



## Teens Matter Most: A Powerful, Straightforward Guide for Teens. Your Life Has Purpose, and You Are Important!

By Stephanie Lahart

Lahart Publishing, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Stephanie Lahart is 40 years old now, but when she was a teenager, she experienced bullying, battled with low self-esteem, had a hard time fitting in with others, and had to deal with the dreaded peer pressure. In *Teens Matter Most*, the author talks about issues that affect teens everyday lives such as self-esteem issues, bullying, sex and everything that comes with it, how every choice that they make has consequences and benefits, school, alcohol and drugs, peer pressure, not getting along with their parents, and SO much more! Stephanie Lahart does not sugar-coat her messages. She understands the importance of educating our teens on every aspect of their lives to help them make the right decisions now to prepare them for their future. The author writes with a sense of urgency. Her sole purpose was to write about meaningful, engaging, and insightful topics that would help shape teen lives on a greater level. This book is a must-read for all teens, but especially at-risk teens. The author's writing style is genuine, honest, and relatable. Teens...



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### Reviews

*This publication may be really worth a go through, and a lot better than other. It really is written in simple terms and never difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Natalie Abbott**

*This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be playful, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.*

-- **Rene Olson**

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