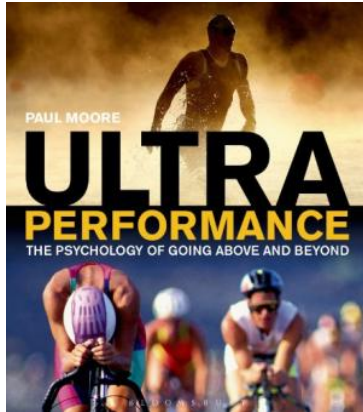


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## ULTRA PERFORMANCE: THE PSYCHOLOGY OF ENDURANCE SPORTS



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