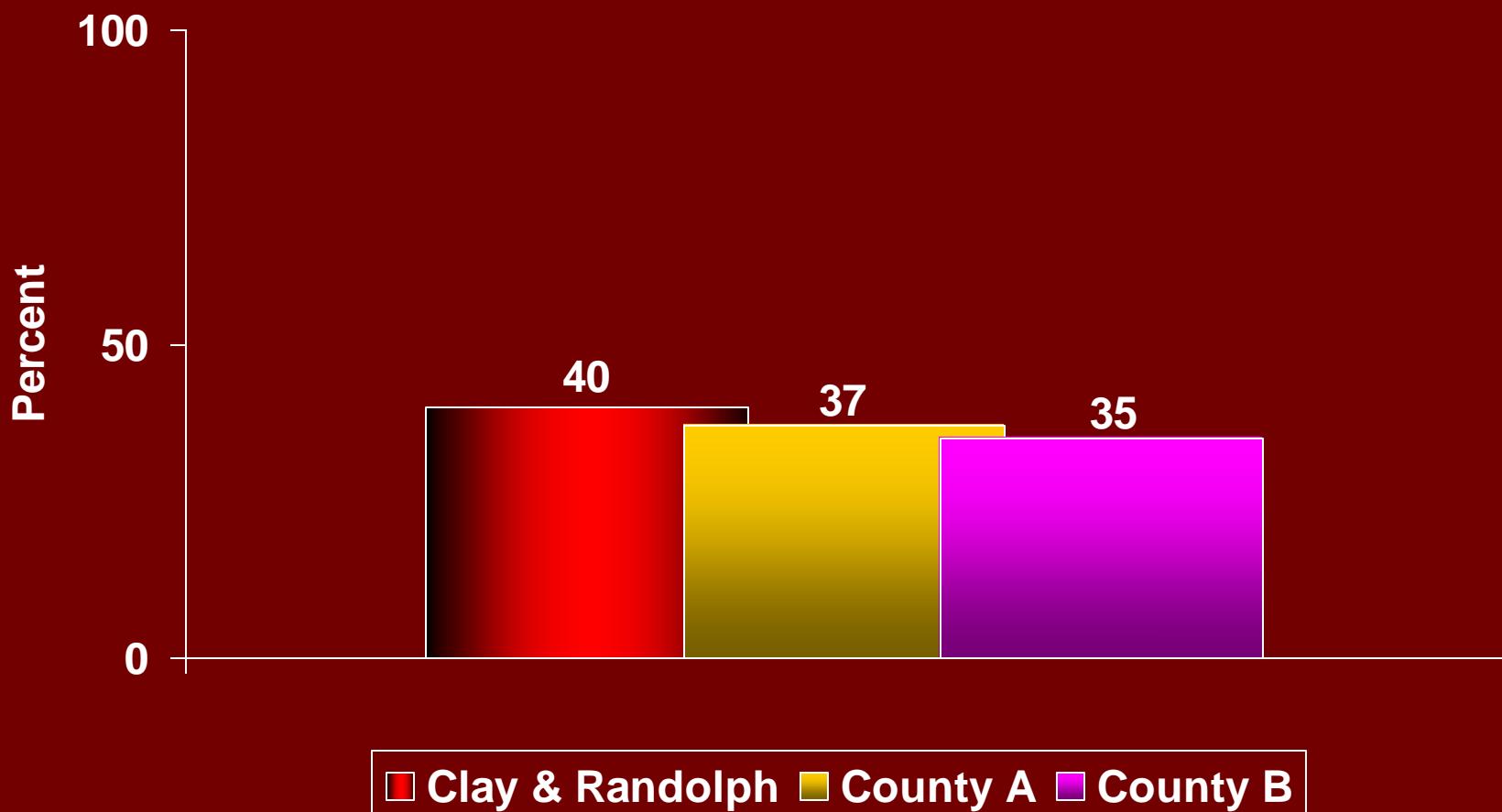
Persons who reported that they had been diagnosed with high blood cholesterol: Clay County and Randolph County (2005), Arkansas (2003), and US (2003).



Source: CAHS, BRFSS.

