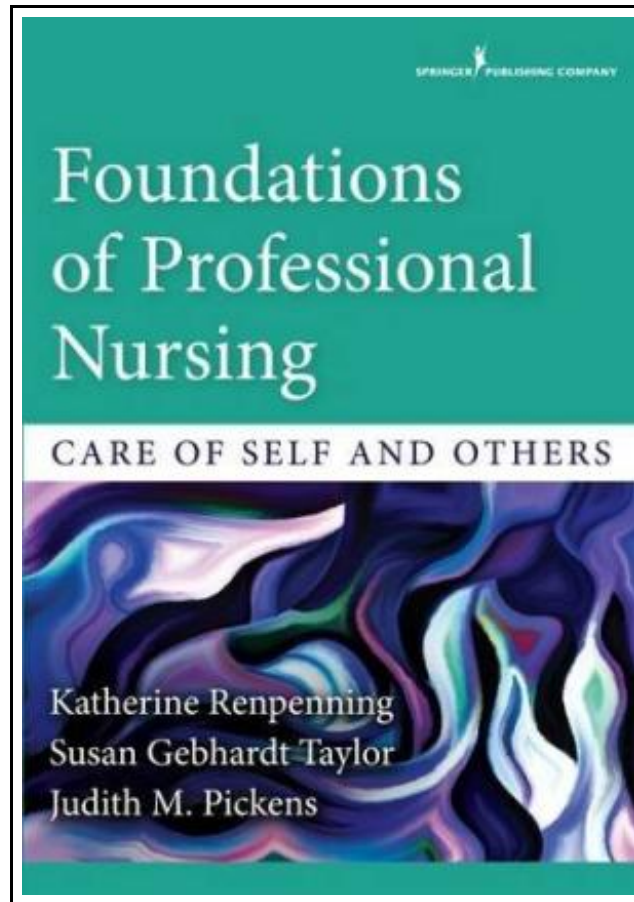


Foundations of Professional Nursing: Care of Self and Others



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Reviews

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Springer Publishing Co Inc, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. Integrating the science of self-care with other nursing and multidisciplinary perspectives, this is the first book for the Professional Nursing Practice course in RN to BSN curriculum to present a conceptual framework for contemporary nursing practice based on the science of self-care that also incorporates other nursing and multidisciplinary perspectives. Built upon the premise that nursing is both a caring and a knowledge-based profession, this cutting-edge book illustrates how to attain and integrate knowledge from nursing theory and theories of related disciplines to achieve optimal evidence-based nursing practice. Using case studies to demonstrate the relationship between nursing theory and practice, the text underscores the importance of having a deep understanding and conceptual model of the unique role of nursing in society and its practice domain. It instils a foundational understanding of the science of self-care and its contribution to contemporary nursing. It describes how this paradigm is gaining recognition as an effective anti-burnout strategy and demonstrates how it can be applied. Case examples from a variety of clinical situations integrated with nursing theory demonstrate the variables needed to achieve optimal nursing practice. The book illustrates what data to collect, how to analyse that data, how to design and implement intervention strategies, and how to determine their effectiveness. Key concept boxes, measurable objectives with critical thinking questions, and learning activities reinforce content. Additionally, more complex cases included at the end of the text and frequent links to nursing literature provide fodder for more in-depth analysis. Key Features: * Provides an integrative model for nursing practice based on self-care that is useful in all clinical settings.* Illustrates how to attain and integrate knowledge from the science of self-care with other nursing...



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