



# Family Involved Psychosocial Treatments for Adult Mental Health Conditions: A Review of the Evidence

By U. S. Department of Veterans Affairs

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 212 pages. Dimensions: 11.0in. x 8.5in. x 0.5in. Since 2008, the President has signed two new laws expanding VA authority to provide family services for Veterans mental health care and creating a need to identify efficacious and promising family involved interventions for improving Veterans mental health outcomes. With one exception, prior reviews have traditionally focused on one condition at a time, limiting comparisons across conditions and preventing a synthesis of the evidence for all mental health conditions, including those with few randomized controlled trials (RCTs; e. g. , Posttraumatic Stress Disorder or PTSD). Finally, prior reviews are potentially less relevant to VA populations due to their focus on studies conducted in non-Veteran populations. Consistent with prior work defining empirically supported psychological treatments, we conducted a systematic review of the published evidence evaluating if (and which) family involved treatments improve patient outcomes (i. e. , efficacy) and if (and which) family involved treatments are superior to alternative interventions (i. e. , specificity or comparative effectiveness, especially those therapies that include solely the patient, not family members). This topic was nominated by Sonja Batten, PhD, Office of Mental Health Services, and...



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