



## Counselling Children with Chronic Medical Conditions

By Melinda Edwards, Hilton Davis

John Wiley and Sons Ltd. Paperback. Book Condition: new. BRAND NEW, Counselling Children with Chronic Medical Conditions, Melinda Edwards, Hilton Davis, 'You can never understand what it feels like to be me. I'm never going to be normal now, am I? Why me? Why did it have to happen to me?' These worlds emphasize the important fact that all healthcare workers who come into contact with chronically ill children have the opportunity, through communicating effectively, to help and support both child and family, to make children feel better about themselves, and to improve the quality of their lives. Counseling techniques can help empower children to develop their own problem-solving strategies, and, as a consequence, help them feel more in control and enhance their self-esteem. Ten to 15 per cent of children are affected by long-term physical problems such as eczema, asthma, diabetes, congenital heart disease, and epilepsy. In addition, there are other conditions which may not strike as often, but which have unpredictable courses, sometimes involving degenerative processes, sometimes posing real threats to the Child's life. These include sickle cell anemia, rheumatoid arthritis, cystic fibrosis, HIV infection, cancer and leukemia, and kidney disease. Treatment advances may extend and improve the quality...



## Reviews

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