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High School Baseball: How to Create and Run a Winning Program

By David A. Rositano

McFarland Co Inc, United States, 2005. Paperback. Book Condition: New. 223 x 147 mm. Language: English . Brand New Book. Finding potential players; attending to the logistical details of scheduling practices, games, banquets and summer leagues; developing an adequate preseason throwing program that will work in a high school gym; efficiently cutting players after tryouts; and promoting a high school baseball program throughout the community - these are just a few examples of the myriad duties assigned to a high school baseball head coach. This reference work assists coaches in simplifying their many tasks. The easy to use, step-by-step handbook leads beginning high school baseball coaches and seasoned veterans alike from the initial phase of finding players and having that first team meeting, through the preseason weight-training and throwing programs, to the stage of cutting players. Instructions for fundraising and promoting programs, creating efficient and effective practices, organizing both practice sessions and games, simplifying baseball situations, and facing the final days of summer baseball are all included. Over 40 different model documents are provided to help with the development of a baseball program: player information and evaluation forms; sample practice plans and pre-game schedules; checklists for preseason and postseason responsibilities;...



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