



The Secret of the Shadow: The Power of Owning Your Story

By Debbie Ford

HarperCollins Publishers Inc, United States, 2008. Paperback. Book Condition: New. Updated ed.. 231 x 150 mm. Language: English . Brand New Book. The author of The Dark Side of the Light Chasers now examines shadow elements--the negative attitudes, thoughts, and behaviors that block people's progress toward happiness and success in their lives and relationships.



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