



Top 50 Most Delicious Empanada Recipes

By Julie Hatfield

Createspace, United States, 2015. Paperback. Book Condition: New. 222 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.An empanada is also called pastel in Brazil and pate in Haiti. You can find empanadas throughout Central- and South-America from Jamaica to Argentina. Even though the shapes and names aren't always the same and the ingredients vary, they always taste delicious! Fried, baked, and vegetarian empanadas, even empanada recipes for dessert are included. Such variety! And every one of them tastes so good! Explore the amazing world of empanadas and discover the deliciousness hidden within the pastry.

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