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Do You Know What I Mean?: Discovering Your Personal Communication Style

By Robert V Keteyian

Createspace, United States, 2011. Paperback. Book Condition: New. 229 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Know What I Mean? -Discovering Your Personal Communication Style offers a dynamic and groundbreaking approach to successful interpersonal communication. The communication styles framework pioneered by Bob Keteyian is a practical and powerful tool for: couples seeking deeper understanding and connection; parents managing complex, challenging behaviors; executives aiming to improve leadership skills; management groups needing greater collaboration. This book takes you on a journey similar to what Bob offers in his consultations, workshops and training sessions. Part 1 defines the seven communication components, illuminated by numerous real life examples and offers rich communication tips in each chapter. Part 2, the workbook, helps you discover your own communication style and gives you the tools for effective communication, problem-solving, and relational harmony. Following the workbook is a special section on Basic and Necessary Communication Skills in a very user friendly format. Learning about communication styles opens a pathway to mutual understanding and respect for individual differences. The result is greater connection, clarity, and collaboration in all relationships.



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