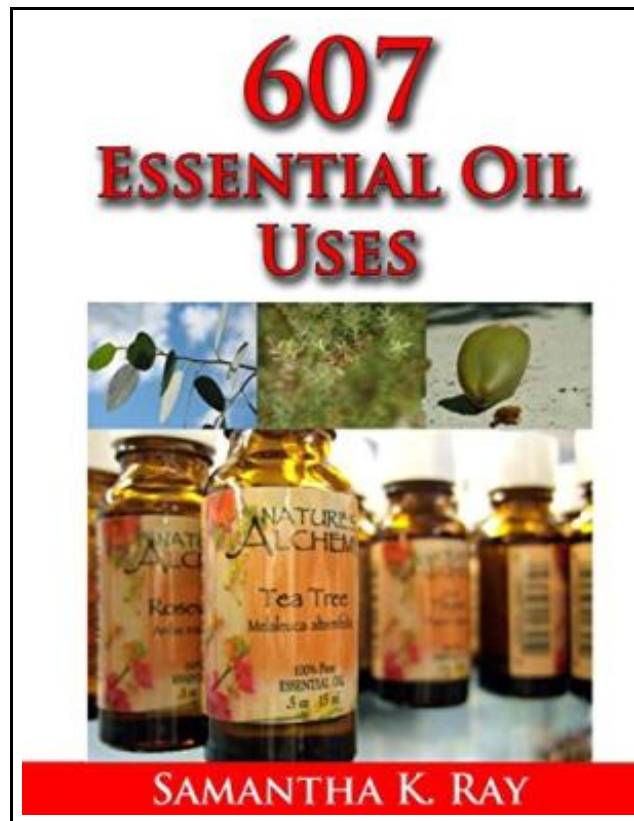


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Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.The benefits of essential oils have been around for centuries. Nearly every culture is familiar with the miraculous properties of these incredible plant derived oils. Wise advice on which oils to purchase and why, as well as their many uses for a multitude of purposes are outlined in this useful guide. Everything you have ever wanted to know about these wonderfully useful oils are explained in detail, including the history of their use, how they are produced, and the most beneficial ways to use them for maximum results. Including 80 different uses for Tea Tree Oil alone! Who would have known that this commonly used essential oil could be useful for a myriad of benefits for health and healing, such as acne, arthritis, bladder infections, canker sores, chicken pox, cold sores, hives, dandruff, and eczema! Just to name a few! Included in the book are practical uses for Lemon, Peppermint, Eucalyptus, Clove, Cinnamon, Grapefruit, and Turmeric Oil, as well as many others. The benefits of oils for your health and wellness, anti-aging and beauty benefits, as well as for your pets and home are explained in detail with helpful tips and tricks. Each chapter is concise and to the point, and proves to be an incredibly helpful read for anyone looking to use natural oils to improve their quality of life. Each chapter provides knowledge and insight into the healing power of plant based oils and encourages the switch to natural herbal remedies as a means of warding off colds, strengthening the immune system, fighting existing health conditions, and improving aches and pains. The author includes instructions for the topical use of specific essential oils for skin conditions...



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