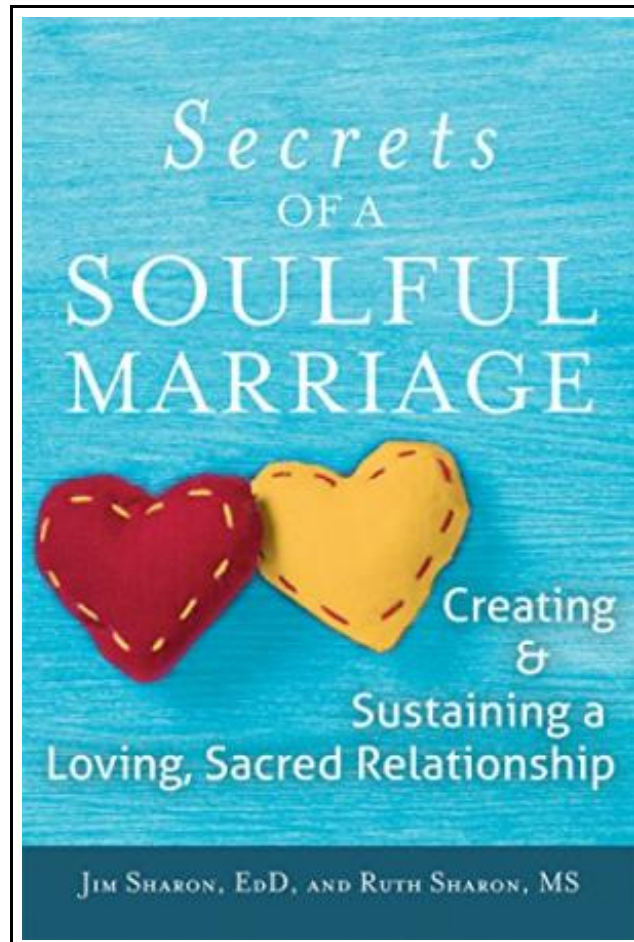


Secrets of a Soulful Marriage: Creating and Sustaining a Loving, Sacred Relationship



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Reviews

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(Elinor Hyatt)

SECRETS OF A SOULFUL MARRIAGE: CREATING AND SUSTAINING A LOVING, SACRED RELATIONSHIP



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Jewish Lights Publishing, United States, 2014. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. Your partner can and should meet all of your emotional needs. All disagreements can and should be resolved. Great relationships require little maintenance. Old models of marriage such as these are crumbling. Divorce rates remain high. Many people are skeptical and mistrustful about having real love in their lives. It s clear people need new models to help them connect with each other in meaningful, lasting ways. It s time to break free from old patterns of commitment and to forge new pathways for healthy, thriving, deeply loving relationships.This hope-filled resource for developing soulful, mature love is aimed at committed couples who are looking to build, maintain and glorify the sacred in their relationship. It creates a context for couples to honor the gradual movement from physical flight-fight-freeze body-based survival to more heart-filled, communication-oriented love, to spiritual awakening and soul-purpose fulfillment. It encourages couples as individuals and as partners to let go of dysfunctional, hurtful, restrictive behavior in favor of liberating self-concepts and belief systems. It provides solutions for communicating and problem-solving more effectively, allowing each partner in the relationship to experience more emotional intimacy, joy and sexual pleasure. The book provides relationship information, practical tools and inspirational, real-life stories. It also offers a banquet of spiritual practices for couples of all faiths or none to bring these new models into focused action.

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