



The I Love My Nutribullet Recipe Book: 200 Healthy Smoothies for Weight Loss, Detox, Energy Boosts, and More

By Britt Brandon

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, The I Love My Nutribullet Recipe Book: 200 Healthy Smoothies for Weight Loss, Detox, Energy Boosts, and More, Britt Brandon, Delicious smoothie recipes for ultimate health! Get ready to find even more reasons to love your NutriBullet! This recipe book offers 200 delicious smoothies created specifically for your favorite kitchen appliance. You'll learn how to use your NutriBullet to create nutrient-rich smoothies that help you meet all of your wellness goals, including: * Cleansing and detoxing your body* Promoting heart health* Boosting your brain function* Shedding excess poundsOrganized by health benefit, each chapter gives you a tasty and nutritious blend of fruits and vegetables that will keep you feeling full throughout the day. Whether you're looking to increase your energy, stimulate weight loss, or improve your skin, you'll transform your body from the inside out with these nourishing NutriBullet recipes!.



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Reviews

An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.

-- **Prof. Dan Windler MD**

It is really an amazing publication i actually have at any time read. It is really simplistic but unexpected situations inside the 50 percent of your pdf. Its been written in an exceptionally simple way in fact it is just right after i finished reading this ebook where actually transformed me, alter the way i really believe.

-- **Dr. Celestino Spinka III**

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