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## GAME ON: AN ATHLETE S GUIDE TO INNER MASTERY AND OUTER VICTORY (FEMALE VERSION)



Theone Press, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Game On explores the spiritual and psychological dimension of sport and articulates eight fundamental approaches by which an athlete can consistently move toward the zone (or what is called the state of on. ) This exalted state is not viewed as something that only comes about by chance or by a seeming act of grace but as...

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- Authored by Jonathan Star
- Released at 2012



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