



Return to the Rivers: Recipes and Memories of the Himalayan River Valleys (Hardback)

By Vikas Khanna

Lake Isle Press, United States, 2013. Hardback. Book Condition: New. 236 x 229 mm. Language: English . Brand New Book. Return to the Rivers is an incredible collection of recipes, photos, and memories as a means to preserve and share the sacred foodways, values, and simple gifts of friendship that the Himalayan people bestowed Khanna. Exploring the regions the great Himalayas directly touch upon Bhutan, Nepal, Tibet, Northern India, Myanmar, Western China, Pakistan Khanna was met with immeasurable kindness and hospitality. The dishes are beautifully simple and appealing, such as Eggplant Fritters with Ginger, Spinach and Cheese Momos, Chile-Scallion Buckwheat Noodles, Nepalese Black Lentils and Rice, Burmese Fish Noodle Soup, Pressed Rice with Yogurt and Almonds, and Tibetan Scallion Pancakes. Nominated for both a James Beard Award and the IACP Cookbook Award.



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