**Paediatric Evaluation Sheet**

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| --- | --- | --- | --- |
| **Child name** |  | | |
| **Diagnosis** |  | **Age** |  |
| **Date of birth** |  | **Gender** |  |
| **head circumference** |  | **Birth weight** |  |

* **History:**

**1.Prenatal:**

**\* Duration of labour**

**premature mature post mature **

**\* During labour: fever rash infection**

**\* Nature of labour**

**\* Labour problems**

**gestational diabetes hypertension**

**\* Labour medicine**

**\* Labor supplement: iron calcium folic acid**

**\* Fatal movement during labour**

**2.Natal:**

**\* Type of delivery:**

**\* Duration of delivery**

**\* Delivery problems (cord around neck, prolapsed cord, etc)**

**\* Time of cry of baby**

**\* NICU admission: - how long**

**- cause**

**\* Breast feed? able to suck?**

**\* History of fever jaundice**

**hypoxia seizures**

**\* Congenital test:**

**\* Start to notice the problem:**

* **Family history**

**\* Father age: \* Occupation:**

**\* Mother age: \* Occupation:**

**\* Father-mother family relation:**

**\* Number of children: \* Patient position:**

**\* History of children (any problems or delay)**

**\* Any history of abortion or death**

***\** Associated disorders: Vision Hearing Speech**

* **Physical examination:**

**\* Growth motor:**

|  |  |  |
| --- | --- | --- |
| **Patient can do** | **Activity** | **Patient can’t do** |
|  | **Head control**  **(4 M)** |  |
|  | **Rolling**  **(4-6 M)** |  |
|  | **Sitting**  **(6-8 M)** |  |
|  | **Creeping** |  |
|  | **Standing**  **(10-12 M)** |  |
|  | **Walking**  **(12-14 M)** |  |

* **Observation:**

**1.General Observation:**

**-Is the child alert playful drowsy**

**Irritable crying**

**-Body built: -Facial appearance:**

**2.Specific observation:**

|  |  |  |
| --- | --- | --- |
|  | **Yes** | **No** |
| **Supine** |  |  |
| **Head in midline** |  |  |
| **turning to both sides** |  |  |
| **visual tracking** |  |  |
| **Position of hands,** |  |  |
| **manipulation skills** |  |  |
| **Position of lower limbs-**  **movement of lower limbs** |  |  |
| **Prone** |  |  |
| **Able to turn head to side** |  |  |
| **Able to lift head** |  |  |
| **Able to achieve prone on forearms** |  |  |
| **Able to reach for toys with one hand** |  |  |
| **Sitting** |  |  |
| **on floor**  **independent or dependent** |  |  |
| **on stool**  **independent or dependent** |  |  |
| **Standing** |  |  |
| **independent/ dependent** |  |  |
| **Base of support** |  |  |
| **Transitions** |  |  |
| **Supine to sidelying** |  |  |
| **Side lying to prone** |  |  |
| **Supine to sitting** |  |  |
| **Sit to stand** |  |  |
| **Crawling** |  |  |
| **Walking** |  |  |
| **Higher cortical functions** |  |  |
| **Alertness** |  |  |
| **Recognize family members** |  |  |
| **Follow commands** |  |  |
| **\* Examination** | | |
| **Cranial Nerve examination** |  |  |
| **II- Blink reflex** |  |  |
| **III, IV, VI - Eyes follow movement** |  |  |
| **V- Rooting, sucking reflex** |  |  |
| **VII - Facial symmetry** |  |  |
| **VIII - Loud noises yields MOROS reflex** |  |  |
| **IX, X - Gag reflex, swallowing, coordinates sucking, swallowing** |  |  |
| **XII- Symmetry and tone of tongue** |  |  |
| **Sensory examination** |  |  |
| **Touch** |  |  |
| **hyper response or aversive response** |  |  |
| **Superficial reflexes** | **Abdominal** | **Corneal** |
|  | **Plantar** |  |
| **Deep tendon reflexes** |  |  |
| **Primitive** | **Rooting** | **sucking,** |
|  | **palmar grasp** | **plantar grasp** |
|  | **Moros** | **placing** |
|  | **Landaus** | **Flexor withdrawal** |
|  | **crossed extension withdrawal** |  |

