



Dr. Susans Solutions: The PMS Cure

By Susan M. Lark M. D.

Womens Wellness Publishing. Paperback. Book Condition: New. Paperback. 214 pages. Dimensions: 11.0in. x 8.4in. x 0.6in. Do you want to enjoy healthy, regular menstrual periods without the mood swings, irritability, depression, weight gain, bloating, food cravings and bingeing, acne and cramping commonly experienced with PMS? Then, Dr. Susans Solutions: The PMS cure is the one book that you must have! Written by Susan M. Lark, M. D., best selling author and one of the most renowned womens alternative medicine experts, this incredible guide to healing from PMS contains her all natural treatment program that has helped many thousands of her PMS patients gain dramatic relief from their debilitating and uncomfortable PMS symptoms. Dr. Larks program is the most effective and fast acting all natural treatment program available for PMS relief. The book also includes her expert knowledge of the most up-to-date medical and alternative therapy research in this field. In this essential and complete guide to healing from PMS, Dr. Lark shares: - Important information to help you identify the causes and risk factors of anxiety, irritability, mood swings, food cravings, bloating, weight gain, fatigue, acne, cramping and dozens of other symptoms of PMS and how to correct them. -...



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