



## Confessions of an Introvert: The Shy Girl's Guide to Career, Networking and Getting the Most Out of Life

By Meghan Wier

Sphinx Publishing. Paperback / softback. Book Condition: new. BRAND NEW, Confessions of an Introvert: The Shy Girl's Guide to Career, Networking and Getting the Most Out of Life, Meghan Wier, ""Funny and insightful, Meghan has written a true resource for any introvert seeking to break out of their shell and step into the spotlight."" Dr. Ivan Misner, founder and CEO of Business Network International Are you an introvert who wants to succeed in the business world? Do you: Avoid unnecessary social interaction? Keep to yourself or to your small group of friends? Seek out time alone? Confessions of an Introvert offers you practical advice, interspersed with real-life stories, that will help you overcome your shyness and find ways to have a satisfying future in the corporate world. Packed with valuable insights and personal anecdotes, Confessions of an Introvert will teach you: Why business networking is the key to professional growth and how even the shyest person can learn how to network That a little self-promotion goes a long way in showing others how good a businessperson you are How to communicate with people in a way that is comfortable to you but still gets the results you need That being...



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