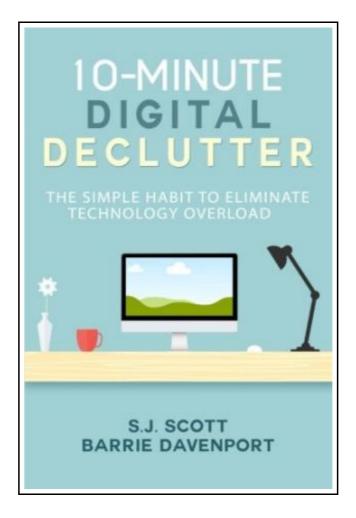
# 10-Minute Digital Declutter: The Simple Habit to Eliminate Technology Overload



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