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The Lotus and the Pool: How to Create Your Own Career

By Hilda Lee Dail

Shambhala Publications Inc, United States, 1999. Paperback. Book Condition: New. Shambhala.. 229 x 155 mm. Language: English . Brand New Book ***** Print on Demand *****.This book offers a totally new, holistic approach to career development, involving the wisdom of the unconscious expressed in dreams, symbols, personal myths, intuitions, and memories as well as the analytical skills needed to set goals and plan strategies. It is designed for anyone who has to make important life decisions whether in choosing a field, changing careers, trying to get more satisfaction out of work, planning for retirement, or reentering the job market. Based on the principles of creativity as revealed in the world's creation myths and in the techniques of artists, poets, and inventors, the book presents a ten-step process of creative career development. Case histories from the author's counseling practice demonstrate the process at work, and a workbook section gives exercises to help readers: Examine past successes for clues to aptitude and values Analyze the success factors that characterize their achievements Use imaging and other creativity techniques to discover their own inner symbols and personal myths Develop an action plan for finding or creating their ideal career.



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