HIGH BLOOD CHOLESTEROL

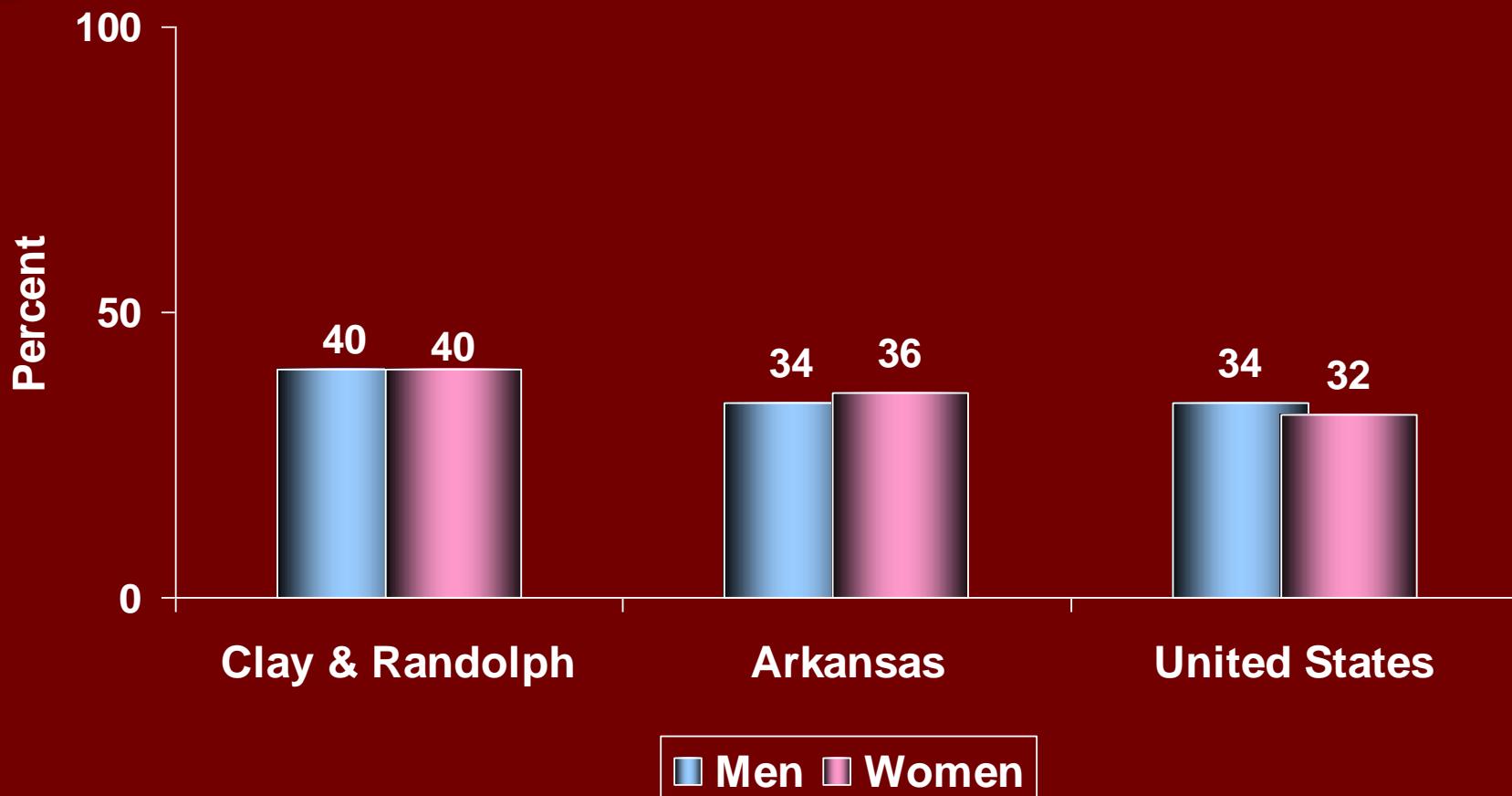
Persons who reported that they had been diagnosed with high blood cholesterol: Clay County and Randolph County (2005), and comparison with two neighboring counties (2003-2004).



Source: CAHS.

