



# Monarda: A Native American Medicine: How to Meditate and Heal the Physical Body Using Medicinal Plants and Essential Oils for the Mind Body Spirit

By Elizabeth Ashley Mrs

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Monarda, The Beautiful Native American Medicinal Plant In Essential Oil Form. Advanced Aromatherapy for Healers Who Want To Excel In Their Field. Science now confirms that emotional distress and trauma underlies disease. Our bodies process these in enigmatic and puzzling ways and whilst doctors can soothe symptoms it is hard for them to treat the very root of disease. Essential oils heal the body on a physical body but affect the bodymind and subtle bodies in so many ways it is almost impossible to comprehend. The gifted healer understands that symptoms are as individual as the people experiencing them . They strive to comprehend the spiritual and emotional pathways the patient journeys and choose oils that will lead the sentient mind to a better place.taking the body with it. The Secret Healer unlocks the medicine of aromatherapy, one beautiful oil at a time. Bringing together ancient wisdom from the shamen and ancient healers of antiquity and into the clinical labs researching essential oils for medicines today, she lifts the reader s comprehension of essential oils...



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