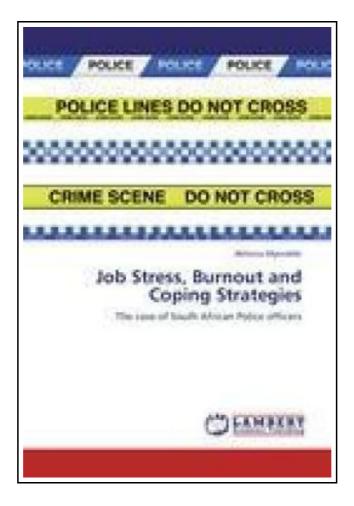
Job Stress, Burnout and Coping Strategies



Filesize: 6.05 MB

Reviews

It is great and fantastic. I actually have read and so i am certain that i am going to going to go through once again yet again in the future. I realized this ebook from my dad and i encouraged this book to find out.

(Dr. Kayden Gerlach)

JOB STRESS, BURNOUT AND COPING STRATEGIES



To read **Job Stress**, **Burnout and Coping Strategies** PDF, please refer to the button below and download the file or have access to other information which might be relevant to JOB STRESS, BURNOUT AND COPING STRATEGIES book.

LAP Lambert Acad. Publ. Okt 2011, 2011. Taschenbuch. Book Condition: Neu. 220x150x4 mm. This item is printed on demand - Print on Demand Neuware - The aim of this study was to determine whether coping strategies of police officers help moderate the outcome of burnout resulting from job stress. The nature of the job demands of police officers is such that they may experience high levels of stress. A convenience sample (N = 89: n Males = 58; n Female = 29) of police officers in police stations in the Eastern Cape was surveyed. The Maslach Burnout Inventory General Survey, Police Stress Inventory and COPE questionnaire were administered. Results for all the participants indicate that when the occupational stressor Lack of Resources occurs police officers implement Avoidance Coping (COPE) as a strategy, which leads to the experience of Exhaustion. Results also indicate that police officers use Active Coping, Cognitive Coping and Turning to Religion as means of moderating the stress-burnout relationship. Results also show that the coping strategy Avoidance Coping, used by male officers lead to Cynicism. When female police officers experience Job Demands and a Lack of Resources they make use of Seeking Emotional Support as a coping strategy. 72 pp. Englisch.



Read Job Stress, Burnout and Coping Strategies Online Download PDF Job Stress, Burnout and Coping Strategies

Related Books



[PDF] Psychologisches Testverfahren

Click the hyperlink beneath to download "Psychologisches Testverfahren" PDF document.

Read ePub »



[PDF] Programming in D

Click the hyperlink beneath to download "Programming in D" PDF document.

Read ePub »



[PDF] Tinga Tinga Tales: Why Lion Roars - Read it Yourself with Ladybird

Click the hyperlink beneath to download "Tinga Tinga Tales: Why Lion Roars - Read it Yourself with Ladybird" PDF document.

Read ePub »



[PDF] The Java Tutorial (3rd Edition)

Click the hyperlink beneath to download "The Java Tutorial (3rd Edition)" PDF document.

Read ePub »



[PDF] Little Girl Lost: The True Story of a Broken Child

Click the hyperlink beneath to download "Little Girl Lost: The True Story of a Broken Child" PDF document.

Read ePub »



[PDF] Adobe Indesign CS/Cs2 Breakthroughs

Click the hyperlink beneath to download "Adobe Indesign CS/Cs2 Breakthroughs" PDF document.

Read ePub »