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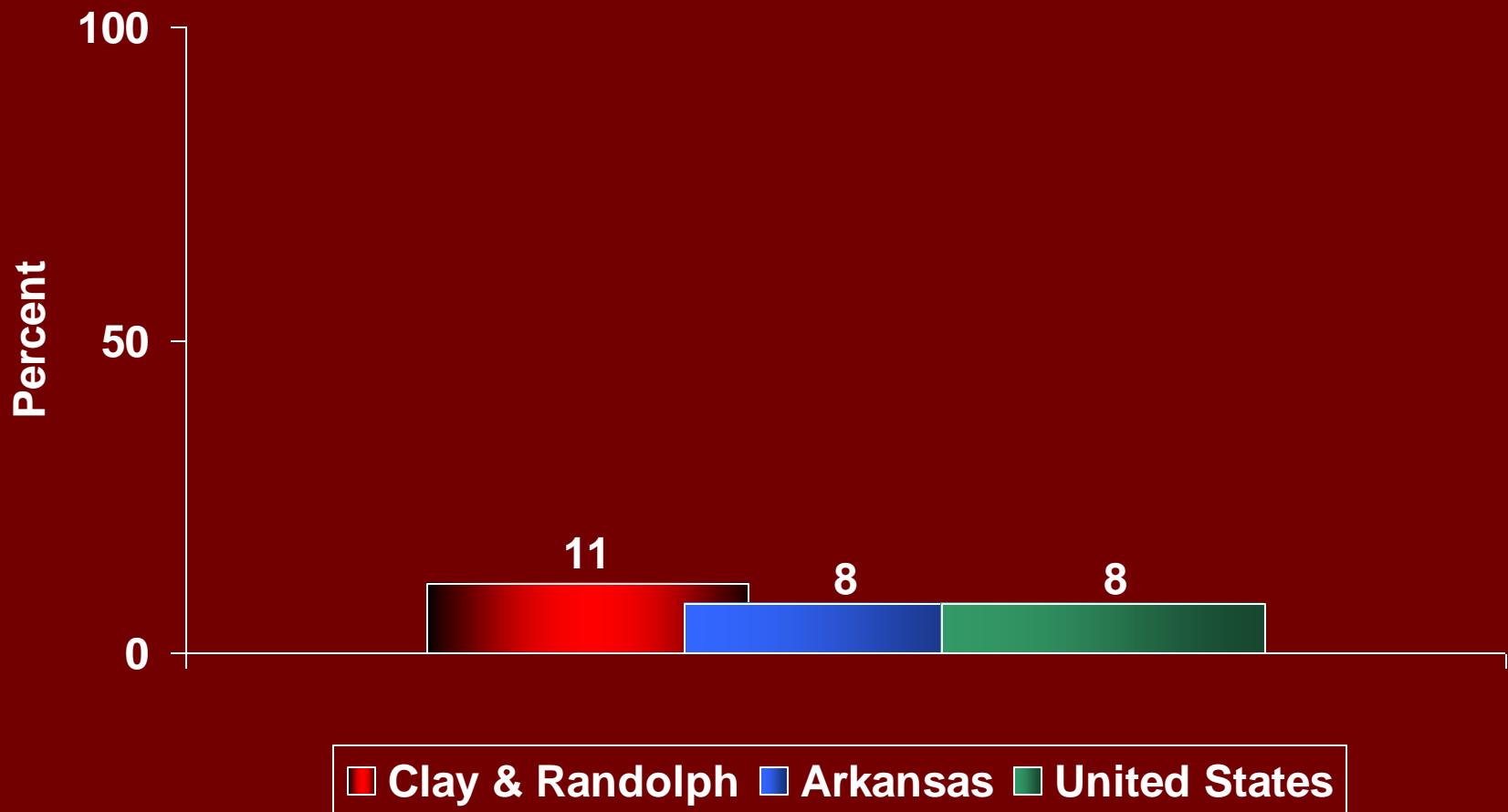
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Source: CAHS, BRFSS.

