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## Success Talk: What to Say to Yourself to Win at Life and Love

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By Daniel Acuff

Infinity Publishing (PA). Paperback. Book Condition: New. Paperback. 140 pages. GENRE: Non-Fiction: Self-HelpPersonal Growth 146 Pgs. Who are you This question is perhaps the most asked and most perplexing question mankind has asked itself since grunts took on symbolic meaning and became words. Are you your name Are you your personality Are you the sum collection of all your memories and experiences Who are you reallyWhat if who you are is a bunch of words Thats right, words. The basic premise of Success Talk is that you are made up of words. Words define who you are. Words are the box you live inside of. Words either expand or limit your lifes possibilities. Words control your muscles, your mood, your actions and non-actions. In short, words determine your present and your future. The words that rattle around in your headwhether by default through past programming or because of your own careful choicesthese exact words actively create and determine your destiny. Throughout this book, awareness of the content of your own private internal dialogue will be isolated as Success Talk Keys, fundamental self-talk understandings that are the keys that will unlock the doors that lead to increased personal success and happiness....



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