



Overcoming Specific Phobia (Therapist Protocol): A Hierarchy and Exposure-Based Protocol for the Treatment of All Specific Phobias

By Anonymous

New Harbinger Publications, United States, 2000. Paperback. Book Condition: New. 274 x 211 mm. Language: English . Brand New Book. Effective protocols save time, increase the probability of obtaining good results, make it easier to train and supervise new therapists, and satisfy the needs of third parties to know that the proposed treatment follows the best available practices. Protocols are consistently formatted and organized; a detailed session-by-session treatment program that includes worksheets, homework assignments, in-session treatment exercises, and didactic material; specific assessment measures, both for the target disorder and for the overall treatment program; a treatment plan summary for managed care requirements. All of the therapist protocols in the Best Practices series share these common features: A consistent format and organization A detailed, session-by-session treatment program that includes worksheets, homework assignments, in-session treatment exercises, and didactic material Specific assessment measures both for the target disorder and for the overall treatment program A treatment plan summary for managed care requirements Each therapist protocol is accompanied by its own corresponding step-by-step client manual, containing all the education materials, worksheets, and skill-building assignments that the client will need.



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