DIABETES

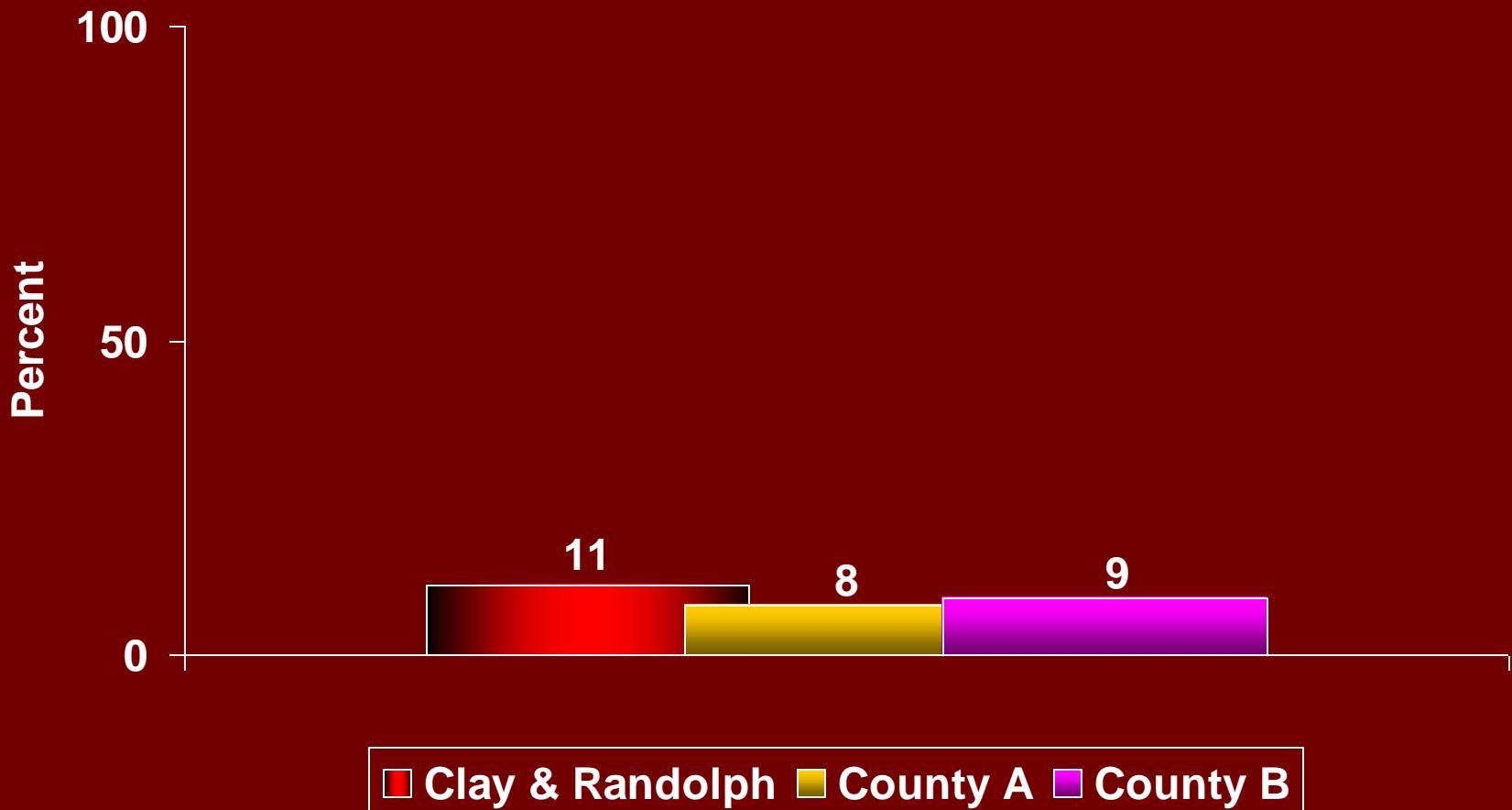
Persons who reported that they had been diagnosed with diabetes:
Clay County and Randolph County (2005), Arkansas (2003), and US
(2003).



Source: CAHS, BRFSS.

DIABETES

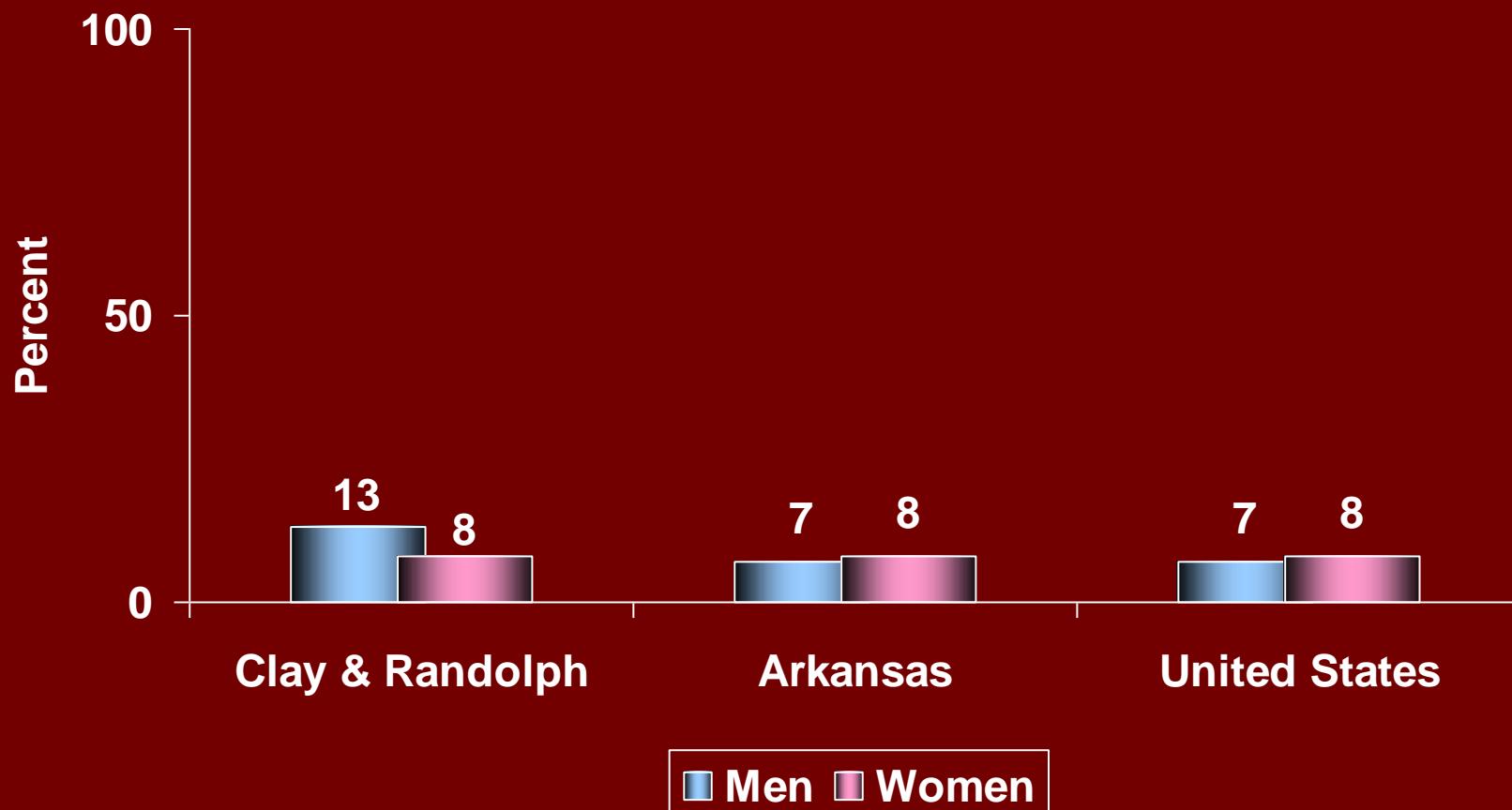
Persons who reported that they had been diagnosed with diabetes: Clay County and Randolph County (2005), and comparison with two neighboring counties (2003-2004).



