



Fully Human Fully Divine Awakening to Our Innate Beauty Through Embracing Our Humanity

By Craig Holliday

satori sangha. Paperback. Book Condition: New. Paperback. 180 pages. Dimensions: 9.0in. x 5.9in. x 0.5in. There is a value in seeing how spiritual awakening and being human meet in an ordinary life, in relationship with our partners, kids, families and friends, with our busy lives, in illness, transitions, death, careers and in every area of our lives. This book is a call to awakening and embracing and transforming our humanity. It is a radical guide to spiritual awakening in the modern world. Not written from the monastery or ashram, but from someone who has lived in the pain of samsara, from someone who after years of seeking and meditation found surrender in the depths of pain, while life was falling apart around him. Craig Holliday is both a nondual teacher and a therapist. He teaches in a way that instructs us to not run from life, but to face life head on through embracing every moment as it is. Through this absolute embracing, we are given the gift of discovering that our Beauty—our innate Divinity is right here within us; that our very humanity is the doorway to our freedom. Craig has spent 20 years intensely seeking, meditating and studying with...



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Reviews

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