



## Basic Essentials Canoeing (3rd Revised edition)

By Cliff Jacobson

Rowman & Littlefield. Paperback. Book Condition: new. BRAND NEW, Basic Essentials Canoeing (3rd Revised edition), Cliff Jacobson, Continuing his efforts to increase the skill level of paddlers, Cliff Jacobson offers some unique canoeing techniques and custom design tips never before released. In this fully revised third edition, you'll discover how to choose a canoe that's right for you; select canoe accessories from paddles and PFDs to knee pads and waterproof gear bags; lift, portage, and transport your canoe with ease; master the basic paddling strokes, then learn how to canoe in whitewater and currents; and rescue yourself or a friend after capsizing.

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