Source: CAHS.

DIABETES

Persons who reported that they had been diagnosed with diabetes by gender: Clay County and Randolph County (2005), Arkansas (2003), and US (2003).



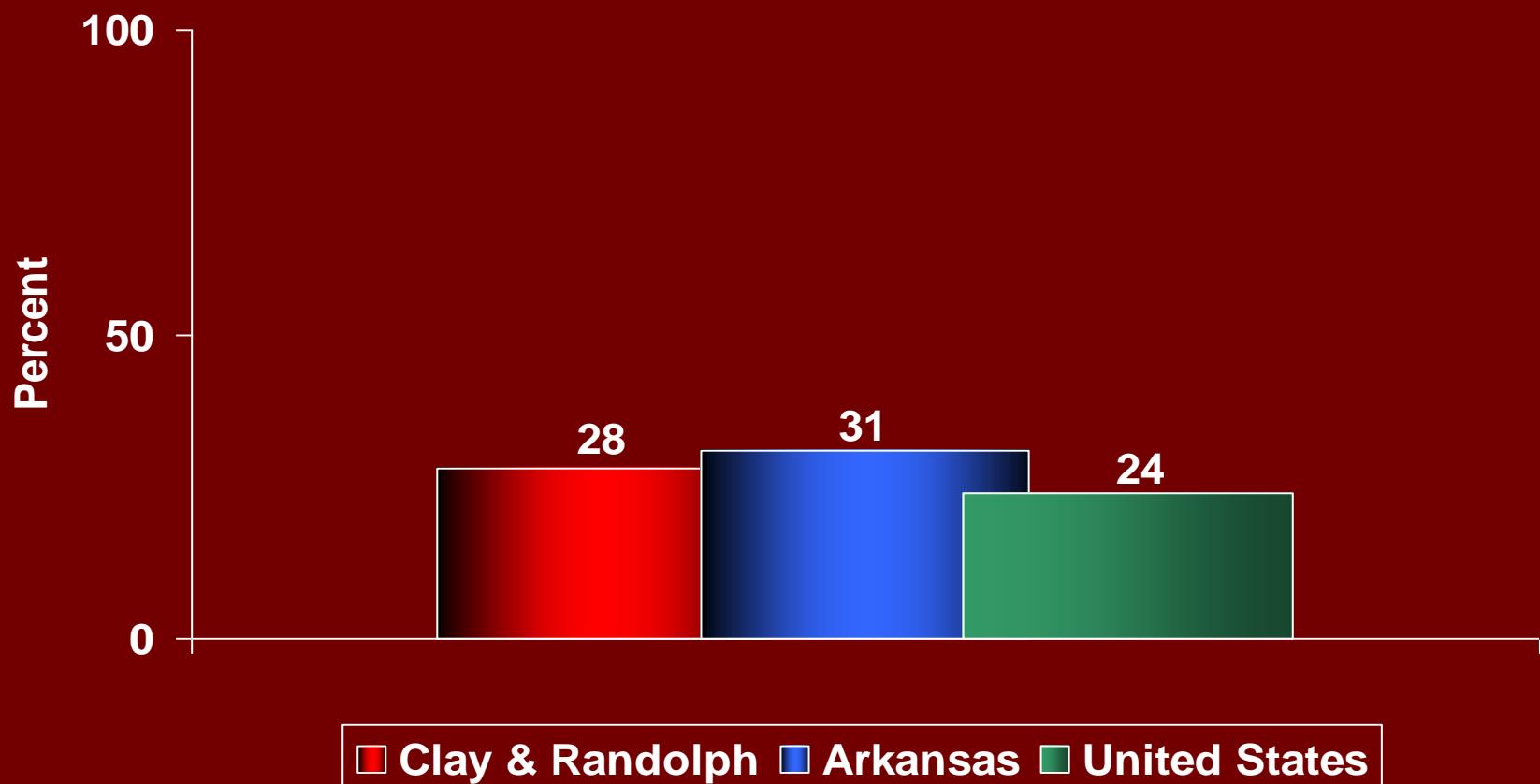
Source: CAHS, BRFSS.

