



# Raising an Athlete: How to Instill Confidence, Build Skills and Inspire a Love of Sport

By Jack Perconte

Second Base Publishing. Paperback / softback. Book Condition: new. BRAND NEW, Raising an Athlete: How to Instill Confidence, Build Skills and Inspire a Love of Sport, Jack Perconte, Through real-life examples and time-tested advice, this guide provides parents and coaches insights into how to deal with the challenges and pitfalls that arise as children progress in sports. From handling the inevitable tears and frustrations and honing the appropriate message for varying age ranges and skill levels to recognizing the real performance enhancers and how to keep burnout at bay, this handbook emphasizes integrity, hard work, and practice as well as the importance of teamwork, sportsmanship, and leadership in players. Advice on using humor to relieve stress, overcoming adversity, and how to handle troublesome coaches is also included.



#### Reviews

These sorts of book is the best book offered. I have got read and so i am sure that i will planning to read yet again once more in the future. Its been written in an exceedingly basic way which is merely after i finished reading through this publication in which really altered me, change the way in my opinion.

#### -- Miss Estella Pfannerstill

A fresh eBook with a new standpoint. We have read through and that i am certain that i am going to going to read through again once more later on. Your life period is going to be transform as soon as you comprehensive reading this article book.

#### -- Mikayla Cummings

## You May Also Like



# You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother winced a little...



#### **Mom Has Cancer!**

Barron's Educational Series. Paperback / softback. Book Condition: new. BRAND NEW, Mom Has Cancer!, Jennifer Moore-Mallinos, Marta Fabrega, The sensitively written "Letas Talk About It Books" encourage preschool-age and early-grades children to explore their feelings, deal with problems that trouble...



#### Do This! Not That!: The Ultimate Handbook of Counterintuitive Parenting

Skyhorse Publishing. Paperback / softback. Book Condition: new. BRAND NEW, Do This! Not That!: The Ultimate Handbook of Counterintuitive Parenting, Anna Glas, Ase Teiner, Malou Fickling, There are loads of books covering the basics of getting along with and disciplining children, but...



#### Hawk: Occupation: Skateboarder

HarperCollins Publishers Inc. Paperback / softback. Book Condition: new. BRAND NEW, Hawk: Occupation: Skateboarder, Tony Hawk, Sean Mortimer, For Tony Hawk, it wasn't enough to skate for two decades, to invent more than eighty tricks, and to win more than twice as...



### The Mystery on the Great Wall of China

Gallopade International. Paperback / softback. Book Condition: new. BRAND NEW, The Mystery on the Great Wall of China, Carole Marsh, Mimi, Papa, Grant, and Christina are headed to China in Papa's little red and white airplane, The Mystery Girl. Thousands of miles...



#### **DK Readers L1: Feeding Time**

DK Publishing (Dorling Kindersley). Paperback / softback. Book Condition: new. BRAND NEW, DK Readers L1: Feeding Time, Lee Davis, DK Publishing, Linda Martin, This Level 1 book is appropriate for children who are just beginning to read. Which animal enjoys breakfast in...