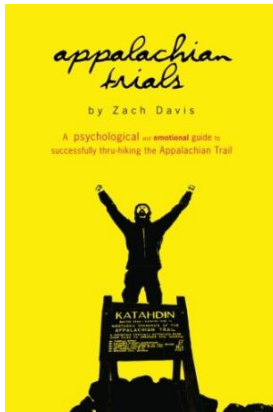


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# APPALACHIAN TRIALS: A PSYCHOLOGICAL AND EMOTIONAL GUIDE TO THRU-HIKE THE APPALACHIAN TRAIL



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- Authored by Zach Davis
- Released at 2012



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