WOMEN'S HEALTH

- ✿ These are compared to the most recent statewide and nationwide data
 - Mammogram [2002] data
 - Pap Smear [2002] data

MAMMOGRAM

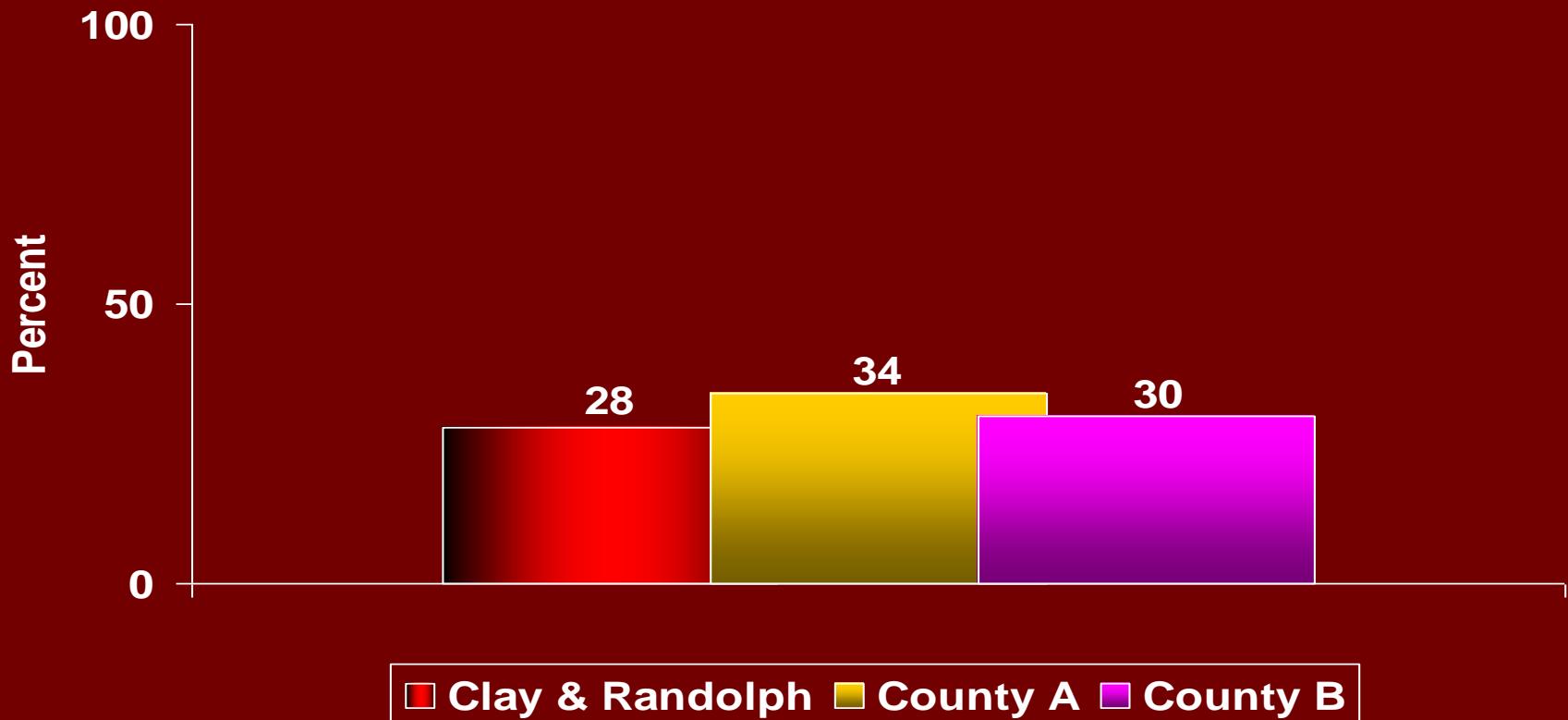
Women over 40 who reported that they had not had a mammogram in the past two years: Clay County and Randolph County (2005), Arkansas (2002) and the US (2002).



