



Battenberg Britain: A Nostalgic Tribute to the Foods We Loved (Hardback)

By Nigel Cassidy, Philippa Lamb



Michael O Mara Books Ltd, United Kingdom, 2009. Hardback. Book Condition: New. 198 x 134 mm. Language: English . Brand New Book. When convenience took precedence over nutrition and 5 a day was yet to be dreamt up, packaged food reigned supreme. Wasn't it wonderful to create great comfort food in minutes, and doesn't each food bring back great memories of your youth, even if the thought of eating it all now makes you cringe? What ever possessed us to eat - and enjoy - a Vesta Beef Curry after a night out at the pub? Or why was there nothing quite like Mum's butterscotch Angel Delight when you were feeling bit off-colour? Why is Boxing Day not the same if Gran doesn't buy in Eat Me Dates? And why do tinned meat pies taste so .well, distinctive? Battenberg Britain answers all these questions and contributes hundreds of other facts, some of which it might be best not to know. Depending on where you stand in the gourmet stakes, this book celebrates the very best (worst) in British nosh , and all the yummy (revolting) things we scoffed with no qualms whatsoever, but which dieticians today...



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