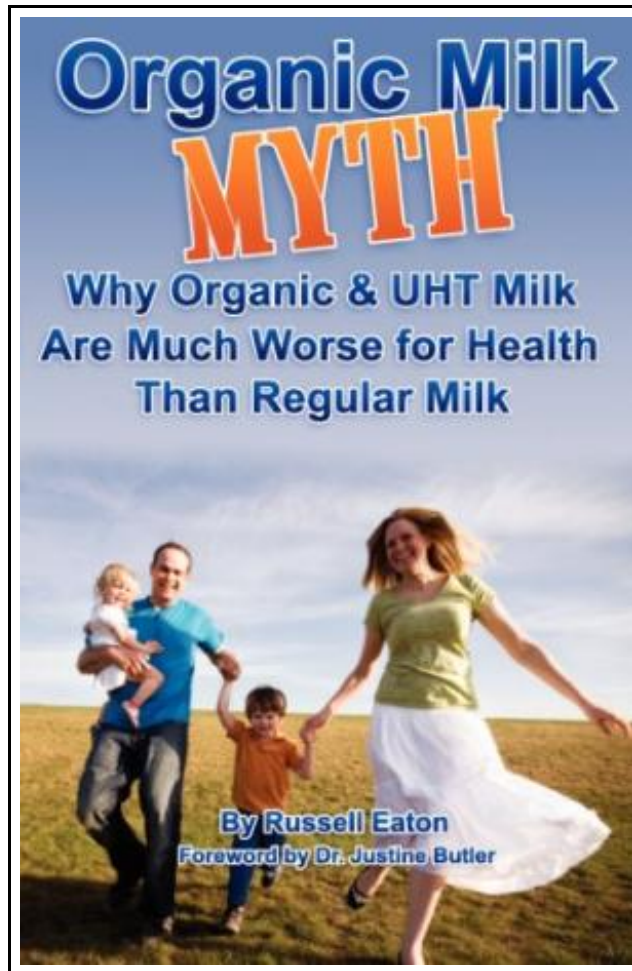


Organic Milk Myth: Why Organic and UHT Milk are Much Worse for Health Than Regular Milk



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Reviews

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(Kevin Bergstrom Sr.)

ORGANIC MILK MYTH: WHY ORGANIC AND UHT MILK ARE MUCH WORSE FOR HEALTH THAN REGULAR MILK



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DELIVEREDONLINE.COM, United Kingdom, 2008. Paperback. Book Condition: New. 211 x 140 mm. Language: English . Brand New Book. The latest studies are showing that organic pasteurized milk is significantly worse for health compared to regular pasteurized milk. Backed up by peer-reviewed research published in mainstream medical journals, Organic Milk Myth is a book that explodes the myth that organic milk is in any way better for health. This is a high quality, thoroughly researched publication with over 160 bibliographical references. Many people may not believe that organic milk is any better for you. But to suggest that organic milk is actually much worse for health compared to regular nonorganic milk may seem bizarre. Yet all the research is pointing in this direction. Here we are talking about the kind of organic milk you can buy from retailers and supermarkets, just about anywhere. Organic milk is more likely to cause human disease, is higher in harmful somatic cells, is worse for the environment and global warming, is worse for cows (greater suffering), is not more nutritious than nonorganic milk, and it does not have less pesticides or antibiotics. And this is just the tip of the iceberg. Eighty percent of organic milk sold in the world is UHT, also known as Long Life milk. Virtually all organic milk sold in the USA is UHT! The molecular structure of UHT milk is different, and it is turning out to be the biggest dietary cause of serious brain diseases such as Alzheimer s and Parkinson s Disease. UHT is much less nutritious than pasteurized milk, UHT is higher in harmful hormones and toxins, and UHT is a bigger cause of cancer compared to non-UHT milk. Organic Milk Myth exposes for the first time ever exactly why organic milk and UHT milk are so...



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