



Sober Truths: The Making of an Honest Woman

By Jill Kelly

3 Cats Publishing, United States, 2013. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Old-timers in 12-step programs say that if you want to stay sober, you only have to change one thing: your whole life. Sober Truths: The Making of an Honest Woman recounts how one woman did just that. Jill Kelly s personal stories describe the journey as two decades of drinking and despair gave way to a richly rewarding sober life. Her demons did not go quietly when she put the bottle down. Loneliness, anxiety, distrust of others-they were all still there. This memoir tells how she has learned to be with those demons and not drink, to let go of the jealous dramas of the past and embrace a new life of peace. Along the way, Kelly reinvents herself, becoming a visual artist, starting a successful business, and developing deep friendships and a satisfying spiritual life. At the same time, she faces the challenges of emotional eating and her sober ambivalence about sexual relationships. This book offers hope to those who cannot imagine a life without alcohol by someone who has recreated hers. Jill Kelly speaks...



Reviews

Basically no terms to clarify. It is actually writter in basic terms rather than confusing. I found out this ebook from my dad and i suggested this book to find out.

-- Elinore Vandervort

If you need to adding benefit, a must buy book. I could possibly comprehended every little thing out of this composed e pdf. I am quickly could get a enjoyment of looking at a composed book.

-- Mrs. Mariam Hartmann

You May Also Like



Children's Rights (Dodo Press)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in Philadelphia,...



Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner's Crochet Guide with Pictures)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after...



Kindergarten Culture in the Family and Kindergarten; A Complete Sketch of Froebel's System of Early Education, Adapted to American Institutions. for the Use of Mothers and Teachers

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****. This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original...



From Kristallnacht to Israel: A Holocaust Survivor s Journey

Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 226 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****. In the 1930s, as evil begins to envelope Europe, Karl Rothstein is born in Austria. As his life...



Baby Whale's Long Swim: Level 1

Sterling Publishing Co Inc, United States, 2012. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book. When spring comes, a baby calf gray whale and his mother head north to find food-all the way from Mexico to...



The Adventures of a Plastic Bottle: A Story about Recycling

SIMON SCHUSTER, United States, 2009. Paperback. Book Condition: New. Children s Tk, Pete Whitehead (illustrator). Original ed.. 203 x 196 mm. Language: English. Brand New Book. Learn about recycling from a new perspective! Peek into this diary of a plastic bottle...