



Transform Your Life: A Year of Awareness Practice

By Cheri Huber, June Shiver

Keep it Simple Books,U.S. Spiral bound. Book Condition: new. BRAND NEW, Transform Your Life: A Year of Awareness Practice, Cheri Huber, June Shiver, Chosen for impact, clarity, and humour, these one-per-day quotations come from a wide variety of sources: Zen masters; Christian and Sufi mystics; Eastern and Western philosophers; poets ancient and modern; and living artists, writers, and comedians. Each entry also contains a question to prompt self-examination, making the calendar a year-long course in fending off destructive thoughts and finding inner certainty.

DOWNLOAD



READ ONLINE
[2.99 MB]

Reviews

The ideal ebook i possibly study. Better then never, though i am quite late in start reading this one. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Ava Witting**

The ideal ebook i possibly study. Better then never, though i am quite late in start reading this one. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Ava Witting**