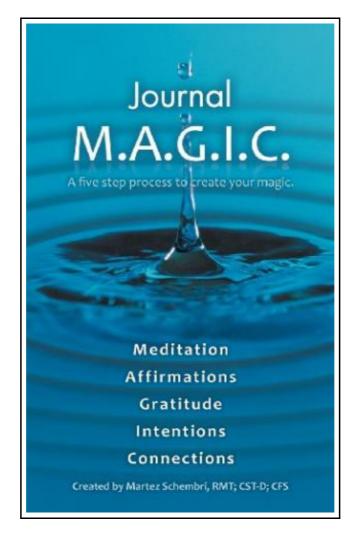
Journal M.A.G.I.C.: A Five Step Process to Create Your Magic. (Hardback)



Filesize: 2.03 MB

Reviews

The ebook is straightforward in read through preferable to comprehend. It is definitely simplified but shocks within the fifty percent of your pdf. Your lifestyle span is going to be transform when you total reading this publication.

(Dr. Jarrett Bednar)

JOURNAL M.A.G.I.C.: A FIVE STEP PROCESS TO CREATE YOUR MAGIC. (HARDBACK)



Balboa Press, United States, 2012. Hardback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Journal M.A.G.I.C. -A Five-Step Process to Create Your Magic is a daily journal workbook designed to assist everyone from caregivers, healthcare practitioners, life coaches, and selfhelp industries, to individuals looking for a valuable tool. This guided journal was initially designed as a daily self-care tool exclusively for my clients. It is comprised of five chapters: Meditations, Affirmations, Gratitude, Intentions, and Connections, and is intended to track and enhance a person s healing journey. Each chapter contains a suggested exercise that flows into each subsequent chapter. Your journal entries are like pebbles cast into a still pond, and your written thoughts, ideas, and insights are the waves that create the concentric circles rippling out from the locus point. You are the connection to the pebble, the water, and each ripple. You create a wave of change through your action, ripple after ripple, consciously and unconsciously. Each chapter creates momentum into the next chapter, thus creating a tidal wave of creativity, insight and effect more far-reaching than you can imagine.



Read Journal M.A.G.I.C.: A Five Step Process to Create Your Magic. (Hardback) Online Download PDF Journal M.A.G.I.C.: A Five Step Process to Create Your Magic. (Hardback)

Related PDFs



Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. From a certified teacher and founder of an online tutoring website-a simple and...

Save ePub »



How to Make a Free Website for Kids

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter...

Save ePub »



Eat Your Green Beans, Now!

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. This is the original version with black-and-white illustrations. JoJo is an active and...

Save ePub »



Talking Digital: A Parent's Guide for Teaching Kids to Share Smart and Stay Safe Online

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their...

Save ePub »



No Friends?: How to Make Friends Fast and Keep Them

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Do You Have NO Friends? Are you tired of not having any...

Save ePub »