Source: CAHS, BRFSS.

MAMMOGRAM

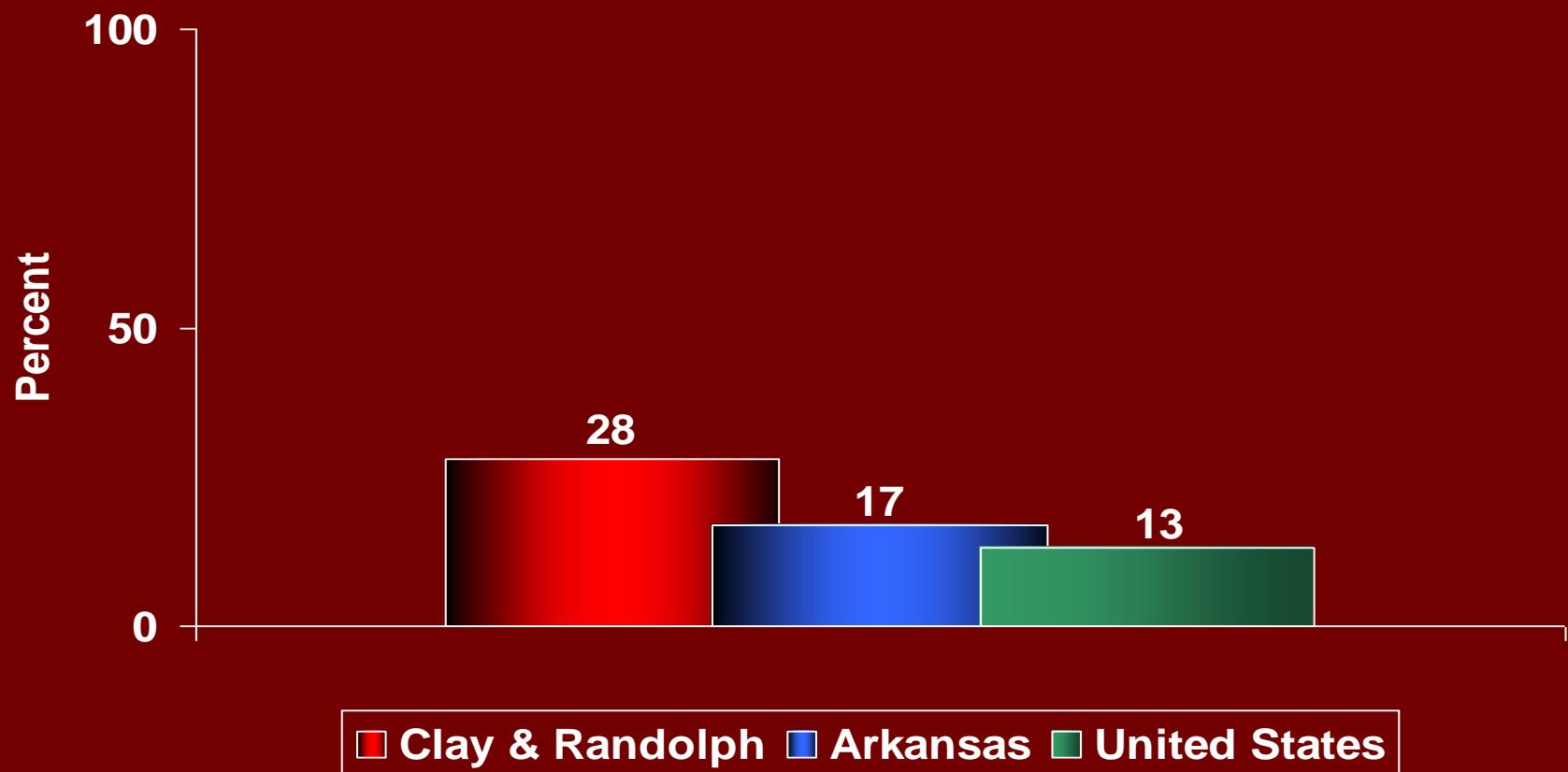
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Source: CAHS.

