



Believe and Achieve: In Just 30 Days You Can Successfully Prepare Yourself to Achieve Any Goal or Program You Desire

By Joel Hopkins

Balboa Press, United States, 2014. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. If you have trouble sticking to programs and plans, take thirty days to prepare yourself to easily accomplish any program or goal you desire. The process in this book can potentially change your life, and once the ride starts there is no turning back. By applying the simple principles that I call Saturation Busters you can feel taller, smarter, richer, and more loved than ever before. Why is it that some people can breeze to their goals while others struggle? Many have tried every type of self-help book or motivational book, but none seem to work. It s simple: People that accomplish believe they can. That s the only difference. So, how do you get there? It s easy and its fun, and once you get the momentum going you are unstoppable! First, we will take sometime to examine our beginnings--both evolutionary and our own lives. We will explore the natural instincts and reflexes that can hold us back from our goals and objectives. Next, we will spend time highlighting the environment and events of your life...



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Relevant Books



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Studyguide for Introduction to Early Childhood Education: Preschool Through Primary Grades by Brewer, Jo Ann

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