



## On Grief and Grieving Finding the Meaning of Grief Through the Five Stages of Loss

By David Kessler

Scribner. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 8.3in. x 5.4in. x 0.7in.Elisabeth Kbler-Rosss On Death and Dying changed the way we talk about the end of life. Before her own death in 2004, she and David Kessler completed On Grief and Grieving, which looks at the way we experience the process of grief. Just as On Death and Dying taught us the five stages of death -- denial, anger, bargaining, depression, and acceptance -- On Grief and Grieving applies these stages to the grieving process and weaves together theory, inspiration, and practical advice, including sections on sadness, hauntings, dreams, isolation, and healing. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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