1. **Muscle tone test:**

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| --- | --- | --- |
| **Method** | **Grade** | |
| **Right** | **Left** |
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1. **Range of motion:**

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| --- | --- | --- |
| **Movement** | **Range** | |
| **Right** | **Left** |
| * **Upper limb:** * **Shoulder:**   **Flexion**  **Extension**  **Abduction**  **Adduction**  **Med. Rotation**  **Lat. Rotation**   * **Elbow:**   **Flexion**  **Extension**  **Radio-ulnar:**  **Supination**  **Pronation**   * **Wrist:**   **Flexion**  **Extension**  **Radial deviation**  **Ulnar deviation** |  |  |
| * **Lower limb*:*** * **Hip:**   **Flexion**  **Extension**  **Abduction**  **Adduction**  **Med. Rotation**  **Lat. Rotation**   * **Knee:**   **Flexion**  **Extension**   * **Ankle:**   **Dorsiflexion**  **Plantarflexion**   * **Subtalar:**   **Eversion**  **Inversion** |  |  |

1. **Muscle power test (Extremities):**

|  |  |  |
| --- | --- | --- |
| **Muscle** | **Grade** | |
| **Right** | **Left** |
| * **Upper limb:** * **Shoulder:**   **Flexors**  **Extensors**  **Abductors**  **Adductors**  **Med. Rotators**  **Lat. Rotators**   * **Elbow:**   **Flexors**  **Extensors**   * **Radio-ulnar:**   **Supinator**  **Pronators**   * **Wrist:**   **Flexors**  **Extensors**  **Radial deviators**  **Ulnar deviators** |  |  |
| * **Lower limb:** * **Hip:**   **Flexors**  **Extensors**  **Abductors**  **Adductors**  **Med. Rotators**  **Lat. Rotators**   * **Knee:**   **Flexors**  **Extensors**   * **Ankle:**   **Dorsiflexors:**  **Planter flexors**   * **Subtalar:**   **Evertors**  **Invertors** |  |  |

1. **Measurement test:**

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| --- | --- | --- |
| **Site** | **Cm** | |
| **Right** | **Left** |
| **Long measurement:**   * **Upper limb:**   **Arm**  **Forearm**  **Lower limb:**  **Thigh**  **Leg** |  |  |
| **Round measurement:**  **Upper limb:**  **Elbow**  **Above elbow**  **Below elbow**   * **Lower limb:**   **Knee**  **Above knee**  **Below knee**  **Skull** |  |  |
|  |  |  |

1. **Reflex test:**

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| **Reflex** | **Degree** |
| **Spinal reflexes:**   * **Flexor withdrawal** * **Extensor thrust:** * **Crossed extension:**   **Automatic reactions:**   * **Moro** * **Parachute** * **Landau**   **Brain stem reflexes:**   * **Asymmetrical tonic neck (ATNR)** * **Symmetrical tonic neck (STNR)** * **Labyrinthine tonic** * **Automatic reactions** * **Positive supporting** * **Negative supporting**   **Midbrain reactions:**   * **Neck righting** * **Body righting** * **Labyrinthine righting** * **Optical righting** * **Amphibian**   **Cortical reactions:**   * **Supine** * **Prone** * **Four-foot kneeling** * **Sitting** * **Kneel standing** * **Standing** * **Dorsiflexion** * **Simian** * **See-saw**   **Face:**   * **Glabellar** * **Blinking** * **Rooting** |  |

1. **Flexibility test:**

|  |  |  |
| --- | --- | --- |
| **Muscle** | **Degree** | |
| **Right** | **Left** |
| **Upper limb:**  **Elbow flexor**  **Wrist flexors**  **Lower limb:**  **Hip flexors**  **Knee flexors**  **Ankle** |  |  |

**(2) Problem List**

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**(3) Goals**

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| **Long Term** | **Date** | **Method** | **Goal achievement**  **(Dependent\independent)** |
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| **Short Term** | **Date** | **Method** | **Goal achievement**  **(Dependent\independent)** |
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**(4) Initial Plan**

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| **No.** | **Objective** | **Method** |
| **1** |  |  |
| **2** |  |  |
| **3** |  |  |
| **4** |  |  |
| **5** |  |  |
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