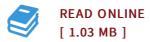




Psychotherapy Essentials to Go: Motivational Interviewing for Concurrent Disorders

By Carolynne Cooper, Wayne Skinner

WW Norton Co, United States, 2013. DVD-ROM. Book Condition: New. 184 x 164 mm. Language: English . Brand New Book. Addiction-whether to alcohol and drugs, sex, gambling, or Internet use-and mental health problems often go hand-in-hand. This concise book summarizes the key principles of a particular therapeutic approach to concurrent disorders, Motivational Interviewing (MI), which guides clients in eliciting and strengthening their desire for change. Laying out a four-stage treatment model-engagement, preparation, active treatment, and continuing care-the book walks readers through key facets of the therapeutic rapport at the heart of MI: working collaboratively on goals; connecting to the patient by understanding his or her strengths, needs, and concerns; and using the core MI skills of open questions, affirmations, reflections, and summaries (OARS). Readers are immersed in the spirit of MI through explanations and illustrations, preparing them for the practical challenges of therapeutic work with clients who suffer from addiction and mental health problems. Included in this comprehensive guide are a DVD of sample therapy sessions and clinical explication that describe how to implement the protocol, as well as a laminated pocket reminder card. An on-the-go package of practical tools that busy clinicians won t want to be...



Reviews

This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Ally Reichel

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- Prof. Kirk Cruickshank DDS

Other PDFs



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Createspace, United States, 2012. Paperback. Book Condition: New. 276 x 214 mm. Language: English . Brand New Book ***** Print on Demand *****. Save children s lives learn the discovery of God Can we discover God? What does science prove? Why we were never...



Four on the Shore

Penguin Books Australia, Australia, 1994. Paperback. Book Condition: New. James Marshall (illustrator). Reprint. 229 x 147 mm. Language: English . Brand New Book. Using their cache of already published easy-to-read books, Puffin launched their Easy-to-Read program. Favorite stories by such beloved authors...



Fox on the Job: Level 3

Penguin Putnam Inc, United States, 2004. Paperback. Book Condition: New. James Marshall (illustrator). Reissue. 224 x 150 mm. Language: English . Brand New Book. Using their cache of already published easy-to-read books, Puffin launched their Easy-to-Read program. Favorite stories by such beloved...



The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English. Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to give your child an academically rigorous, comprehensive...



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