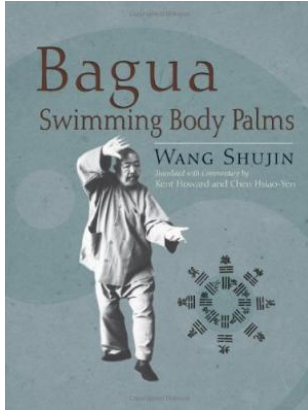


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BAGUA SWIMMING BODY PALMS



North Atlantic Books,U.S., United States, 2011. Paperback. Book Condition: New. 232 x 176 mm. Language: English . Brand New Book. Bagua Swimming Body Palms is the second book written by Wang Shujin, one of the world s foremost exponents of Chinese internal martial arts and a renowned expert of Bagua Zhang. This volume continues the process of bringing Master Wang s important art to Western readers. More intricate than the Linked Palms form, Swimming Body Palms helps practitioners achieve fluent...

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- Authored by Master Wang Shujin
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