PAP SMEAR

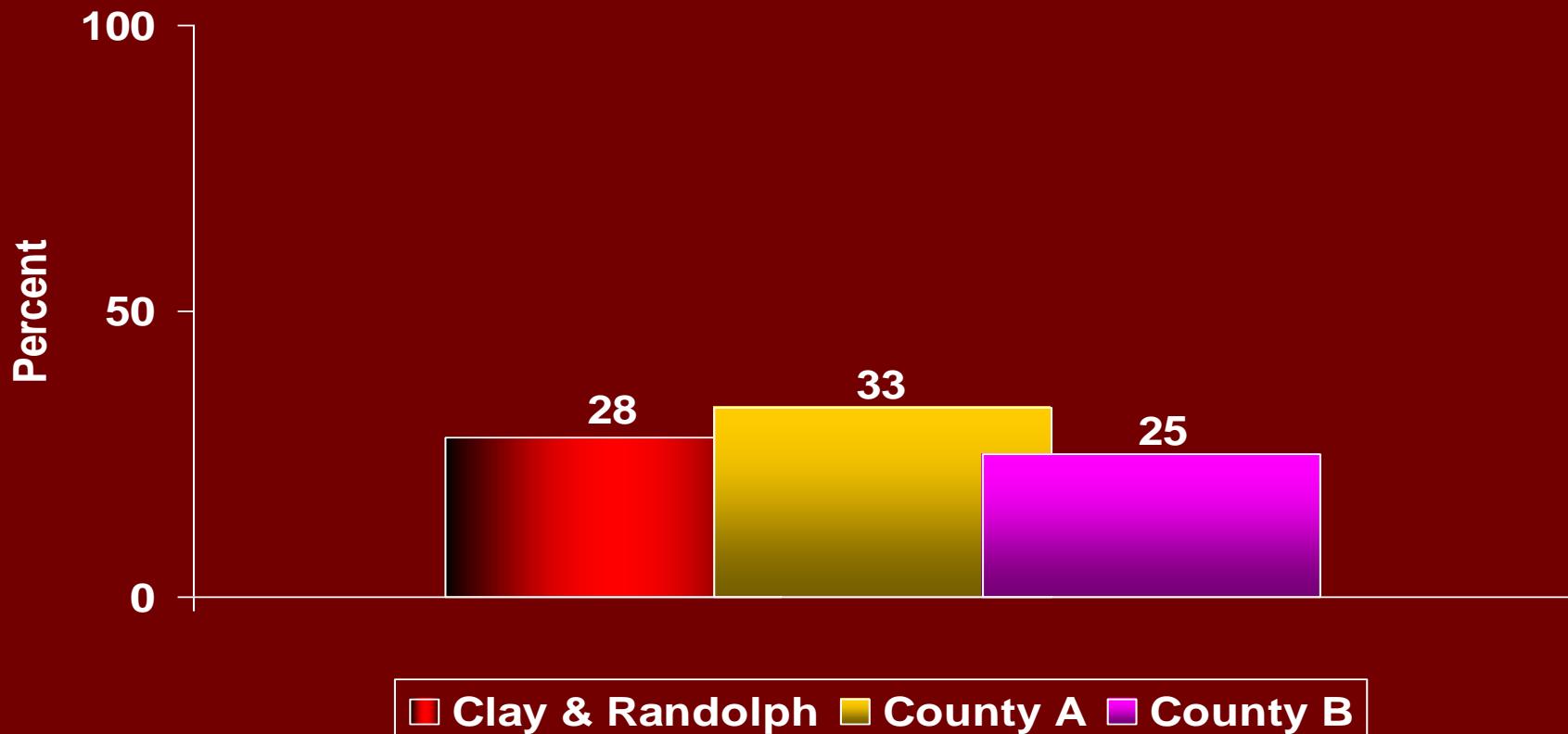
Women who reported that they had not had a pap smear in the past three years: Clay County and Randolph County (2005), Arkansas (2002) and the US (2002).



Source: CAHS, BRFSS.

PAP SMEAR

Women who reported that they had not had a pap smear in the past three years: Clay County and Randolph County (2005), and comparison with two neighboring counties (2003-2004).



Source: CAHS

WHAT CAN YOUR HOMETOWN HEALTH COALITION DO TO MAKE A DIFFERENCE?

- ★ **Assess**
- ★ **Identify**
- ★ **Develop**
- ★ **Evaluate**

QUESTIONS

