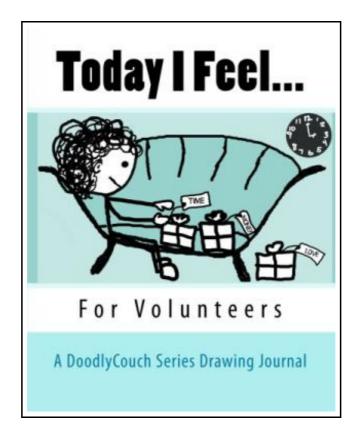
Today I Feel.: A Drawing Journal for Volunteers



Filesize: 5.31 MB

Reviews

A very amazing book with perfect and lucid answers. it absolutely was writtern quite flawlessly and useful. I am just easily will get a satisfaction of reading a created publication.

(Pearl Turcotte)

TODAY I FEEL.: A DRAWING JOURNAL FOR VOLUNTEERS



Createspace, United States, 2010. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****. You re a volunteer. How do you feel today? Being a volunteer is a rich, rewarding experience. Those who volunteer do so because they enjoy giving of their time, and helping others. Some days will be happy and rewarding, and some days may be tough and frustrating. Drawing and art therapy have been used for years as a way to enable kids and adults to express their feelings without the limitations of words. This workbook has been designed as a way to explore feelings, in a creative and expressive way, without judgment or a right or wrong answer. Each page asks the question, How do you feel today? and then leaves open space for drawing any feelings or thoughts. The process of drawing feelings out may provide its own healing, or may reveal some areas where there is a need to explore and seek further help from a qualified professional. The Drawing Journal also makes a great keepsake, to look at years after you ve used it.



Read Today I Feel.: A Drawing Journal for Volunteers Online



Relevant Books



Ella the Doggy Activity Book

Husky Publishing, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.This activity book is comprised of crossword puzzles, word search games, word...

Save Document »



Trace and Write Alphabets and Sentences for Beginning Writers

Createspace, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****. The Trace and Write Alphabets and Sentences for Beginning Writers workbook, provides extensive...

Save Document »



Children's Handwriting Book of Alphabets and Numbers: Over 4,000 Tracing Units for the Beginning Writer

Createspace, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****. The Children s Handwriting Book of Alphabets and Numbers provides extensive focus on...

Save Document »



Adult Coloring Book Birds: Advanced Realistic Bird Coloring Book for Adults

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand ******. Take your coloring to the next level with this Advanced...

Save Document »



Adult Coloring Books Reptiles: A Realistic Adult Coloring Book of Lizards, Snakes and Other Reptiles

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand ******. Take your coloring to the next level with this Advanced...

Save Document »