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PLAY IT AWAY: A WORKAHOLICS CURE FOR ANXIETY



Charlie Hoehn. Paperback. Book Condition: New. Paperback. 168 pages. Heres the cure to your stress!Tony Robbins, Strategic adviser to world leaders, 1 bestselling author of Personal Power (40 million copies sold)Do you feel guilty or anxious when youre not working Have you stopped playing with your friends Do all of your daily activities revolve around building a more successful careerDo you have trouble breathing, relaxing, and sleeping Are you consuming stimulants multiple times per day to hide your exhaustion Are...

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