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Getting Past Stuck: Out of the Mud Forever

By Terence B Lester

U-Turn Books, United States, 2012. Paperback. Book Condition: New. 226 x 148 mm. Language: English . Brand New Book ***** Print on Demand *****.The lack of forward mobility and a sense of reasonable accomplishment are natural desires in the human psyche. Deprivation of satisfying achievement has often led to great disappointment, remorse and emotional trauma. In GETTING PAST STUCK, Terence B. Lester affirms the fact that, at one time or the other, most of us will encounter adversity with the propensity to cause us to fall prey to self-condemnation and a sense of failure and stagnation. The presence of difficulty, within itself, is both excusable and predictable. Lester suggests that the methods employed to find one's way out of stagnation or to correct uneasiness, reveal our tenacity, character and level of faith. Drawing from a wealth of personal experiences, episodes from the lives of other individuals, and directives from God's Word, GETTING PAST STUCK encourages immediate self-evaluation coupled with self-confirmation to build a more fulfilling life. Its content serves as a relevant template for shaking off the grave clothes of depression and low self-esteem. It takes a lot for people to admit that they are STUCK. After reading...



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