

## **Value Propositions**

Our application offers a one stop shop for all your tracking needs. By modularizing core functionalities, users are able to customize data and gain insights. This in turn enables users to record in granularity and organize routines in life while feeling a sense of accomplishment.

Use this app to keep track of your: progress at the gym, to-do lists, sleeping routines and more. Let this app organize your tasks for you so that you can focus on staying motivated while reaching your goals.